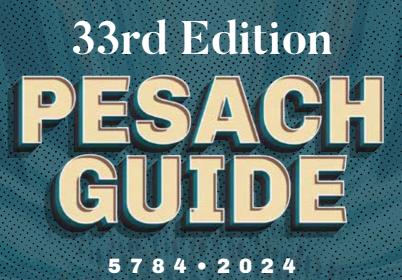
ועד הכשרות דסידני והמדינה

# THE KASHRUT AUTHORITY OF AUSTRALIA & NZ

Certifying Kosher in Australia, New Zealand and the Asia Pacific region





KEEPING KOSHER MADE EASY WWW.KA.ORG.AU

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Wishing you and your loved ones a Passover filled with joy, peace, and cherished moments. From all of us at Levy Property Group, Chag Pesach Sameach!

IFVY

PROPERTY GROUP



### Kashrut Authority KASHERING SERVICE

If you wish to have your home kashered for Pesach, please call the KA office on 02 9365 2933 or email office@ka.org.au







# FOLLOW US ON FACEBOOK OR JOIN OUR FACEBOOK GROUP

PO Box 7206, Bondi Beach NSW 2026 Australia

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#### **Dear Kosher Consumer**

Welcome to the Kashrut Authority guide to Pesach 5784/2024. The purpose of this guide is to provide you with everything you need to know to enable you to enjoy and observe Pesach in full.

For the seven days of Pesach (eight days in the diaspora), the Torah forbids Jewish people to consume or even possess *Chametz*. *Chametz* that one is not permitted to eat is any food that is made up of or contains any of the five grains - wheat, barley, spelt, oats and rye - that has been mixed with water and has been allowed to stand longer than 18 minutes. Foods included in this prohibition range from bread to any beverage distilled from these grains and includes mixtures that have the smallest amount of *Chametz* including media used in the laboratory in growing cultures and even pet food.

The first part of our directory deals with food items and other products which do not contain *Chametz* and may be used on Pesach.

The second part is a guide to preparing the kitchen for Pesach.

The third part outlines the mitzvah of disposing of *Chametz* from one's home.

The final part explains how the mitzvot of the Seder should be performed.

For the purpose of clarity, our Kosher for Pesach products directory is divided into five specific sections this year.

#### SECTION 1: CERTIFIED KOSHER FOR PESACH

These are products that have been investigated and formally supervised especially for Pesach. They represent the highest standard of Kashrut as applicable to kosher for Pesach. Other than raw foods some people purchase only these products for Pesach. Because the Code of Jewish Law encourages people to be especially strict on Pesach some people have a custom to use only kosher for pesach certified items for Pesach

Only items with a "Kosher for Pesach" sign which also bears the name or symbol of the supervising authority printed on the package or container should be used as proof of acceptability for Pesach. It is the customer's responsibility to ensure that all articles purchased are indeed properly endorsed by a reliable authority and are Kosher for Pesach. One should not rely on the shopkeepers, however well-intentioned they may be. Similarly Pesach sections in Supermarkets such as Coles, Woolworths, Harris Farm or IGA etc may have *Chametz* items inadvertantly placed in them. "Buyers should always Beware"

#### SECTION 2: KOSHER FOR PESACH – NOT CERTIFIED

These are products that while not being formally certified for Pesach have been determined to be of a standard that is appropriate for the fully observant kosher consumer even in the first instance. They are products that are inherently kosher for Pesach or the possibility of contamination with *Chametz* is considered insignificant.

#### SECTION 3: CHAMETZ FREE

These are products that have been investigated and found to be free of *Chametz*, but are not certified as such and are not up to a standard generally practiced by international kashrut agencies. These products are listed for use by persons who may not have access to certified kosher for Pesach products or are not yet ready to take upon themselves the stricter approach.

#### SECTION 4: DETERGENTS AND OTHER INEDIBLES

These are products that are either inedible or not for human consumption such as detergets or plastic plates. These are products that because of their very nature do not necessarily pose a kosher for pesach problem and do not need formal kosher certification.

#### SECTION 5: MEDICINES AND BABY FOODS

These are products that are of course fit for human consumption but because they are for infants or people who are unwell attract their own legitimate leniencees.

Each of these sections will be clearly delineated in this year's directory.

Ashkenazim do not eat Kitniyot during Pesach due to its similarity to *Chametz*. This includes rice, corn, legumes - beans, peas and (according to our custom) peanuts. Ashkenazim must therefore carefully read all food labels even with supervised products to ensure that the product does not contain Kitniyot and are not kosher certified just for sephardim. This is a common practice for products imported from Israel

The Kashrut Authority has dedicated several pages of Kitniyot products for the benefit of the Sephardi community . We have worked together with the "Badatz Bet Yosef" in Israel and there are kitniyot products manufactured in Australia under our supervision that are now sold in Israel for Sephardim with the stamp of the badatz bet Yosef.

This booklet is the hard work of all of us at the KA. We are confident as to the accuracy of the information contained therein, however please check our website as we get closer to Pesach in case there are changes or alerts that are as a result of information that has come to hand after publication.

If there are any items not covered in our booklet, or if there are specific questions you need answered please do not hesitate to "join the conversation" on our facebook page, or email our dedicated Pesach email address kapesach18@gmail.com . Please feel free also to whatsapp my dedicated pesach number +61411657372.

We also take this opportunity to thank both local and overseas Kashrut agencies that have shared with us information in relation to Pesach and year round matters, and in particular the OU, OK and CRC and locally our esteemed colleagues at Kosher Australia.

Most importantly we thank you our loyal kosher consumers. You are ultimately the driving force behind the formidable strength of kosher demand in our community. The more you purchase local kosher items, the more the market place knows of kosher consumers - the more products will become available and the more companies will want their products to be kosher.

All of us at the KA take this opportunity to wish all of you a

Happy and Kosher Pesach

"This Year in Exile next year in Jerusalem with the Temple rebuilt"

**Chag Sameach** 

#### **Rabbi Moshe D Gutnick**

**Rabbinic Administrator** 

# **APPROVED KASHRUT AGENCIES**

Only when bearing "Kosher for Passover" identification or bears a 'P' or 'KLP' beside the logo

#### ISRAEL

בהשנחת הברין ארירושלם גר ארידה האיש	Beis Din Tzedek of the Eida Hachereidis of Jerusalem
	Badatz Mehadrin Rabbi Rubin Rehovot
2217 2217 2417 2 2277 2277 4777 2 2277 227 227 4777 2 2277 227 227 1 2277 227 1 2277 227 1 227 227 2 227 227 2 227 2 277 2 27	Landau Kashrut B'nei Brak
Tan Ba Balo BAR Ana A Ana A	Chug Chasam Sofer
A CONTRACT OF A	Beis Din Tzedek of Agudath Israel
	Beis Din Tzedek of K'hal Machzikei Hadas
SOUTH AFRICA	



J

Kashrut department of the Beth Din of Johannesburg and Cape Town.

Except for products containing peanuts

**APPROVED KASHRUT AUTHORITIES** 

**THE KASHRUT AUTHORITY** Keeping Kosher Made Easy

## **UNITED KINGDOM**

	Kedassia – The joint kashrut committee of England	
the second secon	Kashrut division of London Beth Din	
	Manchester Beth Din	
GATESHEAD GKA Tashrus Authorit	Gateshead Kashrus Authority	
K	Beth Din of the Federation of Synagogues London	
UNITED STATES		
<b>₩</b> ₩	The OK kosher certification	
	The OK kosher certification The Orthodox Union	
	The Orthodox Union	

Star-D certification – Non chalav yisrael
K'hal Adath Jeshurun (Breuer's)
Beth Din Hameyuchud L'inyonei Kashrus of the Central Rabbinical Congress
Chicago Rabbinical Council
Rabbi Nuchem Efraim Teitelbaum (Volover Rav)
Rabbi Aaron Teitelbaum (Nirbarter Rav)
Scroll K – Vaad Hakashrus of Denver
Vaad Hoeir of Saint Louis
Rabbinical Council of California (RCC)
Cincinnati Kosher – Vaad Hoier of Cincinnati

**APPROVED KASHRUT AUTHORITIES** -

1()

THE KASHRUT AUTHORITY Keeping Kosher Made Easy

K	Texas-K	
KOSHER	Florida K and Florida Kashrus Services	
	New Square Kashrus Council	
CANADA		
Martin or the	Montreal Vaad Hair	
COR	Kashrut Council of Canada	
KOSHER CHECK Kosher Checked, Global'v Accepted.	Kosher Check previously called BCK (British Columbia Kosher)	
AUSTRALIA		
KA	The Kashrut Authority of Aust & NZ	
	Kosher Australia, Melbourne Mizrachi	
TO STATE AND A STA	Congregation Adass Israel Melbourne	
<b>PESACH GUIDE</b> 5784 – 2024	APPROVED KASHRUT AUTHORITIES	

# TIMES FOR PESACH

To be safe, prohibited activity should cease 10 minutes before the stated time.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY
21 April - 13 Nissan	22 April - 14 Nissan <b>Erev Pesach</b> <b>Fast of First Born</b>	23 April - 15 Nissan <b>Pesach 1</b> Yom Tov	24 April - 16 Nissan Pesach 2 Yom Tov
Search for Chametz After Nightfall	Stop Eating: 10.03am Say Kol Chamira 10.58am Light Candles: 5.05pm First Seder After: 6.02pm	Light Candles 6.02pm 2nd Seder After nightfall <b>Count Sefira: 1</b>	<b>Yom Tov ends 5.50pm</b> Count Sefira: 2
28 April - 20 Nissan <b>Pesach 1 Chol Hamoed</b> Candle Lighting: 4.59pm <i>Count Sefira</i> : 6	29 April - 21 Nissan <b>Pesach 7 Shevii Shel Pesach</b> Candle Lighting: 5.54pm <i>Count Sefira: 7</i>	30 April - 22 Nissan <b>Pesach 8</b> Achron Shel Pesach Yizkor Pesach Ends: 6.13pm Eat Chamets after 6.25pm <i>Count Sefira: 8</i>	1 May - 23 Nissan Count Sefira: 9
5 May - 27 Nissan	6 May - 28 Nissan	7 May - 29 Nissan	8 May - 30 Nissan <b>Rosh Chodesh</b>
Count Sefira: 13	Count Sefira: 14	Count Sefira: 15	Count Sefira: 16



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# **NISSAN 5784 - APRIL 2024**

THURSDAY	FRIDAY	SATURDAY
	19 April - 11 Nissan	20 April - 12 Nissan Shabbat HaGadol Parshat Metzora
	Light Candles 5.09pm	Shabbat Ends 6.04pm
25 April - 17 Nissan Pesach 3 Chol Hamoed	26 April - 18 Nissan Pesach 4 Chol Hamoed	27 April - 19 Nissan Pesach 5 Chol Hamoed
Count Sefira: 3	Light Candles 5.01pm <b>Count Sefira: 4</b>	Shabbat Ends: 5.56pm <i>Count Sefira: 5</i>
2 May - 24 Nissan	3 May - 25 Nissan	4 May - 26 Nissan <b>Parshat Acharei</b> Shabbat Mevorchim
Count Sefira: 10	Light Candles 4.54pm Count Sefira: 11	Shabbat ends 5.50pm Count Sefira: 12
9 May - 1 Iyar <b>Rosh Chodesh</b>	10 May - 2 Iyar	11 May - 3 Iyar <b>Parshat Kedoshim</b>
Count Sefira: 17	Candle Lighting: 4.48pm <i>Count Sefira: 18</i>	Shabbat Ends: 5.44pm <i>Count Sefira: 19</i>

**TIMES FOR PESACH** 

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# **TIMES FOR PESACH**

To be safe, prohibited activity should cease 10 minutes before the stated time.

CITY	Times <sup>2</sup> for stopping to eat Chametz	Times before which Chametz must be sold, Kol Chamira said, and all benefit from Chametz ceased	Times² for candle lighting on First Seder Night	Times <sup>2</sup> for Candle Lighting Second Seder Night <sup>3</sup> NOT BEFORE
	MONDAY MORNING 22 APRIL 2024	MONDAY MORNING 22 APRIL 2024	MONDAY EVENING 22 APRIL 2024	TUESDAY EVENING <sup>3</sup> 23 APRIL 2024
Jerusalem	10.26am	11.32am	6.37pm	7.51pm
AUSTRALIA	۱			
Sydney	10.03am	10.58am	5.05pm	6.02pm
Adelaide	10.24am	11.19am	5.25pm	6.22pm
Brisbane	9.53am	10.49am	5.06pm	5.59pm
Canberra	10.12am	11.07am	5.13pm	6.09pm
Darwin	10.47am	11.46am	6.19pm	7.09pm
Hobart	10.22am	11.15am	5.10pm	6.10pm
Melbourne	10.29am	11.23am	4.56pm	6.24pm
Perth	10.23am	11.18am	5.30pm	6.25pm
NEW ZEALAND				
Auckland	10.30am	11.25am	5.27pm	6.24pm
Christchurch	10.42am	11.35am	5.24pm	6.26pm
Wellington	10.32am	11.29am	5.13pm	6.19pm

<sup>1</sup>We list Jerusalem times in line with the Biblical teaching that Jerusalem be always our focus at any joyous time <sup>2</sup>Times are adjusted for daylight savings where daylight savings is still in place

# Part 1 PESACH PRODUCT LIST



# **PESACH PRODUCT LIST**

#### **IMPORTANT NOTES**

#### CHEESE

Cheese may be coagulated using both microbial rennet and cultures that are grown on chametz media. Therefore all cheese products must bear a reliable hechsher.

#### COFFEE

Please use only those listed as instant coffee may contain added dextrins that may be chametz. The following are all chametz free but should be purchased before Pesach.

#### CREAM

Pure fresh cream in bottles or cartons, may be used provided it contains no other added ingredients (such as thickeners, sweeteners, flavours, milk solids or powders). Cream should be purchased before Pesach.

Flavoured or Sweetened Cream is NOT ACCEPTABLE

Thickened Cream is NOT ACCEPABLE

Sour Cream is NOT ACCEPTABLE (except for Tempo product in Section 1)

#### DETRERGENT

Detergents and soaps are generally not edible and therefore not subject to the prohibition of chametz. Never-the-less it is a widespread custom that only detergents with a reliable "Kosher for Pesach" endorsement be used for dishes.

#### EGGS

Raw hens eggs that are still in the shell, can be used for Passover even if they are not specifically certified for Passover. This is true of both white and brown eggs, and also applies to eggs which are pasteurised in-shell. We recommend that you buy them before Pesach.

#### FISH

Out of concern for the possibility of cross contamination in the fish store, many have the custom to purchase only whole fish for Pesach and



to clean and fillet the fish in the Pesach kitchen using Pesach utensils. Alternatively if fish is to be cleaned and filleted in the fish shop, this should preferably be done with a Pesach knife supplied by the customer on a clean and preferably covered counter. In all circumstances the fish should be thoroughly rinsed. Minced fish should be minced at home in Pesach utensils or at a shop under rabbinic supervision.

Bulk commercial raw kosher skin on fish fillets are suitable, but should be purchased before Pesach. It is preferable that after defrosting, the fish should be rinsed in cold water.

#### FRUIT – FRESH & DRIED

Raw unprocessed fresh fruit is kosher for Pesach without any supervision but must be checked for infestation.

Apples, Apricots, Bananas, Coconut, Custard Apple, Dates, Figs, Grapefruit, Grapes, Honeydew Melon, Kiwifruit, Lime, Mandarin, Mango, Nashi, Orange, Passionfruit, Papaya, Paw Paw, Peach, Pear, Pineapple, Plum, Pomegranate, Raspberry, Rock Melon, Strawberry, Tomato, Watermelon.

Dried fruits, both from tree and vine may contain oils or anti-oxidants that may not be fit for Pesach use. Drying boards may be dusted with chametz starch. Therefore no dried fruits should be used without proper investigation.

#### **FROZEN FRUIT & VEGETABLES**

Frozen vegetables are blanced prior to freezing and in some facilities chametz items may be blanched on the same equipment. Furthermore, possible chametz or kitniyot chemicals such as anti-foam, anti-oxidants (eg citric acid) may be placed in the blanch water. As such only frozen vegetables that have been investigated may be used.

In contrast IQF plain frozen fruit provided there are no added sweeteners or other ingredients may be used.

#### **GLUTEN FREE**

Products must bear a KLP hechsher or specifically listed in the Pesach list. There are many products which may be 100% gluten free but are still chametz.

#### **GRAINS & SEEDS – QUINOA**

Quinoa is still subject to much Rabbinic controversy. Some Rabbis opine that as it is also made into a flour and can be used in baking the custom of kitniyot applies to it in the same way as it applies to maize. Others opine that as it was not known in the western world until recently, it could not possibly have been included in the custom. Others point to a problem of shared equipment and facilities with chametz flour. The KA therefore recommends that ONLY Quinoa with a reliable Pesach hechsher be used such as OU-P or Star-K P. Star-K recommends the following procedures for checking Quinoa for insects:

Place Quinoa (no more than 500g at a time) in a strainer with holes small enough that it won't fall through, ideally #15 - 25 size mesh. Shake the Quinoa over a white paper or lightbox for approximately 25 - 30 seconds.

Check the surface of the paper of lighbox for insects. If any insects are found, the Quinoa should not be used. The most common insects being found are booklice and sometimes mites.

#### HONEY

Honey and glucose blends may contain actual chametz and are packed on the same lines as regular honey. Therefore only honey which has been investigated should be used.

#### JUICE — FRUIT AND VEGETABLE JUICE

No locally produced juice is acceptable, unless bearing reliable Rabbinic supervision or listed in this directory.

#### MATZAH

With "Kosher for Pesach" Rabbinic endorsement only.

N.B. Matzah and Matzah-Meal are produced by many companies for yearround use and are not necessarily Kosher for Pesach.

All Matzah and Matzah-Meal must bear a Kosher for Pesach sign or label, otherwise they cannot be used on Pesach.

#### **MATZAH - GLUTEN FREE**

There are various Gluten Free Matzah Style crackers on the market. These are NOT matzah at all and the mitzvot of the seder night CANNOT be fulfilled using these crackers. Matzah must be made using flour of the five grains. Wheat, oats, barley, rye and spelt. These crackers use no flour of these kinds and use instead ingredients like tapioca starch or potato starch and are therefore not matzah. Their blessing is shehakol.

Special gluten free oat matzah is specially made for Pesach and is specifically labelled kosher for the seder night and the only ingredients are oat flour and water. Please be careful to ensure you fulfil the mitzvah with proper matzah.

#### NUTS

Only non-shelled or shelled unprocessed (i.e. unsalted, uncoated, unroasted, unground) Australian Pecans, Almonds, Cashews, Hazel Nuts, Macadamia Nuts, Pine Nuts and Walnuts may be used.



As some nuts may be coated or treated with Kitniyot or chametz coatings, consumers must ensure that shelled nuts have no coatings. If in doubt purchase only those with a reliable hechsher. The Kashrut Authority has supervised the milling of shelled nuts and these are available bearing the Authority's seal. Please check label carefully.

# N.B. Peanuts are considered by some as kitniyot and therefore customarily not used on Pesach .

(In South Africa this custom in relation to peanuts is not widely practiced especially in relation to peanut oil. However the practice of Australian Jewry has been not to use peanuts on Pesach. Contact your own Rabbi.)

#### OIL

Pure extra virgin olive oil bearing an OU for year round use is ALSO suitable for Pesach even without a 'P'. Only cottonseed oil bearing a reliable Pesach rabbinic endorsement should be used for Pesach. This is because antioxidants that are used in production may be chametz.

#### SOFT DRINKS

Carbon dioxide can now be manufactured in Australia as a bi-product of the growing ethanol industry including ethanol produced from wheat. While there is one rabbinic authority that still permits carbon di-oxide made from chametz the vast majority do not.

As such The KA recommends that only carbonated drinks where the source of the CO2 has been verified as chametz free should be used.

#### SPICES

Spices may contain "aids to production" or other ingredients that are chametz; therefore only spices with a reliable Kosher for Passover Hechsher may be used.

#### SUGAR

During the milling and refining of sugar, various ingredients such as enzymes may be used that may be chametz. These are filtered out during the final refining of the sugar and therefore halachically all white sugar remains permissible for Passover.

#### VINEGAR

Vinegar may be distilled from ethanol that is chametz and may be distilled using chametz yeast. ONLY vinegar or imitation vinegar wth a reliable hechsher should be used.

#### **SECTION 1: CERTIFIED KOSHER FOR PASSOVER**

These are products that have been investigated and formally supervised especially for Pesach. They represent the highest standard of Kashrut as applicable to kosher for Pesach. Other than raw foods some people purchase only these products for Pesach. Because the Code of Jewish Law encourages people to be especially strict on Pesach some people have a

custom to use only kosher for pesach certified items for Pesach.

# **ALCOHOLIC BEVERAGES**

Many alcoholic beverages acceptable through the year, even those kosher certified, are distilled from grain which is chametz and may not be used. In some, chametz yeasts may be used in the fermentation process. This includes Beer, Whisky, Bourbon, Rum, Liqueurs, Spirits, Vodka and Wine Based Drinks.

Therefore all alcoholic beverages must bear a kosher symbol specifically indicating that the product is "Kosher for Passover".

A range of Kosher for Passover alcoholic beverages are available from:

#### **GOULBURN WINES & SPIRITS**

9 Brisbane Street Surry Hills NSW 2010 Ph. 02 9264 8459 | www.mykosherwines.com.au

#### **KRINSKY'S KOSHER SUPERMARKET**

173-175 Bondi Rd Bondi NSW 2026 Ph: (02) 9386-9021 | www.krinskykosher.com

#### **PORTER'S LIQUOR**

Shop 116, Level 2 The Market Room, St Ives Shopping Village, 166-170 Mona Vale Rd, St Ives

Ph: (02) 9144 4867

#### +SIX ONE THREE

ONLY when bearing KAust Logo

P Gincello Gin P Shiraz Gin P Signature Dry Gin

#### **ALTOONA HILLS - AUSTRALIA**

Cabernet Merlot - Mevushal Cabernet Shiraz - Mevushal Chardonnay- Mevushal Merlot - Mevushal Shiraz - Mevushal

#### **BINYAMINA**

#### ONLY when bearing OU-P

P Chocolate Imitation Liqueur

#### ELITE

Arak 40%

#### **GOOSE BAY - NEW ZEALAND**

#### All wines including ...

Chardonnay 2018 Vintage - Mevushal Pinot Grigio 2019 - Mevushal Sauvignon Blanc 2019 - Mevushal Pinot Noir 2018 - Mevushal Pinot Noir Rose 2020 - Mevushal Two Hemispheres Selection Heritage Red Blend 2012 - Mevushal Viognier - Mevushal

#### HARKHAM WINES

#### Windarra Winery – info@harkhamwine.com

Alchimie Rose (Preservative Free) 2021 - Non Mevushal Aziza's Rose (Preservative Free) 2019 - Non Mevushal Aziza's Semillon (Preservative Free) 2019, 2020, 2021 - Non Mevushal Aziza's Chardonnay (Preservative Free) 2019 - Non Mevushal Aziza's Chardonnay (Preservative Free) 2020, 2021 - Non Mevushal Aziza's Shiraz (Preservative Free) 2019, 2021 - Non Mevushal Chardonnay 2014 - Mevushal Hark Angel Shiraz 2019 - Non Mevushal Hark Angel Shiraz 2021 - Non Mevushal Harkham Chardonnay 2015 - Non Mevushal Old John's Port - Non Mevushal Shiraz 2014 - Mevushal Shibuya Meltdown Semilon (Preservative Free) 2020 - Non Mevushal Shibuya Meltdown Semilon (Preservative Free) 2021 - Non Mevushal Old Vines Shiraz 2020 - Non Mevushal

#### **KVINT**

#### ONLY when bearing OU-P

Divin Brandy Aged 5 years Shekar Brandy Kosher Cabernet Sauvignon Kosher Merlot

#### PATRON

P Silver Tequila

#### SABRA

**ONLY when bearing OU-P** Chocolate Orange Liqueur

#### SAROS

Vodka Pineapple 30%

#### **SPIRIT OF BONDI**

#### ONLY when bearing KA Logo

Pomme de Bondi - handcrafted from 100% Australian Apples

#### **TEAL LAKE - AUSTRALIA**

#### All wines including ...

Cabernet Merlot - Mevushal Cabernet Sauvignon Reserve - Mevushal Chardonnay - Mevushal Moscato D'Aussie - Mevushal Red Moscato - Mevushal Reserve Shiraz - Mevushal Shiraz - Mevushal Sauvignon Blanc - Mevushal

#### ZACHLAWI

Fig Arak 40% Vodka Mocha Cappuccino

## **BAKING INGREDIENTS**

#### **GROSS INTERNATIONAL**

P Alprose Swiss Baking Chocolate **ONLY when bearing OU-P** 

#### **LEWIS & SON**

ONLY when bearing KAust KLP seal P Desicated Coconut P Potato Flour P Quinoa Flakes

#### LIEBER'S

P Real Chocolate Chips - Semi Sweet **ONLY when bearing Rav Weismandl Kosher for Passover logo** 

#### SOLOMON'S

P Matzo Meal Flour - Course, Fine, Super Fine

P Potato Flour



# BUTTER

#### MAKABI

D-CY Beurre Francais - Requires the logo of Rav Yosef Yitshak Pozzner

#### **TEMPO**

# ONLY when bearing Adass Israel Congregation logo Melbourne and the words "Kosher for Passover"

D-CY European Style Butter Salted, D-CY European Style Butter Unsalted

# **CAKES, MUFFINS & PASTRIES**

#### **HAPPY VILLAGE - COSTCO**

ONLY when bearing Star K KLP hechsher - Gluten Free P Organic Mini Fig & Nut Bars

#### SOUL GOURMET

# ONLY when bearing KA KLP Logo

P Mint P Teigalach

#### **SWEET CHICK**

#### ONLY when bearing KA KLP Logo

P Various

### CHEESE

#### CHEVINGTON

#### ONLY when bearing Kedasia KLP Logo

D-CY Gouda D-CY Mature Cheddar D-CY Mild Cheddar

#### DANABLU

D-CY Danish Blue Cheese

**THE KASHRUT AUTHORITY** Keeping Kosher Made Easy

#### темро

#### ONLY when bearing Adass Israel Logo and Kosher for Passover

D-CY Cheese

# COFFEE

#### **NESPRESSO RANGE**

Must be product of Switzerland.

Please check the KA website for an updated list of the Nespresso range

#### CLASSIC

Reviving Origins Cafecito de Cuba, Ispirazione Ristretto Italiano Decaffeinato, Ispirazione Firenze Arpeggio Decaffeinato, Ispirazione Roma, Ispirazione Ristretto Italiano, Ispirazione Palermo Kazaar, Ispirazione Firenze Arpeggio, Ispirazione Napoli, Il Caffe, Limited Edition.

Cosi, Volluto, Capriccio, Volluto decaffeinato, Cafezinho do Brasil Limited Edition, Limited Edition, Special Club, Tamuka mu Zimbabwe, Esperanza de Colombia, Congo Organic, India, Nicaragua, Ethiopia, Colombia, Indonesia, Hawaii Kona, Scuro, Corto, Amaha Awe Uganda, Inpirazione Genova Livanto, Inpirazione, Venezia, Freddo Delicato, Freddo Intenso, LE Peru Organic, Aged Sumatra, Umutina Wa Lake Kivu Rwanda Limited Edition, Jamaica Blue Mountain Special Reserve, Costa Rica, Flat White Over Ice, Peru Organic, Galapagos Speical Reserve, La Cumplida Refinada, Indonesia Organic, Organic Kahawa Ya Congo, Indonesia, Ispirazione Millennio, Ispirazione Novecento, Cafezinho Limited Edition, Forest Black, Aged Sumatra Grand Cru, Papua New Guinea, LE La Cuplide Refinada, LE Wex Miami, Istanbul Espresso, Paris Espresso, Rio de Janeiro Expresso, Cafezinho do Brasil

#### LUNGO RANGE

Vivalto Lungo, Fortissio Lungo, Linizio Lungo, Vivalto Lungo Decaffeinato, Envivo Lungo, Limited Edition, Nordic Black, Il Caffe, Buenos Aires Lungo, Vienna Linizio Lungo, Tokyo Vivalto Lungo, Lungo, Cape Town Envivo Lungo, Stockholm Fortissio Lungo, Miami, World Explorations Shanghai Lungo, Chiaro

#### PROFESSIONAL

Ristretto Origin India, Espresso Forte, Espresso Leggero, Espresso Decaffeinato, Espresso Origin Brazil, Lungo Decaffeinato, Lungo Origin Guatemala, Lungo Leggero, Lungo Forte, Ristretto, Ristreto Intenso, Kilimanjaro Peaberry, Nepal Lamjung, Limited Edition, Special Reserve, Chef Franck Giovannini, Kenya Milima, Origin Gautemala, Origin India, Origin Brazil, Peru Organic, Bianco Delicato, Bianco Intenso, Ice Intenso, Intenso, Congo Organic, Leggero, Decaffeinato, Forte, Chef Heiko Nieder, Finezzo.

#### VERTUO

Diavolitto, Altissio, Voltesso, Decaffeinato Intenso, Tamuka Mu Zimbabwe, Limited Edition, Aged Sumatra, Peru Organic, Il Caffe, La Cumplida Refinada, Hawaii Kona, Altissio Decaffeinato, Oragio, Toccanto, Jamaica Blue Mountain Special Reserve, Double Espresso Dolce, Double Expresso Chiaro, Double Expresso Scuro, Cafecito de Puerto Rico, Fortado, Arondio, Decaffeinato Ontuoso, Bianco Leggero, Amaha Awe Uganda, Ice Leggero, Costa Rica, Ethiopia, Limited Edition, Fortado Decaffeinato, Inizio, Vivida, Sumatra, Papua New Guinea, Alto Dolce, Alto Intenso, Melozio, Elvazio, Giornio, Solelio, Intenso, Half Caffeinato, Stormio, Odacio, Decaffeinato, Colonbia, Mexico, Cafecito de Cuba, Bianco Forte, Organic Kahawa Ya Congo, Esperanza de Colombia, Ice Forte, Limited Edition, Melozio Decaffeinato, Melozio Boost, Stormio Boost, Forest Black, Craft Brew Carafe Pour-Over Style Mild, Craft Brew Cold Brew, Craft Brew Carafe Pour-Over

## **COTTAGE & CREAM CHEESE**

#### **TEMPO**

ONLY when bearing Congregation Adass Yisrael Melbourne Logo & Kosher for Passover

#### COCONUT

Dessicated coconut may contain a chametz, free flow agent and as such should not be used without a hechsher.

#### SOLOMON'S

P Fine ground coconut - 250g & 1kg

#### CREAM

#### **TEMPO**

ONLY when bearing Adass Yisrael Logo and Kosher for Passover on lid.

D-CY Fresh Cream

D-CY Sour Cream

#### ONLY when bearing KA KLP Logo

Look on our website www.ka.org.au for a list of products available this year.

# FISH

#### COLES

Packaged fish will be available with KA Kosher for Passover stickers at

Coles St Ives Shopping Village

Coles Westfield Bondi Junction

#### **FISH IN THE FAMILY**

This will be done at Harris Farm - Rose Bay. Consumers should email orders to retail@fishinthefamily.com.au Also check the KA website for link to order sheet.

www.ka.org.au/consumer-resources/pesach-guide

#### THE ONE THAT GOT AWAY

#### Ph: 02 9389 4227.

This store will be producing raw fresh fish under The Kashrut Authority supervision. Only accept minced fish, skinless and filleted fish which has been sealed with Diamond KA Pesach seals. It is important that you ensure that your order bears the correct seals. NB Gefilte fish and other fish products cooked or sold in this shop are not kosher.

# **FISH TINNED**

#### DAGIM

#### ONLY when bearing Hisachdus CRC or OU-P Logo - Bishul Yisrael

#### GEFEN

ONLY when bearing OU-P or Volover Kashrut - Bishul Yisrael

- P Fancy Albacore Chunk Light Tuna Low Sodium in Water
- P Chunk Light Tuna in Water
- P Kipper Snacks

# **FISH SMOKED**

#### DAVE'S FOOD CO

ONLY when bearing Diamond KA KLP seals P Gravlax Beetroot P Gravlax Pepper & Dill Sliced P Smoked Salmon order by emailing info@davesfoodco.com

# FLOUR

#### SOLOMONS

**Must bear Kosher for Passover seal** P Potato Flour P Matza Meal Flour

# FRUIT – FRESH & DRIED

#### **ABSOLUTE ORGANIC**

P Organic Dried Figs

#### **BARD VALLEY NATURAL DELIGHTS**

#### ONLY when bearing United States K - Kosher for Passover

P Organic Fresh Medjool Dates

#### **ECO FARMS**

P Dates - ONLY when bearing diamond KA p logo

#### SAFARI

# Under the supervision of the UOS SA Beth Din. The following are acceptable even without any Pesach markings, stickers or labelling

- P Plain Dried Apple Rings
- P Apricots (not Turkish)
- P Pears
- P Peaches



#### SONORA VALLEY

#### ONLY when bearing IKU Logo - KLP Logo

P Whole Fresh Medjool Dates

#### VERITY

P Australian Prunes - 375g Preservative Free , Gluten Free - were produced under constant supervision and bear a numbered Diamond KA KLP seal.

P Australian 40/50 Prunes 12.5kg - were produced under constant supervision the cartons are sealed with brown or blue Kosher for Pesach tape.

(Food Service and retail distributed by R. Solomon's Ph: 02 9316 4133)

Krinsky's

Supamart IGA - Rosebay and Lindfield

#### THE NUT SHOP

P Dried Figs - Product of Turkey - 375g bags and 10kg cartons

# FRUIT – RAW CUT & PROCESSED

#### **PRO BROS PROVIDORE**

The KA is supervising a production of peeled and washed fruits and vegetables. For enquiries please call 02 9018 9132.

Consumers should check the KA website for information on how to order.

www.ka.org.au/consumer-resources/pesach-guide

## FRUIT – FROZEN

#### SUNSHINE TROPICAL

Food Service - Ph: 07 5441 1920

- P Blackberries
- P Blueberries
- P Cherries
- P Cranberries Product of USA
- P Mango Cheeks
- P Mixed Berries
- P Raspberries

P Red Currants P Strawberries

## **GRAINS & SEEDS**

#### QUINOA

Requires a KLP hechsher or listed in the directory or update.

#### PEREG

#### ONLY when bearing OU-P or Star K Logo

P Quinoa - All varieties

### HORSERADISH

These horseradish should NOT be used for Maror at the Seder

#### **CHALLENGE GOLD MEDAL**

P Horseradish Relish - Red or White

#### SOLOMON'S

P Horseradish

## HONEY

#### GOODE'S

# ONLY when bearing a Diamond KA Kosher for Passover seal. This batch of Pure Australian Honey was processed and packed under contant KA supervision.

P Goode's Pure Australian Honey - 500g

P Australian Honey Premium Quality Floral Blend - 3kg pail (available from Solomon's. Ph: 02 9316 4133)

# **ICE CREAM**

#### **TEMPO**

ONLY when bearing Adass Israel, Melbourne logo and Kosher for Passover D-CY Chocolate Ice Cream D-CY Coffee Ice Cream D-CY Vanilla Ice Cream

# **JUICE – FRUIT JUICE**

#### **KEDEM**

**ONLY when bearing OU-P logo** Grape Juice

#### **NECTAR COLD PRESSED**

P Apple Juice - 1.5 l

#### P Orange Juice - 1.5L

All enquiries and orders must be placed by close of business 16 April by email: sales@nectarcoldpressed.com.au

#### **TEMPO**

#### ONLY when bearing Adass Israel, Melbourne logo and Kosher for Passover

P Orange Juice

## MATZAH

#### SOLOMON'S

- P Solomon's Coarse Matzo Meal ONLY when bearing Diamond KA-P logo or OU-P Logo
- P Solomon's Matzo Meal Fine ONLY when bearing Diamond KA-P logo or OU-P Logo
- P Solomon's Super Fine Matzo Meal ONLY when bearing Diamond KA-P logo or OU-P logo
- P Solomon's Matzo ONLY when bearing OU-P logo
- P Solomon's Wholemeal matzo ONLY when bearing OU-P logo
- P Solomon's Tea Matzo ONLY when bearing OU-P logo



# **ENRICHED MATZAH**

Egg matzah, matzah made using fruit juice instead of water, chocolate Matzah and other enriched matzah made using other ingredients beside Matzah flour and water in the traditional way, cannot be used to fulfil the Mitzvah of Matzah. Furthermore they are customarily not eaten during Pesach by Askenazi Jews even when bearing a reputable "Kosher for Passover" endorsement. This restriction does not apply to the elderly, sick or infants. Sephardim should consult their Rabbi.

# MEAT

Meat produced in kosher butchers for year round use is not suitable for Pesach use. Buy ONLY Kosher for Pesach meats and smallgoods.

#### **VILLAGE FINEST KOSHER BUTCHER**

Order on line at www.villagefinest.com.au | Pre-packed frozen meat and small goods are available from Krinskys. Fresh pre-packed meat available from Supamart IGA - Dover Road, Rose Bay.

Please ensure products are sealed with the diamond KA Glatt Kosher Meat 'Kosher for Pesach' seal.

#### M&M POULTRY

Fresh pre-packed chicken are available from selected Coles - Westfield BJ, Bondi Eastgate, St Ives Village, Eastgardens Pagewood, Rose Bay, Pacific Square Maroubra Woolworths - Westfield BJ, Double Bay, St Ives, Eastgarden Pagewood Supamart IGA - Rose Bay, Lindfield Krinskys

Please ensure all poultry bears a KA Kosher for Passover Meat seal

# MILK & MILK PRODUCTS INCL. LACTOSE FREE

#### **TEMPO**

D-CY Chalav Yisrael Fresh Full Cream milk, Fresh Skim milk, Light Milk and Smooth n' Milky Chocolate Flavoured Milk is available from Krinsky's and selected supermarkets and may have to be ordered.

**THE KASHRUT AUTHORITY** Keeping Kosher Made Easy

# **MILK ALTERNATIVES**

#### GEFEN

#### ONLY when bearing OU-P Kosher for Pesach Logo

P Coconut Milk Unsweetened Gluten Free Dairy Free P Almond Dairy Free Beverage Unsweetened P Hazelnut Dairy Free Beverage Unsweetened

#### LIEBER'S

ONLY when bearing OU-P Logo

P Original Supreme Almond Milk Alternative

#### NUTS

#### SOLOMON'S

#### ONLY when bearing The Diamond KA - Kosher for Passover seal.

- P Pesach Walnuts Pieces and Meal
- P Pesach Almonds and Meal
- P Ground Hazelnut
- P Pesach Coconut 250g/10kg

#### THE NUT SHOP

#### ONLY when bearing KA kosher for Passover seal

- P Raw Walnut meal
- P Raw Cashew meal
- P Raw Cashews 200g
- P Raw Brazil nuts 200g
- P Raw Macadamias 200g
- P Blanched Almond ground meal 200g
- P Almond meal
- P Slivered Almonds 200g
- P Ground Hazelnuts
- P Raw Hazelnuts
- P Australian Pecans

# OIL

Pure Extra Virgin Olive Oil from Italy, Spain, Greece or Turkey only is suitable for Pesach but must be purchased before Pesach. However it is preferable to purchase even extra virgin olive oil with a hechsher.

#### **CHEF'S CHOICE**

#### When bearing the regular KA Logo

P Certified Organic Coconut Oil Extra Virgin & Unrefined - 500ml, 915ml

#### **THREE OLIVES**

When bearing the regular KA Logo P Extra Virgin Olive Oil - Certified Organic

#### SOLOMON'S

P Fry-Ola Premium Frying Oil - 15l - No symbol required.

# **OLIVES & PICKLES**

#### **ESKAL DELI**

**ONLY when bearing OU-P** P Dill Pickles

#### PRI-CHEN

**ONLY when bearing OU-P** P Cucumbers in Brine P Cucumbers in Vinegar P Harissa P Pitted Green Olives P Shipka Hot Peppers P Sliced Turnips Pickle

# PASTA

#### **ESKAL DELI**

ONLY when bearing OU-P Logo. Gluten free



**PESACH PRODUCT LIST** • Certified Kosher for Pesach

Vegetable Pasta - Fresh hearts of palm lasagna sheets Vegetable pasta - Fresh hearts of palm spaghetti

# **POTATO FLOUR/STARCH**

Potato flour must bear a rabbinic Kosher for Pesach label.

#### SOLOMON'S

Only when bearing The Diamond KA - Kosher for Passover seal

# SALAD DRESSINGS AND MAYONNAISE

#### GEFEN

P Lite Pure Homogenised Mayonnaise - ONLY when bearing OU-P or Volover KLP

P Pure Homogenised Mayonnaise - ONLY when bearing OU-P or Volover KLP

#### **ESKAL DELI**

ONLY when bearing KAust KLP seal P Low Fodmap Italian Oil Free Dressing P Oil Free Balsamic Dressing P Oil Free Sundried Tomato Pesto

#### **KLEIN GOURMET FOODS**

ONLY when bearing KAust Logo P Whole Egg Mayonnaise

# SALT

Various brands with OU-P or equivalent Hechsher

#### OLSON

ONLY when bearing KAust Logo P Sea Salt Flakes

#### SOLOMON'S

P Fine Salt. ONLY when bearing The Diamond KA - Kosher for Passover seal

# **SOFT DRINKS**

#### **BELOKA WATER**

Beloka Water has been produced with carbon di-oxide specially obtained from a non-chametz source. It is freely available in stores and supermarkets or can be purchased online **http://www.belokawater.com.au/** 

#### Use the code kosherbondi10 for a 10% discount

P Naturally Still

P Lightly Sparkling

#### EASTCOAST

P Spring Water Bottled at the Source - 350ml,, 600ml sports cap

#### FIJI

P Natural Artesian Water

ONLY when bearing OU Logo

## SPICES

The following items have been packed & produced under The Kashrut Authority - bearing The Diamond KA - Kosher for Passover seal.

#### **CHALLENGE GOLD MEDAL**

P Ginger Freshly Ground - 250g, 2kg

#### SOLOMON'S

- P American Sweet Paprika
- P Crushed Chilli Paste
- P Crushed Garlic
- P Garlic Powder
- P Crushed Ginger Paste
- P Dehydrated Garlic 75g
- P Dry Chilli 75g, 1kg
- P Freshly ground Cinnamon
- P Freshly ground Pepper Black, White
- P Onion Powder, Flakes



**THE KASHRUT AUTHORITY** *Keeping Kosher Made Easy* 

- P Paprika
- P Peppercorn Black, White

## SUGAR

## SUGAT

**ONLY when bearing Eida Haredith Logo** Mehadrin White Sugar - Kosher for Passover

## LIEBER'S

ONLY when bearing Rabbi M Weissmandl Kosher for Pesach Logo

Dark Brown Sugar

## **TOMATO PASTE**

#### TUSCANINI

## ONLY when bearing OU-P or Rabbi Weismandl or EUK-P Logo

Tomato Paste - Premium Tuscan Tomatoes

## VEGETABLES

## **PRO BRO PROVIDORE**

The KA is supervising a production of peeled and washed fruits and vegetables (including lettuce and marror). For enquiries please call 02 9018 9132. Consumers should check the KA website for information on how to order - www.ka.org.au/consumer-resources/pesach-guide

#### **PLATINUM POTATOES**

Fresh Vacuum Packed Potatoes are available from Harris Farm. For bulk purchase email: peter@platinumpotatoes.com

## VINEGAR

## **ESKAL DELI**

ONLY when bearing OU-P P Apple Cider Vinegar

**PESACH GUIDE** 5784-2024

**PESACH PRODUCT LIST** • Certified Kosher for Pesach

## SOLOMON'S

P Imitation Vinegar

## **SUPRA FOODS**

P Imitation White Vinegar. To order Email: adrian@suprafoods.com.au

## YOGHURT

Yoghurt is milk that has been cultured and the culture may be chametz

Sometimes starch is also added to yoghurt as well as flavours. Therefore only yoghurt with a reliable hechsher should be used.

## TEMPO

ONLY when bearing Congregation Adass Israel Melbourne logo and Kosher for Passover inkjetted on lid or side of cup.

- D-CY Raspberry Flavoured Yoghurt
- D-CY Strawberry Flavoured Yoghurt
- D-CY Cherry Flavoured Yoghurt
- D-CY Vanilla Flavoured Yoghurt
- D-CY Apricot Flavoured Yoghurt
- D-CY Coffee Yoghurt
- D-CY Low Fat Natural
- D-CY Natural



9 O'Brien Street, Bondi Beach, NSW 2026 PH: 9300 0495 | E: sydney@golds.com.au W: Goldssydney.com.au



**PESACH PRODUCT LIST** • Certified Kosher for Pesach

**THE KASHRUT AUTHORITY** *Keeping Kosher Made Easy* 

## **SECTION 2: KOSHER FOR PASSOVER — NOT CERTIFIED**

These products should preferably be purchased before Pesach.

These are products that while not being formally certified for Pesach have been determined to be of a standard that is appropriate for the fully observant kosher consumer even in the first instance. They are products that are inherently kosher for Pesach or the possibility of contamination with *Chametz* is considered insignificant.

## **BAKING INGREDIENTS**

## **AUSTRALIAN CAROB COMPANY**

P Pure Carob Kibble Nibbles P Pure Carob Pods

## **LOVING EARTH**

P Cacao Nibs

P Cacao Beans

## BUTTER

## **ABSOLUTE ORGANIC**

D Organic Salted Butter

D Organic Unsalted Butter

## ALLOWRIE

D Choicest Butter

D Unsalted Butter

## **BEAUTIFULLY BUTTERFULLY - ALDI**

- D Australian Butter Salted
- D Australian Butter Unsalted

## COLES

D Australian Salted Butter D Australian Unsalted Butter D Unsalted Butter

## **GIPPSLAND GOLD**

D Butter D Salted Butter

## **MAINLAND DAIRY**

D Pure Butter Sea Salt D Pure Butter Unsalted D Buttersoft Salt Reduced D Organic Butter Salted D Organic Butter Unsalted

## PARIS CREEK FARMS ORGANIC DAIRY

D Bio-Dynamic Fresh Butter Salted D Bio-Dynamic Fresh Butter Unsalted

## W

D Australian Butter Salted D Australian Butter Unsalted D Essentials Salted Butter D Essentials Unsalted Butter

## WESTERN STAR

D Original Salted Butter D Salt Reduced Butter

## WESTGOLD

D Pure New Zealand Butter,

- D Traditionally Churned Unsalted Butter
- D Salted New Zealand Grass Fed Butter

## **COFFEE BEANS**

## **CALIMA 100% COLOMBIAN SINGLE ORIGIN**

Ph: 02 8783 7909 | www.guiseppebrothers.com.au/Calima| Email: support@giuseppebrothers.com.au | **ONLY When bearing a Diamond KA Logo** P Arabica Coffee Beans - 250g, 1k P Organic Arabica Coffee Beans - 250g, 1kg P Decaffinated Arabica Coffee Beans - 250g, 1kg

## KARMEE

Freshly roasted coffee beans (Coffee beans available from Cap Away Coffee Cart. Call Daniel 0431 914 104. Beans can be ground on request)

## COFFEE

## **ABC - AUSTRALIAN BEVERAGE CORPORATION**

## CAP AWAY COFFEE CART 0431914104 Book us for your next event

**PESACH GUIDE** 5784 - 2024 PESACH PRODUCT LIST • Kosher for Pesach - Not Certified



PH: 1300 656 842 | www.ausbeverage.com.au

- P B Blend
- P Organic 1kg
- P Cargo 1 kg

## **AROMA COFFEE**

Ph: 02 9693 1009 | www.aromacoffee.com.au

- P Aromarabica
- P Brazil Destinations Range
- P Cremaroma
- P Ethiopia Destinations Range
- P Felice
- P Kilimanjaro
- P Organic

## **BRAVO COFFEE**

Ph: 02 8783 7909 | www.giuseppebrothers.com.au/contact |

Email: support@giuseppebrothers.com.au

- P Bravo Supreme
- P Bravo Espresso
- P Bravo New Guinea
- P Bravo Mocha Harrar
- P Bravo Mocha Kenya
- P Bravo Kenya
- P Bravo Sumatra
- P Bravo Special Expresso
- P Bravo Excelsio
- P Bravo Classico
- P Bravo Fairtrade Supreme
- P Bravo Haile Sellassie
- P Bravo Decaf
- P Bravo Cafe Monte

## BUSHELLS

- P Granulated Instant Coffee
- P Instant Coffee

## **CALIMA 100% COLOMBIANO SINGLE ORIGIN**

Ph: 02 87837909 | www.ronita.com.au/collections/calima|

Email: support@giuseppebrothers.com.au

- P Arabica Ground Coffee
- P Organic Arabica Ground Coffee
- P Decaffinated Ground Coffee
- P Arabica Biodegradable Coffee Capsules - Suitable for use in a Nespresso
- P Organic Arabica Biodegradable Coffee Capsules - Suitable for use in a Nespresso
- P Decaffeinated Biodegradable Coffee Capsules - Suitable for use in a Nespresso

## **DELANO SPECIALITY COFFEE**

Ph: 1300 335 266 | www.delanocoffee.com.au

- P Delano Alegria 1kg
- P Delano Cargo 1kg
- P Delano Decaf 1 kg
- P Delano Maverick 1kg
- P Delano Organic 1kg

## MOCCONA

- P Classic Regular
- P Decaf
- P Instant

## **ROBERT TIMMS COFFEE**

P Ground Coffee

## CREAM

The following have been investigated:

#### **DAIRY FARMERS**

D Pure cream - ONLY when PE follows use by date



## PURA

D Pure Cream - ONLY when PE follows use by date

## **EGGS - PROCESSED**

## FARM PRIDE

P Egg Whites Frozen 950ml

## **PIROVIC FAMILY FARM - (FRESH, CHILLED OR FROZEN)**

P Easy Eggs Pasterurised Whole eggs (5 x 2kg pales)

P Fresh Chilled Pasteurised Albumin 10kg (bag in box)

P Pasteurised Whole Egg Pulp (10kg)

P Farm Barn Lain Pasteruised Whole Egg (10kg)

P Free Range Pasteruised Whole Egg (5 x 2kg)

P Salted Whole Egg 10% (10kg)

P Whole Egg Pulp - Certified Organic (5 x 2kg or 10kg)

## FISH

## KIRKLAND SIGNATURE (COSTCO):

Frozen Atlantic Salmon is Kosher for Passover even without OUp

## FLOUR

#### NIULIFE

P Organic Coconut Flour

## **GRAINS & SEEDS - QUINOA**

Requires a KLP hechsher or listed in this directory

## **KIRKLAND SIGNATURE (COSTCO)**

## ONLY when bearing an OU or Star K Logo

P Organic Quinoa from Andean Farmers to You

## HONEY

## **AIRBORNE HONEY**

P All plain - ONLY when bearing Diamond KA Logo

## **SNIVES HIVES**

P Seasonal Honey - 650gm, 1.3kg

www.sniveshives.com.au

## MILK & MILK PRODUCTS INCL. LACTOSE FREE

D Pure full cream milk and pure skim milk in bottles or cartons including A2 Milk may be used provided they contain no other ingredients such as milk solids or milk powders but must be purchased before Pesach.

D Plain UHT Milk and Plain UHT Skim Milk - May be used provided no other ingredients other than milk are listed.

## NUTS

## COLES

ONLY when bearing vendor code A0965

P Raw Almonds

## MACRO WHOLEFOODS MARKET

#### ONLY when bearing vendor code 88331

P Australian Macadamia

## WOOLWORTHS

## ONLY when bearing vendor code 853470001

P Walnut Kernels

## W

## ONLY when bearing vendor code 853470001

P Australian Raw Walnuts

## OIL

The following oils, Product of Australia, are not made under continuous supervision but are produced chametz free. These should be purchased before Pesach

#### **ABSOLUTE ORGANIC**

P Extra Virgin Coconut Oil

#### BANABAN

- P Extra Virgin Coconut Oil
- P Virgin Coconut Oil

#### **CHOSEN FOODS**

ONLY when bearing OU. Suitable for Pesach without a P P 100% Pure Avocado Oil P 100% Pure Avocado Spray Oil

## **KOCONUT PACIFIC**

P Virgin Coconut Oil

#### **MOUNT ZERO**

P Arbequina Extra Virgin Olive Oil P Organic Extra Virgin Olive Oil P Picual Extra Virgin Olive Oil P Franttoio Extra Virgin Olive Oil

## **OLIVE GROVE - ALDI**

P Extra Virgin Olive Oil

#### PLENTY COLD PRESSED

- P Almond Oil
- P Macadamia Oil
- P Walnut Oil

## SALT

All pure salt and cooking salt product of Australia is acceptable. Any salt that has no anticaking agent is acceptable. Similarly any salt that has anticaking agent 554, is acceptable. Natural Rock Salt and Himalayan Rock Salt is acceptable.

These must be purchased before Pesach.

## Saxa Lite Salt is NOT ACCEPTABLE

Many have a custom to use only salt with a KLP Hechsher

## **CHEF'S CHOICE**

P Himalayan Pink Fine Salt - 1kg and 200g sprinkler and Grinder

## OLSON

P Sea Salt Flakes - Requires Kaust Melbourne Kashrut Logo

## **SOFT DRINKS**

Natural Still Mineral Water and Water - bottled at source (unflavoured only) are all produced chametz - free but should be purchased before Pesach.

#### **DEEP SPRING**

P Sparkling Natural Mineral Water (Plain unflavoured ONLY)

## **SCHWEPPES**

P Natural Mineral Water

P Soda Water

## **SODA STREAM**

The soda stream machine has to be thoroughly cleaned and boiling water must be poured over those parts that come in contact with the beverage. Soda stream gas is chametz free

P Sparkling Water Unflavoured

## SUGAR

All Bundaberg organic sugar, white sugar, raw sugar, brown sugar and caster sugar ard are produced **enzyme free** and are suitable for Pesach

All CSR white sugar, raw sugar, brown sugar and caster sugar are approved for Pesach and are produced enzyme free.

Warning: Pure Icing Sugar, and Icing Sugar Mixture does contain actual chametz starch and may not be used for Pesach. Brown sugar should not be used for Pesach unless investigated.

## **SUGAR - COCONUT**

## NIULIFE

P Coconut Sugar - Requires Kaust Melbourne Kashrut Logo

## SUGAR SUBSTITUTES

## **HERMESETAS**

P Mini Sweeteners - Product of Switzerland only.

## SYRUPS

Agave Syrup and Maple Syrup must bear a reliable kosher for Pesach certification.

## CARWARI

P Organic Agave Nectar Dark - 350g, 25kg - ONLY when bearing KA Logo P Organic Agave Nectar Light - 350g, 25kg - ONLY when bearing KA Logo

## TEA

All brands of plain pure unflavoured tea and plain unflavoured tea bags are produced chametz-free but must be purchased before Pesach.







# **DELICIOUS, TASTY AND NATURAL**

# **PASSOVER APPROVED**





Scan the QR code and check our Kosher products Find these products and more in our website <a href="http://www.premiumgourmetfood.com.au">www.premiumgourmetfood.com.au</a>

## VEGETABLES

All rawvegetables contain no chametz. However it is customary for Ashkenazim not to eat rice, maize (sweet corn) and leguminous (pulse) vegetables such as all beans and peas (including string beans) because of their similarity to the five grains (wheat, barley, oats, rye and spelt) which are actual chametz. These are called "KITNIYOT" (This custom is not widely practised amongst Sephardim - ask your rabbi for guidance. See Kitniyot section).

Fresh raw vegetables (including raw whole herbs) must be washed and thoroughly checked for insects.

Asparagus, Avocado, Baby Spinach, Beetroot, Bok Choy, Broccoli, Brussel Sprout, Cabbage, Carrots, Cauliflower, Celery, Cucumber, Dill Leaves, Eggplant, Fennel, Ginger, Leek, Lemon, Lime, Lettuce, Licorice Root, Marjoram, Mint, Mushroom, Onion, Oregano, Paprika, Parsnip, Fresh Green Peppers, Parsley, Marrows, Potato, Pumpkin, Radish, Rhubarb, Rosemary, Silverbeat, Spinach, Squash, Swede, Sweet Potato, Thyme, Tomatoes, Turnip, Yam, Zucchini.

Many companies provide cut and peeled vegetables or washed salad vegetables. These should not be used without reliable investigation as potentially chametz anti-oxidants such as citric acid are often added to the wash water. Preservatives such as sodium metabisulphate are kosher for Pesach

#### **BILLABONG PRODUCE**

#### ONLY when bearing P at the end of date code

P Crushed Tomatoes - 3kg can or 700g bottle

# Quick, Easy & Deliciously Tasty



## Pesto, Bocconcini & Tomato

INGREDIENTS 3 CORN THINS® slices

the state of the state

Cherry tomatoes (sliced)

3 Kosher Bocconcini balls (sliced)

2 Tbsp. Pesto

**TO MAKE PESTO** 3 cups basil

4 cloves of garlic <sup>1</sup>/<sub>2</sub> cup of olive oil <sup>1</sup>/<sub>2</sub> cup pine nuts Juice of 1-2 lemon <sup>1</sup>/<sub>2</sub> tsp Kosher salt

## DIRECTIONS

Spread pesto across CORN THINS® slices, then layer on bocconcini cheese and cherry tomatoes. Add pepper & salt if desired.

TO MAKE PESTO Place basil, garlic, pine nuts, lemon & salt into a blender or food processor. While blending these ingredients slowly add oil till all is well mixed. Taste & add more salt if desired.



CORN THINS® products can be found in the biscuit aisle of most supermarkets.
www.cornthins.com

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## **KITNIYOT**

Approved Kashrut Agencies for Kitniyot products:

KITNIYOT Acceptable for use by speak thic consume	OU Kitniyot Logo
THE PARTY AND	Bedatz Bet Yosef Kosher for Pesach - Kitniyot
A Sec	Star S

Kitniyot are customarily not eaten on Pesach by Ashkenazi Jews. The origins of this custom are not 100% clear and many reasons have been given for the custom including the following:

- a. The seeds can be ground into flour which may create a mix up with wheat flour.
- b. After cooking they may appear like chametz foods.
- c. The seeds are similar to grain kernels and come in a sheath or pod.
- d. Generally speaking all legumes are also kitniyot because they grow in pods.

The reasons can lead to interesting anomalies. Dried pumpkin seeds which are seeds in a pod, are considered kitniyot. However pumpkin cooked whole including obviously with it's seeds is not problematic, and the now cooked seeds can be eaten. This is because a whole raw pumpkin cannot be confused with anything chametz. Similarly dried fennel seeds are kitniyot but the bulb, root and greens are not. In contrast green peas are considered kitniyot because they are a legume and come in a pod. Wherever in the guide we write seed next to the kitniyot item it is specifically only the seed that is kitniyot.

## The following foods ARE Kitniyot:

Alfalfa
Amaranth
Aniseed
Anise Seed

Aspartame

Beans - All including Edamame

Buckwheat

Caraway Seed

Cardamon

Chick Peas

Coriander Seed

Corn, Maize

Corn Starch

Cumin

Fennel Seed

Fenugreek Seed

Flax Seed

Green Beans

Hemp Seeds

Lentils - All

Linseed

Millet

Mustard and Mustard Seeds

Pea

Peanut

Poppy Seed

Pumpkin Seed

Rapeseed

Rice - Raw or raw organic, white or brown rice varieties (no additives)

Safflower Seed

Sesame Seed

Snow Pea

Sorghum

Soy Bean

Soy Lecithin

String Bean

Sugar Snap Peas

Sunflower Seeds Teff Tofu

The following are NOT Kitniyot but require thorough checking for foregin seeds:

Carob Chia Seeds Guargum Locust Bean Gum Saffron

The following are NOT Kitniyot but some customarily do not use them. The Kashrut Authority will certify products that contain garlic.

Cloves

Garlic

## KOSHER FOR PESACH KITNIYOT PRODUCTS FOR THE SEPHARDI COMMUNITY

The following are all Kitniyot and are permissible for those who eat Kitniyot on Pesach.

## **ABBOT - HEALTH SUPPLIMENTS**

ONLY when bearing OU-D Logo

D Enshake

D Ensure

D Ensure Compact

D Ensure Nutrivigor

D Ensure Plus Commence

D Ensure Plus Creme

D Ensure Plus Juice

D Ensure Plus Milkshake Style

D Ensure Plus Yoghurt Style

D Ensure Plus Nutrition Shake

D Ensure Two Cal

PESACH PRODUCT LIST • Kosher for Pesach - KITNIYOT Keeping Kosher Made Easy

## ACHLA

## Kitniyot and Kosher for Pesach when bearing a Pesach Logo

P Tahina Dip P Humus Dip

## BAMBA

## ONLY when bearing OU Kitniyot label

P Snacks

## BIRDSEYE

P Australian Country Harvest Baby Beans Carrot Corn & Broccoli P Australian Country Harvest Carrot Cauliflower Beans & Broccoli P Australian Country Harvest Garden Mix Beans & Corn P Country Harvest Snap Frozen Peas & Supersweet Corn P Country Harvest Snap Frozen Carrot Peas & Corn P Australian Field Fresh Baby Beans P Australian Field Fresh Baby Peas P Australian Field Fresh Snap Frozen Corn Kernels & Corn Cobs

## **CALIFORNIA DELIGHT**

ONLY when bearing Star S P Baby Corn Whole Spears P Cut Baby Corn P Whole Kernel Corn

## CARWARI

P Black Tahini, Organic Unhulled Tehina, Snow White Tehina

## COLES

## ONLY when bearing code A0496

- P 100% Natural Australian Baby Peas Snap Frozen
- P 100% Natural Australian Carrots, Peas & Cauliflower- Snap Frozen
- P 100% Natural Australian Corn Cobs Snap Frozen
- P 100% Natural Australian Cut Beans Snap Frozen
- P 100% Natural Australian Green Mixed Vegetables Snap Frozen

- P Mixed Vegetables Australian Grown
- P 100% Natural Australian Peas Snap Frozen
- P 100% Natural Australian Peas & Corn Snap Frozen
- P 100% Natural Australian Stir Fry Vegetables Snap Frozen
- P 100% Natural Australian Vegetable Mix Snap Frozen
- P 100% Natural Australian Winter Vegetables Snap Frozen
- P Peas Snap Frozen Australian Grown
- P 100% Natural Australian Carrot Batons- Snap Frozen
- P 100% Natural Australian Cauliflower & Broccoli Snap Frozen
- P 100% Natural Australian Chopped Onions- Snap Frozen

## COLES

## ONLY when bearing code A1161

P Nature's Kitchen Firm Tofu

## HAKEA

P Organic Tofu

## **JR FOOD PRODUCTS**

## ONLY when bearing KA Logo

P Golden Tahini

## **KVUZAT YAVNE**

## ONLY when bearing B'datz Bet Yosef Kosher l'pesach kitniyot logo

P Grape Leaves stuffed with Rice

## MACRO WHOLEFOODS MARKET (WOOLWORTHS) 87625

P Slightly Firm Classic Tofu

## MEXICO CITY

Ph: 02 9570 3025 P Nixtamal Taco Shells, Nixtamal Mini Taco Shells, Nixtamal Corn Tortillas 4", 6", 10" - 6pack or 12pack, Tostadas, Par-baked Natural Corn Chips - rounds, strips or triangle

## PLENTY

P Peanut Butter Cruncy

p Peanut Butter Smooth

## PLENTY

P Cold Pressed - Flaxseed Oil, Peanut Oil, Sesame Oil, Sun flower Oil, Hemp Seed Oil, Pumpkin See Oil, Heart Smart Safflower, Safflower Oil Refined - 20L, Cooking Oil - 750ml

## **PRI-CHEN**

ONLY when bearing B'datz Bet Yosef KLP Kitniyot hechsher

P Chick Peas

## **REAL FOODS**

- P Rice Thins
- P Original Corn Thins
- P Organic Sesame
- P Multi Grain Corn Thins
- P Multipack Original Corn Thins
- P Soy & Linseed Corn Thins

#### SAFARI

#### Kitniyot - Product of South Africa

P Prunes P Raisins, Sultanas, Currants

## **SECTION 3: CHAMETZ FREE**

These products are produced chametz free but are of a standard that in the first instance should not be used. These products should preferably be purchased before Pesach.

These are products that have been investigated and found to be free of *Chametz*, but are not certified as such and are not up to a standard generally practiced by international kashrut agencies. These products are listed for use by persons who may not have access to certified kosher for Pesach products or are not yet ready to take upon themselves the stricter approach.

## **BAKING INGREDIENTS**

## **AUSTRALIAN CAROB COMPANY**

P Pure Carob Powder Roasted

## **FARM PRIDE**

P Frozen Egg Whites

## **KFSU**

P KFibre

## NIULIFE

P Organic Coconut Flour

## **SOLOMONS GOLD**

P Cacao Beans P Cacao Nibs

P Cacao Butter

## WELLNESS ROAD (COLES)

ONLY when bearing code A0671 P Australian Almond Flour P Resistant Starch Green Banana Flour



**THE KASHRUT AUTHORITY** Keeping Kosher Made Easy

## **BEVERAGES – POWDERED**

## **BLACK GOLD CACAO**

P Drinking Chocolate

#### **HENRY LANGDON**

P Pure Cocoa (160g tin)

#### **LOVING EARTH**

P Cacao Powder

## SOLOMONS GOLD

P Cocoa Powder

## **CHOCOLATE & CONFECTIONERY**

## SOLOMONS GOLD

- P Dark Mint P Dark Mint Cane Sugar Free P Dark Nib P Dark Nib Cane Sugar Free P Dark Orange P Dark Orange Cane Sugar Free P Dark Velvet P Dark Velvet 65% P Organic Chocolate
- P Smooth Dark
- P Smooth Dark Cane Sugar Free
- P Velvet Nib 70%

## FISH

#### HUON

P Salmon Roe

## **VARDE LAKS**

P Cold or Hot Smoked Salmon / with Pepper P Smoked Salmon Party Pack

## FRUIT - FRESH & DRIED

## **ANGAS PARK**

P Whole Dried Apricots Soft & Juicy - Pr of Turkey

## **HAOMA FOODS**

P Organic Dried Figs 300g - No symbol required

#### **PAPA ORGANICS**

P 100% Australian Organic Dried Mango - No added sugar

## SUNBEAM

P Apricots

P Natural Sultanas (with no oil listed) - Pr of Australia or packed in Australia

## FRUIT - FROZEN

#### **SIMPSON FARMS**

#### No markings required

P Avocado Smooth Paste P Mango Pulp P Premium Chunky Avocado

## GRAINS

## WELLNESS ROAD (COLES)

ONLY when bearing code A0279 P Black Chia Seeds P Organic Black Chia Seeds P Organic Tri Colour Quinoa ONLY when bearing code A0671 P Psyllium Husks Powder

## MILK & MILK PRODUCTS INCL. LACTOSE FREE

## Paul Skinny Skim milk is not acceptable.

Flavoured milk is NOT ACCEPTABLE unless bearing a reliable hechsher and specifically indicating Kosher le Pesach.

Lactose free milk where the ONLY additive is the enzyme may be used for Pesach but should be purchased before Pesach

## **BLACK & GOLD**

- D Lactose Free Full Cream Milk UHT
- D Lactose Free Low Fat Milk UHT

## COLES

**ONLY when bearing vendor code A0529** D Australian Lactose Free Full Cream Milk UHT

#### W (WOOLWORTHS)

#### ONLY when bearing vendor code 83591

- D Lactose Free Full Cream Milk
- D Lactose Free Light Milk

## NUTS

#### COLES

#### ONLY when bearing vendor code A0965

P Australian Roasted Almonds

#### MARQUIS

P Macadamias

www.marquis.com

#### NOYA

P ABC Chia Spread

- P Almond Chia Spread
- P Organic ABC Spread
- P Organic Almond Spread
- P Organic Cashew Spread

## OIL

## **COBRAM ESTATE**

P Australian Exta Virgin Olive Oil P Australian Extra Virgin Olive Oil Light Flavour P Australian Extra Virgin Olive Oil Classic Flavour P Australian Extra Virgin Olive Oil Robust Flavour P Australian Extra Virgin Olive Oil Limited Release

## COLES

P Australian Extra Virgin Olive Oil

#### MACADAMS

P Australian Virgin Macadamia Oils 2.5l Cold pressed. Available from www.marquis.com

## PROCHEF

P Australian Extra Virgin Olive Oil Spray P Premium Coconut Oil Extra Virgin - Cholesterol Free

## SYRUPS

## NIULIFE

#### ONLY when bearing Kaust Melbourne Kashrut Logo

P Coconut Syrup



**THE KASHRUT AUTHORITY** Keeping Kosher Made Easy

## WARNING: Instant Tea may not be used without a reliable hechsher.

Herbal Teas come in two forms. The first is pure leaf with no additives such as pure chamomile or pure mint leaves. These are acceptable for Pesach

(Many people have a custom to use only tea made under supervision). Herbal teas that come with multiple ingredients including flavours should not be used for Pesach unless under a reliable kosher certification.



**PESACH GUIDE** 5784 - 2024 **PESACH PRODUCT LIST** • Detergents and Other Inedibles

## **SECTION 4: DETERGENTS AND OTHER INEDIBLES**

These are products that are either inedible or not for human consumption such as detergets or plastic plates. These are products that because of their very nature do not necessarily pose a kosher for pesach problem and do not need formal kosher certification.

## **ARTS AND CRAFTS**

X Play Doh is chametz and is not permitted to be played with during Pesach.

X Clag Paste is chametz and is NOT PERMITTED during Pesach.

Clag Hobby Glue (Arts & Crafts PVA Adhesive) is acceptable for Pesach.

Bostik Blu-Tack, Bostik Colour - Tack and UHU Glue Stick are acceptable for use during Pesach.

## **CLEANERS AND GLOVES**

## CHUX

Cloths, Robuste, Superwipes, Heavy Duty Scourer Pad, Heavy Duty Scourer Sponge, All Purpose Scrub Sponge

## ECOLAB

Easi Oven & Grill Cleaner

Steel wool without soap is acceptable.

Latex and vinyl gloves are usually lined with wheat starch or other powders that are of chametz origin. Powder free gloves should be used ONLY

## **ANSELL RUBBER GLOVES**

Powder free (Not disposable handy gloves)



## DETERGENT

## **ACTICHEM POWERFUL CLEANING SOLUTIONS**

Freecall 1800 108 800 | www.actichem.com.au AP110 Rhino Degreaser AP135 All Purpose Cleaner AP210P Klenzmatic Passover Special Auto Diswashing Liquid AP215P Ultramatic Passover Special Dishwashing Liquid AP220 Spotless P - Special Rinse aid AP343 Hand Sani Soap - Sanitiser Soap AP685 No Rinse Sanitiser - Sanitiser Spray AP863 Vegsan L - Sanitising Wash for Fruit, Vegetables & Cutting Boards AP439 BIOSAN II - Disinfectand and Decontaminant

## ASTORIA PAPER PRODUCTS

Automatic Dishwashing Powder and Liquid G.P. Cleaner Soap on Tap

## CHEMICAL CLEANING - PH: +61 2 9789 3188

Big Chance Blue Boy Golden Wash Sodium Hypochlorite Kloroclean Sani-Plus Sani-San Supreme

## **DIVERSEY AUSTRALIA**

Ph: +61 2 9757 0376 Divos 2 Divos 110

## ECOLAB

Ph: +61 2 8870 8227 Acidblend N450 Alkblend S300 Biochlor Commercial Clorize 12.5% Ecoshine Geosystem 9000 Solid Fusion Kitchen Pro Foaming Cleaning Destainer Inspexx 125 Oxonia Active Prochlor Solid Power Solid Power NP Solid Power XL Sureshot Fruit & Veg Treatment Ultra San Ultrasil 25 Ultrasil 75 Viva

## ENVIROCLEAN

P Fruit & Veg Wash

## FAIRY

All-in-1 Green & Blue Fairy All-in-1 Yellow & Blue Fairy All-in-1 Lemon Light Blue & Dark Blue Fairy Platinum All-in-1 Yellow Platinum Plus Yellow Platinum Plus Dishwasher Tablets Lemon



## FINISH

Dishwashing Tablets

## **KOALA ECO**

P Natural Fruit & Veg Wash

## TRIX

P Dishwashing Liquid - Apple, Lemon, Mint

## 7 DAWN

All varieties

## **VERIDIA AUSTRALIA**

Ph: 1300 228 222 | Fax: 1300 228 333 | E: athol.davis@veridia.com.au

- P Accent DML Auto Dishwashing Liquid
- P Accent W35P Dish Machine Detergent
- P Accent W42P Rinse Additive
- P Accent Antibac Hand Soap
- P Accent K44 Hand Soap
- P Accent K56 Chlorine Sanitiser
- P Accent K69 Kitchen Stain Remover

## LAUNDRY DETERGENTS

Ordinary laundry bar soap detergent powders and liquid detergents may be used for the laundry purposes, but customarily are not used for dishes without being found to be kosher for Pesach. Many ironing-aids and sprays contain actual chametz (starch or chametz ethanol) and may not be used for Pesach.

The following have been found to be chametz free.

Crisp
Fabulon
Fabulon Lemon
Preen
Sard Wonder Spray
Sard Nappy

Sard Soaker Sard Soap Sard Stain Stick Napisan

## PAINT, INK, SHOE POLISH

All inedible products may be used for Pesach.

## PAPER & PAPER GOODS

Paper and paper goods (plates, paper towels, paper serviettes, etc.) are all kosher for Pesach eventhough they may contain wheat starches that are chametz.

In accordance with the letter of the law authorities consider starch in the making of paper plates as non-food nullified before Pesach and allow their use. Further more Shulchan Aruch discusses the use of starches in the making of utensils and considers that after two months the starch loses its ability to be able to leech into food products. As such if the manufacture date of the paper goods is older than two months there is no Pesach problem.

However as with all things on Pesach, where we are often stricter than the letter of the law, many do not use paper plates in contact with food unless they have a kashrut endorsement. Similarly recycled paper products are subject to this stringency, as they may be made with recycled paper pulp that contains wheat starch.

Coated paper plates produced in the United States that may contain maize cornstarch, according to most authorities are not even subject to any stringency due to maize corn-starch being only of a kitniyot origin.

All Aluminium foil rolls are produced without question in a manner that allows their use on Pesach.

While Aluminium foil containers used to be coated with either non-kosher or chametz lubricants this appears to now no longer be the case and all foil containers may be used. If one wishes to be strict they should be rinsed before use. Foil containers product of the USA are according to the OU all ok.

In general plastic tablecloths, plastic bags, plastic plates, plastic bowls, plastic cups, plastic cutlery, expanded polystyrene (foam) cups and paper cups (hot or cold) are produced chametz - free. Note however that some plastic tablecloths and some plastic bags do come with a fine powder film and this is quite common; care should be taken as the powder may be chametz starch.

All bamboo pulp crockery and cutlery is suitable for Pesach use. All sugarcane



pulp crockery and cutlery is suitable for Pesach use.

For those wishing to be stringent the following branded and non- branded products have been investigated and found to be chametz - free based on information supplied by the manufacturer. They have not been produced under supervision.

#### **ALPEN CATERING COLLECTION**

Napkins, Table Cloths

#### AARDVARK

P Paper Straws

#### **BETA BAKE**

Ph:02 9697 2499 Premium non stick baking and cooking paper.

#### **BIOPACK**

Wooden Cutlery Sugarcane Plates & Bowls

#### BETALEAF

P Palm Leaf Plates and Bowls

#### **CAFE EXPRESS - COSTCO**

Hot/Cold Cups

## CAPRAL

Aluminium foil

## CAPRICE

Serviettes, Table Covers, Paper Towel

## CARTER HOLT HARVEY/SCA HYGIENE AUSTRALASIA

All Paper Products

## **CAST AWAY**

Easy Bake

## **CLING WRAP**

All acceptable.

## COLES

Baking Paper Paper Towels Serviettes Foil

## CONFOIL

All Semi Rigid Aluminium Foil Products All Paper Tray Products

## **COST SAVER**

Paper Towel

## **CREATIVE EXPRESSIONS**

All products

## DEEKO

All Paper, Serviettes, Towel and Tissue products

#### **DETPAK - (SUGAR CANE ECO FRIENDLY)**

All Hot Cups, Straws, Tableware

## **ECO STRAW**

All Products

## **GILBERT FOIL**

Aluminium Foil

## GLAD

Oven Bags and Baking Paper, all Plastic Bags, Freezer - Go Betweens

## HANDEE

All products

## **HYGENEX**

All Paper and Paper Towel and Tissue products

## KAAL

Aluminium Foil

## **KIRKLAND**

All paper and aluminium products with an OU

## **KLEENEX**

Paper Towel, Tissue

#### MULTIX

All Products

#### **ONE TREE**

All Tableware

## **0SO**

Oven Bags

## PAREGO

Serviettes

## PUREX

All Paper products

## SCOTT

Tissues & Paper Towel

## SPECIAL OCCASIONS

All products

## SORBENT

All paper products

## THICK & THIRSTY

Paper Towels

## VIVA

Paper Towels

## **COSMETICS & TOILETRIES**

Many cosmetics and toiletries, particularly liquids, contain ethanol and other ingredients manufactured from grain derivatives, which are chametz. In general, all talcum, baby, face and foot powders, eye shadow, hand lotions, cold cream, eye liner, mascara, blush and rouge, and similar "solid" or "lotion" or "cream" products that are not fit for human consumption are permitted to be used on Pesach, even if containing chametz. However one must be certain that they are not fit for human consumption. They do not have to be unfit for animal consumption. Products that contain visible oatmeal flakes should not be used as the oatmeal can be separated and theoretically made edible after washing.

Perfumes and liquids such as cologne and au de perfume usually contain ethanol and may indeed be edible. Therefore unless the inedibility of the final product can be determined they may not be used. Deoderants and Hairsprays, while maybe containing ethanol, are almost certainly inedible.

Special care should be taken in regards to "corn starch" powder as it may be "wheaten corn starch" which is chametz. Only maize corn starch powder is acceptable (Kitniyot).

Some people have the custom not to rely on the inedibility of a product and use only products that contain no chametz whatsoever. The following groupings list such products that according to information provided by the manufacturers are found to be chametz free (whether inedible or not).

## COSMETICS

All the products of the following brands contain no chametz whatsoever unless indicated otherwise. This list comprises perfumes and colognes, make-up, make-up remover, lipstick and nail-care products.

They are permitted whether inedible or not.

## **EYE PRODUCTS**

All products are acceptable

## **LIP PRODUCTS**

#### **BOBBI BROWN**

All lip products

#### CLINIQUE

All lip products

#### **ESTEE LAUDER**

All lip products

#### MAC

All lip products

#### **MAX FACTOR**

Color Elixir Lip Gloss, Lipfinity Bullet, Lipfinity 2 Step, Colour Intensifying Balm, Colour Effects Lip Gloss

#### **MICHAEL KORS**

After Sun Lip Balm, Island Bermuda Lip Gloss, Lip Lacquer, Lip Luster

#### REVLON

Super Lustrous, Colorstay, Colorburst, Kiss Balm, Ultra High Definition

### **FACIAL PRODUCTS**

All products are acceptable provided they are inedible

### PERFUMES

CLINIQUE

**DONNA KARAN** 

**ESTEE LAUDER** 

#### **MICHAEL KORS**

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**TOMMY HILFIGER** 

YARDLEY

## TOILETRIES

## **CONTACT LENS CARE**

All products are acceptable

## **HAIR CARE PRODUCTS**

All products such as shampoo and conditioners are acceptable

## HAND CARE PRODUCTS AND HAND SANITISERS

All inedible creams lotions and gels are acceptable

#### AQIUM

COLES

Hand Sanitiser with Aloe Vera

DEBUG

DETOL

ULTRACLEAN

## **PERSONAL HYGIENE PRODUCTS**

The following deodorants are acceptable whether edible or not.

ADIDAS

BRUT

DOVE

**DOVE MEN** 

GARNER

LOREAL MEN

#### LYNX DEODORANT SPRAY

Deodorant sprays ONLY. Body Sprays are not recommended

**MITCHUM** 

MUM

NIVEA

NIVEA MEN

NORSCA

**NORSCA MEN** 

REXONA

**REXONA MEN** 

SIMPLE

Pure Deodorant Aerosol

## **TOOTH CARE**

Toothpaste with a Kosher for Pesach hechsher should be used. Where these are unavailable, some authorities permit the use of other toothpastes that are not suitable for human consumption. Toothbrushes should be changed for Pesach.

#### ORBITAL

Alpine Fresh Whitening Toothpaste with Flouride & Mint

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#### JACK & JILL

Natural Toothpaste Bubblegum

#### **ORAL B**

3D White Luxe Diamond Strong 3D White Luxe Glamorous White Toothpaste 3D White Luxe Perfection Toothpaste 3D White Whitening Therapy Enamel Tooth Care

#### SENSODYNE

Complete Care Extra Fresh Toothpaste Complete Care Toothpaste Sensitive Teeth Pain Rapid Relief Extra Fresh Sensitive Teeth Pain Repair & Protect Extra Fresh Sensitivity & Gum Care Sensitivity & Gum Extra Fresh Teeth Pain Repair & Protect Toothpaste

## **DENTAL FLOSS**

Unflavoured and unwaxed.

## **DENTURE CARE**

These cleaning agents should not be used in the passover sink and the denture should be thoroughly rinsed before use.

#### POLIDENT

Denture Adhesive Cream Denture Adhesive Cream Flavour Free Denture Adhesive Cream Fresh Mint Max Seal Denture Adhesive Cream Whitening Denture Cleanser Tablets

#### STERADENT

Active Plus Denture Cleaning Powder

Denture Cleaning Paste Fresh Mint Denture Fixative Cream Sensitive Ultra 3 Denture Fixative Cream

## **MOUTH WASH**

Mouthwash usually contain sorbitol which may be derived from Chametz

#### **HEALTHY CARE**

Propolis Fresh Breath Spray

#### **KOKONUT PACIFIC SOLOMON ISLAND**

Coconut Mouth-Oil Pulling Mouth Wash - 100ml, 500ml

#### ORAL B

3D White Luxe Diamond Strong Clean Mint Mouthwash Clinicals Mouth Rinse Pro Health Mouth Rinse Pro Health Multi Protection Anti Plaque Mouthwash Refreshing Mint

#### THERABREATH

Icy Mint Oral Rinse

## TOOTHPICKS

Any unflavoured varieties may be used.

#### PET FOOD

#### NOT FOR HUMAN CONSUMPTION

Products listed in this category have been checked to ensure that there are no issues of bassar v' chalav: are not made up from mixtures of meat and milk and do not contain any of the five grains wheat, barley, spelt, oats and rye or their derivatives.

## **CANARIES/BUDGIES**

Pannicum seed

Plain canary seed Sunflower seeds, Millet, Sorghum, Peanuts Trill Bird seed

## FISH

Brine shrimp Daphnia & tubifex (live or frozen).

## CAT

#### ADVANCE

Chicken and Liver Medley Chicken and Salmon Medley Delicate Tuna Dental Adult Hairball Indoor Adult Kitten Growth Chicken Kitten Plus Growth Chicken Light Adult Chicken Mature Cat Chicken Succulent Turkey Tender Chicken Delight Total Wellbeing Adult Total Wellbeing Fish

#### ARTEMIS

Osopure Grain Free Feline Range

#### CANIDAE

Grain Free Pure Control Grain Free Pure Sea Grain Free Pure Foundations



Grain Free Pure Ocean Grain Free Pure Elements Grain Free Pure Stream

#### HILLS SCIENCE DIET

Kitten Healthy Development with Ocean Fish

#### IAMS

Purrfect Delicacies Beef with Salmon Dinner in Gravy Purrfect Delicacies Succulent Chicken Breast Entree in Gravy Purrfect Delicacies Succulent Chicken Breast with Beef Entree in Gravy Purrfect Delicacies Succulent Chicken with Shrimp Dinner in Gravy Purrfect Grain Free Succulent Chicken Breast with Tuna Recipe Purrfect Grain Free Flakes in Sauce, Saucy Mackerel with Whitefish Dinner Purrfect Grain Free Flakes in Sauce, Saucy Oceanfish & Tuna Dinner Purrfect Grain Free Flakes in Sauce, Saucy Tuna with Salmon Dinner

#### **NUTRO NATURAL CHOICE**

Adult Wholesome Essentials Chicken Adult Wholesome Essentials Salmon Adult Wholesome Essentials Kitten

#### **ZIWI PEAK**

All Cat Breeds - All Life Stages New Zealand Rabbit & Lamb Recipe (can) New Zealand Free Range Chicken Recipe

#### DOG

#### ADVANCE

Active All Breed Chicken All Breed Chicken, Turkey, Rice All Breed Casserole Lamb All Breed Chicken, Salmon, Rice Dental Large + Breed Chicken Small Medium Breed Chicken Mature Dog All Breed Chicken Puppy Plus Growth All Breed Chicken Rice Puppy Plus Growth All Breed Lamb Rice Puppy Plus Growth Large Breed Chicken Puppy Plus Rehydratable Toy Small Breed Chicken Total Wellbeing All Breed Chicken Total Wellbeing All Breed Lamb & Rice Total Wellbeing All Breed Turkey & Rice Total Wellbeing Large Breed Chicken Toy Small Breed Lamb & Rice Toy Small Breed Turkey & Rice Weight Control All Breed Chicken Rice Weight Control Large Breed Chicken Weight Control Large Breed Chicken

#### ARTEMIS

Osopure Grain Free Salmon & Garbanzo Bean Osopure Grain Free Duck & Garbanzo Bean Osopure Grain Free Turkey & Garbanzo Bean Osopure Grain Free Bison, Salmon Meal & Garbanzo Bean

#### BARF

Kangaroo Leg Bone

#### CANIDAE

All Life Stages Formulas Lamb & Rice Formula Canned All Life Stages Formulas Multi Protein Formula with Chicken, Lamb & Fish Canned Grain Free Pure Elements Varieties Grain Free Pure Fields Small Breed with Real Chicken (Dry Formula) Grain Free Pure Foundations Puppy with Real Chicken (Dry Formula) Grain Free Pure Land Varieties Grain Free Pure Meadow Senior with Real Chicken (Dry Formula)



Grain Free Pure Resolve Healthy Weight with Real Chicken (Dry Formula) Grain Free Pure Ridge with Real Chicken (Dry Formula) Grain Free Pure Sea Varieties Grain Free Pure Sky Varieties Grain Free Pure Wild & Real Wild Boar (Dry Formula) Grain Free Pure Petite Small Breed Varieties

#### HILLS SCIENCE DIET

Youthful Vitality Adult Chicken & Vegetable Stew

#### **NUTRO NATURAL CHOICE**

Nutro Limited Ingredient Diet Adult Fish & Rice

Nutro Limited Ingredient Diet Adult lamb & Rice

Nutro Wholesome Essentials Adult Farm Raised Chicken Rice & Vegetables

Nutro Wholesome Essentials Adult Sustainably Sourced Fish Rice & Vegetables

Nutro Wholesome Essentials Adult Pasture Fed Lamb Rice & Vegetables

Nutro Wholesome Essentials Adult Large Breed Farm Raised Chicken Rice & Vegetables

Nutro Wholesome Essentials Weight Management Adult Pasture Fed Lamb Rice & Vegetables

Nutro Wholesome Essentials Puppy Farm Raised Chicken & Rice

Nutro Wholesome Essentials Puppy Large Breed Farm Raised Chicken & Rice

## **GUINEA PIGS & RABBIT**

#### **Courtesy of Star-K**

They should be fed pure alfalfa pellets. Make sure it is pure alfalfa since it is common to add grains. Dried alfalfa may also be given. This can be supplemented with a mixture of cut-up fruits and vegetables - carrots, broccoli, grapes, apples, melon, kale, parsley, oranges, celery, sunflower seeds and cabbage.

Guinea Pigs especially will benefit from kale, parsley and oranges

Hamsters especially will benefit from apples.

These are products that are of course fit for human consumption but because they are for infants or people who are unwell attract their own legitimate leniencees.

## **BABY FOOD**

The feeding of an infant on Pesach is a complex matter that needs careful assessment together with your baby's doctor and nutritionist, especially as wheat from which matza is made can easily become an allergen early in life. If necessary seek advice from both your doctor and Rabbi. The Rabbi will at all times take into account the halachic dictum that the health of the baby is paramount.

Parents of babies on special medically supervised diets, which contain chametz, must contact their rabbi for directions. Again the rabbi will at all times take into account the halachic dictum that the health of the baby is paramount. If a child is on a special formula, please also consult your rabbi or The KA for advice.

Almost all manufactured baby foods contain chametz in one form or another and should only be used when bearing rabbinic supervision.

In general, when necessary, the practice not to use rice or leguminous vegetables (kitniyot) is suspended. A rabbi should be consulted. If rice and the other restricted vegetables are used they should be served in separate utensils kept only for the baby. These utensils should be washed in a sink not used for Pesach utensils.

Special care should be taken with regards to "corn starch" baby powder as it may be actual "wheat starch" and actual chametz. Only maize corn starch baby powder is acceptable (Kitniyot).

Parents of infants should not panic, Jewish families have been succesfully keeping Pesach without any ill effects for literally thousands of years.

The KA has investigated the following baby formulae and these may be used if required. They invariably contain kitniyot and may contain minute amounts of actual chametz which can be considered nullified for the use of children. Utensils should be kept separate from any other Pesach utensils. If anyone needs to use a particular baby formula they should contact Rabbi Gutnick on **rabbig@ka.org.au** 

This is only for the use of infants and toddlers who cannot tellerate anything else.



#### APTAMIL

D Gold + 1 D Gold + 2 D Profotura + 1 D Profotura + 2 D Profotura + 3 D Profotura + 4

#### **BELLAMY'S ORGANIC**

D Organic Infant Formula 1 (0 - 6 months) D Organic Follow-On Formula 2 (6 - 12 months) D Organic Toddler Milk Drink 3 (12 + months) D Beta Genica -8 A2 Protein Organic Infant Formula 1 (0 - 6 months) D Beta Genica -8 A2 Protein Organic Follow-On Formula 2 (6-12 months) D Beta Genica -8 A2 Protein Organic Toddler Milk Drink (12+ months)

#### **KARICARE PLUS**

D Infant Formula D Follow On Formula

#### **NUTRICIA – NEOCATE**

P Neocate LCP P Neocate Spoon P Neocate Junior

#### SPROUT ORGANIC

P Plant - Based Infant formula 0 -12 months

## **BABY CARE**

In general all shampoos, conditioners, soaps, powders, lotions or creams etc are acceptable due to them being inedible. Wheaten corn starch is edible and must NOT be used. It must be sold with the chametz.

#### Bonjella – NOT ACCEPTABLE FOR PESACH

Infacol Wind Drops (for Colic) are permitted for babies ONLY

\*Orased Jel

\*Panadol Children 1 month - 1 year colourfree baby drops

Items \*asterisked contain non-kosher ingredients but NO chametz ingredient, and may be used for children.

Baby Wipes - All brands of alcohol free baby wipes may be used on Pesach.

## MEDICINES

The following are guidelines for the uses of medication on Pesach for individuals who are ill:

- a. Creams, pills designed to be swallowed (not chewed or dissolved in the mouth or in water )and injections may be owned and used on Pesach even if they contain chametz, since they are a non-food and inedible.
- b. This covers most medicines used by adults. It is permissible to grind pills, even on Shabbat and Yom Tov, that are normally not designed for chewing and are therefore permissible for Pesach, and mix that powder into food items so that a child can take a required medicine on Pesach. However a doctor must be consulted to make sure that the child is getting the correct dosage and that the potency of the pill is not compromised by grinding it up.
- c. Liquid or chewable medications for children are edible and flavoured and therefore required to be Kosher for Pesach. If a pesachdik alternative can not be found one should contact their Rabbi or Rabbi Gutnick for further advice.

## Rabbi Gutnick can be contacted specifically for Pesach medication questions only, on the following dedicated whatsapp number: + 61 411 657 372

Liquid medicines, chewable pills and pills coated with a flavoured glaze are edible and may contain chametz. Therefore:

- a. If possible, they should be replaced under the direction of a doctor with a non-chewable, uncoated pill.
- b. Alternatively they may be placed in a vege-capsule (available at most pharmacists incuding Gaslight) making it a non-food which may be a better solution than substitution.
- c. If any of the above is not possible and the person is in a state of sakanah or safek sakanah (any possible danger to human life), they may own and consume the medication. The same applies if the condition is not yet a safek sakanah but may deteriorate. A rabbi should be consulted as to whether it is preferable to purchase the medicine before or on



Pesach, and as to how to dispose of the medicine once the danger passes

- d. If a or b above are not possible and a doctor determines that there is no possibility of sakana if the person does not take the medicine a rabbi should be consulted. He may be able to determine that the medicine does not contain chametz or he may decide that the medicine may be consumed due to the nature of the patient's condition. Medicinal items which contain kitniyot are permitted for people who are unwell.
- e. While all the above rules apply, some authorities urge that when possible kosher for Pesach medications be used and this is the practice in many communities that publish detailed Pesach medicine lists. The KA also publishes a full medicine list, a copy of which is available by contacting the KA office and is also on our website. The KA also has access to additional information that may not be on the list. Please email Rabbi Gutnick on rabbig@ka.org.au with any specific enquiry, and we will do our best to assist.

People should exercise extreme caution and consult with their doctor and rabbi before making any decision to not take a medicine.

P Ear Drops - All brands P Eye Drops - All brands P Nasal & Nose Sprays - All brands P Inhalers, Puffers, Turbulaters - All brands P Healing Topical medical creams, Ointments, Lotions & Sprays - All brands P Suppositories - All brands



#### **SECTION 6:**

#### CATERERS, RESTAURANTS & TAKEAWAY,

#### **AIRLINE & HOSPITAL MEALS**

The following Kashrut Authority supervised caterers will be koshering their kitchens for Passover. Please contact the caterer or visit their website to download their Pesach 2023 Menu and order forms. Many have deadline dates by which orders must be placed and specific collection times and payment arrangements.

#### **CAP AWAY COFFEE @ WOLPER HOSPITAL**

Ph: 0431 914 104

#### **COLES – WESTFIELD BONDI JUNCTION & ST IVES**

F - Baked BBQ unseasoned Chicken - ONLY when bag is sealed with a KA Glatt Kosher for Passover - Meat numbered seal.

Orders taken by Coles Westfield BJ - 8383 4800

Coles St Ives Village

#### LEWIS CONTINENTAL KITCHEN

W: www.lewiskosher.com | E: orders@lewiskosher.com

#### MILLEE'S

W: milleesdeli.com.au

#### MANNA CUISINE

Email your order to info@mannacuisine.com.au

#### **SOUL GOURMET**

Ph: 0422 553 493 | alan@soulgourmet.com.au

#### THE SWEET CHICK

Passover Biscuits, Confectionery and Cakes www.thesweetchick.com.au | Orders: Rebecca@thesweetchick.com.au



**THE KASHRUT AUTHORITY** *Keeping Kosher Made Easy* 

## INSTITUTIONS

The following institutions will be kashering for Pesach

MANDELBAUM HOUSE

#### **WOLPER HOSPITAL**

#### **MEALS ON WHEELS**

COA home delivered kosher meals Ph: +61 2 9389 0035 | www.coasydney.org Ensure meals bear KA KLP seals

# With Compliments

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**PESACH GUIDE** 5784 – 2024

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# Part 2 A GUIDE TO KASHERING A PESACH KITCHEN



## KASHERING THE PESACH KITCHEN

In the weeks before Pesach, the house and particularly the kitchen and eating areas must be thoroughly cleaned to remove all trace of Chametz. Shulchan Aruch records and instructs that the **"people of Israel"** are particularly **"Holy"** and remove even the tiniest insignificant amounts of chametz.

Stoves, eating utensils, etc., which have been used for Chametz the whole year through, unless kashered cannot be used on Pesach. They must be thoroughly cleaned and steps taken to ensure they will not be used inadvertently.

This section deals with preparing the kitchen and **"kashering".** It is not a complete coverage of the many laws of Pesach and should only be used as a basic guide.

Questions arising out of circumstances not covered by this guide should be directed to your rabbi, or to The Kashrut Authority.

All kashering, etc., must take place before the time for removal of Chametz on the day before Pesach.

## THE KITCHEN

#### **CUPBOARDS AND PANTRY**

- 1. All Chametz utensils and all Chametz food that will not be eaten before Pesach and will not be disposed of but will be sold, should be locked away in a designated cupboard or room, which should be locked or sealed with tape so that its contents are not accidentally used during Pesach. (See Selling the Chametz).
- 2. All shelves should be thoroughly cleaned and preferably lined.

#### **COUNTER-TOPS & KITCHEN TABLE**

These may be kashered by pouring boiling water directly from a pot or kettle over the entire surface after thorough cleaning.

The following material may all be kashered: Granite, Marble, Metal, Wood, Laminex, Formica, Caesar Stone, Quartz Resin and Corian.

(In the past The KA has not recommended the kashering of Caesar Stone and the like in accordance with the view of the "Yad Yehuda" who compares these materials that are a mixture of ground stone and resin to earthenware.



Many authorities argue with the Yad Yehuda including the poskim of the OU and CRC. As such The KA has reviewed its position and we allow the kashering of these materials.)

Some authorities opine that Laminex, Caesar Stone, Corian and other resin based materials as well as plastic surfaces may not be kashered; those who wish to be strict should cover those surfaces.

#### REFRIGERATOR

- **1.** All removable parts must be removed and thoroughly cleaned. The interior must be cleaned thoroughly.
- **2.** Preferably shelf surfaces should be lined taking care to allow the free flow of air through the refrigerator.
- **3.** Refrigerator cleaner that contains ethanol as an ingredient may not be used as the ethanol is likely to be chametz derived.

## **STOVES AND OVENS**

#### **GAS STOVES**

- 1. All moveable parts must be removed and thoroughly cleaned. The body of the stove must be cleaned to remove all traces of grease and food particles.
- 2. For convenience the grates on which the pots and pans actually rest and the catchment areas should preferably be changed for new ones that are only used on Pesach.
- 3. If new parts cannot be acquired, the grates upon which the pots actually rest, can be "kashered" by the "glowing process", i.e. they should be made to glow red hot. This can be done either by using a blow torch on the pieces to be glowed, or else by rotating them slowly over the actual flame of the gas stove until they glow in the dark. If this will damage the grates, some authorities permit the "light glowing" method for the grates as outlined in 4a

#### 4.

- a. The catchment areas, etc., should be kashered by the "light glowing" method., i.e. the metal should be heated on the side facing the food until the other side of the metal becomes hot enough to scorch paper.
- **b.** Alternatively stove top and catchment areas (not the grates) may be kashered by the "scalding process". The stove should not be used

for 24 hours. A few nuts and bolts or rocks should be heated until red hot and placed on the stove top and boiling water poured all over the surface moving the heated bolts over the entire area.

- 5. A practical way to achieve 3 and 4 above is as follows: After a thorough cleaning of the parts to be "kashered", the stove should be reassembled and all gas jets turned on full. A sheet of metal the size of the top of the stove should then be placed over the flames. The heat thus generated under the metal sheet after about five minutes is sufficient to "kasher" the stove. This method achieves "light glowing" for the catchment areas and usually even"full glowing" for the grates.
- 6. The solid parts of the stovetop and the back plate of the stove (i.e. any part that can come in contact with pots or pans) should be kashered as in 4a, 4b above and/or covered with a double layer of strong aluminum foil. If this foil tears it should be replaced immediately. (It is wise to keep a few pieces of ready cut foil handy in case some is needed during Yom Tov.)
- 7. Stove knobs, etc., should be thoroughly cleaned and preferably covered or replaced.
- 8. Many authorities do not permit the kashering of enamel. Therefore, enamel stovetop and enamel catchment areas should preferably be covered with two layers of foil or a Pesach Blech, after kashering. If this is not possible, the "light glowing" method will suffice. Enamel parts should not be kashered by the scalding method.

#### **ELECTRIC STOVES**

- **1.** The tops and the catchment areas etc. should be "kashered" in the same manner as the gas stove.
- **2.** The rings should be turned on to full heat allowing them to become red hot.
- **3.** The centre knob should also be made red hot or else, after cleaning, carefully cover the knob with a double layer of aluminum foil.
- **4.** Be careful that any foil used on electric stoves does not come in contact with exposed wires, elements, sockets etc.

#### **CORNINGWARE STOVE TOP**

- 1. Turn to the highest setting for ten minutes.
- 2. Boiling water should be poured on the portions of the stove between the burners, and areas between burners should be covered with a Pesach Blech or 2 layers of aluminum foil.

#### **GLASS TOP STOVE TOP**

This should be kashered by turning on full for a half hour, pouring boiling water on the surface around the embedded elements, and then covering the area around the elements with a double layer of silver foil. The place of the element can be left uncovered as the full heat will kasher the glass directly on top of the element.

#### **INDUCTION STYLE STOVE TOPS**

Where the surface on top of the element does not become hot – this should be kashered by pouring boiling water on the entire surface of the stove top. One should then cover as much of the stove top as possible with silver foil. If the particular model will allow the element to work while covered with silver foil – this should be done.

If this can not be done - as it is the custom of Ashkenazim not to kasher glass, preferably the stove top should not be used.

In circumstances of need please contact Rabbi Gutnick for further instruction.

#### **OVENS**

- **1.** It is preferable to clean the oven and not use it at all during the eight days of Pesach, due to the difficulty associated in cleaning the oven walls as well as the oven parts.
- 2. If the oven must be used it should be "kashered" as follows: All removable parts, & the interior walls must be thoroughly cleaned.
- **3.** The oven, with the shelving inside, should be turned on to maximum heat for an hour.
- 4. If one wishes to be scrupulous the grates or shelves should be "Kashered" by the "glowing process". This can be done by placing them on the top of the stove and turning on the gas flames and then allowing the grates to become red hot.
- 5. A griller tray or any surface upon which food was placed directly, not by means of a pan or baking tray, can only be kashered by the full "glowing" process.
- 6. Many authorities do not permit the kashering of enamel for Pesach and therefore require that the enamel walls of an oven be covered with foil or an insert.

#### **PYROLITIC OVEN**

- **1.** A Pyrolitic Oven that undergoes a cleaning cycle is considered fully kashered.
- 2. The racks which are not in the oven during the cycle must be kashered seperately as in "Ovens" points 3 & 4 above.

#### **MICROWAVE OVENS**

- 1. These should preferably not be used.
- 2. If necessary, the oven should be cleaned of all surface dirt and not used for 24 hours. A glass of hot water should then be placed in the oven, and the oven turned on so that the water boils and spreads steam throughout the entire oven.
- **3.** The oven should then be turned off and wiped down with a clean cloth and cold water.
- **4.** Any trays upon which food is actually placed should be covered with a double layer of Glad Wrap after kashering.

#### WARMING TRAY

A metal electric warming tray (Israeli style Shabbat Platter), or Glass top warming tray, – should be kashered by cleaning, turning on full for one hour, and then covering with two layers of silver foil. Some glass tops may crack if covered with silverfoil so care must be taken.

## SINKS

#### **METAL SINKS**

- 1. The whole sink and particularly the drain area should be thoroughly cleaned and not used for warm or hot liquids for 24 hours prior to "kashering". All kashering must take place before the time for removal of Chametz on the day before Pesach.
- 2. If the crevice where the drain sieve is attached to the sink cannot be thoroughly cleaned, the "light glowing" method should be used at the crevice. (see Gas Stoves 4a. Above).
- **3.** Bleach should be poured into the sink and allowed to sit in the crevice around the drain as well as in the drain pipe. Wait about ten minutes then rinse thoroughly. This helps to destroy any food residue.
- 4. A few nuts and bolts or small pieces of rock should be heated on a

fire and then placed in and on the sink. Boiling water should then be poured over the entire area of the sink and draining area as well as on the taps. The hot stones or metal should be moved around the surface as they serve to raise the temperature of the poured water back to the point necessary to "kasher" the sink. The sink and draining area should then be washed down with cold water.

- **5.** If at all times only liquid chametz was poured into the sink it may also be kashered using just boiling water from a kettle ensuring an unbroken stream of water from the kettle.
- 6. The small strainer on the end of the tap should be removed or replaced for Pesach. The reason being that one may have accidentally dipped the end of the faucet into chametz during the year.
- 7. Methylated spirits, etc., should not be used for kashering.
- 8. Porcelain & Earthenware Sinks

These sinks cannot be "kashered". Boiling water should be poured over them and then they must be covered and bowls used for washing up or metal inserts constructed to fit inside the sink.

## **APPLIANCES**

#### DISHWASHERS

Dishwashers should not be kashered for Pesach because they are too difficult to clean especially around the drain and seals. In case of need consult your rabbi or The Kashrut Authority.

#### **MIXERS AND KITCHEN WHIZZES**

- 1. These should preferably not be used.
- 2. If necessary, beaters, blades, bowls etc must be purchased new.
- **3.** The body of the machine must be spotlessly cleaned and then preferably covered.

#### **ELECTRIC ROTISSERIES, BROILERS**

These should not be kashered for Pesach. In case of need consult your rabbi or The Kashrut Authority.

#### **NESPRESSO/COFFEE MACHINES**

If you have a Nespresso coffee machine, using your machine over Pesach is



possible, only using the kosher le Pesach Nespresso coffee blends (product of Switzerland) as seen in our Pesach Product Guide – and here's how:

Firstly, it's important you thoroughly clean all surfaces and storage containers, then, pop into a Nespresso Boutique to purchase a "Descaling Kit". Descale as per the express instructions, including final rinses, then leave for 24 hours.

Then, fill your water container twice and run through your machine twice. Next, your milk warmer needs to be dipped in boiling water, however, if it has its own element, bring water to the boil in it, and over the edges.

Finally pour boiling water from the kettle directly over the spout. (Confused in any way? Call 1800 623 033 for Nespresso technical assistance). And voilà - kosher le Pesach coffee!

(Note, if your machine is not made by Nespresso, don't despair, best to call our office on 1300 KASHRUT or 02 9365 2933).

### **KITCHENWARE**

Kitchenware not being kashered should be stored away and sold with the Chametz. (See Selling the Chametz)

#### DISHES

Porcelain, earthenware or china dishes; or utensils which may be ruined when immersed in boiling water; cannot be "kashered" and must be stored away and not used on Pesach.

#### ENAMELWARE

Enamel pots and pans should be treated as Earthenware and should not be kashered for Pesach. In case of need they may be kashered with the light glowing method. Enamel baking dishes should not be kashered.

#### **GLASSWARE AND CORELLE**

- 1. Glassware used only for cold or luke-warm food may be made fit for Pesach use by the "soaking method". The glassware must be completely immersed in cold water for at least 24 hours and then the water replaced two more times for a total of 3 x 24 hours.
- 2. Glassware, Pyrex and Corelle used for hot Chametz foods and liquids or for strong Chametz beverages such as whisky, cannot be "kashered" for Pesach in this manner and must be stored away and not used.

The Sephardi community has differing customs in regards to glassware. Please contact your Rabbi for advice.

#### METALWARE, CUTLERY, POTS & PANS ETC.

- Metal utensils except for those used for baking or frying may be "kashered" by the "scalding process". All articles to be "kashered" should be thoroughly cleaned and not used for 24 hours before. Care should be taken that baked-on grease, etc., be removed. Kashering must take place before the time of removal of Chametz.
- **2.** A large pot should be filled with water and brought to the boil. If one uses a Chametz pot to Kasher, it should be kashered first.
- 3. The utensils should be immersed in the boiling water by means of a piece of string or a string bag. A large utensil may be rotated part by part until its entire surface has been immersed. It is preferable that the water continues to boil while the utensils are being immersed; however, if the water ceases to boil they should remain in the water till it begins to boil again. They should then be removed while the water is still boiling (Do not leave them in thepot and then pour out the water). Immediately after removal utensils should be rinsed with cold water.
- 4. If a pot is too large to immerse into another pot of boiling water, then water should be boiled in the pot to be kashered itself, and then a large stone, previously heated on a fire, should be dropped into the pot of boiling water thus allowing the boiling water to run down the rim and outside of the pot. Care should be taken to ensure that the boiling water spills over the entire rim of the pot. The pot should be emptied and rinsed with cold water.
- 5. The lids of pots and pans should be kashered by immersion in boiling water after they have been thoroughly cleaned. All handles and knobs should be unscrewed before cleaning and kashered separately. If handles cannot be unscrewed, then the joint should be thoroughly cleaned, and boiling water poured over the joint and the entire handle.
- 6. Metalware with joints or engravings on the inside of the utensil (i.e. where it comes into contact with Chametz on a continual basis) need first to have meticulous care taken to get into the crevice and clean it thoroughly and be kashered at the point of the engraving or crevice by the 'light glowing' method. The crevice needs to be heated on the side where it comes into contact with food until the other side of the metal becomes hot enough to scorch paper.
- 7. Similarly a pot with a tightly curled rim needs to be thoroughly spotlessly cleaned at the rim and then the "light glowing" method employed on the rim. This can easily be done by slowly rotating the rim of the pot over the stove fire. The hinge of a hinged pot cover also

needs to be thoroughly cleaned and the "light glowing" method used on the hinge.

- **8.** After kashering is complete, it is customary to re-kasher the pot in which the kashering took place.
- **9.** Alternatively to the "scalding method", the light glowing method may be used.
- **10. Baking tins, frypans, rotisseries and spits,**used with no liquid or very little liquid must be caused to glow red hot.It is advisable not attempt to kasher these but to purchase newe ones for Pesach. Frypans used for deepfrying only may be kashered with either the "scalding" or "light glowing" method.
- **11.** Non-stick frypans with a plastic teflon coating should not be kashered for Pesach as they will be damaged. A non-stick frypan with a ceramic or stone based coating can be kashered by causing to glow red.

## PLASTIC

- 1. It is preferable to purchase new plastic utensils for Pesach use as these are relatively inexpensive. However, plastic utensils that have not been used in direct contact with something that had actually been cooking on the stove may be kashered as follows:
- 2. If the utensil has been used with very hot liquids or foods, it should be thoroughly cleaned and "kashered" by the "scalding process". If this may damage the plastic, it is sufficient to pour the boiling water in an unbroken stream directly from the pot or kettle, over the utensils to be "kashered", making sure that the water covers all surface areas of each utensil.
- **3.** If the utensil is used only to store cold food and liquids for longer than 24 hours at a time, it should be kashered by the "soaking process" as outlined under Glassware.
- **4.** If the plastic utensil is used for both hot and storing cold, both methods, (2) and (3) must be employed.
- 5. Plastic utensils with scratches and cracks which cannot be cleaned properly, cannot be "kashered".

### WOOD

Wooden utensils can be "kashered" by the "scalding process" outlined above for Metalware, but they must be thoroughly clean, and if necessary, sanded.

## **GARBAGE BINS**

These should be cleaned before the time of removal of Chametz on the day before Pesach. If the garbage has not been collected by this time, the bin should be left outside one's property and its contents deemed to be absolutely ownerless and included in the "Kol Chamira" before the hour of the removal of Chametz. Do not forget to empty your vacuum cleaner bag!

## TEA TOWELS, OVENMITTS AND POTHOLDERS

After thorough laundering, and provided they are not embroidered, these are permitted for use for Pesach. However, it is preferable to obtain a new set.

## TABLECLOTHS

Tablecloths, which have been used for Chametz and are not embroidered, can be laundered and used for Pesach.Embroidered tablecloths cannot be kashered for Pesach. It is however preferable to purchase tablecloths for Pesach.N.B. Starch is usually Chametz.

## STONEWARE

Utensils made of actual whole stone may be treated as metalware and may be kashered; however, stoneware (which is made from ground stone) may not be kashered. Most stoneware utensils availabe are in fact made from ground stone and cannot be kashered.

## SIEVE

A sieve or strainer may not be kashered for Pesach.

## **TEVILAT KEILIM**

New or kashered utensils purchased from a gentile reruires to be toivelled in a Mikvah or body of water such as the ocean. Kosher utentils that remain the property of a gentile do not need tevilla. Only when they pass from the ownership of the gentile to the ownership of a Jew is Tevilla required. It is important to note that the only keilim that require tevila min hadin are metal and glass (which includes corelle and corningware). China, wood and plastic do not require tevila, although many have the custom of toivelling china without a bracha. Some toivel plastic as well.



While min hatorah (biblically) only metal requires tevila, chazal required glass to be toiveled as well. The reason is because, glass can be melted and repaired as metal. By contrast, plastic melts and burns, and therefore it does not require tevila. While in previous ages china may have actually been made with a glass coating, modern - day china contains no glass coating whatsoever. It cannot be melted and cannot be repaired with heat. The shine cannot be construed to be a layer of glass, therefore, mai'ikar hadin it does not require tevila. The above is a very important principle to be aware of. Firstly, it makes the process of kashering a kitchen easier. Secondly, you can sometimes be confronted by a situation where someone has a kosher home but you know that the owner has not toiveled their dishes. While failure to toivel does not render the food non-kosher, it is questionable whether one can drink water from a glass in such a home. But a hot cup of tea in a china cup would pose no problem whatsoever!

Of course, electric keilim pose a unique set of problems, as electricity and water do not go together. The most lenient view is that of the Chelkas Yaakov. He is of the opinion <sup>1</sup> that since electrical appliances are plugged into the wall, they are not mekabel tum'ah and therefore do not need to be toiveled. However, even he argues <sup>2</sup> that this would only apply to a George Foreman or toaster, because they have no other use other than when they are plugged in, in contrast to a kettle or urn that can be used independently to store water so the heter does not apply.

Many poskim disagree with this "plug-in" heter. Instead they suggest that if a keili cannot be toivelled, it should be given as an absolute gift to a non Jew and then borrowed back for use by the Jew. This circumvents the tevila requirement, because keilim owned by a non Jew do not require tevila. While this may appear to be a case of legal fiction, however when combined with the view of the Chelkas Yaakov, there is a sound heter to avoid tevila. However as stated, the Chelkas Yaakov does not apply his heter to urns and similar utensils.

It is, however, possible to toivel many electrical appliances in the following manner. The key is to ensure that the item is completely dry before attempting to use it. Once the item has been toiveled (and all it needs is a single dip), the water should be shaken off of it and it should be left to completely dry.

A George Foreman can be toiveled in the mikvah and then allowed to dry for several days in a warm, dry area. If one is in more of a hurry to use the appliance, a hair dryer can be used to dry it faster. If, after drying, the appliace blows a fuse when it is plugged in, it is a sign that it must be left to dry for longer. Similarly, devices that do not have the "plug-in" heter, such as kettle, urn or electric frying pay, can be toiveled in the the same way. The longer the keili is left to dry, the better the chance of avoiding damage, as long as the water is shaken off immediately after the tevilla.

A toaster has a more delicate electrical structure and the water will likely

cause permanent damage. Similarly, if the part requiring tevila has an LED or LCD screen, it will likely be ruined by the water. In such cases, the "plugin" heter together with giving the item as a gift to a non Jew is the best way to allow use of the vessel. For reasons too detailed to go into here some authorities opine that a vessel that will definitely be ruined by tevilla, does not require tevilla at all. Similarly some opine that a toaster does not need tevila at all as it is purely used to toast and is not used as a serving utensil at the table

Another method is to completely dismantle the utensil and then rebuild it. Since the keili is now built by a Jew, the tevila requirement does not apply. However, this is a complicated solution, because taking it apart will not always remove the halachic keili status from the item. A rabbi shoud be consulted if this method is being used.

Of course, a base that does not come in contact with food - for example, the base of a blender or mixmaster - does not require tevila.

Sources:

1. Responsa Yoreh Dei'ah 41 2 ibid 43

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## **PESACH 2024** sweet





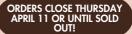




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A GUIDE TO KASHERING A PESACH KITCHEN

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# Part 3 THE MITZVAH OF DISPOSING OF CHAMETZ



## THE MITZVAH OF DISPOSING OF CHAMETZ

Besides the prohibition of eating Chametz on Pesach, there is a Biblical obligation to remove all Chametz from one's possession. The following is a guide to the fulfillment of this Mitzvah.

#### **PRE-CLEANING THE HOME FOR PESACH**

Before Pesach the home must be thoroughly cleaned and Chametz removed. The following is a checklist of some of the places to look for Chametz.

- Arts and crafts supplies (sometimes made with chametz, e.g.noodles, barley, play-doh)
- Attic
- Baking supplies (baking pans, etc.)
- Bar
- Basement
- Bathrooms
- Bedrooms
- Behind furniture (See 1)
- Benchers (Grace After Meals booklets) (See 2)
- Bicycle baskets
- Bird cage
- Bird food
- Biscuit tin
- Books (See 2)
- Bread box
- Briefcase
- Broom (shake out)
- Cabinets
- Cake tin
- Candle sticks and tray

THE MITZVAH OF DISPOSING OF CHAMETZ

- Car (between and under seats, boot, glove compartment, ash trays, baby seat, under car mats, in station wagon)
- Carpet (underneath if not wallto-wall or if torn)
- Carpet sweeper
- Clothing (pockets, cuffs)
- Crawl space
- Cook books
- Cosmetic bag, drawer, shelf
- Cot
- Cuffs
- Cupboards
- Desk drawers
- Detergent shelves (where detergents are kept)
- Dining room
- Dining room buffet
- Dining room table, chairs
- Dishwasher
- Drawers
- Electric broom (check bag)
- Factory
- Fish tank
- Freezer
- Garbage
- Garbage cans (outside)
- Hallway
- Handbags
- High chair

- Jewellery box
- Kitchen
- Kitchen table, chairs
- Locker
- Lunch box
- Mailboxes
- Medicine chest
- Milkbox
- Office
- Oven
- Pantry
- Perfumes
- Pet food
- Pet house
- Playpen
- Play room
- Pockets
- Porch
- Pram
- Purse
- Radiator (behind and under)
- Refrigerator (See 1)
- Safe
- School bags, books, locker & desk
- Sefarim (books) (see 2)
- Shelves
- Shopping cart
- Sink (behind and under)
- Stairs (between and under)

- Storage bin, room
- Storage shed
- Store
- Stove
- Stroller
- Study
- Suitcases
- Tallit bag
- Travel bags
- Toy cars, wagons and riding toys

- Toy furniture
- Toys, toy chests
- Truck, see: Car
- Wallet
- Window sills
- Work bench
- Work shop
- Vacuum cleaner bag (empty out)
- Zemirot booklets
- 1. Furniture or appliances, which cover Chametz (eg. refrigerator, stove) and can be moved should be moved. If you will be unable to move it during the Bedikah (search for leaven) on the night of erev Pesach, you may rely on the moving and cleaning done before the Bedikah. Nullification, however, is required.
- 2. Some authorities hold that Sefarim and books require Bedikah (searching) or locking away. Others hold that although Bedikah is not required, one should not bring to the table on Pesach a volume, which may have been used around Chametz. Benchers and Zemirot booklets cannot be cleaned properly from Chametz and should not be used during Pesach. They should be put away with the Chametz which is sold to a non-Jew



# SELLING THE CHAMETZ

Chametz must not remain in one's possession over Pesach. People who possess stocks of Chametz, which cannot be removed or destroyed before the festival, may arrange for their Chametz to be sold to a non-Jew. Any area in the home, or any article such as clothing, dishes, etc., may be locked or closed up in a way that is not accessible on Pesach, and without any further cleaning, sold "as is" This is especially useful in times of need such as pregnancy, or illness, where one may not be able to fulfil the usual pre-Pesach routine.

The sale of Chametz is not just a mere ritual or legal fiction, but is carried out in a legal manner by a rabbi. The rabbi is empowered to conduct this sale on behalf of any individual wishing to sell Chametz. This should preferably be done in person, but may be done by means of an agent, or by sending a power of attorney to the rabbi. The empowering of the rabbi must take place before the time of prohibition on the Eve of Pesach, by which time the rabbi must have arranged the sale of all Chametz to a non-Jew. After Pesach the non-Jew is approached to sell the Chametz back to the original owners.

The Chametz, which is sold, must be stored away and locked up in such a manner that it should not come to be accidentally used. Many have the custom that the rabbi should be informed of the places where the Chametz lies. In the bill of sale we give the non - jew permission to enter our premises and take the Chametz if he so chooses. The cupboard or room is also legally rented to the non-Jew over the Pesach period, so that his Chametz does not lie in the Jew's property.

Please note that business premises, offices, factories, etc., belonging to a Jew must also be cleaned and all Chametz disposed of or sold.

A Sale of Chametz form is attached to this booklet or may be obtained from The Kashrut Authority or downloaded from our website.

## SEARCH FOR AND REMOVAL OF CHAMETZ (BEDIKAT & BITUL CHAMETZ)

The final search for the Chametz by candlelight takes place this year on Thursday evening, immediately after nightfall. The search must be conducted in all seriousness and the house given this one final check for Chametz, even though a thorough cleaning has been carried out beforehand.

It is customary to place ten small pieces of Chametz around the house. (Care should be taken that they should not crumble). Some have a custom to wrap them in paper. A candle is taken and the special blessing recited. (Details can be found at the beginning of a Haggadah). The search then begins; during the search the ten pieces of Chametz are customarily swept into a paper bag by means of a feather. Only Chametz to be used the next morning can be left and put aside in a secluded and guarded spot. After the search a statement is recited that nullifies and makes ownerless all undiscovered Chametz. This is an important statement and negates any possibility of inadvertently possessing Chametz over Pesach. It should be read in any language that one understands.

It reads as follows:

# "All manner of leaven (Chametz) that is in my possession that I have not seen or have not removed, or have no knowledge of, should be null and disowned as the dust of the earth."

Chametz may not be eaten after Shabbat mid-morning on the day before Pesach. Then all leftover Chametz should either be disposed of. *See "Erev Pesach That Falls on Shabbat" Booklet.* After disposing of the Chametz the following statement is recited with all sincerity.

"All manner of leaven (Chametz) that is in my possession that I have seen or have not seen, that I have removed or have not removed, shall be null and disowned as the dust of the earth."

#### **REMEMBER:**

Always burn the Chametz in a safe manner. Keep children a safe distance from the fire and never throw flammable liquids directly onto a fire. The fire should remain under adult supervision until it is completely burned out. Any burn should be immediately treated by being placed under cold water for twenty (yes twenty) minutes. Seek medical advice

# Part 4 THE MITZVAH OF THE SEDER NIGHT



# THE MITZVOT OF SEDER NIGHTS

The Seder nights hold a unique place in our religion and for our People. They are celebrated in one way or another. Performing the key Mitzvot in the properly prescribed manner makes the evening that so much more special.

The following are the key mitzvot of the night:

#### THE RECITAL OF THE STORY OF THE EXODUS

The Seder is not merely a social gathering. It must allow the opportunity for all to fulfil the command to recite the story of the Exodus of our people from Egypt. Therefore the Haggadah should be read and its contents understood. At the very minimum, the four questions should be asked followed by the answer - that we were slaves in Egypt and the Almighty freed us from our bondage. In adition the three paragraphs describing the meaning of Pesach, Matzah and Marror should be read in the language understood by all present. Everyone should also try and fulfil the Rabbinic ordinance of saying verses of praise (the "Hallel") which is also found in the Haggadah.

#### THE MATZAH

#### Minimum Requirements:

The Torah commands us to eat Matzah on Pesach night. One is therefore required not just to "nibble" Matzah but to "eat" it. This is defined as eating a piece "the size of an olive," ie. The equivalent volume of 29 cubic cm of water. This translates to approximately 19 grams of matzah. This should be eaten in a time span of four minutes and while reclining to the left "in the manner of free men". (It is the practice to eat more than this minimum amount - see the chart following this article.) This minimum requirement is approximately 1/3 of a hand made shmurah matzah of 2/3 of a machine matzah.

#### SHMURAH MATZAH

Normal machine-made Matzot, even if produced for Pesach under reliable supervision, are almost always supervised only from the time of the milling of the flour.

"Shmurah Matzah" (meaning "guarded" Matzah) has been supervised and protected from moisture, which could make it Chametz, already from the time of harvesting the grain. It is best to use "Shmurah Matzah" at the Seder, at least when eating the minimum amount necessary to fulfil the obligation of eating Matzah on Pesach night. This is in keeping with the Biblical verse, "and you shall guard the Matzah". Shmura Matza can be either handmade or machine made. Many have the custome to use only hand made shmura for the seder.



#### **MARROR - THE BITTER HERBS**

#### **Minimum Requirements**

The eating of the Marror together with the Pascal lamb on Pesach night was a Biblical command. Today, the eating of the Marror on its own is an ordinance of the sages. The minimum amount of Marror to be eaten, can therefore be taken as a somewhat smaller quantity: approximately 19 cubic cm. If lettuce leaves are used (see below), this is the amount of leaves which would cover an area of approximately 20 cm x 25cm. By eating this amount in a time span of preferably 4 minutes (but if necessary, up to 7 minutes), one has fulfilled the obligation of "eating" Marror.

#### What can be used as Marror (Bitter Herbs)?

The Mishna Pesachim (39a) lists five types of plants which are considered as the "bitter herbs" to be used at the Seder. The commentaries can properly identify only three of these species today:

- **1.** Romaine Lettuce stalks or leaves (Cos variety) (this should be carefully checked for insects.)
- 2. Pure horseradish stalks or leaves
- 3. Endives (escarole)

If horseradish, endives and the Romaine lettuce variety are unavailable, the next preference should be given to ordinary lettuce (the "crisp head" or "iceberg" variety).

In reality it is romaine lettuce that is the preferred type of Marror, even if it is not bitter. The fact that it may not have been as commonly used as horseradish was for the practical reason that lettuce was difficult to find in Europe at Pesach time, and also because, when found, it was very difficult to remove the worms and insects on it. The usual custom is to eat a proportionate mixture of both of these varieties (lettuce and horseradish) though, of course, either one alone is perfectly acceptable.

Having the correct amont of Rommaine lettuce fulfils the mitzva. When one has too small an amount of horseradish one does not fulfil the mitzva at all.

The bitter herb used must be absolutely pure. It may not be mixed or preserved with anything, such as vinegar, which can affect its natural taste, nor can it be soaked in water for longer than 24 hours. Commercially produced horseradish relish, even if produced for Pesach, contains other vegetables and vinegar. This is true even of white horseradish relish. The blessing over the Marror may not be recited over such a mixture, as one has not fulfilled the obligation of eating Marror.

If none of the above mentioned herbs is available, then any bitter vegetable may be used in order to obtain a bitter taste, but as one does not really fulfil one's real obligation in this manner the blessing for Marror may not be recited.

THE MITZVAH OF THE SEDER NIGHT

#### THE FOUR CUPS OF WINE

#### Minimum Requirements

Our sages decreed that at four different stages of the Seder it is necessary to drink a cup of wine. The obligation is to "drink" the wine, not merely to sip or taste it. "Drinking" is defined as at least a half a cup of wine each time - the cup having a volume of at least 87mls. The wine should be drunk each time without interruption while leaning to the left "in the manner of free men" (though, if necessary, one may take up to 4 minutes to complete each cup).

#### What can be used as "wine" for the four cups?

All wines, grape juice and other beverages mentioned below must, of course, bear a reliable rabbinic endorsement that they are Kosher for Pesach (not just kosher).

- 1. The best wine to use is a red wine because it reminds us of the spilled blood of the jews as well as the miracle of blood. It should preferably not be sweetened with sugar (i.e. it should be naturally sweet or "dry") so that one tastes the natural taste of pure wine.
- 2. If one finds it too difficult to drink wine the next preference is to use wine diluted with grape juice, so long as the stronger alcoholic taste of the wine is still discernible.
- 3. The next preference should be pure grape juice.
- **4.** If one still finds this too difficult, the next preference is grape wine diluted with up to 50% water.
- 5. The next preference is grape juice diluted with water again in the proportion of upto 50% water.
- 6. As a last resort, such products as raisin wine or any other Kosher for Pesach alcoholic beverage may be used.

THE MITZVAH OF THE SEDER NIGHT

### WHAT TO DO ON THE SEDER NIGHTS

The following chart outlines the normal requirements if the Haggadah is followed faithfully.

All amounts and volumes mentioned are the absolute minimum amounts and are based upon "Shiurei Torah" by Rabbi A. Ch. Noeh.

WHAT ?	WHEN ?	HOW MUCH ?
Four cups of wine	<ol> <li>For Kiddush</li> <li>After Ga'al Yisrael</li> <li>After BirkatHamazon</li> <li>Before Nirtzah</li> </ol>	The Seder cup should hold at least a Reviyit i.e. 87 mls of wine. It is preferable to drink the whole cupful, without interruption, all four times. However if this is too hard, one need only drink the <b>majority</b> of the first three cups, and a <b>complete</b> cupful only the fourth time If one cannot drink wine one may use grape juice.
Matzah	1. After reciting Hamotzi and Al Achilat Matzah	Preferably two Rabbinic k'zeitim, i.e. a total of 26gm are needed, one from the upper matzah and one from the middle of the three matzot, i.e.almost approx 13gm from each of the top two matzot. (However, if absolutely necessary, one may fulfil one's obligation by eating just over 19gm (1 Biblical K'zayit matzah.)

WHAT ?	WHEN ?	HOW MUCH ?
Matzah	2. For the Afikoman	It is preferable to eat 26gm. If the Afikoman is not large enough, one may combine it with other matzah to make up the required measure. If it is too difficult to eat the entire 26gm one may eat just 13gm.
	3. For Korech	At least 13gm of the Hillel's Sandwich) bottom of the three matzot should be used.
Maror If you use only pure grated horseradish	After reciting Al Achilat Marror and for Korech	Preferably one "Biblical K'zayit" i.e, 29cm2 (approx. pure grated 30gms). If this is too difficult, one may eat 9cm <sup>2</sup> of the horseradish
DO NOT USE COMME	RCIALLY PRODUCED JARS OF CHRE	IN FOR THE MITZVAH OF MAROR.
Maror If you use only Romain Lettuce	After reciting Al Achilat Marror and for Korech	One "K'zayit" i.e, enough Romaine lettuce to cover completely at least an area measuring 26 x 14cm.
It is customary to	o use a proportionate mixtu Romaine lettuce.	re of both horseradish and



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# SHIUREI TORAH

The mitzvot of the Seder require that Matzah and Maror be "eaten" in appropriate quantities and not just nibbled. The minimum requirement for eating a food, as taught by the Rabbis of the Talmud, is a "Czayit" (=size of an olive). This must be eaten preferably within 4 minutes but if necessary in up to 7 minutes. A "Czayit" is approximately the size of 1 fluid oz or 29 cubic centimeters of water. The weight of 29cm3 of water is 29grams. Therefore most of the guides (including earlier editions of the Kashrut Authority Pesach Handbook) state that a "Czayit" of matzah is 1oz or 29grams of matzah. However according to most opinions this is incorrect.

In general all Torah measurements are established by volume rather than by weight. Therefore one "Czayit" of matzah is equivalent to the amount of matzah that takes up the 'volume' of 29 grams of water or 29ml. In reality the ratio of volume to weight of matzah compared to water is no more than 2/3. This means that the Shiur of a "Czayit" for the fulfillment of biblical mitzvot is approximately 19 grams of matzah, (not 29 grams) which is approximately 1/3 of a hand made shmurah matzah or 2/3 of a machine matzah. This amount is considerably less than the usually recommended amounts.

Furthermore, the requirement for a "Czayit" for a Rabbinic Mitzvah is only 2/3 the above measure. Therefore a "Rabbinic Czayit" is only 13 grams of matzah.

Therefore for Korach (the sandwich) all that is required is one rabbinic "Czayit" a quarter of a Shmurah Matzah or half a machine matzah. When eating the customary two "Czaytim" for Afikoman all that is required to be eaten is 26 grams of matzah (2 rabbinic "Czaytim") i.e; 1/2 a shmurah matzah or 1 machine matzah. Similar measurements apply to maror.

The above information allows us to ascertain the appropriate requirements of matzah and marror with realistic amounts, able to be consumed relatively easily by all the seder participants.





with the KA's Rabbinic Administrator, **Rav Moshe D. Gutnick** 

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I, the undersigned fully empower and permit Rabbi Moshe D. Gutnick to act in my place and stead, and on my behalf to sell all Chametz possessed by me, knowingly or unknowingly, as defined by the Torah and Rabbinic law (eg Chametz, possible Chametz and all kinds of Chametz mixtures). Also Chametz utensils and Chametz that tends to harden and adhere to inside surfaces of pans, pots or cooking and useable utensils, and all kinds of live animals and pets that have been eating Chametz or mixtures thereof - all for Pesach 5784. He is empowered to sell all the above mentioned Chametz and lease all places wherein the Chametz owned by me might be found, particularly in the premises located at:

and elsewhere. Rabbi Moshe D. Gutnick has full right to appoint any agent or substitute in his stead and said substitute shall have full right to sell and lease as provided herein. He also has the full power and right to act as he deems fit and proper in accordance with all the details of the Bill of Sale used in the transaction to sell all my Chametz, Chametz mixtures etc., as provided therein. This power of attorney to sell all the Chametz shall be deemed to be in conformity with all Torah, Rabbinic and civil laws.

Name in BLOCK LETTERS:

Signed:

Dated :



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