Perth Hebrew CONGREGATION
Power Jewish Youth for Life

The Youth Weekly

27 Cheshvan 5787 | 6–7 November 2026

Parashat Chayei Sarah

Shabbat times

FRIDAY 6 NOVEMBER

6.27pm	Candle lighting
6.15pm	Mincha & Kabbalat Shabbat

SHABBAT 7 NOVEMBER

8.30am	Rabbi's Shiur
9.00am	Shacharit
6.25pm	Mincha
7.26pm	Ma'ariv & Shabbat ends

This week's pages

ArtScroll Stone
Torah 106
Haftarah 1136

Living Torah
Torah 100
Haftarah 1066

Parashah in brief

Sarah dies at 127, and Avraham buys the Cave of Machpelah in Chevron to bury her. He sends his servant to find a wife for Yitzchak. At a well, Rivka offers water to the servant and his camels. She agrees to travel with him, meets Yitzchak and becomes his wife. Later, Avraham dies at 175, and Yitzchak and Yishmael bury him beside Sarah. The parashah ends with Yishmael's descendants.

What Stays After Shabbat?

It's Saturday night. The challah has been eaten. Shabbat is over. What stays with us?

In this week's parashah, the Torah says that Yitzchak brought Rivka into "the tent of Sarah, his mother." It then tells us that he loved Rivka and found comfort after his mother's death.

Why does the Torah mention Sarah when Rivka enters her new home?

Rashi explains that three special blessings had been present during Sarah's life: a lamp burned from one Friday evening to the next, blessing was found in the dough, and a cloud rested over the tent. After Sarah died, they stopped. When Rivka arrived, they returned.

Yitzchak could recognise in Rivka the qualities that had made his mother's home special.

Rav Yosef Zvi Rimon draws our attention to the lamp. Its light continued through the working week, connecting one Shabbat to the next. He explains that Rivka could bring holiness into everyday life.

That gives us something to think about in our own homes.

On Shabbat, we might sit together long enough to hear a story properly. We might sing, learn some Torah or enjoy a meal without rushing away.

Then Monday arrives. Someone has lost a shoe. A big exam is coming up. A younger sibling wants to tell a very long story at the most inconvenient time, and politics is back as the main topic of conversation.

Could we bring some of the patience and attention we give each other on Shabbat into the week?

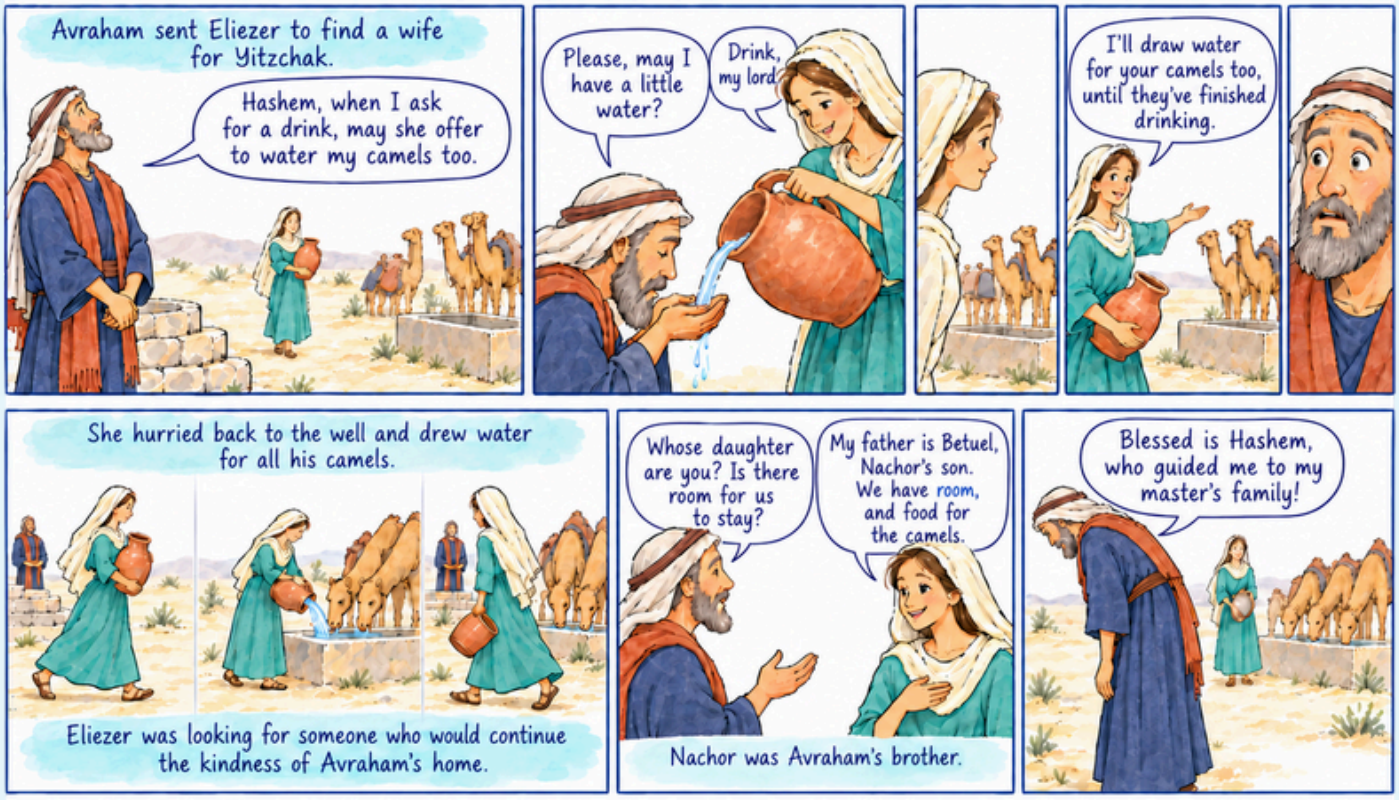
A Torah idea we discussed might help us make a difficult choice. A conversation at the table might remind us to check on someone. The patience we found on Shabbat can guide how we speak when we don't agree.

Rivka had already shown her kindness at the well, offering water to a stranger and his camels. Now those qualities would shape the home she shared with Yitzchak.

Each person in a family can contribute through small, repeated choices: listening, helping, learning and making room for Hashem in daily life.

AROUND THE SHABBAT TABLE
What happens in our home on Shabbat that we would love to continue on Tuesday?

A Prayer at the Well

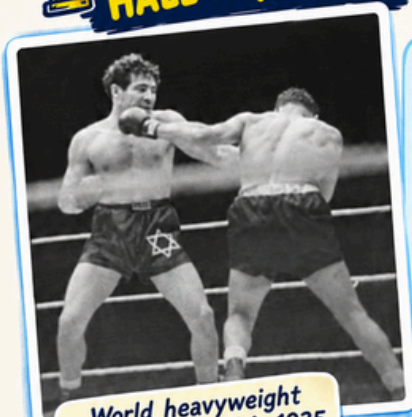


What helps you notice when someone needs more help than they've asked for?

Adapted from Bereshit 24:12-27 and Rashi on 24:14.

ELI'S HALL OF FAMERS

MAX BAER



World heavyweight champion · 1934–1935

COUNTRY: USA

SPORT: Boxing

WEIGHT CLASS: Heavyweight

STANCE: Orthodox (left foot forward)

ACCOLADES: World Heavyweight Champion, 1934–1935. International Boxing Hall of Fame, 1995. No. 22 among The Ring's greatest punchers of all time.

MEET MAX!

Max Baer was a fearsome American heavyweight puncher who won the World Heavyweight Championship in 1934 and held the title for a year. His lively personality and 53 career knockouts helped make him one of boxing's memorable champions.



FUN FACT!

Baer wore a Magen David on his boxing shorts when he defeated Max Schmeling, Hitler's favourite boxer, in 1933. He continued wearing it throughout his career!

RECORD: 71 wins (53 KO), 13 losses.

Which Came First?

Put these six events in order, from earliest to latest.
Point and say your answers together.

A



Avraham dies

B



The Flood

C



Noach dies

D



Avraham is born

E



Tower of Bavel

F



Noach is born

Bonus question

Could Avraham and Noach have met? What would we need to check?

Answer: F, B, D, E, C, A.
Their lives overlapped, but this does not tell us they met.

Puzzle adapted from the Rabbi Sacks Family Edition, Chayei Sarah 5784 (Torah IQ).

This week at RLH

With Morah Shai, the children have begun exploring Chanukah and the role of olive oil in its story.

They learnt about the miracle in the Temple, when a small amount of oil lasted eight days.

A lava-lamp-inspired experiment brought the learning to life. Using water, oil and powdered colour, the children mixed, watched and discovered that oil and water don't mix!

Their curiosity connected Chanukah's story with hands-on sensory play and early science.



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Mazel tov!

Ethan Shahar
on his Bar Mitzvah!



Mazel tov to his proud parents
Debra & Sagi Shahar
and his grandparents,
Lynda Eatwell & Norman Eatwell
and Rodica Savescu
and family!

Coming up at PHC

MONDAY & TUESDAY

EmPower Thru Learning

Monday 4:00 K–Y2;
5:15 Y3–4
Tuesday 4:00 Y4–6;
5:15 HS



WEDNESDAY

Tanach Shiur

With Rabbi Dan, plus group learning with Rav Aviel.
6:15 pm



THURSDAY

Pizza Parasha

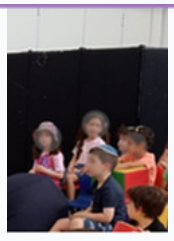
High School
6:30–7:45 pm.
Learning, food and company.



SHABBAT

Children's Services

During Shacharit (Shabbat morning).



Mazal tov, Jesse!





Mazal tov to Jesse Waner, who won silver in his division at the SGT Perth State Championships in Brazilian jiu-jitsu on Sunday! A wonderful reward for Jesse's hard work and dedication to training!



MITZVAH DAY

Bring your pet!

Sunday, 22 November | 9:30 am

PHC & Maurice Zeffert Home

Join residents for a relaxed morning of pets, conversation and smiles.



Everyone welcome!
Signup: search 'Mitzvah Day' at thephc.com.au

In your own way

Chayei Sarah · Melachim I (1 Kings) 1:1–31

Who will be king after David?

Adoniyahu announces that he will rule and gathers supporters. Batsheva and Natan the prophet come to David, who confirms his promise that Shlomo will succeed him.

In our parashah, Avraham also prepares for the next generation. He sends his servant to find a wife for Yitzchak, who will continue the family's life of faith in Hashem.

Rav Moshe Lichtenstein connects the two stories through the differences between fathers and sons. Avraham travelled widely; Yitzchak lived a more settled life. David fought wars; Shlomo would build the Beit Hamikdash, the Temple in Jerusalem. Each son continued his father's work in a way suited to his own strengths and the needs of his time.

We can think about this in our own homes. One person welcomes guests by starting a conversation. Another notices who needs a seat or quietly brings an extra plate. Each has a way of helping people feel welcome.

• What is something your family does that you hope to continue when you're older? How might you do it in your own way?

• A family always sings the same songs on Friday night. The children want to introduce new ones, while their grandparents treasure the familiar tunes. What matters to each side? Suggest a way forward that takes both seriously.

• Which parts of Jewish life can we shape ourselves, and which are we responsible for learning and keeping? How do we work out the difference?

Adapted from Rav Moshe Lichtenstein, "Chayei Sarah: Between Style and Values," Yeshivat Har Etzion.

Living the connection

Yechezkel 4–10

This week at Kollel, we reviewed Yechezkel's warnings of siege and destruction. In his vision, people worship idols inside the Beit Hamikdash, the Temple in Jerusalem. In chapter 10, he sees the Divine Glory move towards the Temple's eastern gate.

The people had relied on the Temple to keep Jerusalem safe. Yet inside it, they were worshipping other gods. Their actions had broken the relationship with Hashem that the Temple was built for.

We discussed how we approach our own mitzvot. We might expect that keeping Shabbat, praying or giving tzedakah will guarantee our protection. Each of these mitzvot asks us to take an active part in our relationship with Hashem.

The mezuzah gives us a daily reminder. Inside it are the words of the Shema: "Ve'ahavta", love Hashem. We are asked to learn His words, teach them to our children and speak about them at home and along the way. That love becomes part of how we spend our day.

When we pass the mezuzah, we can pause to remember those words. What place will Torah and prayer have in our home today? How will we behave towards the people who live here?

Yechezkel receives his vision in Babylon, far from Jerusalem. Hashem speaks to him there too. Here in Perth, we can also learn Torah, pray and grow closer to Him.

When we pass our mezuzah this week, what could it remind us to do?



Kollel Tanach • Join us on Wednesdays • 6:15 pm