

35TH EDITION - 5786/2026

# PESACH GUIDE



ועד הכשרות דסידני והמדינה  
**THE KASHRUT AUTHORITY OF AUSTRALIA & NZ**  
Certifying Kosher in Australia, New Zealand and the Asia Pacific region

*Keeping Kosher Made Easy!*  
**WWW.KA.ORG.AU**

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Kashrut Authority

## **KASHERING SERVICE**

If you wish to have your home kashered for Pesach, please call the KA office on 02 9365 2933 or email [office@ka.org.au](mailto:office@ka.org.au)



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## Dear Kosher Consumer,

Welcome to the Kashrut Authority guide to Pesach 5786/2026. The purpose of this guide is to provide you with everything you need to know to enable you to enjoy and observe Pesach in full.

For the seven days of Pesach (eight days in the diaspora), the Torah forbids Jewish people to consume or even possess *Chametz*. *Chametz* that one is not permitted to eat is any food that is made up of or contains any of the five grains - wheat, barley, spelt, oats and rye - that has been mixed with water and has been allowed to stand longer than 18 minutes. Foods included in this prohibition range from bread to any beverage distilled from these grains and includes mixtures that have the smallest amount of *Chametz* including media used in the laboratory in growing cultures and even pet food.

The first part of our directory deals with food items and other products which do not contain *Chametz* and may be used on Pesach.

The second part is a guide to preparing the kitchen for Pesach.

The third part outlines the mitzvah of disposing of *Chametz* from one's home.

The final part explains how the mitzvot of the Seder should be performed.

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**For the purpose of clarity, our Kosher for Pesach Products Directory is divided into four specific sections this year**

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### **SECTION 1: KOSHER FOR PESACH**

These are products that have been investigated and formally supervised especially for Pesach. They represent the highest standard of Kashrut as applicable to kosher for Pesach. Other than raw foods some people purchase only these products for Pesach. Because the Code of Jewish Law encourages people to be especially strict on Pesach some people have a custom to use only kosher for pesach certified items for Pesach.

Only items with a "Kosher for Pesach" sign which also bears the name or symbol of the supervising authority printed on the package or container should be used as proof of acceptability for Pesach. It is the customer's responsibility to ensure that all articles purchased are indeed properly endorsed by a reliable authority and are Kosher for Pesach. One should not rely on the shopkeepers, however well-intentioned they may be. Similarly Pesach sections in Supermarkets such as Coles, Woolworths, Harris Farm or IGA etc may have *Chametz* items inadvertently placed in them. "Buyers should always Beware".

It includes products that while not being formally certified for Pesach have been determined to be of a standard that is appropriate for the fully observant kosher consumer even in the first instance. They are products that are inherently kosher for Pesach or the possibility of contamination with *Chametz* is considered insignificant.

## **SECTION 2: CHAMETZ FREE**

These are products that have been investigated and found to be free of *Chametz*, but are not certified as such and are not up to a standard generally practiced by international kashrut agencies. These products are listed for use by persons who may not have access to certified kosher for Pesach products or are not yet ready to take upon themselves the more normative approach.

## **SECTION 3: DETERGENTS AND OTHER INEDIBLES**

These are products that are either inedible or not for human consumption such as detergents or plastic plates. These are products that because of their very nature do not necessarily pose a kosher for pesach problem and do not need formal kosher certification.

## **SECTION 4: MEDICINES AND BABY FOODS**

These are products that are of course fit for human consumption but because they are for infants or people who are unwell attract their own legitimate leniencies.

Ashkenazim do not eat Kitniyot during Pesach due to its similarity to *Chametz*. This includes rice, corn, legumes - beans, peas and (according to our custom) peanuts. Ashkenazim must therefore carefully read all food labels even with supervised products to ensure that the product does not contain Kitniyot and are not kosher certified just for Sephardim. This is a common practice for products imported from Israel

The Kashrut Authority has dedicated several pages of Kitniyot products for the benefit of the Sephardi community. We have worked together with the "Badatz Bet Yosef" in Israel and there are kitniyot products manufactured in Australia under our supervision that are now sold in Israel for Sephardim with the stamp of the badatz bet Yosef.

This booklet is the hard work of all of us at the KA. We are confident as to the accuracy of the information contained therein, however please check our website as we get closer to Pesach in case there are changes or alerts that are as a result of information that has come to hand after publication.

If there are any items not covered in our booklet, or if there are specific questions you need answered please do not hesitate to “join the conversation” on our facebook page, or email our dedicated Pesach email address [kapesach18@gmail.com](mailto:kapesach18@gmail.com) . Please feel free also to whatsapp my dedicated pesach number +61411657372.

We also take this opportunity to thank both local and overseas Kashrut agencies that have shared with us information in relation to Pesach and year round matters, and in particular the OU, OK and CRC and locally our esteemed colleagues at Kosher Australia .

Most importantly we thank you our loyal kosher consumers. You are ultimately the driving force behind the formidable strength of kosher demand in our community. The more you purchase local kosher items, the more the market place knows of kosher consumers - the more products will become available and the more companies will want their products to be kosher.

All of us at the KA take this opportunity to wish all of you a

Happy and Kosher Pesach

“This Year in Exile next year in Jerusalem with the Temple rebuilt”

Chag Sameach

**Rabbi Moshe D Gutnick**

Rabbinic Administrator

# APPROVED KASHRUT AGENCIES

Only when bearing “Kosher for Passover” identification or bears a ‘P’ or ‘KLP’ beside the logo.

## ISRAEL

|   |   |
|---|---|
|    | Beis Din Tzedek of the<br>Eida Hachereidis of Jerusalem |
|    | Badatz Mehadrin<br>Rabbi Rubin Rehovot                  |
|    | Landau Kashrut<br>B'nei Brak                            |
|   | Beis Din Tzedek of Agudath Israel                       |
|  | Beis Din Tzedek of K'hal<br>Machzikei Hadas             |

## SOUTH AFRICA

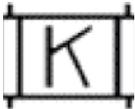
|   |  |
|---|--|
|  | Kosher SA<br><b>Except for products containing peanuts</b> |
|---|--|

## UNITED KINGDOM

|   |  |
|---|--|
|  | <p>Kedassia – The joint kashrut committee of England</p> |
|  | <p>Kashrut division of London Beth Din</p>               |
|  | <p>Manchester Beth Din</p>                               |
|  | <p>Gateshead Kashrus Authority</p>                       |
|  | <p>Beth Din of the Federation of Synagogues London</p>   |

## UNITED STATES

|   |                                    |
|---|------------------------------------|
|   | <p>The OK kosher certification</p> |
|  | <p>The Orthodox Union</p>          |
|  | <p>Kof-K kosher supervision</p>    |
|  | <p>Star-K kosher certification</p> |

|   |   |
|---|---|
|     | <p>Star-D certification – Non chalav yisrael</p>                                |
|    | <p>K'hal Adath Jeshurun (Breuer's)</p>  |
|    | <p>Beth Din Hameyuchad L'inyonei Kashrus of the Central Rabbinical Congress</p> |
|    | <p>Chicago Rabbinical Council</p>   |
|    | <p>Rabbi Nuchem Efraim Teitelbaum (Volover Rav)</p>                             |
|    | <p>Rabbi Aaron Teitelbaum (Nirbarter Rav)</p>                                   |
|   | <p>Scroll K – Vaad Hakashrus of Denver</p>                                      |
|  | <p>Vaad Hoer of Saint Louis</p>   |
|  | <p>Rabbinical Council of California (RCC)</p>                                   |
|  | <p>Cincinnati Kosher – Vaad Hoier of Cincinnati</p>                             |

|   |  |
|---|--|
|   | Texas-K                                |
|  | Florida K and Florida Kashrus Services |
|  | New Square Kashrus Council             |

## CANADA

|   |   |
|---|---|
|  | Montreal Vaad Hair  |
|  | Kashrut Council of Canada                                       |
|  | Kosher Check previously called BCK<br>(British Columbia Kosher) |

## AUSTRALIA

|   |                                     |
|---|-------------------------------------|
|  | The Kashrut Authority of Aust & NZ  |
|  | Kosher Australia, Melbourne Mizrahi |
|  | Congregation Adass Israel Melbourne |

# TIMES FOR PESACH

To be safe, prohibited activity should cease 10 minutes before the stated time.

| SUNDAY  | MONDAY  | TUESDAY  | WEDNESDAY  |
|---|---|--|--|
|   |   |  |  |
| 29 March<br>11 Nissan   | 30 March<br>12 Nissan   | 31 March<br>13 Nissan<br><br>Search for Chametz<br>After Nightfall   | 1 April<br>14 Nissan<br><br><b>Erev Pesach</b><br><b>Fast of Firstborn</b><br><br>Eruv Tavshillin<br>Light Candles <b>6:33pm</b><br>Finish Eating<br>Chametz by <b>11:02am</b><br>Sell and Burn by <b>12pm</b> |
| 5 April<br>18 Nissan<br><br><b>Pesach 4</b><br><b>Chol Hamoed</b><br><br>.....<br>Count Sefira: 4 | 6 April<br>19 Nissan<br><br><b>Pesach 5</b><br><b>Chol Hamoed</b><br><br>.....<br>Count Sefira: 5 | 7 April<br>20 Nissan<br><br><b>Pesach 6</b><br><b>Chol Hamoed</b><br><br>Light Candles <b>5:25pm</b><br>.....<br>Count Sefira: 6 | 8 April<br>21 Nissan<br><br><b>Pesach 7</b><br><b>Shevii Shel Pesach</b><br><br>Light Candles<br>Not Before <b>6:19pm</b><br>.....<br>Count Sefira: 7  |
| 12 April<br>25 Nissan<br><br>.....<br>Count Sefira: 11  | 13 April<br>26 Nissan<br><br>.....<br>Count Sefira: 12  | 14 April<br>27 Nissan<br><br>.....<br>Count Sefira: 13   | 15 April<br>28 Nissan<br><br>.....<br>Count Sefira: 14   |

# NISSAN 5786 – MARCH/APRIL 2026

| THURSDAY  | FRIDAY   | SATURDAY   |
|---|--|--|
| 26 March<br>8 Nissan<br><br><br><br><br><br><br>  | 27 March<br>9 Nissan<br><br><br><br><br>Light Candles 6:39pm   | 28 March<br>10 Nissan<br><br><b>Shabbat HaGadol</b><br><b>Parshat Tzav</b><br><br><br>Shabbat Ends 7:33pm  |
| 2 April<br>15 Nissan<br><br><b>Pesach 1</b><br><br><br>Light Candles 7:26pm<br>•<br>Count Sefira: 1   | 3 April<br>16 Nissan<br><br><b>Pesach 2</b><br><br><br>Light Candles 6:29pm<br>••<br>Count Sefira: 2 | 4 April<br>17 Nissan<br><br><b>Pesach 3</b><br><b>Chol Hamoed</b><br><br><br>Shabbat Ends 7:26pm<br>Daylight Saving Ends<br>•••<br>Count Sefira: 3 |
| 9 April<br>22 Nissan<br><br><b>Pesach 8</b><br><b>Acharon Shel Pesach</b><br><br><br>Yizkor<br>Yom Tov Ends 6:17pm<br>••••••••<br>Count Sefira: 8 | 10 April<br>23 Nissan<br><br><br><br>Light Candles 5:21pm<br>••••••••<br>Count Sefira: 9             | 11 April<br>24 Nissan<br><br><b>Shabbat Mevarchim</b><br><b>Parshat Shemini</b><br><br><br>Shabbat Ends 6:15pm<br>••••••••<br>Count Sefira: 10     |
| 16 April<br>29 Nissan<br><br><br><br><br>••••••••••<br>Count Sefira: 15   | 17 April<br>30 Nissan<br><br><b>Rosh Chodesh</b><br><br><br>••••••••••<br>Count Sefira: 16           | 18 April<br>1 Iyar<br><br><b>Rosh Chodesh</b><br><br><br>••••••••••<br>Count Sefira: 17  |

# TIMES FOR PESACH 2026

To be safe, prohibited activity should cease 10 minutes before the stated time.

| CITY               | EATING OF CHAMETZ MUST END<br><i>WED, 1 APRIL</i> | CHAMETZ BURNING: KOL CHAMIRA RECITED BEFORE<br><i>WED, 1 APRIL</i> | CANDLE LIGHTING<br><i>WED, 1 APRIL</i> | CANDLE LIGHTING NOT BEFORE<br><i>THU, 2 APRIL</i> | EREV SHABBAT CANDLE LIGHTING<br><i>FRI, 3 APRIL</i> | SHABBAT ENDS<br><i>SAT, 4 APRIL</i> |
|--------------------|---|--|--|---|---|-------------------------------------|
| Jerusalem          | 10:39am   | 11:41am  | 6:20pm                                 | 7:34pm  | 6:20pm  | 7:34pm                              |
| <b>AUSTRALIA</b>   |   |  |  |   |   |                                     |
| <b>SYDNEY</b>      | <b>11:02am</b>                                    | <b>12:00pm</b>   | <b>6:33pm</b>                          | <b>7:26pm</b>                                     | <b>6:29pm</b>                                       | <b>7:26pm</b>                       |
| Adelaide           | 11:22am   | 12:21pm  | 6:53pm                                 | 7:50pm  | 6:51pm  | 7:50pm                              |
| Brisbane           | 9:53am  | 10:51am  | 5:19pm                                 | 6:21pm  | 5:27pm  | 6:21pm                              |
| Canberra           | 11:10am   | 12:07pm  | 6:40pm                                 | 7:35pm  | 6:31pm  | 7:35pm                              |
| Darwin             | 11:50am   | 11:50am  | 6:32pm                                 | 7:21pm  | 6:31pm  | 7:21pm                              |
| Hobart             | 11:18am   | 12:16pm  | 6:44pm                                 | 7:43pm  | 6:41pm  | 7:43pm                              |
| Melbourne          | 11:27am   | 12:25pm  | 6:53pm                                 | 7:51pm  | 6:53pm  | 7:51pm                              |
| Perth              | 10:22am   | 11:21am  | 5:54pm                                 | 6:49pm  | 5:57pm  | 6:49pm                              |
| <b>NEW ZEALAND</b> |   |  |  |   |   |                                     |
| Auckland           | 11:27am   | 12:25pm  | 6:57pm                                 | 7:52pm  | 6:54pm  | 7:52pm                              |
| Christchurch       | 11:37am   | 12:35pm  | 7:03pm                                 | 8:01pm  | 6:59pm  | 8:01pm                              |
| Wellington         | 11:28am   | 12:26pm  | 5:44pm                                 | 7:53pm  | 5:41pm  | 7:53pm                              |

Shabbat ending times are when the sun sets 8.5 degrees below the horizon and are in accordance with the calendar of Rabbi Y M Tucachinsky, that has become world wide practice including in Sydney.

All other calculated times are in accordance with the Shulchan Aruch HoRav and the Vilna Gaon which are the accepted halacha.

**Remember to make an Eruv Tavshillin on Wednesday 1 April.**

Part 1  
**PESACH  
PRODUCT  
LIST**

35th Edition  
**PESACH  
GUIDE**

5786 • 2026

# PESACH PRODUCT LIST

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## IMPORTANT NOTES

### CHEESE

Cheese may be coagulated using both microbial rennet and cultures that are grown on chametz media. Therefore all cheese products must bear a reliable hechsher.

### COFFEE

*Please use only those listed as instant coffee may contain added dextrans that may be chametz. The following are all chametz free but should be purchased before Pesach.*

### CREAM

Pure fresh cream in bottles or cartons, may be used provided it contains no other added ingredients (such as thickeners, sweeteners, flavours, milk solids or powders). Cream should be purchased before Pesach.

Flavoured or Sweetened Cream is NOT ACCEPTABLE

Thickened Cream is NOT ACCEPTABLE

Sour Cream is NOT ACCEPTABLE (except for Tempo product in Section 1)

### DETRERGENT

Detergents and soaps are generally not edible and therefore not subject to the prohibition of chametz. Never-the-less it is a widespread custom that only detergents with a reliable "Kosher for Pesach" endorsement be used for dishes.

### EGGS

Raw hens eggs that are still in the shell, can be used for Passover even if they are not specifically certified for Passover. This is true of both white and brown eggs, and also applies to eggs which are pasteurised in-shell. We recommend that you buy them before Pesach.

### FISH

Out of concern for the possibility of cross contamination in the fish store, many have the custom to purchase only whole fish for Pesach and

to clean and fillet the fish in the Pesach kitchen using Pesach utensils. Alternatively if fish is to be cleaned and filleted in the fish shop, this should preferably be done with a Pesach knife supplied by the customer on a clean counter. In all circumstances the fish should be thoroughly rinsed. Minced fish should be minced at home in Pesach utensils or at a shop under rabbinic supervision.

Bulk frozen commercial raw kosher skin on fish fillets are suitable, but should be purchased before Pesach. It is preferable that after defrosting, the fish should be rinsed in cold water.

### **FRUIT – FRESH & DRIED**

Raw unprocessed fresh fruit is kosher for Pesach without any supervision but must be checked for infestation.

Apples, Apricots, Bananas, Coconut, Custard Apple, Dates, Figs, Grapefruit, Grapes, Honeydew Melon, Kiwifruit, Lime, Mandarin, Mango, Nashi, Orange, Passionfruit, Papaya, Paw Paw, Peach, Pear, Pineapple, Plum, Pomegranate, Raspberry, Rock Melon, Strawberry, Tomato, Watermelon.

Dried fruits, both from tree and vine may contain oils or anti-oxidants that may not be fit for Pesach use. Drying boards may be dusted with chametz starch. Therefore no dried fruits should be used without proper investigation.

### **FROZEN FRUIT & VEGETABLES**

Frozen vegetables are blanched prior to freezing and in some facilities chametz items may be blanched on the same equipment. Furthermore, possible chametz or kitniyot chemicals such as anti-foam, anti-oxidants (eg citric acid) may be placed in the blanch water. As such only frozen vegetables that have been investigated may be used.

In contrast IQF plain frozen fruit provided there are no added sweeteners or other ingredients may be used.

### **GLUTEN FREE**

Products must bear a KLP hechsher or be specifically listed in the Pesach list. There are many products which may be 100% gluten free but are still chametz.

### **GRAINS & SEEDS — QUINOA**

Quinoa is still subject to much Rabbinic controversy. Some Rabbis opine that as it is also made into a flour and can be used in baking the custom of kitniyot applies to it in the same way as it applies to maize. Others opine that as it was not known in the western world until recently, it could not possibly have been included in the custom. Others point to a problem of shared equipment and facilities with chametz flour. The KA therefore recommends that if one chooses to use Quinoa, ONLY Quinoa with a reliable

Pesach hechsher be used such as OU-P or Star-K P.

Star-K recommends the following procedures for checking Quinoa for insects:

Place Quinoa (no more than 500g at a time) in a strainer with holes small enough that it won't fall through, ideally #15 - 25 size mesh. Shake the Quinoa over a white paper or lightbox for approximately 25 - 30 seconds.

Check the surface of the paper or lightbox for insects. If any insects are found, the Quinoa should not be used. The most common insects being found are booklice and sometimes mites.

## **HONEY**

Honey and certainly glucose blends may contain actual chametz and are packed on the same lines as regular honey. Therefore only honey which has been investigated should be used.

## **JUICE — FRUIT AND VEGETABLE JUICE**

ONLY juices bearing a reliable Rabbinic supervision or listed in this directory should be used.

## **MATZAH**

With "Kosher for Pesach" Rabbinic endorsement only.

N.B. Matzah and Matzah-Meal are produced by many companies for year-round use and are not necessarily Kosher for Pesach.

All Matzah and Matzah-Meal must bear a Kosher for Pesach sign or label, otherwise they cannot be used on Pesach.

## **MATZAH - GLUTEN FREE**

There are various Gluten Free Matzah Style crackers on the market. These are NOT matzah at all and the mitzvot of the seder night CANNOT be fulfilled using these crackers. Matzah must be made using flour of the five grains. Wheat, oats, barley, rye and spelt. These crackers use no flour of these kinds and use instead ingredients like tapioca starch or potato starch and are therefore not matzah. Their blessing is shehakol.

Special gluten free oat matzah is specially made for Pesach and is specifically labelled kosher for the seder night and the only ingredients are oat flour and water. Please be careful to ensure you fulfil the mitzvah with proper matzah.

## **NUTS**

Only non-shelled or shelled unprocessed (i.e. unsalted, uncoated, unroasted, unground) Pecans, Almonds, Cashews, Hazel Nuts,

Macadamia Nuts, Pine Nuts and Walnuts may be used.

As some nuts may be coated or treated with Kitniyot or chametz coatings, consumers must ensure that shelled nuts have no coatings. If in doubt purchase only those with a reliable hechsher. The Kashrut Authority has supervised the milling of shelled nuts and these are available bearing the Authority's seal. Please check label carefully.

***N.B. Peanuts are considered by some as kitniyot and therefore customarily not used on Pesach.***

(In South Africa this custom in relation to peanuts is not widely practiced especially in relation to peanut oil. However the practice of Australian Jewry has been not to use peanuts on Pesach. Contact your own Rabbi.)

## **OIL**

Pure extra virgin olive oil bearing an OU for year round use is ALSO suitable for Pesach even without a 'P'. Only cottonseed oil or other non kitniyot oils bearing a reliable Pesach rabbinic endorsement should be used for Pesach. This is because anti-oxidants that are used in production may be chametz.

## **SOFT DRINKS**

Carbon dioxide can now be manufactured in Australia as a bi-product of the growing ethanol industry including ethanol produced from wheat. While there is one major rabbinic authority that still permits carbon dioxide made from chametz the vast majority do not.

As such The KA recommends that only carbonated drinks where the source of the CO2 has been verified as chametz free should be used.

## **SPICES**

Spices may contain "aids to production" or other ingredients that are chametz; therefore only spices with a reliable Kosher for Passover Hechsher may be used.

## **SUGAR**

During the milling and refining of sugar, various ingredients such as enzymes may be used that may be chametz. However these are filtered out during the final refining of the sugar and halachically all white sugar remains permissible for Passover.

## **VINEGAR**

Vinegar may be distilled from ethanol that is chametz and may be distilled using chametz yeast. ONLY vinegar or imitation vinegar with a reliable hechsher should be used.

## **SECTION 1: CERTIFIED KOSHER FOR PASSOVER**

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These are products that have been investigated and formally supervised especially for Pesach. They represent the highest standard of Kashrut as applicable to kosher for Pesach. Other than raw foods some people purchase only these products for Pesach. Because the Code of Jewish Law encourages people to be especially strict on Pesach some people have a custom to use only kosher for pesach certified items for Pesach. Items not formally certified but made to a standard similar to certification are also included.

### **ALCOHOLIC BEVERAGES**

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Many alcoholic beverages acceptable through the year, even those kosher certified, are distilled from grain which is chametz and may not be used. In some, chametz yeasts may be used in the fermentation process. This includes Beer, Whisky, Bourbon, Rum, Liqueurs, Spirits, Vodka and Wine Based Drinks.

Therefore all alcoholic beverages must bear a kosher symbol specifically indicating that the product is “Kosher for Passover”.

A range of Kosher for Passover alcoholic beverages are available from:

#### **BOUTIQUE CELLAR IMPORTS**

Wetherill Park, NSW  
Ph. 0413725449

#### **KRINSKY'S KOSHER SUPERMARKET**

173-175 Bondi Rd Bondi NSW 2026  
Ph: (02) 9386-9021 | [www.krinskykosher.com](http://www.krinskykosher.com)

#### **PORTER'S LIQUOR**

Shop 116, Level 2 The Market Room, St Ives Shopping Village, 166-170  
Mona Vale Rd, St Ives  
Ph: (02) 9144 4867

#### **+SIX ONE THREE**

**ONLY when bearing KAust Logo**

P Gincello Gin

P Shiraz Gin

P Signature Dry Gin

### ALTOONA HILLS - AUSTRALIA

#### **All wines**

### BINYAMINA

#### **ONLY when bearing OU-P**

P Chocolate Imitation Liqueur

### ELITE

Arak 40%

### FLOSS & CHASE

#### **ONLY when bearing KAust (Melb) kosher for Pesach logo**

Vodka for Passover

### GOOSE BAY - NEW ZEALAND

#### **All wines**

### HARKHAM WINES

#### **Windarra Winery – [info@harkhamwine.com](mailto:info@harkhamwine.com)**

Alchimie Rose (Preservative Free) 2022 & 2023 - Non Mevushal

Aziza's Semillon (Preservative Free) 2021, 2022, 2023 - Non Mevushal

Aziza's Chardonnay (Preservative Free) 2021, 2022, 2023, 2024- Non Mevushal

Aziza's Shiraz (Preservative Free) 2021, 2022, 2023 - Non Mevushal

Hark Angel Shiraz 2021, 2022, 2023 - Non Mevushal

Old John's Port - Non Mevushal

Saba Shiraz 2023 - Non Mevushal

Shibuya Meltdown (Preservative Free) 2021, 2022, 2023, 2024 - Non Mevushal

Old Vines Shiraz 2020 - Non Mevushal

Harkhamtage Shiraz 2021 - Non Mevushal

### PATRON

P Silver Tequila

## **SABRA**

### ***ONLY when bearing OU-P***

Chocolate Orange Liqueur

## **SAROS**

Vodka Pineapple 30%

## **SPIRIT OF BONDI**

### ***ONLY when bearing KA Logo***

Pomme de Bondi - handcrafted from 100% Australian Apples

Nectarine de Bondi - Artisan nectar brandy

Vodka de Bondi

## **TEAL LAKE - AUSTRALIA**

### ***All wines***

## **ZACHLAWI**

Fig Arak 40%

Vodka Mocha Cappuccino

## **BAKING INGREDIENTS**

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## **GROSS INTERNATIONAL**

### ***ONLY when bearing OU-P***

P Alprose Swiss Baking Chocolate

## **LEWIS & SON**

### ***ONLY when bearing KAust KLP seal***

P Desicated Coconut

P Potato Flour

P Quinoa Flakes

## **LIEBER'S**

### ***ONLY when bearing Rav Weismandl Kosher for Passover logo***

P Real Chocolate Chips - Semi Sweet

## SOLOMON'S

P Matzo Meal Flour - Course, Fine, Super Fine

P Potato Flour

## AUSTRALIAN CAROB COMPANY

P Pure Carob Kibble Nibbles

P Pure Carob Pods

## LOVING EARTH

P Cacao Nibs

P Cacao Beans

## **BUTTER**

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### MAKABI

D-CY Beurre Francais - Requires the logo of Rav Yosef Yitshak Pozzner

### TEMPO

***ONLY when bearing Adass Israel Congregation logo Melbourne and the words "Kosher for Passover"***

D-CY European Style Butter Salted, D-CY European Style Butter Unsalted

### ALLOWRIE

D Choicest Butter

D Unsalted Butter

### BEAUTIFULLY BUTTERFULLY - ALDI

D Australian Butter Salted

D Australian Butter Unsalted

### COLES

D Australian Salted Butter

D Australian Unsalted Butter

D Unsalted Butter

## **GIPPSLAND GOLD**

- D Butter
- D Salted Butter

## **MAINLAND DAIRY**

- D Pure Butter Sea Salt
- D Pure Butter Unsalted
- D Buttersoft Salt Reduced
- D Organic Butter Salted
- D Organic Butter Unsalted

## **PARIS CREEK FARMS ORGANIC DAIRY**

- D Bio-Dynamic Fresh Butter Salted
- D Bio-Dynamic Fresh Butter Unsalted

## **W**

- D Australian Butter Salted
- D Australian Butter Unsalted
- D Essentials Salted Butter
- D Essentials Unsalted Butter

## **WESTERN STAR**

- D Original Salted Butter
- D Salt Reduced Butter

## **WESTGOLD**

- D Pure New Zealand Butter,
- D Traditionally Churned Unsalted Butter
- D Salted New Zealand Grass Fed Butter

## **CAKES, MUFFINS & PASTRIES**

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### **HAPPY VILLAGE - COSTCO**

**ONLY when bearing Star K KLP hechsher - Gluten Free**

P Organic Mini Fig & Nut Bars

### **SOUL GOURMET**

**ONLY when bearing KA KLP Logo**

P Mint

P Teigalach

## **CEREALS**

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### **THREE CHEFS**

**ONLY when bearing KA KLP Logo**

P Apple Crumble Granola Snacks

P Chocolate Almond Granola Snacks

P Chocolate Coconut Granola Snacks

P Coconut Granola Snacks

P Figs & Walnut Granola Snacks

## **CHEESE**

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### **AMSTELVELDER - PREMIUM SLICED CHEESE**

**ONLY when bearing the hechsher of Rabbi Asher Eckstein, Belz Kosher supervision or Rabbi Akiva Asher Padva Shlita of MKL -Mishmeret hakashrut London**

CD-CY Chives

CD-CY Classic Gouda

CD-CY Classic Light

CD-CY Edam

CD-CY Muenster

CD-CY Pepperjack

CD-CY Goat Cheese

## CHEVINGTON

**ONLY when bearing Bedatz Kehilat Haredim London or Landau Kashrut KLP Logo**

D-CY English Gouda

D-CY Mature Cheddar

D-CY Mild Cheddar

D-CY Light Cheese

D-CY Double Gloucester

## TEMPO

**ONLY when bearing Adass Israel Logo and Kosher for Passover**

D-CY Cheese

## **CHIPS**

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### DJ&A

P Quinoa Broccoli Chips

P Quinoa Sea Salt Chips

*CAP AWAY COFFEE CART*

*0431914104*

*Book us for your next event*

P Quinoa Curry Chips

P Quinoa Rosemary & Thyme Chips

## **COFFEE BEANS**

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### **CALIMA 100% COLOMBIAN SINGLE ORIGIN**

Ph: 02 8783 7909 | [www.giuseppebrothers.com.au/Calima](http://www.giuseppebrothers.com.au/Calima)

Email: [support@giuseppebrothers.com.au](mailto:support@giuseppebrothers.com.au)

***ONLY When bearing a Diamond KA Logo***

P Arabica Coffee Beans - 250g, 1k

P Organic Arabica Coffee Beans - 250g, 1kg

P Decaffeinated Arabica Coffee Beans - 250g, 1kg

### **KARMEE**

Freshly roasted coffee beans

(Coffee beans available from Cap Away Coffee Cart.

Call Daniel 0431 914 104. Beans can be ground on request)

## **COFFEE**

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### **ABC - AUSTRALIAN BEVERAGE CORPORATION**

PH: 1300 656 842 | [www.ausbeverage.com.au](http://www.ausbeverage.com.au)

P B Blend

P Organic 1kg

P Cargo 1 kg

### **AROMA COFFEE**

Ph: 02 9693 1009 | [www.aromacoffee.com.au](http://www.aromacoffee.com.au)

P Aromarabica

P Brazil Destinations Range

P Cremaroma

P Ethiopia Destinations Range

P Felice

P Kilimanjaro

P Organic

### **BRAVO COFFEE**

Ph: 02 8783 7909 | [www.giuseppebrothers.com.au/contact](http://www.giuseppebrothers.com.au/contact) |

Email: [support@giuseppebrothers.com.au](mailto:support@giuseppebrothers.com.au)

P Bravo Supreme

P Bravo Espresso

P Bravo New Guinea

P Bravo Mocha Harrar

P Bravo Mocha Kenya

P Bravo Kenya

P Bravo Sumatra

P Bravo Special Espresso

P Bravo Excelsio

P Bravo Classico

P Bravo Fairtrade Supreme

P Bravo Haile Sellassie

P Bravo Decaf

P Bravo Cafe Monte

### **BUSHHELLS**

P Granulated Instant Coffee

P Instant Coffee

### **CALIMA 100% COLOMBIANO SINGLE ORIGIN**

Ph: 02 87837909 | [www.ronita.com.au/collections/calima](http://www.ronita.com.au/collections/calima) |

Email: [support@giuseppebrothers.com.au](mailto:support@giuseppebrothers.com.au)

P Arabica Ground Coffee

P Organic Arabica Ground Coffee

P Decaffeinated Ground Coffee

P Arabica Biodegradable Coffee Capsules

*Suitable for use in a Nespresso*

P Organic Arabica Biodegradable Coffee Capsules

*Suitable for use in a Nespresso*

P Decaffeinated Biodegradable Coffee Capsules

*Suitable for use in a Nespresso*

### **MOCCONA**

P Classic Regular

P Decaf

P Instant

### **NESPRESSO RANGE**

***Must be product of Switzerland***

***Please check the KA website for an updated list of the Nespresso range***

### **CLASSIC**

Reviving Origins Cafecito de Cuba, Ispirazione Ristretto Italiano Decaffeinato, Ispirazione Firenze Arpeggio Decaffeinato, Ispirazione Roma, Ispirazione Ristretto Italiano, Ispirazione Palermo Kazaar, Ispirazione Firenze Arpeggio, Ispirazione Napoli, Il Caffè, Limited Edition.

Così, Volluto, Capriccio, Volluto decaffeinato, Cafezinho do Brasil Limited Edition, Limited Edition, Special Club, Tamuka mu Zimbabwe, Esperanza de Colombia, Congo Organic, India, Nicaragua, Ethiopia, Colombia, Indonesia, Hawaii Kona, Scuro, Corto, Amaha Awe Uganda, Inpirazione Genova Livanto, Inpirazione, Venezia, Freddo Delicato, Freddo Intenso, LE Peru Organic, Aged Sumatra, Umutina Wa Lake Kivu Rwanda Limited Edition, Jamaica Blue Mountain Special Reserve, Costa Rica, Flat White Over Ice, Peru Organic, Galapagos Speical Reserve, La Cumplida Refinada, Indonesia Organic, Organic Kahawa Ya Congo, Indonesia, Ispirazione Millennio, Ispirazione Novecento, Cafezinho Limited Edition, Forest Black, Aged Sumatra Grand Cru, Papua New Guinea, LE La Cuplide Refinada, LE Wex Miami, Istanbul Espresso, Paris Espresso, Rio de Janeiro Expresso, Cafezinho do Brasil

### **LUNGO RANGE**

Vivalto Lungo, Fortissio Lungo, Linizio Lungo, Vivalto Lungo Decaffeinato, Envivo Lungo, Limited Edition, Nordic Black, Il Caffè, Buenos Aires Lungo, Vienna Linizio Lungo, Tokyo Vivalto Lungo, Lungo, Cape Town Envivo Lungo, Stockholm Fortissio Lungo, Miami, World Explorations Shanghai Lungo, Chiaro

## **PROFESSIONAL**

Ristretto Origin India, Espresso Forte, Espresso Leggero, Espresso Decaffeinato, Espresso Origin Brazil, Lungo Decaffeinato, Lungo Origin Guatemala, Lungo Leggero, Lungo Forte, Ristretto, Ristretto Intenso, Kilimanjaro Peaberry, Nepal Lamjung, Limited Edition, Special Reserve, Chef Franck Giovannini, Kenya Milima, Origin Guatemala, Origin India, Origin Brazil, Peru Organic, Bianco Delicato, Bianco Intenso, Ice Intenso, Intenso, Congo Organic, Leggero, Decaffeinato, Forte, Chef Heiko Nieder, Finezza.

## **VERTUO**

Diavolitto, Altissimo, Voltesso, Decaffeinato Intenso, Tamuka Mu Zimbabwe, Limited Edition, Aged Sumatra, Peru Organic, Il Caffè, La Cumplida Refinada, Hawaii Kona, Altissimo Decaffeinato, Oragio, Toccanto, Jamaica Blue Mountain Special Reserve, Double Espresso Dolce, Double Espresso Chiaro, Double Espresso Scuro, Cafecito de Puerto Rico, Fortado, Arondio, Decaffeinato Ontuoso, Bianco Leggero, Amaha Awe Uganda, Ice Leggero, Costa Rica, Ethiopia, Limited Edition, Fortado Decaffeinato, Inizio, Vivida, Sumatra, Papua New Guinea, Alto Dolce, Alto Intenso, Melozio, Elvazio, Giornio, Solelio, Intenso, Half Caffeinato, Stormio, Odacio, Decaffeinato, Colombia, Mexico, Cafecito de Cuba, Bianco Forte, Organic Kahawa Ya Congo, Esperanza de Colombia, Ice Forte, Limited Edition, Melozio Decaffeinato, Melozio Boost, Stormio Boost, Forest Black, Craft Brew Carafe Pour-Over Style Mild, Craft Brew Cold Brew, Craft Brew Carafe Pour-Over

## **ROBERT TIMMS COFFEE**

P Ground Coffee

## **COTTAGE & CREAM CHEESE**

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### **TEMPO**

***ONLY when bearing Congregation Adass Yisrael Melbourne Logo & Kosher for Passover***

## **COCONUT**

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Dessicated coconut may contain a chametz, free flow agent and as such should not be used without a hechsher.

### **SOLOMON'S**

P Fine ground coconut - 250g & 1kg

## **CREAM**

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### **DAIRY FARMERS**

**ONLY when PE follows use by date**

D Pure cream

### **PURA**

**ONLY when PE follows use by date**

D Pure Cream

### **TEMPO**

**ONLY when bearing Adass Yisrael Logo and Kosher for Passover on lid.**

D-CY Fresh Cream

D-CY Sour Cream

## **EGGS - PROCESSED**

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### **FARM PRIDE**

P Egg Whites Frozen 950ml

### **PIROVIC FAMILY FARM - (FRESH, CHILLED OR FROZEN)**

P Easy Eggs Pasteurised Whole eggs (5 x 2kg pales)

P Fresh Chilled Pasteurised Albumin 10kg (bag in box)

P Pasteurised Whole Egg Pulp (10kg)

P Farm Barn Lain Pasteurised Whole Egg (10kg)

P Free Range Pasteurised Whole Egg (5 x 2kg)

P Salted Whole Egg 10% (10kg)

P Whole Egg Pulp - Certified Organic (5 x 2kg or 10kg)

P Pasteurised 10% Sugared Yolk - Fresh, Chilled or Frozen

P Pasteurised Albumen 10kg - Fresh, Chilled or Frozen

P Pasteurised Egg White Mix 10kg - Fresh, Chilled or Frozen

P Pasteurised Egg Yolk - Reduced Solids - Fresh, Chilled or Frozen

## **FISH**

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### **COLES**

Packaged fish will be available with KA Kosher for Passover stickers at  
Coles St Ives Shopping Village  
Coles Westfield Bondi Junction

### **FISH IN THE FAMILY**

This will be done at Harris Farm - Rose Bay. Consumers should email orders to retail@fishinthefamily.com.au Also check the KA website for link to order [www.ka.org.au/consumer-resources/pesach-guide](http://www.ka.org.au/consumer-resources/pesach-guide)

### **THE ONE THAT GOT AWAY**

**Ph: 02 9389 4227**

This store will be producing raw fresh fish under The Kashrut Authority supervision. Only accept minced fish, skinless and filleted fish which has been sealed with Diamond KA Pesach seals. It is important that you ensure that your order bears the correct seals. NB Gefilte fish and other fish products cooked or sold in this shop are not kosher.

## **FISH TINNED**

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### **DAGIM**

***ONLY when bearing Hisachdus CRC or OU-P Logo - Bishul Yisrael***

### **GEFEN**

***ONLY when bearing OU-P or CRC Logo for Pesach - Bishul Yisrael***

P Fancy Albacore Chunk Light Tuna Low Sodium in Water

P Chunk Light Tuna in Water

P Chunk Style Tuna in Water - Pouch

P Kipper Snacks

## **FISH SMOKED**

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### **DAVE'S FOOD CO**

***ONLY when bearing Diamond KA KLP seals***

P Smoked Salmon

Order by emailing [info@davesfoodco.com](mailto:info@davesfoodco.com)

### **KIRKLAND SIGNATURE (COSTCO):**

Frozen Atlantic Salmon is Kosher for Passover even without OUP

## **FLOUR**

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### **NIULIFE**

P Organic Coconut Flour

### **SOLOMONS**

***Must bear Kosher for Passover seal***

P Potato Flour

P Matza Meal Flour

## **FRUIT – FRESH & DRIED**

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### **BARD VALLEY NATURAL DELIGHTS**

***ONLY when bearing United States K - Kosher for Passover***

P Organic Fresh Medjool Dates

### **SAFARI**

***Under the supervision of the UOS SA Beth Din. The following are acceptable even without any Pesach markings, stickers or labelling***

P Plain Dried Apple Rings

P Apricots (not Turkish)

P Pears

P Peaches

## SONORA VALLEY

### **ONLY when bearing IKU Logo - KLP Logo**

P Whole Fresh Medjool Dates

## THE NUT SHOP

### **ONLY when bearing a KA KLP seal**

P Dried Figs - Product of Turkey - 200g bags and 10kg cartons

P Variety of Nuts

## VERITY

P Australian Pitted Prunes - 375g Gluten Free, No added sugar - were produced under constant supervision and bear a numbered Diamond KA KLP seal.

P Australian 40/50 Pitted Prunes 10kg - were produced under constant supervision the cartons are sealed with brown or blue Kosher for Pesach tape.

(Food Service and retail distributed by R. Solomon's Ph: 02 9316 4133)

Krinsky's, Supamart IGA - Rosebay

## **FRUIT – RAW CUT & PROCESSED**

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### PRO BROS PROVIDORE

The KA is supervising a production of peeled and washed fruits and vegetables. For enquiries please call 02 9018 9132.

Consumers should check the KA website for information on how to order.

[www.ka.org.au/consumer-resources/pesach-guide](http://www.ka.org.au/consumer-resources/pesach-guide)

## **FRUIT – FROZEN**

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### SUNSHINE TROPICAL

Food Service - Ph: 07 5441 1920

P Blackberries

P Blueberries

P Cherries

P Cranberries – Product of USA

- P Mango Cheeks
- P Mixed Berries
- P Raspberries
- P Red Currants
- P Strawberries

## **GRAINS & SEEDS**

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### **QUINOA**

Requires a KLP hechsher or listed in the directory or update.

### **PEREG**

#### ***ONLY when bearing OU-P***

- P Quinoa - All varieties
- P Instant Quinoa Flakes
- P White Quinoa Superfood

### **KIRKLAND SIGNATURE (COSTCO)**

#### ***ONLY when bearing an OU or Star K Logo***

- P Organic Quinoa from Andean Farmers to You

## **HONEY**

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### **AIRBORNE HONEY**

- P Pure Honey - Pure Natural New Zealand Honey
- P Liquid Honey - Pure Natural New Zealand Honey

### **SNIVES HIVES**

- P Seasonal Honey - 1kg Jars, 500g and 320g  
[www.sniveshives.com.au](http://www.sniveshives.com.au)

## **HORSERADISH**

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### **ADAMAMA**

P Fresh Horseradish Root - 100g, 200g, 400g

P Parsley Bunch

Order: [www.shalomcollective.com.au](http://www.shalomcollective.com.au)

### **CHALLENGE GOLD MEDAL**

These horseradish should NOT be used for Maror at the Seder

P Horseradish Relish - Red or White

### **SOLOMON'S**

These horseradish should NOT be used for Maror at the Seder

P Horseradish

## **HONEY & SPREADS**

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### **GOODE'S**

***ONLY when bearing a Diamond KA Kosher for Passover seal. This batch of Pure Australian Honey was processed and packed under constant KA supervision.***

P Goode's Pure Australian Honey - 500g

P Australian Honey Premium Quality Floral Blend - 3kg pail (available from Solomon's. Ph: 02 9316 4133)

### **THREE CHEF'S**

***ONLY when bearing KA KLP Logo***

P Almond, Cashew & Honey Spread

P Chocolate Spread

P Hazelnut Spread

P Walnut & Date Spread

## **ICE CREAM**

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### **DAAS GELATO**

D-CY and Pareve Gelato

**ONLY when sealed with KA KLP tape.**

Order online [www.daasgelato.com](http://www.daasgelato.com)

### **TEMPO**

**ONLY when bearing Adass Israel, Melbourne logo and Kosher for Passover**

D-CY Chocolate Ice Cream

D-CY Coffee Ice Cream

D-CY Vanilla Ice Cream

## **JUICE – FRUIT JUICE**

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### **KEDEM**

**ONLY when bearing OU-P logo**

P Muscat Grape Juice

P Rose Grape Juice

### **KINOR**

**ONLY when bearing OU-P logo**

P Grape Juice

### **NECTAR COLD PRESSED**

P Apple Juice - 1.5 L

P Orange Classic Juice - 1.5L

**All enquiries and orders - email: [sales@nectarcoldpressed.com.au](mailto:sales@nectarcoldpressed.com.au)**

### **TEMPO**

**ONLY when bearing Adass Israel, Melbourne logo and Kosher for Passover**

P Orange Juice

## **MATZAH**

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### **SOLOMON'S**

- P Solomon's Coarse Matzo Meal - ONLY when bearing Diamond KA-P logo or OU-P Logo
- P Solomon's Matzo Meal Fine - ONLY when bearing Diamond KA-P logo or OU-P Logo
- P Solomon's Super Fine Matzo Meal - ONLY when bearing Diamond KA-P logo or OU-P logo
- P Solomon's Matzo - ONLY when bearing OU-P logo
- P Solomon's Wholemeal matzo - ONLY when bearing OU-P logo
- P Solomon's Tea Matzo - ONLY when bearing OU-P logo

## **ENRICHED MATZAH**

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Egg matzah, matzah made using fruit juice instead of water, chocolate Matzah and other enriched matzah made using other ingredients beside Matzah flour and water in the traditional way, cannot be used to fulfil the Mitzvah of Matzah. Furthermore they are customarily not eaten during Pesach by Askenazi Jews even when bearing a reputable "Kosher for Passover" endorsement. This restriction does not apply to the elderly, sick or infants. Sephardim should consult their Rabbi.

## **MEAT**

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Meat produced in kosher butchers for year round use is not suitable for Pesach use. Buy ONLY Kosher for Pesach meats and smallgoods.

### **VILLAGE FINEST KOSHER BUTCHER**

Order online at [www.villagefinest.com.au](http://www.villagefinest.com.au) | Pre-packed frozen meat and small goods are available from Krinskys. Fresh pre-packed meat available from Supamart IGA - Dover Road, Rose Bay. Woolworths: Westfield Bondi Junction, Double Bay, Eastgardens, Neutral Bay Village & St Ives Shopping Village. Coles Westfield, BJ, Eastgate, St Ives Shopping Village, Eastgardens - Pagewood and Rosebay North

***Please ensure products are sealed with the diamond KA Glatt Kosher Meat 'Kosher for Pesach' seal.***

## M & M POULTRY

Fresh pre-packed chicken are available from selected stores.

**Coles** - Westfield BJ, Bondi Eastgate, St Ives Village, Eastgardens Pagewood, Rose Bay, Pacific Square Maroubra

**Woolworths** - Westfield BJ, Double Bay, St Ives, Eastgarden Pagewood

**Supamart IGA** - Rose Bay, Lindfield

**Krinskys**

***Please ensure all poultry bears a KA Kosher for Passover Meat seal***

## MILK & MILK PRODUCTS INCL. LACTOSE FREE

### TEMPO

D-CY Chalav Yisrael Fresh Full Cream milk, Fresh Skim milk, Light Milk and Smooth n' Milky Chocolate Flavoured Milk is available from Krinsky's and selected supermarkets and may have to be ordered.

D Pure full cream milk and pure skim milk in bottles or cartons including A2 Milk may be used provided they contain no other ingredients such as milk solids or milk powders but must be purchased before Pesach.

D Plain UHT Milk and Plain UHT Skim Milk - May be used provided no other ingredients other than milk are listed.



9 O'Brien Street, Bondi Beach, NSW 2026

PH: 9300 0495 | E: sydney@golds.com.au

W: Goldssydney.com.au

## **MILK ALTERNATIVES**

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### **GEFEN**

**ONLY when bearing OU-P Kosher for Pesach Logo**

P Coconut Milk Unsweetened Gluten Free Dairy Free

P Almond Dairy Free Beverage Unsweetened

P Hazelnut Dairy Free Beverage Unsweetened

### **LIEBER'S**

ONLY when bearing OU-P Logo

P Original Supreme Almond Milk Alternative

## **NUTS**

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### **SOLOMON'S**

**ONLY when bearing The Diamond KA - Kosher for Passover seal.**

P Pesach Walnuts Pieces and Meal

P Pesach Almonds and Meal

P Ground Hazelnut

P Pesach Coconut 250g/10kg

### **THE NUT SHOP**

**ONLY when bearing KA kosher for Passover seal. Email: [orders@nutshop.com.au](mailto:orders@nutshop.com.au)**

P Raw Walnut whole & meal

P Raw Cashew meal

P Raw Cashews - 200g

P Raw Brazil nuts - 200g

P Raw Macadamias - 200g

P Blanched Almond - 200g

P Almond meal

P Slivered Almonds - 200g

P Ground Hazelnuts

P Raw Hazelnuts

- P Australian Pecans
- P Salted Dry Roasted Pistachio
- P Roasted Cashews - Salted & Unsalted

### COLES

**ONLY when bearing vendor code AO965**

- P Raw Almonds

### MACRO WHOLEFOODS MARKET

**ONLY when bearing vendor code 88331**

- P Australian Macadamia

### WOOLWORTHS

**ONLY when bearing vendor code 853470001**

- P Walnut Kernels

### W

**ONLY when bearing vendor code 853470001**

- P Australian Raw Walnuts

## **OIL**

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Pure Extra Virgin Olive Oil from Italy, Spain, Greece or Turkey only is suitable for Pesach but must be purchased before Pesach. However it is preferable to purchase even extra virgin olive oil with a hechsher.

### ABSOLUTE ORGANIC

- P Extra Virgin Coconut Oil

### BANABAN

- P Extra Virgin Coconut Oil
- P Virgin Coconut Oil

### CHEF'S CHOICE

**When bearing the regular KA Logo**

- P Certified Organic Coconut Oil Extra Virgin & Unrefined - 500ml, 915ml

## CHOSEN FOODS

ONLY when bearing OU. Suitable for Pesach without a P

P 100% Pure Avocado Oil

P 100% Pure Avocado Spray Oil

## KOCONUT PACIFIC

P Virgin Coconut Oil

## MOUNT ZERO

P Arbequina Extra Virgin Olive Oil

P Organic Extra Virgin Olive Oil

P Picual Extra Virgin Olive Oil

P Franttoio Extra Virgin Olive Oil

## OLIVE GROVE - ALDI

P Extra Virgin Olive Oil

## PLENTY COLD PRESSED

P Almond Oil

P Macadamia Oil

P Walnut Oil

## THREE OLIVES

When bearing the regular KA Logo

P Extra Virgin Olive Oil - Certified Organic

## SOLOMON'S

P Fry-Ola Premium Frying Oil - 15l - No symbol required.

## **OLIVES & PICKLES**

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### ESKAL DELI

**ONLY when bearing OU-P**

P Dill Pickles

### PRI-CHEN

### **ONLY when bearing OU-P**

P Cucumbers in Brine

P Cucumbers in Vinegar

P Harissa

P Pitted Green Olives

P Shipka Hot Peppers

P Sliced Turnips Pickle

## **PASTA**

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### **ESKAL DELI**

#### **ONLY when bearing OU-P Logo. Gluten free**

Vegetable Pasta - Fresh hearts of palm lasagna sheets

Vegetable pasta - Fresh hearts of palm spaghetti

## **POTATO FLOUR/STARCH**

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Potato flour must bear a rabbinic Kosher for Pesach label.

### **SOLOMON'S**

Only when bearing The Diamond KA - Kosher for Passover seal

## **SALAD DRESSINGS AND MAYONNAISE**

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### **GEFEN**

P Lite Pure Homogenised Mayonnaise - ONLY when bearing OU-P or Volover KLP

P Pure Homogenised Mayonnaise - ONLY when bearing OU-P or Volover KLP

### **ESKAL DELI**

ONLY when bearing KAust KLP seal

P Low Fodmap Italian Oil Free Dressing

P Oil Free Balsamic Dressing

P Oil Free Sundried Tomato Pesto

## KLEIN GOURMET FOODS

ONLY when bearing KAust Logo

P Whole Egg Mayonnaise

## **SALT**

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All pure salt and cooking salt product of Australia is acceptable. Any salt that has no anticaking agent is acceptable. Similarly any salt that has anticaking agent 554, is acceptable. Natural Rock Salt and Himalayan Rock Salt is acceptable. These must be purchased before Pesach.

**Saxa Lite Salt is NOT ACCEPTABLE**

**Many have a custom to use only salt with a KLP Hechsher**

Various brands with OU-P or equivalent Hechsher

## CHEF'S CHOICE

P Himalayan Pink Fine Salt - 1kg and 200g sprinkler and Grinder

## CHEETHAM

P Table Salt - Iodised & Non iodised

P Cooking Salt - Iodised & Non iodised

P Rock Salt - Iodised & Non iodised

P Premium Salt - Iodised & Non iodised

P Antarctic Sea Salt -

P Magnesium Brine

## OLSON

ONLY when bearing KAust Melbourne Logo

P Sea Salt Flakes

## SOLOMON'S

P Fine Salt. ONLY when bearing The Diamond KA - Kosher for Passover seal

## **SOFT DRINKS**

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Natural Still Mineral Water and Water - bottled at source (unflavoured only) are all produced chametz - free but should be purchased before Pesach.

## **BELOKA WATER**

Beloka Water has been produced with carbon di-oxide specially obtained from a non-chametz source. It is freely available in stores and supermarkets or can be purchased online <http://www.belokawater.com.au/>

**Use the code kosherbondi10 for a 10% discount**

P Naturally Still

P Lightly Sparkling

## **DEEP SPRING**

P Sparkling Natural Mineral Water (Plain unflavoured ONLY)

## **EASTCOAST**

P Spring Water Bottled at the Source - 350ml,, 600ml sports cap

## **FIJI**

**ONLY when bearing OU Logo**

P Natural Artesian Water

## **SCHWEPPE**

P Natural Mineral Water

P Soda Water

## **SODA STREAM**

The soda stream machine has to be thoroughly cleaned and boiling water must be poured over those parts that come in contact with the beverage. Soda stream gas is chametz free

P Sparkling Water Unflavoured

## **SPICES**

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The following items have been packed & produced under The Kashrut Authority - bearing The Diamond KA - Kosher for Passover seal.

## **CHALLENGE GOLD MEDAL**

P Ginger Freshly Ground - 250g, 2kg

## HBC TRADING

- P Black Pepper Whole
- P Ground Hot Chillies
- P Whole Cloves
- P Turmeric
- P White Pepper Ground

## PEREG

### ***ONLY when bearing OU-P***

- P Garlic Minced
- P Seasoned Matzah Crumbs - Full Flavoured
- P Seasoned Matzah Crumbs - Classic
- P Panko Matzah Crubs Course
- P Crisp Matzah Crumb - Full Flavoured
- P Crisp Matzah Crumb - Original Flavoured
- P Za'atar
- P Spearmint
- P Cumin Ground
- P Garlic Granulated
- P Sweet Paprika Mediterranean
- P Turmeric Powder Dry
- P Black Pepper
- P All Spice

## SOLOMON'S

- P American Sweet Paprika
- P Crushed Chilli Paste
- P Crushed Garlic
- P Garlic Powder
- P Crushed Ginger Paste
- P Dehydrated Garlic - 75g
- P Dry Chilli - 75g, 1kg
- P Freshly ground Cinnamon
- P Freshly ground Pepper - Black, White

- P Onion - Powder, Flakes
- P Paprika
- P Peppercorn – Black, White

## **SUGAR**

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All Bundaberg organic sugar, white sugar, raw sugar, brown sugar and caster sugar are produced **enzyme free** and are suitable for Pesach

All CSR white sugar, raw sugar, brown sugar and caster sugar are approved for Pesach and are produced enzyme free.

**Warning: Pure Icing Sugar, and Icing Sugar Mixture does contain actual chametz starch and may not be used for Pesach. Brown sugar should not be used for Pesach unless investigated.**

### **SUGAT**

**ONLY when bearing Eida Haredith Logo**

Mehadrin White Sugar - Kosher for Passover

### **LIEBER'S**

**ONLY when bearing Rabbi M Weissmandl Kosher for Pesach Logo**

Dark Brown Sugar

## **SUGAR - COCONUT**

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### **NIULIFE**

P Coconut Sugar - Requires Kaust Melbourne Kashrut Logo

## **SUGAR SUBSTITUTES**

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### **HERMESETAS**

P Mini Sweeteners - Product of Switzerland only.

# MANNA CUISINE



## PESACH MENU 2026

- CHICKEN SOUP (GF) -1.2L \$32
- ROASTED PUMPKIN AND SOUP (GF) -1.2L \$25
- MUM'S MATZO BALLS (6-PACK \$35)
- PORTUGUESE-STYLE EGGPLANT SALAD , SALSA VERDE, POMEGRANATE. ( 1L \$25)
- MATBOUHA- TUNISIAN TOMATO AND CAPSICUM SLOW-COOKED SALAD.( 1L \$25)
- TURKISH SALAD, TOMATO, FRESH HERBS, SPANISH ONION, SPICES. ( 500ML \$15)
- MOROCCAN CARROT SALAD, TRADITIONAL SPICES, AND CORIANDER. (1L \$25)
- PASTRAMI-STYLE CURED ATLANTIC SALMON WITH FRESH HERBS. ( 500GM - \$65 / 1KG -\$130)

## HOT DISHES

- FRIED FISHBALLS (PACK OF 6 \$30)
- GREMOLATA BAKED SIDE OF ATLANTIC SALMON. (1,2-1,5KG \$130)
- NY-STYLE POTATO KUGEL. ( M- \$45 / L-\$65)
- CHICKEN SCHNITZEL . ( LARGE SIZE \$12 EACH)
- TUSCAN SPICES, WHOLE ROASTED CHICKEN \$55
- SOUTH AFRICAN-STYLE BRISKET ( 1KG \$145)
- MOROCCAN ARTICHOKE STUFFED WITH MINCED BEEF, SLOW-COOKED IN SPECIAL GRAVY. ( 6PIECES \$42)

## DESSERTS

- ROLLED PAVLOVA WITH VANILLA CREAM, LEMON CURD & FRESH BERRIES. \$75
- ORANGE CAKE WITH ITALIAN MERINGUE \$55
- DARK CHOCOLATE AND HAZELNUT TRUFFLES. ( 6 PIECES \$30)
- ALMOND AND COCONUT MARZIPAN CAKE. \$ 55

ORDER AT [INFO@MANNACUISINE.COM.AU](mailto:INFO@MANNACUISINE.COM.AU)

DELIVERY TO EASTERN SUBURBS \$25/ DELIVERY FREE TO ORDERS OVER \$400

0450184020

## **SYRUPS**

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Agave Syrup and Maple Syrup must bear a reliable kosher for Pesach certification.

### **CARWARI**

P Organic Agave Nectar Dark - 350g, 25kg - ONLY when bearing KA Logo

P Organic Agave Nectar Light - 350g, 25kg - ONLY when bearing KA Logo

P Date Syrup

## **TEA**

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All brands of plain pure unflavoured tea and plain unflavoured tea bags are produced chametz-free but must be purchased before Pesach.

## **TOMATO PASTE**

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### **TUSCANINI**

***ONLY when bearing OU-P or Rabbi Weismandl or EUK-P Logo***

Tomato Paste - Premium Tuscan Tomatoes

## **VEGETABLES**

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All raw vegetables contain no chametz. However it is customary for Ashkenazim not to eat rice, maize (sweet corn) and leguminous (pulse) vegetables such as all beans and peas (including string beans) because of their similarity to the five grains (wheat, barley, oats, rye and spelt) which are actual chametz. These are called "KITNIYOT" (This custom is not widely practised amongst Sephardim - ask your rabbi for guidance. See Kitniyot section).

Fresh raw vegetables (including raw whole herbs) must be washed and thoroughly checked for insects.

Asparagus, Avocado, Baby Spinach, Beetroot, Bok Choy, Broccoli, Brussel Sprout, Cabbage, Carrots, Cauliflower, Celery, Cucumber, Dill Leaves, Eggplant, Fennel, Ginger, Leek, Lemon, Lime, Lettuce, Licorice Root, Marjoram, Mint, Mushroom, Onion, Oregano, Paprika, Parsnip, Fresh Green Peppers, Parsley, Marrows, Potato, Pumpkin, Radish, Rhubarb, Rosemary, Silverbeat, Spinach, Squash, Swede, Sweet Potato, Thyme, Tomatoes, Turnip, Yam, Zucchini.

Many companies provide cut and peeled vegetables or washed salad vegetables. These should not be used without reliable investigation as potentially chametz anti-oxidants such as citric acid are often added to the wash water. Preservatives such as sodium metabisulphate are kosher for Pesach.

### BILLABONG PRODUCE

**ONLY when bearing P at the end of date code**

P Crushed Tomatoes - 3kg can or 700g bottle

### PRO BRO PROVIDORE

The KA is supervising a production of peeled and washed fruits and vegetables (including lettuce and marmor). For enquiries please call 02 9018 9132. Consumers should check the KA website for information on how to order - [www.ka.org.au/consumer-resources/pesach-guide](http://www.ka.org.au/consumer-resources/pesach-guide)

### PLATINUM POTATOES

Fresh Vacuum Packed Potatoes are available from Harris Farm. For bulk purchase email: [peter@platinumpotatoes.com](mailto:peter@platinumpotatoes.com)

## **VINEGAR**

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### ESKAL DELI

ONLY when bearing OU-P

P Apple Cider Vinegar

### SOLOMON'S

P Imitation Vinegar

### SUPRA FOODS

P Imitation White Vinegar.

To order Email: [adrian@suprafoods.com.au](mailto:adrian@suprafoods.com.au)

## **YOGHURT**

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Yoghurt is milk that has been cultured and the culture may be chametz

Sometimes starch is also added to yoghurt as well as flavours. Therefore only yoghurt with a reliable hechsher should be used.

# Quick, Easy & Deliciously Tasty



## Pesto, Bocconcini & Tomato

### INGREDIENTS

- 3 CORN THINS® slices
- Cherry tomatoes (sliced)
- 3 Kosher Bocconcini balls (sliced)
- 2 Tbsp. Pesto

### TO MAKE PESTO

- 3 cups basil
- 4 cloves of garlic
- ½ cup of olive oil
- ½ cup pine nuts
- Juice of 1-2 lemon
- ½ tsp Kosher salt

### DIRECTIONS

Spread pesto across CORN THINS® slices, then layer on bocconcini cheese & cherry tomatoes.

Add pepper & salt if desired.

### TO MAKE PESTO

Place basil, garlic, pine nuts, lemon & salt into a blender or food processor.

While blending these ingredients slowly add oil till all is well mixed. Taste & add more salt if desired.



The delicious **POPCORN** taste of **CORN THINS®** slices makes them the perfect crispbread to be eaten anytime of the day.

CORN THINS® products can be found in the biscuit aisle of most supermarkets.

[www.cornthins.com](http://www.cornthins.com)

## TEMPO

ONLY when bearing Congregation Adass Israel Melbourne logo and Kosher for Passover inkjetted on lid or side of cup.

D-CY Raspberry Flavoured Yoghurt

D-CY Strawberry Flavoured Yoghurt

D-CY Cherry Flavoured Yoghurt

D-CY Vanilla Flavoured Yoghurt

D-CY Apricot Flavoured Yoghurt

D-CY Coffee Yoghurt

D-CY Low Fat Natural

D-CY Natural

## KITNIYOT

Approved Kashrut Agencies for Kitniyot products:

|  |  |
|--|--|
|   | <b>OU Kitniyot Logo</b>                                  |
|   | <b>Bedatz Bet Yosef<br/>Kosher for Pesach - Kitniyot</b> |
|  | <b>Star S</b>  |

Kitniyot are customarily not eaten on Pesach by Ashkenazi Jews. The origins of this custom are not 100% clear and many reasons have been given for the custom including the following:

- The seeds can be ground into flour which may create a mix up with wheat flour.
- After cooking they may appear like chametz foods.
- The seeds are similar to grain kernels and come in a sheath or pod.
- Generally speaking all legumes are also kitniyot because they grow in pods.

The reasons can lead to interesting anomalies. Dried pumpkin seeds which are seeds in a pod, are considered kitniyot. However pumpkin cooked whole including obviously with it's seeds is not problematic, and the now cooked seeds can be eaten. This is because a whole raw pumpkin cannot be confused with anything chametz. Similarly dried fennel seeds are kitniyot but the bulb, root and greens are not. In contrast green peas are considered kitniyot because they are a legume and come in a pod. Wherever in the guide we write seed next to the kitniyot item it is specifically only the seed that is kitniyot.

**The following foods ARE Kitniyot:**

Alfalfa  
Amaranth  
Aniseed  
Anise Seed  
Aspartame  
Beans - All including Edamame  
Buckwheat  
Caraway Seed  
Cardamon  
Chick Peas  
Coriander Seed  
Corn, Maize  
Corn Starch  
Cumin  
Fennel Seed  
Fenugreek Seed  
Flax Seed  
Green Beans  
Hemp Seeds  
Lentils - All  
Linseed  
Millet  
Mustard and Mustard Seeds  
Pea  
Peanut  
Poppy Seed  
Pumpkin Seed  
Rapeseed

Rice - Raw or raw organic, white or brown rice varieties (no additives)  
Safflower Seed  
Sesame Seed  
Snow Pea  
Sorghum  
Soy Bean  
Soy Lecithin  
String Bean  
Sugar Snap Peas  
Sunflower Seeds  
Teff  
Tofu

**The following are NOT Kitniyot but require thorough checking for foreign seeds:**

Carob  
Chia Seeds  
Guargum  
Locust Bean Gum  
Saffron

**The following are NOT Kitniyot but some customarily do not use them. The Kashrut Authority will certify products that contain garlic.**

Cloves  
Garlic

## **KOSHER FOR PESACH KITNIYOT PRODUCTS FOR THE SEPHARDI COMMUNITY**

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**The following are all Kitniyot and are permissible for those who eat Kitniyot on Pesach.**

### **ABBOT - HEALTH SUPPLIMENTS**

***ONLY when bearing OU-D Logo***

D Enshake  
D Ensure  
D Ensure Compact

D Ensure Nutrivigor  
D Ensure Plus Commence  
D Ensure Plus Creme  
D Ensure Plus Juice  
D Ensure Plus Milkshake Style  
D Ensure Plus Yoghurt Style  
D Ensure Plus Nutrition Shake  
D Ensure Two Cal

### **ACHLA**

#### ***Kitniyot and Kosher for Pesach when bearing a Pesach Logo***

P Tahina Dip  
P Humus Dip

### **BAMBA**

#### ***ONLY when bearing OU Kitniyot label***

P Snacks

### **BIRDSEYE**

P Australian Country Harvest Baby Beans Carrot Corn & Broccoli  
P Australian Country Harvest Carrot Cauliflower Beans & Broccoli  
P Australian Country Harvest Garden Mix Beans & Corn  
P Country Harvest Snap Frozen Peas & Supersweet Corn  
P Country Harvest Snap Frozen Carrot Peas & Corn  
P Australian Field Fresh Baby Beans  
P Australian Field Fresh Baby Peas  
P Australian Field Fresh Snap Frozen Corn Kernels & Corn Cobs

### **CALIFORNIA DELIGHT**

ONLY when bearing Star S  
P Baby Corn Whole Spears  
P Cut Baby Corn  
P Whole Kernel Corn

### **CARWARI**

P Black Tahini, Organic Unhulled Tehina, Snow White Tehina

## COLES

### **ONLY when bearing code A0496**

- P 100% Natural Australian Baby Peas - Snap Frozen
- P 100% Natural Australian Carrots, Peas & Cauliflower- Snap Frozen
- P 100% Natural Australian Corn Cobs - Snap Frozen
- P 100% Natural Australian Cut Beans - Snap Frozen
- P 100% Natural Australian Green Mixed Vegetables - Snap Frozen
- P Mixed Vegetables - Australian Grown
- P 100% Natural Australian Peas - Snap Frozen
- P 100% Natural Australian Peas & Corn - Snap Frozen
- P 100% Natural Australian Stir Fry Vegetables - Snap Frozen
- P 100% Natural Australian Vegetable Mix - Snap Frozen
- P 100% Natural Australian Winter Vegetables - Snap Frozen
- P Peas - Snap Frozen Australian Grown
- P 100% Natural Australian Carrot Batons- Snap Frozen
- P 100% Natural Australian Cauliflower & Broccoli - Snap Frozen
- P 100% Natural Australian Chopped Onions- Snap Frozen

## COLES

### **ONLY when bearing code A1161**

- P Nature's Kitchen Firm Tofu

## GALAXY (DRIED) PRODUCTS

- P Adzuki Beans
- P Black Beans
- P Black Eye Beans
- P Broad Beans
- P Cannellini Beans
- P Chick Peas Raw Australian
- P Chick Peas
- P Barlotti (Cranberry) Beans
- P Cranberry Beans
- P Great Northern Beans
- P Aust Grampian French Green Lentils
- P Blue Lentils French Style

P Lentils Green  
P Aust Giant Green Lentils  
P Red Whole Nugget Lentils  
P Red Split Lentils  
P Lima Beans  
P Light Red Kidney Beans  
P Popping Corn  
P Wild Rice - USA  
P Mung Beans  
P Sesame Seeds Raw  
P Soya Beans  
P Green Split Beans  
P Yellow Split Peas  
P Hemp Seeds  
P Pepitas  
P Sunflower Seeds

### **HAKEA**

P Organic Tofu

### **JR FOOD PRODUCTS**

***ONLY when bearing KA Logo***

P Golden Tahini

### **KVUZAT YAVNE**

***ONLY when bearing B'datz Bet Yosef Kosher l'pesach kitniyot logo***

P Grape Leaves stuffed with Rice

### **MACRO WHOLEFOODS MARKET (WOOLWORTHS) 87625001**

P Classic Tofu 500g

### **PLENTY**

P Peanut Butter Cruncy

P Peanut Butter Smooth

## PLENTY

P Cold Pressed - Flaxseed Oil, Peanut Oil, Sesame Oil, Sun flower Oil, Hemp Seed Oil, Pumpkin Seed Oil, Heart Smart Safflower, Safflower Oil Refined - 20L, Cooking Oil - 750ml

## PRI-CHEN

ONLY when bearing B'datz Bet Yosef KLP Kitniyot hechsher

P Chick Peas

## REAL FOODS

P Rice Thins

P Original Corn Thins

P Organic Sesame

P Multi Grain Corn Thins

P Multipack Original Corn Thins

P Soy & Linseed Corn Thins

## SAFARI

***Kitniyot - Product of South Africa***

P Prunes

P Raisins, Sultanas, Currants

Sydney's finest **KOSHER BUTCHER**  
available by direct delivery  
and at select retailers

[www.villagefinest.com.au](http://www.villagefinest.com.au)  
Email: [orders@villagefinest.com.au](mailto:orders@villagefinest.com.au)



**VILLAGE FINEST**

— KOSHER BUTCHER —

## **SECTION 2: CHAMETZ FREE**

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These products are produced chametz free but are of a standard that in the first instance should not be used. These products should preferably be purchased before Pesach.

These are products that have been investigated and found to be free of *Chametz*, but are not certified as such and are not up to a standard generally practiced by international kashrut agencies. These products are listed for use by persons who may not have access to certified kosher for Pesach products or are not yet ready to take upon themselves the stricter approach.

### **BAKING INGREDIENTS**

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#### **AUSTRALIAN CAROB COMPANY**

P Pure Carob Powder Roasted

#### **FARM PRIDE**

P Frozen Egg Whites

#### **KFSU**

P KFibre

#### **NIULIFE**

P Organic Coconut Flour

#### **SOLOMONS GOLD**

P Cacao Beans

P Cacao Nibs

P Cacao Butter

#### **WELLNESS ROAD (COLES)**

***ONLY when bearing code A0671***

P Australian Almond Flour

P Resistant Starch Green Banana Flour

## **BEVERAGES – POWDERED**

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### **BLACK GOLD CACAO**

P Drinking Chocolate

### **HENRY LANGDON**

P Pure Cocoa (160g tin)

### **LOVING EARTH**

P Cacao Powder

### **SOLOMONS GOLD**

P Cocoa Powder

## **CHOCOLATE & CONFECTIONERY**

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### **SOLOMONS GOLD**

P Dark Mint

P Dark Mint Cane Sugar Free

P Dark Nib

P Dark Nib Cane Sugar Free

P Dark Orange

P Dark Orange Cane Sugar Free

P Dark Velvet

P Dark Velvet 65%

P Organic Chocolate

P Smooth Dark

P Smooth Dark Cane Sugar Free

P Velvet Nib 70%

## **FISH**

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### **HUON**

P Salmon Roe

## VARDE LAKS

P Cold or Hot Smoked Salmon / with Pepper

P Smoked Salmon Party Pack

## **FRUIT – FRESH & DRIED**

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### ANGAS PARK

P Whole Dried Apricots Soft & Juicy - Pr of Turkey

### HAOMA FOODS

P Organic Dried Figs 300g - No symbol required

### PAPA ORGANICS

P 100% Australian Organic Dried Mango - No added sugar

### SUNBEAM

P Apricots

P Natural Sultanas (with no oil listed) - Pr of Australia or packed in Australia

## **FRUIT – FROZEN**

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### SIMPSON FARMS

#### ***No markings required***

P Avocado Smooth Paste

P Mango Pulp

P Premium Chunky Avocado

## **GRAINS**

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### WELLNESS ROAD (COLES)

#### ***ONLY when bearing code A0279***

P Black Chia Seeds

P Organic Black Chia Seeds

P Organic Tri Colour Quinoa

**ONLY when bearing code A0671**

P Psyllium Husks Powder

## **MILK & MILK PRODUCTS INCL. LACTOSE FREE**

***Paul Skinny Skim milk is not acceptable. Flavoured milk is NOT ACCEPTABLE unless bearing a reliable hechsher and specifically indicating Kosher le Pesach. Lactose free milk where the ONLY additive is the enzyme may be used for Pesach but should be purchased before Pesach.***

### **BLACK & GOLD**

D Lactose Free Full Cream Milk UHT

D Lactose Free Low Fat Milk UHT

### **COLES**

**ONLY when bearing vendor code A0529**

D Australian Lactose Free Full Cream Milk UHT

### **W (WOOLWORTHS)**

**ONLY when bearing vendor code 83591**

D Lactose Free Full Cream Milk

D Lactose Free Light Milk

## **NUTS**

### **COLES**

**ONLY when bearing vendor code A0965**

P Australian Roasted Almonds

### **MARQUIS**

P Macadamias

[www.marquis.com](http://www.marquis.com)

### **NOYA**

P ABC Chia Spread

P Almond Chia Spread

P Organic ABC Spread

P Organic Almond Spread

P Organic Cashew Spread

## **OIL**

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### **COBRAM ESTATE**

P Australian Extra Virgin Olive Oil

P Australian Extra Virgin Olive Oil Light Flavour

P Australian Extra Virgin Olive Oil Classic Flavour

P Australian Extra Virgin Olive Oil Robust Flavour

P Australian Extra Virgin Olive Oil Limited Release

### **COLES**

P Australian Extra Virgin Olive Oil

### **MACADAMS**

P Australian Virgin Macadamia Oils

2.5L Cold pressed. Available from [www.marquis.com](http://www.marquis.com)

### **PROCHEF**

P Australian Extra Virgin Olive Oil Spray - Full Fruity Flavour

## **SYRUPS**

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### **NIULIFE**

**ONLY when bearing Kaust Melbourne Kashrut Logo**

P Coconut Syrup

## **TEA**

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**WARNING: Instant Tea may not be used without a reliable hechsher.**

Herbal Teas come in two forms. The first is pure leaf with no additives such as pure chamomile or pure mint leaves. These are acceptable for Pesach (Many people have a custom to use only tea made under supervision). Herbal teas that come with multiple ingredients including flavours should not be used for Pesach unless under a reliable kosher certification.

# DJ&A



## KOSHER FOR PASSOVER

### USE FOR ALL YEAR ROUND

# QUINOA CHIPS



Sea Salt 120g  
Rosemary & Thyme 50g  
Broccoli 50g  
Curry 50g

## SPREADS

Chocolate Spread 200g  
Hazelnut Spread 200g  
Almond Cashew  
& Honey Spread 200g  
Walnut & Date Spread 200g



### AVAILABLE AT

Krinsky's  
173/175 Bondi Rd,  
Bondi, NSW 2026

IGA Supamart Rose Bay  
1-5 Dover Rd,  
Rose Bay, NSW 2029

Parisi's Rose Bay  
19-21 Dover Rd,  
Rose Bay, NSW 2029

St. Ives Greengrocer  
Shop 1/235 Mona Vale Rd,  
St. Ives, NSW 2075

**SHOP ONLINE**  
[www.dja-au.com](http://www.dja-au.com)

# DJ&A



## KOSHER FOR PASSOVER

### USE FOR ALL YEAR ROUND

# GRANOLA



**Chocolate  
Coconut 130g**



**Chocolate  
Almond 130g**



**Apple  
Crumble 150g**



**Chocolate  
Hazelnut 150g**



**Burnt Figs  
& Walnuts 150g**



**Coconut 150g**

### AVAILABLE AT

Krinsky's  
173/175 Bondi Rd,  
Bondi, NSW 2026

IGA Supamart Rose Bay  
1-5 Dover Rd,  
Rose Bay, NSW 2029

Parisi's Rose Bay  
19-21 Dover Rd,  
Rose Bay, NSW 2029

St. Ives Greengrocer  
Shop 1/235 Mona Vale Rd,  
St. Ives, NSW 2075

**SHOP ONLINE**  
[www.dja-au.com](http://www.dja-au.com)

## **SECTION 3: DETERGENTS AND OTHER INEDIBLES**

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These are products that are either inedible or not for human consumption such as detergents or plastic plates. These are products that because of their very nature do not necessarily pose a kosher for pesach problem and do not need formal kosher certification.

### **ARTS AND CRAFTS**

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X Play Doh is chametz and is not permitted to be played with during Pesach.

X Clag Paste is chametz and is NOT PERMITTED during Pesach.

Clag Hobby Glue (Arts & Crafts PVA Adhesive) is acceptable for Pesach.

Bostik Blu-Tack, Bostik Colour - Tack and UHU Glue Stick are acceptable for use during Pesach.

### **CLEANERS AND GLOVES**

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#### **CHUX**

Cloths, Robuste, Superwipes, Heavy Duty Scourer Pad, Heavy Duty Scourer Sponge, All Purpose Scrub Sponge

#### **ECOLAB**

Easi Oven & Grill Cleaner

Steel wool without soap is acceptable.

Latex and vinyl gloves are usually lined with wheat starch or other powders that are of chametz origin. Powder free gloves should be used ONLY

#### **ANSELL RUBBER GLOVES**

Powder free (Not disposable handy gloves)

### **DETERGENT**

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#### **ACTICHEM POWERFUL CLEANING SOLUTIONS**

Freecall 1800 108 800 | [www.actichem.com.au](http://www.actichem.com.au)

AP110 Rhino Degreaser

AP135 All Purpose Cleaner

AP210P Klenzmatic Passover Special Auto Dishwashing Liquid

AP215P Ultramatic Passover Special Dishwashing Liquid

AP220 Spotless P - Special Rinse aid

AP343 Hand Sani Soap - Sanitiser Soap

AP685 No Rinse Sanitiser - Sanitiser Spray

AP863 Vegsan L - Sanitising Wash for Fruit, Vegetables & Cutting Boards

AP439 BIOSAN II - Disinfectand and Decontaminant

### **ASTORIA PAPER PRODUCTS**

Automatic Dishwashing Powder and Liquid

G.P. Cleaner

Soap on Tap

### **CHEMICAL CLEANING - PH: +61 2 9789 3188**

Big Chance

Blue Boy

Golden Wash

Sodium Hypochlorite

Kloroclean

Sani-Plus

Sani-San

Supreme

### **DIVERSEY AUSTRALIA**

Ph: +61 2 9757 0376

Divos 2

Divos 110

### **ECOLAB**

Ph: +61 2 8870 8227

Acidblend N450

Alkblend S300

Biochlor

Commercial Clorize 12.5%  
Ecoshine  
Geosystem 9000 Solid Fusion  
Kitchen Pro Foaming Cleaning Destainer  
Inspexx 125  
Oxonia Active  
Prochlor  
Solid Power  
Solid Power NP  
Solid Power XL  
Sureshot Fruit & Veg Treatment  
Ultra San  
Ultrasil 25  
Ultrasil 75  
Viva

### ENVIROCLEAN

P Fruit & Veg Wash

### FAIRY

All-in-1 Green & Blue Fairy  
All-in-1 Yellow & Blue Fairy  
All-in-1 Lemon  
Light Blue & Dark Blue Fairy  
Platinum All-in-1 Yellow  
Platinum Plus Yellow  
Platinum Plus Dishwasher Tablets Lemon

### FINISH

Dishwashing Tablets

### KOALA ECO

P Natural Fruit & Veg Wash

### TRIX

P Dishwashing Liquid - Apple, Lemon, Mint

## 7 DAWN

All varieties

## VERIDIA AUSTRALIA

Ph: 1300 228 222 | Fax: 1300 228 333 | E: athol.davis@veridia.com.au

P Accent DML - Auto Dishwashing Liquid

P Accent W35P - Dish Machine Detergent

P Accent W42P Rinse Additive

P Accent Antibac Hand Soap

P Accent K44 Hand Soap

P Accent K56 Chlorine Sanitiser

P Accent K69 Kitchen Stain Remover

## LAUNDRY DETERGENTS

Ordinary laundry bar soap detergent powders and liquid detergents may be used for the laundry purposes, but customarily are not used for dishes without being found to be kosher for Pesach. Many ironing-aids and sprays contain actual chametz (starch or chametz ethanol) and may not be used for Pesach.

**The following have been found to be chametz free.**

Crisp

Fabulon

Fabulon Lemon

Preen

Sard Wonder Spray

Sard Nappy

Sard Soaker

Sard Soap

Sard Stain Stick

Napisan

## PAIN, INK, SHOE POLISH

All inedible products may be used for Pesach.

## **PAPER & PAPER GOODS**

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Paper and paper goods (plates, paper towels, paper serviettes, etc.) are all kosher for Pesach eventhough they may contain wheat starches that are chametz.

In accordance with the letter of the law authorities consider starch in the making of paper plates as non-food nullified before Pesach and allow their use. Further more Shulchan Aruch discusses the use of starches in the making of utensils and considers that after two months the starch loses its ability to be able to leech into food products. As such if the manufacture date of the paper goods is older than two months there is no Pesach problem.

However as with all things on Pesach, where we are often stricter than the letter of the law, many do not use paper plates in contact with food unless they have a kashrut endorsement. Similarly recycled paper products are subject to this stringency, as they may be made with recycled paper pulp that contains wheat starch.

Coated paper plates produced in the United States that may contain maize cornstarch, according to most authorities are not even subject to any stringency due to maize corn-starch being only of a kitniyot origin.

All Aluminium foil rolls are produced without question in a manner that allows their use on Pesach.

While Aluminium foil containers used to be coated with either non-kosher or chametz lubricants this appears to now no longer be the case and all foil containers may be used. If one wishes to be strict they should be rinsed before use. Foil containers product of the USA are according to the OU all ok.

In general plastic tablecloths, plastic bags, plastic plates, plastic bowls, plastic cups, plastic cutlery, expanded polystyrene (foam) cups and paper cups (hot or cold) are produced chametz - free. Note however that some plastic tablecloths and some plastic bags do come with a fine powder film and this is quite common; care should be taken as the powder may be chametz starch.

All bamboo pulp crockery and cutlery is suitable for Pesach use. All sugarcane pulp crockery and cutlery is suitable for Pesach use.

For those wishing to be extra stringent the following branded and non-branded products have been investigated and found to be chametz - free based on information supplied by the manufacturer. They have not been produced under supervision.

## **ALPEN CATERING COLLECTION**

Napkins, Table Cloths

## **AARDVARK**

P Paper Straws

## **BETA BAKE**

Ph:02 9697 2499

Premium non stick baking and cooking paper.

## **BIOPACK**

Wooden Cutlery

Sugarcane Plates & Bowls

## **BETALEAF**

P Palm Leaf Plates and Bowls

## **CAFE EXPRESS - COSTCO**

Hot/Cold Cups

## **CAPRAL**

Aluminium foil

## **CAPRICE**

Serviettes, Table Covers, Paper Towel

## **CARTER HOLT HARVEY/SCA HYGIENE AUSTRALASIA**

All Paper Products

## **CAST AWAY**

Easy Bake

## **CLING WRAP**

All acceptable.

## **COLES**

Baking Paper

Paper Towels

Serviettes

Foil

### CONFOIL

All Semi Rigid Aluminium Foil Products

All Paper Tray Products

### COST SAVER

Paper Towel

### CREATIVE EXPRESSIONS

All products

### DEEKO

All Paper, Serviettes, Towel and Tissue products

### DETPAK - (SUGAR CANE ECO FRIENDLY)

All Hot Cups, Straws, Tableware

### ECO STRAW

All Products

### GILBERT FOIL

Aluminium Foil

### GLAD

Oven Bags and Baking Paper, all Plastic Bags, Freezer - Go Betweens

### HANDEE

All products

### HYGENEX

All Paper and Paper Towel and Tissue products

### KAAL

Aluminium Foil

## **KIRKLAND**

All paper and aluminium products with an OU

## **KLEENEX**

Paper Towel, Tissue

## **MULTIX**

All Products

## **ONE TREE**

All Tableware

## **OSO**

Oven Bags

## **PAREGO**

Serviettes

## **PUREX**

All Paper products

## **SCOTT**

Tissues & Paper Towel

## **SPECIAL OCCASIONS**

All products

## **SORBENT**

All paper products

## **THICK & THIRSTY**

Paper Towels

## **VIVA**

Paper Towels

## **COSMETICS & TOILETRIES**

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Many cosmetics and toiletries, particularly liquids, contain ethanol and other ingredients manufactured from grain derivatives, which are chametz. In general, all talcum, baby, face and foot powders, eye shadow, hand lotions, cold cream, eye liner, mascara, blush and rouge, and similar “solid” or “lotion” or “cream” products that are not fit for human consumption are permitted to be used on Pesach, even if containing chametz. However one must be certain that they are not fit for human consumption. They do not have to be unfit for animal consumption. Products that contain visible oatmeal flakes should not be used as the oatmeal can be separated and theoretically made edible after washing.

Perfumes and liquids such as cologne and au de perfume usually contain ethanol and may indeed be edible. Therefore unless the inedibility of the final product can be determined they may not be used. Deoderants and Hairsprays, while maybe containing ethanol, are almost certainly inedible.

Special care should be taken in regards to “corn starch” powder as it may be “wheaten corn starch” which is chametz. Only maize corn starch powder is acceptable (Kitniyot).

Some people have the custom not to rely on the inedibility of a product and use only products that contain no chametz whatsoever. The following groupings list such products that according to information provided by the manufacturers are found to be chametz free (whether inedible or not).

## **COSMETICS**

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All the products of the following brands contain no chametz whatsoever unless indicated otherwise. This list comprises perfumes and colognes, make-up, make-up remover, lipstick and nail-care products.

They are permitted whether inedible or not.

## **EYE PRODUCTS**

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All products are acceptable

## **LIP PRODUCTS**

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### **BOBBI BROWN**

All lip products

### **CLINIQUE**

All lip products

## ESTEE LAUDER

All lip products

## MAC

All lip products

## MAX FACTOR

Color Elixir Lip Gloss, Lipfinity Bullet, Lipfinity 2 Step, Colour Intensifying Balm, Colour Effects Lip Gloss

## MICHAEL KORS

After Sun Lip Balm, Island Bermuda Lip Gloss, Lip Lacquer, Lip Luster

## REVLON

Super Lustrous, Colorstay, Colorburst, Kiss Balm, Ultra High Definition

## **FACIAL PRODUCTS**

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All products are acceptable provided they are inedible

## **PERFUMES**

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### CLINIQUE

### DONNA KARAN

### ESTEE LAUDER

### MICHAEL KORS

### TOMMY HILFIGER

### YARDLEY

## **CONTACT LENS CARE**

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All products are acceptable

## **HAIR CARE PRODUCTS**

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All products such as shampoo and conditioners are acceptable

## **HAND CARE PRODUCTS AND HAND SANITISERS**

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All inedible creams lotions and gels are acceptable.

AQIUM

COLES

Hand Sanitiser with Aloe Vera

DEBUG

DETOL

ULTRACLEAN

## **PERSONAL HYGIENE PRODUCTS**

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The following deodorants are acceptable whether edible or not.

ADIDAS

BRUT

DOVE

DOVE MEN

GARNER

LOREAL MEN

LYNX DEODORANT SPRAY

Deodorant sprays ONLY. Body Sprays are not recommended

MITCHUM

MUM

NIVEA

NIVEA MEN

NORSCA

NORSCA MEN

REXONA

REXONA MEN

SIMPLE

Pure Deodorant Aerosol

## **TOOTH CARE**

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Toothpaste with a Kosher for Pesach hechsher should be used. Where

these are unavailable, some authorities permit the use of other toothpastes that are not suitable for human consumption. Toothbrushes should be changed for Pesach.

### **ORBITAL**

Alpine Fresh Whitening Toothpaste with Flouride & Mint

### **JACK & JILL**

Natural Toothpaste Bubblegum

### **ORAL B**

3D White Luxe Diamond Strong

3D White Luxe Glamorous White Toothpaste

3D White Luxe Perfection Toothpaste

3D White Whitening Therapy Enamel Tooth Care

### **SENSODYNE**

Complete Care Extra Fresh Toothpaste

Complete Care Toothpaste

Sensitive Teeth Pain Rapid Relief Extra Fresh

Sensitive Teeth Pain Repair & Protect Extra Fresh

Sensitivity & Gum Care

Sensitivity & Gum Extra Fresh

Teeth Pain Repair & Protect Toothpaste

## **DENTAL FLOSS**

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Unflavoured and unwaxed.

## **DENTURE CARE**

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These cleaning agents should not be used in the passover sink and the denture should be thoroughly rinsed before use.

### **POLIDENT**

Denture Adhesive Cream

Denture Adhesive Cream Flavour Free

Denture Adhesive Cream Fresh Mint  
Max Seal Denture Adhesive Cream  
Whitening Denture Cleanser Tablets

### **STERADENT**

Active Plus Denture Cleaning Powder  
Denture Cleaning Paste Fresh Mint  
Denture Fixative Cream Sensitive  
Ultra 3 Denture Fixative Cream

## **MOUTH WASH**

***Mouthwash usually contain sorbitol which may be derived from Chametz***

### **HEALTHY CARE**

Propolis Fresh Breath Spray

### **KOKONUT PACIFIC SOLOMON ISLAND**

Coconut Mouth-Oil Pulling Mouth Wash - 100ml, 500ml

### **ORAL B**

3D White Luxe Diamond Strong Clean Mint Mouthwash  
Clinicals Mouth Rinse  
Pro Health Mouth Rinse  
Pro Health Multi Protection Anti Plaque Mouthwash Refreshing Mint

### **THERABREATH**

Icy Mint Oral Rinse

## **TOOTHPICKS**

Any unflavoured varieties may be used.

## **PET FOOD**

**NOT FOR HUMAN CONSUMPTION**

Products listed in this category have been checked to ensure that there are

no issues of bassar v' chalav: are not made up from mixtures of meat and milk and do not contain any of the five grains wheat, barley, spelt, oats and rye or their derivatives.

NOTE: Even if one sells one's pet and their petfood, it is forbidden to feed any animal chametz on Pesach.

## **CANARIES/BUDGIES**

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Pannicum seed

Plain canary seed

Sunflower seeds, Millet, Sorghum, Peanuts

Trill Bird seed

## **FISH**

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Brine shrimp

Daphnia & tubifex (live or frozen).

## **CAT**

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### **ADVANCE**

Chicken and Liver Medley

Chicken and Salmon Medley

Delicate Tuna

Dental Adult

Hairball

Indoor Adult

Kitten Growth Chicken

Kitten Plus Growth Chicken

Light Adult Chicken

Mature Cat Chicken

Succulent Turkey

Tender Chicken Delight

Total Wellbeing Adult

Total Wellbeing Fish

## ARTEMIS

Osopure Grain Free Feline Range

## CANIDAE

Grain Free Pure Control

Grain Free Pure Sea

Grain Free Pure Foundations

Grain Free Pure Ocean

Grain Free Pure Elements

Grain Free Pure Stream

## IAMS

Purrfect Delicacies Beef with Salmon Dinner in Gravy

Purrfect Delicacies Succulent Chicken Breast Entree in Gravy

Purrfect Delicacies Succulent Chicken Breast with Beef Entree in Gravy

Purrfect Delicacies Succulent Chicken with Shrimp Dinner in Gravy

Purrfect Grain Free Succulent Chicken Breast with Tuna Recipe

Purrfect Grain Free Flakes in Sauce, Saucy Mackerel with Whitefish Dinner

Purrfect Grain Free Flakes in Sauce, Saucy Oceanfish & Tuna Dinner

Purrfect Grain Free Flakes in Sauce, Saucy Tuna with Salmon Dinner

## NUTRO NATURAL CHOICE

Adult Wholesome Essentials Chicken

Adult Wholesome Essentials Salmon

Adult Wholesome Essentials Kitten

## ZIWI PEAK

All Cat Breeds - All Life Stages New Zealand Rabbit & Lamb Recipe (can)

New Zealand Free Range Chicken Recipe

## **DOG**

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## ADVANCE

Active All Breed Chicken

All Breed Chicken, Turkey, Rice

All Breed Casserole Lamb  
All Breed Chicken, Salmon, Rice  
Dental Large + Breed Chicken  
Small Medium Breed Chicken  
Mature Dog All Breed Chicken  
Puppy Plus Growth All Breed Chicken Rice  
Puppy Plus Growth All Breed Lamb Rice  
Puppy Plus Growth Large Breed Chicken  
Puppy Plus Rehydratable Toy Small Breed Chicken  
Total Wellbeing All Breed Chicken  
Total Wellbeing All Breed Lamb & Rice  
Total Wellbeing All Breed Turkey & Rice  
Total Wellbeing Large Breed Chicken  
Toy Small Breed Lamb & Rice  
Toy Small Breed Turkey & Rice  
Weight Control All Breed Chicken Rice  
Weight Control Large Breed Chicken  
Weight Control Toy Small Breed Chicken

### **ARTEMIS**

Osopure Grain Free Salmon & Garbanzo Bean  
Osopure Grain Free Duck & Garbanzo Bean  
Osopure Grain Free Turkey & Garbanzo Bean  
Osopure Grain Free Bison, Salmon Meal & Garbanzo Bean

### **BARF**

Kangaroo Leg Bone

### **CANIDAE**

All Life Stages Formulas Lamb & Rice Formula Canned  
All Life Stages Formulas Multi Protein Formula with Chicken, Lamb & Fish Canned  
Grain Free Pure Elements Varieties  
Grain Free Pure Fields Small Breed with Real Chicken (Dry Formula)  
Grain Free Pure Foundations Puppy with Real Chicken (Dry Formula)

Grain Free Pure Land Varieties  
Grain Free Pure Meadow Senior with Real Chicken (Dry Formula)  
Grain Free Pure Resolve Healthy Weight with Real Chicken (Dry Formula)  
Grain Free Pure Ridge with Real Chicken (Dry Formula)  
Grain Free Pure Sea Varieties  
Grain Free Pure Sky Varieties  
Grain Free Pure Wild & Real Wild Boar (Dry Formula)  
Grain Free Pure Petite Small Breed Varieties

### HILLS SCIENCE DIET

Youthful Vitality Adult Chicken & Vegetable Stew

### NUTRO NATURAL CHOICE

Nutro Limited Ingredient Diet Adult Fish & Rice  
Nutro Limited Ingredient Diet Adult Lamb & Rice  
Nutro Wholesome Essentials Adult Farm Raised Chicken Rice & Vegetables  
Nutro Wholesome Essentials Adult Sustainably Sourced Fish Rice & Vegetables  
Nutro Wholesome Essentials Adult Pasture Fed Lamb Rice & Vegetables  
Nutro Wholesome Essentials Adult Large Breed Farm Raised Chicken Rice & Vegetables  
Nutro Wholesome Essentials Weight Management Adult Pasture Fed Lamb Rice & Vegetables  
Nutro Wholesome Essentials Puppy Farm Raised Chicken & Rice  
Nutro Wholesome Essentials Puppy Large Breed Farm Raised Chicken & Rice

## **GUINEA PIGS & RABBIT**

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### **Courtesy of Star-K**

They should be fed pure alfalfa pellets. Make sure it is pure alfalfa since it is common to add grains. Dried alfalfa may also be given. This can be supplemented with a mixture of cut-up fruits and vegetables - carrots, broccoli, grapes, apples, melon, kale, parsley, oranges, celery, sunflower seeds and cabbage.

Guinea Pigs especially will benefit from kale, parsley and oranges

Hamsters especially will benefit from apples.

## SECTION 4: MEDICINES AND BABY FOODS

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These are products that are of course fit for human consumption but because they are for infants or people who are unwell attract their own legitimate leniencies.

### **BABY FOOD**

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The feeding of an infant on Pesach is a complex matter that needs careful assessment together with your baby's doctor and nutritionist, especially as wheat from which matza is made can easily become an allergen early in life. If necessary seek advice from both your doctor and Rabbi. The Rabbi will at all times take into account the halachic dictum that the health of the baby is paramount.

Parents of babies on special medically supervised diets, which contain chametz, must contact their rabbi for directions. Again the rabbi will at all times take into account the halachic dictum that the health of the baby is paramount. If a child is on a special formula, please also consult your rabbi or The KA for advice.

Almost all manufactured baby foods contain chametz in one form or another and should only be used when bearing rabbinic supervision.

In general, when necessary, the practice not to use rice or leguminous vegetables (kitniyot) is suspended. A rabbi should be consulted. If rice and the other restricted vegetables are used they should be served in separate utensils kept only for the baby. These utensils should be washed in a sink not used for Pesach utensils.

Special care should be taken with regards to "corn starch" baby powder as it may be actual "wheat starch" and actual chametz. Only maize corn starch baby powder is acceptable (Kitniyot).

Parents of infants should not panic, Jewish families have been successfully keeping Pesach without any ill effects for literally thousands of years.

The KA has investigated the following baby formulae and these may be used if required. They invariably contain kitniyot and may contain minute amounts of actual chametz which can be considered nullified for the use of children. Utensils should be kept separate from any other Pesach utensils. If anyone needs to use a particular baby formula they should contact Rabbi Gutnick on [rabbig@ka.org.au](mailto:rabbig@ka.org.au).

***This is only for the use of infants and toddlers who cannot tolerate anything else.***

## APTAMIL

D Gold + 1

D Gold + 2

D Profotura + 1

D Profotura + 2

D Profotura + 3

D Profotura + 4

## BELLAMY'S ORGANIC

D Organic Infant Formula 1 (0 - 6 months)

D Organic Follow-On Formula 2 (6 - 12 months)

D Organic Toddler Milk Drink 3 ( 12 + months)

D Beta Genica -8 A2 Protein Organic Infant Formula 1 (0 - 6 months)

D Beta Genica -8 A2 Protein Organic Follow-On Formula 2 (6-12 months)

D Beta Genica -8 A2 Protein Organic Toddler Milk Drink (12+ months)

## KARICARE PLUS

D Infant Formula

D Follow On Formula

## NUTRICIA – NEOCATE

P Neocate LCP

P Neocate Spoon

P Neocate Junior

## SPROUT ORGANIC

P Plant - Based Infant formula 0 -12 months

## **BABY CARE**

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In general all shampoos, conditioners, soaps, powders, lotions or creams etc are acceptable due to them being inedible. Wheaten corn starch is edible and must NOT be used. It must be sold with the chametz.

Bonjella – **NOT ACCEPTABLE FOR PESACH**

Infacol Wind Drops (for Colic) are permitted for babies ONLY

\*Orased Jel

\*Panadol Children 1 month - 1 year colourfree baby drops

**Items *asterisked contain non-kosher ingredients but NO chametz ingredient, and may be used for children.***

Baby Wipes - All brands of alcohol free baby wipes may be used on Pesach.

## **MEDICINES**

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The following are guidelines for the uses of medication on Pesach for individuals who are ill:

- a. Creams, pills designed to be swallowed (not chewed or dissolved in the mouth or in water )and injections may be owned and used on Pesach even if they contain chametz, since they are a non-food and inedible.
- b. This covers most medicines used by adults. It is permissible to grind pills, even on Shabbat and Yom Tov, that are normally not designed for chewing and are therefore permissible for Pesach, and mix that powder into food items so that a child can take a required medicine on Pesach. However a doctor must be consulted to make sure that the child is getting the correct dosage and that the potency of the pill is not compromised by grinding it up.
- c. Liquid or chewable medications for children are edible and flavoured and therefore required to be Kosher for Pesach. If a pesachdik alternative can not be found one should contact their Rabbi or Rabbi Gutnick for further advice.

***Rabbi Gutnick can be contacted specifically for Pesach medication questions only, on the following dedicated whatsapp number: + 61 411 657 372***

Liquid medicines, chewable pills and pills coated with a flavoured glaze are edible and may contain chametz. Therefore:

- a. If possible, they should be replaced - under the direction of a doctor - with a non-chewable, uncoated pill.
- b. Alternatively they may be placed in a vege-capsule (available at most pharmacists including Gaslight) making it a non-food which may be a better solution than substitution.
- c. If any of the above is not possible and the person is in a state of sakanah or safek sakanah (any possible danger to human life), they may own and consume the medication. The same applies if the condition is not yet a safek sakanah but may deteriorate. A rabbi should be consulted as to whether it is preferable to purchase the medicine before or on Pesach, and as to how to dispose of the

medicine once the danger passes

- d. If **a** or **b** above are not possible and a doctor determines that there is no possibility of sakana if the person does not take the medicine a rabbi should be consulted. He may be able to determine that the medicine does not contain chametz or he may decide that the medicine may be consumed due to the nature of the patient's condition. Medicinal items which contain kitniyot are permitted for people who are unwell.
- e. While all the above rules apply, some authorities urge that when possible kosher for Pesach medications be used and this is the practice in many communities that publish detailed Pesach medicine lists. The KA also publishes a full medicine list, a copy of which is available by contacting the KA office and is also on our website. The KA also has access to additional information that may not be on the list. Please email Rabbi Gutnick on **rabbig@ka.org.au** with any specific enquiry, and we will do our best to assist.

***People should exercise extreme caution and consult with their doctor and rabbi before making any decision to not take a medicine.***

***Acceptable Medical Products:***

P Ear Drops - All brands

P Eye Drops - All brands

P Nasal & Nose Sprays - All brands

P Inhalers, Puffers, Turbulaters - All brands

P Healing Topical medical creams, Ointments, Lotions & Sprays - All brands

P Suppositories - All brands

## **SECTION 5: CATERERS, RESTAURANTS & TAKEAWAY, AIRLINE & HOSPITAL MEALS**

The following Kashrut Authority supervised caterers will be koshering their kitchens for Passover. Please contact the caterer or visit their website to download their Pesach 2025 Menu and order forms. Many have deadline dates by which orders must be placed and specific collection times and payment arrangements.

### **CAP AWAY COFFEE @ WOLPER HOSPITAL**

Ph: 0431 914 104

### **COLES – WESTFIELD BONDI JUNCTION & ST IVES**

F - Baked BBQ unseasoned Chicken - ONLY when bag is sealed with a KA Glatt Kosher for Passover - Meat numbered seal.

Orders taken by Coles Westfield BJ - 8383 4800

Coles St Ives Shopping Village

### **LEWIS CONTINENTAL KITCHEN**

W: [www.lewiskosher.com](http://www.lewiskosher.com) | E: [orders@lewiskosher.com](mailto:orders@lewiskosher.com) | T: 02 93655421

### **MANNA CUISINE**

PH: 0450 184 020: E: [info@mannacuisine.com.au](mailto:info@mannacuisine.com.au)

### **MILA CATERING**

Ph: 0478297237 / 0414 999 810

Orders: [mila.catering@gmail.com](mailto:mila.catering@gmail.com)

### **MILLEE'S DELI**

W: [millesdeli.com.au](http://millesdeli.com.au) | E: [milliesdeli@gmail.com](mailto:milliesdeli@gmail.com)

### **SOUL GOURMET**

Ph: 0422 553 493 | [alan@soulgourmet.com.au](mailto:alan@soulgourmet.com.au)

## **INSTITUTIONS**

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The following institutions will be kashering for Pesach

### **MANDELBAUM HOUSE**

### **WOLPER HOSPITAL**

### **MEALS ON WHEELS**

COA home delivered kosher meals

Ph: +61 2 9389 0035 | [www.coasydney.org](http://www.coasydney.org)

Ensure meals bear KA KLP seals

With Compliments

**SOLOMON'S**

R. SOLOMON & CO  
ESTABLISHED 1890



Part 2

# A GUIDE TO KASHERING A PESACH KITCHEN

35th Edition  
**PESACH  
GUIDE**  
5786 • 2026

# KASHERING THE PESACH KITCHEN

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In the weeks before Pesach, the house, especially the kitchen and eating areas, must be thoroughly cleaned to remove all trace of Chametz. Shulchan Aruch records and instructs that the **“people of Israel”** are particularly **“Holy”** and remove even the tiniest insignificant amounts of chametz.

Stoves, utensils, etc., used for Chametz must be kashered to be used on Pesach.

This section covers basic kitchen **“kashering”** and should be supplemented by rabbinic advice or The Kashrut Authority. All kashering, etc., must take place before the time for removal of Chametz on the day before Pesach.

## THE KITCHEN

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### CUPBOARDS AND PANTRY

1. Lock away all Chametz utensils and food in a designated cupboard or room, sealed to prevent accidental use during Pesach.
2. Thoroughly clean and preferably line all shelves.

### COUNTER-TOPS & KITCHEN TABLE

Kasher by pouring boiling water over the surface after thorough cleaning. Materials like Granite, Marble, Metal, Wood, Laminex, Formica, Caesar Stone, Quartz Resin and Corian can be kashered.

Some authorities recommend covering certain materials like Laminex, Caesar Stone, Corian and plastic surfaces.

### REFRIGERATOR

1. Removable all parts and cleaned thoroughly.
2. Preferably line shelves, ensuring air can circulate.
1. Do not use ethanol based cleaners as they may be Chametz derived.

## STOVES AND OVENS

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### GAS STOVES

1. Clean all parts thoroughly.

2. Preferably replace grates and catchment areas with new ones that are only used for Pesach.
3. If replacing is not possible, kasher grates by heating them until red hot using a blow torch or the gas stove flame.
4. Catchment areas, etc., can be kashered by heating until hot enough to scorch paper or by using the scalding process with boiling water. If using this method then the stove should not be used for 24 hours. A few nuts and bolts or rocks should be heated until red hot and placed on the stove top and boiling water poured all over the surface moving the heated bolts over the entire area.
5. Clean all parts, reassemble the stove, and turn all gas jets. Cover the flames with a metal sheet to kasher the stove.
6. Kasher solid parts of the stovetop and backplate as mentioned above or cover with a double layer of strong aluminum foil.
7. Clean and cover stove knobs.
8. Some authorities do not permit kashering of enamel parts. Therefore, enamel stovetop and enamel catchment areas should preferably be covered with two layers of foil or a Pesach Blech, after kashering. If this is not possible, the "light glowing" method will suffice.

### **ELECTRIC STOVES**

1. Kasher tops and catchment areas like a gas stove.
2. Turn rings to full heat to make them red hot.
3. Kasher the centre knob or cover with a double layer of aluminum foil.
4. Ensure foil does not come in contact with exposed wires.

### **CORNINGWARE STOVE TOP**

1. Turn to the highest setting for ten minutes.
2. Pour boiling water on the portions between the burners, and cover with a Pesach Blech or 2 layers of aluminum foil.

### **GLASS TOP STOVE TOP**

Kasher by turning on full heat for a half-hour and cover with Pesach blech or aluminum foil.

### **INDUCTION STYLE STOVE TOPS**

Pour boiling water over the entire surface and cover with silver foil. If the model allows, run the element while covered. Otherwise please contact or rabbi or Rabbi Gutnick for further instruction.

## OVENS

1. Preferably clean the oven and do not use it at all during Pesach, due to cleaning difficulty.
2. If the oven must be used, thoroughly clean all removable parts, & the interior walls.
3. Turn the oven on to maximum heat for an hour with shelves inside.
4. For extra caution, kasher grates or shelves by heating them until red hot using gas flames.
5. A griller tray or any surface upon which food was placed directly, should only be kashered by the full “glowing” process.
6. Many authorities do not permit the kashering of enamel so cover enamel walls foil or an insert.

## PYROLITIC OVEN

1. A Pyrolitic Oven that undergoes a cleaning cycle is considered fully kashered.
2. The racks not in the oven during the cycle must be kashered separately as in “Ovens” points 3 & 4 above.

## MICROWAVE OVENS

1. Preferably do not use them.
2. If necessary, clean the oven and not use for 24 hours. Place a glass of hot water in the oven, and turn it on to steam the entire oven.
3. Wiped down with a clean cloth and cold water.
4. Cover trays with a double layer of Glad Wrap after kashering.

## WARMING TRAY

Kasher metal electric warming trays or glass top warming trays by cleaning, turning on full for one hour, and covering with two layers of silver foil.

## **SINKS**

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### METAL SINKS

1. Clean the whole sink and the drain area thoroughly, and do not use for warm or hot liquids for 24 hours before “kashering”.

2. If the crevice where the drain sieve is attached to the sink cannot be thoroughly cleaned, the “light glowing” method should be used at the crevice. (see Gas Stoves 4a. Above).
3. Pour bleach into the sink and crevice around the drain, wait ten minutes then rinse thoroughly.
4. Heat a few nuts, bolts or small pieces of rock then place them in and on the sink and pour boiling water over the entire sink and draining area as well as on the taps. The sink and draining area should then be washed down with cold water.
5. If only liquid chametz was poured into the sink kasher using boiling water from a kettle.
6. Remove or replace the small strainer on the end of the tap for Pesach
7. Do not use Methylated spirits for kashering.
8. **Porcelain & Earthenware Sinks:** cannot be kashered. Pour boiling water over them, cover and use bowls or metal inserts for washing up.

## **APPLIANCES**

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### **DISHWASHERS**

Do not kasher for Pesach due to cleaning difficulty. In case of need consult your rabbi or The Kashrut Authority.

### **MIXERS AND KITCHEN WHIZZES**

1. Preferably do not use.
2. If necessary, purchase new beaters, blades, and bowls. .
3. Clean the machine body cleaned and preferably cover it.

### **ELECTRIC ROTISSERIES, BROILERS**

Do not kasher. In case of need consult your rabbi or The Kashrut Authority.

### **NESPRESSO/COFFEE MACHINES**

Use only kosher le Pesach Nespresso coffee blends:

Clean all surfaces and storage containers, then, descale as per the express instructions, run water through the machine twice, then leave for 24 hours.

Dip your milk warmer in boiling water or bring water to the boil in it, and over the edges.

Pour boiling water from the kettle directly over the spout. For assistance, call Nespresso technical support.

## **KITCHENWARE**

Kitchenware not being kashered should be stored away and sold with the Chametz. (See Selling the Chametz)

### **DISHES**

***Porcelain, earthenware or china or utensils which may be ruined when immersed in boiling water; cannot be “kashered” and must be stored away during Pesach.***

### **ENAMELWARE**

Treat enamel pots and pans as Earthenware; they should not be kashered for Pesach. Enamel baking dishes should not be kashered. In case of need they may be kashered with the light glowing method. .

### **GLASSWARE AND CORELLE**

1. Glassware used for cold/luke-warm food can be kashered by soaking in cold water for 24 hours and changing water 2 more times. for a total of 3 x 24 hours.
2. Glassware, Pyrex and Corelle used for hot Chametz or strong Chametz beverages such as whisky, cannot be kashered and must be stored away and not used.

***The Sephardi community has differing customs in regards to glassware. Please contact your Rabbi for advice.***

### **METALWARE, CUTLERY, POTS & PANS ETC.**

1. Metal utensils - except those used for baking or frying - can be “kashered” by the “scalding process”. after thoroughly cleaned and not used for 24 hours..
2. Boil a large pot of water; kasher a Chametz pot first if needed.
3. Immerse utensils in boiling water using a string bag. Rotate large utensil part by part until its entire surface has been immersed. Utensils should remain in water until boiling resumes, then rinse with cold water.
4. For large pots boil water in the pot, drop in a heated stone, and let boiling water run down the rim. Rinse with cold water.

5. Kasher lids by immersion in boiling water after thorough cleaning.. Unscrew handles and knobs for separate kashering or pour boiling water over joints if unscrewing is not possible.
6. Metalware with joints or engravings needs meticulous cleaning and kashering by the 'light glowing' method. Heat the crevice until the other side of the metal becomes hot enough to scorch paper.
7. Clean pots with tightly curled rim and then the "light glowing" method employed on the rim. This can be done by slowly rotating the rim of the pot over the fire. Kasher hinged pot cover using the light glowing method.
8. Re-kasher the pot used for kashering.
9. The light glowing method can be an alternative to the scalding method.
10. **Baking tins, frypans, rotisseries and spits**, used with no liquid or very little liquid must be caused to glow red hot. Preferable purchase new one for Pesach. Frypans used for deepfrying only may be kashered with either the "scalding" or "light glowing" method.
11. **Non-stick frypans** with plastic teflon coating cannot be kashered. A non-stick frypan with a ceramic or stone based coating can be kashered by causing to glow red.

## **PLASTIC**

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1. Preferable buy new plastic utensils for Pesach. However, plastic utensils not been used in direct cooking on the stove may be kashered as follows:
2. For utensil used with very hot liquids/foods, thoroughly clean and kasher by the "scalding process". If this may damage the plastic, it is sufficient to pour the boiling water directly from the pot or kettle, over the utensils.
3. Utensils used only for cold storage should be kashered by soaking as outlined under Glassware.
4. Utensils used for hot and cold storage must use both methods (2 and 3).
5. Plastic utensils with scratches and cracks cannot be "kashered".

## **WOOD**

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Wooden utensils can be "kashered" by the "scalding process" outlined for Metalware, but they must be thoroughly clean, and if necessary, sanded.

## **GARBAGE BINS**

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Clean before Chametz removal. If garbage is not collected, leave the bin outside, deem contents ownerless and include it in the “Kol Chamira” before the hour of the removal of Chametz. Empty your vacuum cleaner bag!

## **TEA TOWELS, OVENMITTS AND POTHOLDERS**

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After thorough laundering, and if not embroidered, these are permitted for use for Pesach. However, it is preferable to obtain a new set.

## **TABLECLOTHS**

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Non embroidered tablecloths, used for Chametz can be laundered and used for Pesach. Embroidered tablecloths cannot be kashered for Pesach. Preferably buy new tablecloths for Pesach. N.B. Starch is usually Chametz.

## **STONEWARE**

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Utensils made of actual whole stone can be kashered like metalware however, stoneware (which is made from ground stone) cannot be kashered.

## **SIEVE**

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A sieve or strainer may not be kashered for Pesach.

## **TEVILAT KEILIM**

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New or kashered utensils purchased from a gentile require toivelling in a Mikvah or body of water. Kosher utensils that remain the property of a gentile do not need tevilla. Tevilla is required when the utensils pass from the gentile to Jewish ownership. Only metal and glass (which includes corelle and corningware) require tevila min hadin. China, wood and plastic do not require tevila, but many toivel china without a bracha. Some toivel plastic as well.

While min hatorah (biblically) only metal requires tevila, chazal required glass to be toiveled because, glass can be melted and repaired as metal.

In contrast, plastic melts and burns, and therefore it does not require tevila. While in previous ages china may have actually been made with a glass coating, modern - day china contains no glass coating whatsoever. It cannot be melted and cannot be repaired with heat. The shine cannot be construed to be a layer of glass, therefore, mai'ikar hadin it does not require tevila. The above is a very important principle to be aware of. Firstly, it makes the process of kashering a kitchen easier. Secondly, you can sometimes be confronted by a situation where someone has a kosher home but you know that the owner has not toiveled their dishes. While failure to toivel does not render the food non-kosher, it is questionable whether one can drink water from

a glass in such a home. But a hot cup of tea in a china cup would pose no problem whatsoever!

Of course, electric keilim pose a unique set of problems, as electricity and water do not go together. The most lenient view is that of the Chelkas Yaakov. He is of the opinion <sup>1</sup> that since electrical appliances are plugged into the wall, they are not mekabel tum'ah and therefore do not need to be toiveled. However, even he argues <sup>2</sup> that this would only apply to a George Foreman or toaster, because they have no other use other than when they are plugged in, in contrast to a kettle or urn that can be used independently to store water so the heter does not apply.

Many poskim disagree with this "plug-in" heter. Instead they suggest that if a keili cannot be toiveled, it should be given as an absolute gift to a non Jew and then borrowed back for use by the Jew. This circumvents the tevila requirement, because keilim owned by a non Jew do not require tevila. While this may appear to be a case of legal fiction, however when combined with the view of the Chelkas Yaakov, there is a sound heter to avoid tevila. However as stated, the Chelkas Yaakov does not apply his heter to urns and similar utensils.

It is, however, possible to toivel many electrical appliances in the following manner. The key is to ensure that the item is completely dry before attempting to use it. Once the item has been toiveled (and all it needs is a single dip), the water should be shaken off of it and it should be left to completely dry.

A George Foreman can be toiveled in the mikvah and then allowed to dry for several days in a warm, dry area. If one is in more of a hurry to use the appliance, a hair dryer can be used to dry it faster. If, after drying, the appliance blows a fuse when it is plugged in, it is a sign that it must be left to dry for longer. Similarly, devices that do not have the "plug-in" heter, such as kettle, urn or electric frying pan, can be toiveled in the the same way. The longer the keili is left to dry, the better the chance of avoiding damage, as long as the water is shaken off immediately after the tevilla.

A toaster has a more delicate electrical structure and the water will likely cause permanent damage. Similarly, if the part requiring tevila has an LED or LCD screen, it will likely be ruined by the water. In such cases, the "plug-in" heter together with giving the item as a gift to a non Jew is the best way to allow use of the vessel. For reasons too detailed to go into here some authorities opine that a vessel that will definitely be ruined by tevilla, does not require tevilla at all. Similarly some opine that a toaster does not need tevila at all as it is purely used to toast and is not used as a serving utensil at the table.

Another method is to dismantle and rebuild the utensil, removing the tevila requirement as the keili is now built by a Jew. This method is complex and should be discussed with a rabbi.

Bases of appliances that do not come in contact with food - for example, the base of a blender or mixmaster - do not require tevila.

Sources: 1. Responsa Yoreh Dei'ah 41 | 2. ibid. 4

Part 3

# THE MITZVAH OF DISPOSING OF CHAMETZ

35th Edition  
**PESACH  
GUIDE**  
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# THE MITZVAH OF DISPOSING OF CHAMETZ

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Besides the prohibition of eating Chametz on Pesach, there is a Biblical obligation to remove all Chametz from one's possession.

## PRE-CLEANING THE HOME FOR PESACH

Before Pesach, thoroughly clean the home remove Chametz. Here is a checklist of places to look for Chametz.

- Arts and crafts supplies (sometimes made with chametz, e.g.noodles, barley, play-doh)
- Attic
- Baking supplies (baking pans, etc.)
- Bar
- Basement
- Bathrooms
- Bedrooms
- Behind furniture (See 1)
- Benchers (Grace After Meals booklets) (See 2)
- Bicycle baskets
- Bird cage
- Bird food
- Biscuit tin
- Books (See 2)
- Bread box
- Briefcase
- Broom (shake out)
- Cabinets
- Cake tin
- Candle sticks and tray
- Car (between and under seats, boot, glove compartment, ash trays, baby seat, under car mats, in station wagon)
- Carpet (underneath if not wall-to-wall or if torn)
- Carpet sweeper
- Clothing (pockets, cuffs)
- Crawl space
- Cook books
- Cosmetic bag, drawer, shelf
- Cot
- Cuffs
- Cupboards
- Desk drawers
- Detergent shelves (where detergents are kept)
- Dining room
- Dining room buffet
- Dining room table, chairs
- Dishwasher
- Drawers
- Electric broom (check bag)
- Factory
- Fish tank
- Freezer
- Garbage
- Garbage cans (outside)
- Hallway

- Handbags
- High chair
- Jewellery box
- Kitchen
- Kitchen table, chairs
- Locker
- Lunch box
- Mailboxes
- Medicine chest
- Milkbox
- Office
- Oven
- Pantry
- Perfumes
- Pet food
- Pet house
- Playpen
- Play room
- Pockets
- Porch
- Pram
- Purse
- Radiator (behind and under)
- Refrigerator (See 1)
- Safe
- School bags, books, locker & desk
- Sefarim (books) (see 2)
- Shelves
- Shopping cart
- Sink (behind and under)
- Stairs (between and under)
- Storage bin, room
- Storage shed
- Store
- Stove
- Stroller
- Study
- Suitcases
- Tallit bag
- Travel bags
- Toy cars, wagons and riding toys
- Toy furniture
- Toys, toy chests
- Truck, see: Car
- Wallet
- Window sills
- Work bench
- Work shop
- Vacuum cleaner bag (empty out)
- Zemirot booklets

1. Furniture or appliances, covering Chametz (eg. refrigerator, stove) and can be moved - should be moved. If you can't move it during the Bedikah (search for leaven) rely on the cleaning done before. Nullification, is required.
2. Some authorities hold that Sefarim and books require Bedikah (searching) or locking away. Others say Bedikah is not required, one should not bring to the table on Pesach a volume, which may have been used around Chametz. Benchers and Zemirot booklets should not be used during Pesach. They should be put away with the Chametz which is sold to a non-Jew.

# SELLING THE CHAMETZ

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Chametz must not remain in one's possession over Pesach. If you have stocks of Chametz, which cannot be removed or destroyed arrange for it to be sold to a non-Jew.

The sale is carried out legally by a rabbi and should be done before the Eve of Pesach. Chametz must be stored away, locked and inaccessible during Pesach. Inform the rabbi of where the Chametz lies. Business premises must also be cleaned or sold.

A Sale of Chametz form is attached to this booklet or may be obtained from The Kashrut Authority or downloaded from our website.



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# SEARCH FOR AND REMOVAL OF CHAMETZ (BEDIKAT & BITUL CHAMETZ)

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The final search for the Chametz by candlelight takes place this year on Thursday evening, immediately after nightfall. The search must be conducted in all seriousness and the house given this one final check for Chametz, even though a thorough cleaning has been carried out beforehand.

It is customary to place ten small pieces of Chametz around the house. (Care should be taken that they should not crumble). Some have a custom to wrap them in paper. A candle is taken and the special blessing recited. (Details can be found at the beginning of a Haggadah). The search then begins; during the search the ten pieces of Chametz are customarily swept into a paper bag by means of a feather. Only Chametz to be used the next morning can be left and put aside in a secluded and guarded spot. After the search a statement is recited that nullifies and makes ownerless all undiscovered Chametz. This is an important statement and negates any possibility of inadvertently possessing Chametz over Pesach. It should be read in any language that one understands.

It reads as follows:

***“All manner of leaven (Chametz) that is in my possession that I have not seen or have not removed, or have no knowledge of, should be null and disowned as the dust of the earth.”***

Chametz may not be eaten after Shabbat mid-morning on the day before Pesach. Then all leftover Chametz should either be disposed of. See ***“Erev Pesach That Falls on Shabbat” Booklet***. After disposing of the Chametz the following statement is recited with all sincerity.

***“All manner of leaven (Chametz) that is in my possession that I have seen or have not seen, that I have removed or have not removed, shall be null and disowned as the dust of the earth.”***

## **REMEMBER:**

***Always burn the Chametz in a safe manner. Keep children a safe distance from the fire and never throw flammable liquids directly onto a fire. The fire should remain under adult supervision until it is completely burned out. Any burn should be immediately treated by being placed under cold water for twenty (yes twenty) minutes. Seek medical advice***

# ERUV TAVSHILIN

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Don't forget to make an Eruv Tavshilin this year on the eve of Pesach, Wednesday the 1st of April.

Please cut this page out and hang it on your wall or fridge to remind you to perform the Eruv. In order to avoid forgetting one may even make the Eruv on Wednesday night as well.

The prohibition against the performance of labor on the Festivals (Exodus 12:16) specifically excludes preparation of food and that is why we are permitted to cook on Yom Tov. However, it is still forbidden to prepare food on a festival for use on one day for the next or from Yom Tov to a week day. This would mean that when a Festival falls on Friday, it would not be permitted to prepare food on Friday needed for Shabbat.

The Rabbis considered that an undue burden so they permitted one to cook on Friday for Shabbat. Nevertheless, in order to prevent the impression that one may cook on a Festival for the next day, the Rabbis attached a condition to preparation of Sabbath meals on a Festival - i.e. such preparations may not be made unless they were begun before the Festival (Pesachim 46b). In other words, if a Festival falls on Friday, preparations for the Sabbath meal must begin on Thursday (Wednesday, if a festival is on Thursday and Friday). This preparation is effected by the performance of an eruv tavshilin, literally, mingling of cooked foods. The eruv consists of a matzah, along with any other cooked food (such as fish, meat or an egg) that are set aside on the day before the Festival to be eaten on the Shabbat. The eruv foods are held in the hand (Orach Chaim 527:2) and a blessing is recited. Since the person setting the eruv must understand its purpose, the accompanying declaration must be said in a language he understands.

The food is handed to another member of the Household other than the person making the Eruv who has in mind to acquire the food on behalf of all members of the household and anyone else wishing to rely on this eruv. The one making the Eruv recites.....

***I hereby grant a share in this Eruv to anyone in this city, who wishes to participate in it and to depend upon it.***

The one to whom the Eruv food was handed raises them a tefach (hands breadth) which is the manner in which the food is acquired for all the participants, and then returns them to the one making the Eruv, who recites the following blessing and formula:

**ברוך אתה ה' אלקינו מלך העולם אשר קדשנו במצותיו וצונו על מצות ערוב**

***Blessed are You, Lord our G-d, King of the universe, who has sanctified us with His commandments, and commanded us concerning the Mitzvah of the Eruv.***

Through this it shall be permissible for us to bake, cook, to put away (a dish to preserve its heat), to kindle a light, and to prepare and do on the Festival all that is necessary for the Shabbat - for us and for all Israelites who dwell in this city.

Part 4  
**THE MITZVAH  
OF THE SEDER  
NIGHT**

35th Edition  
**PESACH  
GUIDE**

5786 • 2026

# THE MITZVOT OF SEDER NIGHTS

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The Seder nights hold a unique place in our religion and for our People. They are celebrated in one way or another. Performing the key Mitzvot in the properly prescribed manner makes the evening that so much more special.

The following are the key mitzvot of the night:

## THE RECITAL OF THE STORY OF THE EXODUS

The Seder is not merely a social gathering. It must allow the opportunity for all to fulfil the command to recite the story of the Exodus of our people from Egypt. Therefore the Haggadah should be read and its contents understood. At the very minimum, the four questions should be asked followed by the answer - that we were slaves in Egypt and the Almighty freed us from our bondage. In addition the three paragraphs describing the meaning of Pesach, Matzah and Marror should be read in the language understood by all present. Everyone should also try and fulfil the Rabbinic ordinance of saying verses of praise (the "Hallel") which is also found in the Haggadah.

## THE MATZAH

**Minimum Requirements:** The Torah commands us to eat Matzah on Pesach night. One eat a piece "the size of an olive, about 19 grams of matzah, within four minutes and while reclining to the left. This minimum requirement is approximately 1/3 of a hand made shmurah matzah of 2/3 of a machine matzah.

## SHMURAH MATZAH

Machine-made Matzot, are usually supervised from the time of the milling of the flour. Shmurah Matzah is supervised from the time of harvesting the grain. It is best to use "Shmurah Matzah" at the Seder, at least when eating the minimum amount.

## MARROR - THE BITTER HERBS

**Minimum Requirements:** The eating of the Marror together with the Pascal lamb on Pesach night was a Biblical command. Today, it is an ordinance of the sages. The minimum amount of Marror is approximately 19 cubic cm. If using lettuce leaves, this is the amount of leaves which would cover an area of approximately 20 cm x 25cm. This amount should be eaten within 4 minutes (but if necessary, up to 7 minutes)..

### ***What can be used as Marror (Bitter Herbs)?***

The Mishna Pesachim (39a) lists five types of plants which are considered

as the “bitter herbs” to be used at the Seder. The commentaries can properly identify only three of these species today:

1. Romaine Lettuce stalks or leaves (Cos variety) - (this should be carefully checked for insects.)
2. Pure horseradish stalks or leaves
3. Endives (escarole)

If unavailable, use ordinary lettuce (crisp head or iceberg variety). Romaine lettuce is preferred, even if not bitter. The usual custom is to eat a mixture of lettuce and horseradish. The bitter herb must be pure and not mixed or preserved with anything. Commercially produced horseradish relish is not acceptable.

If none of the above mentioned herbs is available, then any bitter vegetable may be used in order to obtain a bitter taste, but as one does not really fulfill one’s real obligation in this manner the blessing for Marror may not be recited.

## **THE FOUR CUPS OF WINE**

### ***Minimum Requirements***

Our sages decreed that at four different stages of the Seder it is necessary to drink a cup of wine. The obligation is to “drink” the wine, not merely to sip or taste it. “Drinking” is defined as at least a half a cup of wine each time - the cup having a volume of at least 87mls. The wine should be drunk each time without interruption while leaning to the left “in the manner of free men” (though, if necessary, one may take up to 4 minutes to complete each cup).

### ***What can be used as “wine” for the four cups?***

All wines, grape juice and other beverages mentioned below must, of course, bear a reliable rabbinic endorsement that they are Kosher for Pesach (not just kosher).

1. Red wine (preferable naturally sweet or dry)
2. Wine diluted with grape juice.
3. Pure grape juice.
4. Grape wine diluted with up to 50% water.
5. Grape juice diluted with up to 50% water.
6. Raisin wine or other Kosher for Pesach alcoholic beverages.

# WHAT TO DO ON THE SEDER NIGHTS

The following chart outlines the normal requirements if the Haggadah is followed faithfully.

**All amounts and volumes mentioned are the absolute minimum amounts and are based upon “Shiurei Torah” by Rabbi A. Ch. Noeh.**

| WHAT ?            | WHEN ?  | HOW MUCH ?   |
|-------------------|---|--|
| Four cups of wine | <ol style="list-style-type: none"> <li>1. For Kiddush</li> <li>2. After Ga'al Yisrael</li> <li>3. After BirkatHamazon</li> <li>4. Before Nirtzah</li> </ol> | <p>The Seder cup should hold at least a Reviyit i.e. 87 mls of wine. It is preferable to drink the whole cupful, without interruption, all four times. However if this is too hard, one need only drink the <b>majority</b> of the first three cups, and a <b>complete</b> cupful only the fourth time If one cannot drink wine one may use grape juice.</p> |
| Matzah            | <ol style="list-style-type: none"> <li>1. After reciting Hamotzi and Al Achilat Matzah</li> </ol>   | <p>Preferably two Rabbinic k'zeitim, i.e. a total of 26gm are needed, one from the upper matzah and one from the middle of the three matzot, i.e.almost approx 13gm from each of the top two matzot. (However, if absolutely necessary, one may fulfil one's obligation by eating just over 19gm (1 Biblical K'zayit matzah.)</p>                            |

| WHAT ?   | WHEN ?  | HOW MUCH ?  |
|--|---|---|
| Matzah   | 2. For the Afikoman                             | It is preferable to eat 26gm. If the Afikoman is not large enough, one may combine it with other matzah to make up the required measure. If it is too difficult to eat the entire 26gm one may eat just 13gm. |
|  | 3. For Korech                                   | At least 13gm of the Hillel's Sandwich)<br>bottom of the three matzot should be used.   |
| Maror<br>If you use only pure grated horseradish | After reciting Al Achilat Marror and for Korech | Preferably one "Biblical K'zayit" i.e, 29cm <sup>2</sup> (approx. pure grated 30gms). If this is too difficult, one may eat 9cm <sup>2</sup> of the horseradish   |

**DO NOT USE COMMERCIALY PRODUCED JARS OF CHREIN FOR THE MITZVAH OF MAROR.**

|   |   |  |
|---|---|--|
| Maror<br>If you use only Romain Lettuce | After reciting Al Achilat Marror and for Korech | One "K'zayit" i.e, enough Romain lettuce to cover completely at least an area measuring 26 x 14cm. |
|---|---|--|

***It is customary to use a proportionate mixture of both horseradish and Romain lettuce.***

# SHIUREI TORAH

---

The mitzvot of the Seder require that Matzah and Maror be “eaten” in appropriate quantities and not just nibbled. The minimum requirement for eating a food, as taught by the Rabbis of the Talmud, is a “Czayit” (=size of an olive). This must be eaten preferably within 4 minutes but if necessary in up to 7 minutes. A “Czayit” is approximately the size of 1 fluid oz or 29 cubic centimeters of water. The weight of 29cm<sup>3</sup> of water is 29grams. Therefore most of the guides (including earlier editions of the Kashrut Authority Pesach Handbook) state that a “Czayit” of matzah is 1oz or 29grams of matzah. However according to most opinions this is incorrect.

In general all Torah measurements are established by volume rather than by weight. Therefore one “Czayit” of matzah is equivalent to the amount of matzah that takes up the ‘volume’ of 29 grams of water or 29ml. In reality the ratio of volume to weight of matzah compared to water is no more than 2/3. This means that the Shiur of a “Czayit” for the fulfillment of biblical mitzvot is approximately 19 grams of matzah, (not 29 grams) which is approximately 1/3 of a hand made shmurah matzah or 2/3 of a machine matzah. This amount is considerably less than the usually recommended amounts.

Furthermore, the requirement for a “Czayit” for a Rabbinic Mitzvah is only 2/3 the above measure. Therefore a “Rabbinic Czayit” is only 13 grams of matzah.

Therefore for Korach (the sandwich) all that is required is one rabbinic “Czayit” a quarter of a Shmurah Matzah or half a machine matzah. When eating the customary two “Czaytim” for Afikoman all that is required to be eaten is 26 grams of matzah (2 rabbinic “Czaytim”) i.e; 1/2 a shmurah matzah or 1 machine matzah. Similar measurements apply to maror.

The above information allows us to ascertain the appropriate requirements of matzah and maror with realistic amounts, able to be consumed relatively easily by all the seder participants.

# Shiur & **PESACH** **Q&A**



with the KA's Rabbinic Administrator  
**Rav Moshe D. Gutnick**

**WEDNESDAY MARCH 25TH**  
**8:30PM-9:30PM**

*Diarise this great opportunity to ask **Rav Gutnick**  
all your Pesach related questions and queries*

## **HIGHLIGHTING**

Care of pets on Pesach

Medicines for Pesach

Pesach Paper Plates: The Real Halachic Story

What is the Halachic status of china?

Why some people do not eat processed foods on Pesach:  
The answer is not what you think

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PASSWORD

**333333**



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**Kashrut Authority of Australia & NZ**

# DELEGATION FOR POWER FOR SALE OF CHAMETZ

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***Fax to 02 9365 0933 or email to [info@ka.org.au](mailto:info@ka.org.au)***

I, the undersigned fully empower and permit Rabbi Moshe D. Gutnick to act in my place and stead, and on my behalf to sell all Chametz possessed by me, knowingly or unknowingly, as defined by the Torah and Rabbinic law (eg Chametz, possible Chametz and all kinds of Chametz mixtures). Also Chametz utensils and Chametz that tends to harden and adhere to inside surfaces of pans, pots or cooking and useable utensils, and all kinds of live animals and pets that have been eating Chametz or mixtures thereof - all for Pesach 5786. He is empowered to sell all the above mentioned Chametz and lease all places wherein the Chametz owned by me might be found, particularly in the premises located at:

.....

and elsewhere. Rabbi Moshe D. Gutnick has full right to appoint any agent or substitute in his stead and said substitute shall have full right to sell and lease as provided herein. He also has the full power and right to act as he deems fit and proper in accordance with all the details of the Bill of Sale used in the transaction to sell all my Chametz, Chametz mixtures etc., as provided therein. This power of attorney to sell all the Chametz shall be deemed to be in conformity with all Torah, Rabbinic and civil laws.

Name in BLOCK LETTERS: .....

Signed: .....

Dated : .....



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COMPLETE THE  
ONLINE FORM**

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## PART 1

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# NOTES

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A series of horizontal dotted lines for writing notes.



## PESACH 2025

Seder plate - \$30  
Eggs salad - \$35/iL container  
Potato salad - \$25/iL container  
Vinegret (beetroot, potato, pickles) salad - \$30/iL container

Clear chicken soup with carrots - \$25/iL container  
Pumpkin soup - \$25/iL container

Eggplant dip - \$25/iL container  
Boiled gefilte fish - 6 for \$25  
Baked side salmon - \$150 (1.2kg+)  
Whole roast chicken - \$60  
Matzo Balls - 6 for \$18

Cold cuts-  
Marinated chicken slices - \$70 kg  
Roast beef slices - \$90 kg

Potato kugel - \$55 (12-16 pieces)  
Roasted vegetables tray - \$45

Orange cake - \$45 (12-16 pieces)  
Chocolate cake - \$60 (12-16 pieces)  
Almond cookies - 10 for \$35

All prices are + gst

orders - [Mila.catering@gmail.com](mailto:Mila.catering@gmail.com)  
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Wishing everyone a Happy & Kosher Pesach  
Chag Kasher V'Sameach

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