

# Kosher Australia

## Pesach Guide

### 5784/2024



SCAN HERE TO SELL  
YOUR CHOMETZ



# Passover 2024 Menu

gluten free | nut free | dairy free

We're excited to provide you with kosher cakes and desserts for Passover 2024! Products do **NOT** contain kitniyot and are **NON grebokts**.



chocolate mousse cake  
8" \$65 7" \$55



strawberry mousse cake  
8" \$65 7" \$55



raspberry mousse cake  
with berry coulis  
8" \$65 7" \$55



vanilla layered  
chocolate jaffa cake  
7" \$58



tiramisu cake  
7" \$55



angel cake (vanilla)  
\$49



chocolate lamington cake  
7" \$39



original lamington cake  
7" \$39



swisse strawberry roll  
\$39



marble babka  
8" \$36



mixed berry or raspberry  
and coconut cake  
8" \$36



vegan  
lamington cake  
\$45



macaroons coconut or  
chocolate (10 units)  
\$13



chocolate brownie log  
\$20



mixed chocolate &  
vanilla cupcakes  
\$13



iced mixed cupcakes  
(vegan available)  
\$18

Yinon 0401 835 656 | Sharon 0413 487 709 | 4me.glutenfree@gmail.com  
439 Kooyong Rd, Elsternwick | www.4meglutenfree.com.au

**EARLY BIRD SPECIAL! 10% OFF ALL ORDERS RECEIVED BY APRIL 5TH**

**FREE DELIVERY FOR ALL ORDERS OVER \$200**

7" (serves 8) 8" (serves 10 - 12)



# Kosher Australia Pty Ltd



ועד לעניני כשרות דאנסטרליא

*Serving the Jewish Community since 1968*

## GUIDE FOR PESACH & PESACH PRODUCTS 2024 / 5784 as at 28/3/24

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### ACKNOWLEDGEMENTS:

We are grateful for the assistance of the following in preparing this Guide:

Chicago Rabbinical Council, Illinois USA

London Beth Din, London UK

Rabbi A. Adler, Gateshead UK

Star-K, Baltimore USA

Rabbi YM Levinger, Switzerland

Kof-K, New Jersey USA,

Orthodox Union, New York USA

Rabbi G. Bess, Kotel America, Los Angeles USA

The Kashrut Authority of NSW, Australia

Badatz Igud HoRabonim, England

# TABLE OF CONTENTS

<b>USING THIS GUIDE .....</b>	<b>6</b>
<b>PESACH CALENDAR - APRIL 2024 – NISSAN 5784.....</b>	<b>6</b>
<b>FOOD OUTLETS IN MELBOURNE SELLING KLP PRODUCTS.....</b>	<b>7</b>
<b>GENERAL WARNINGS .....</b>	<b>8</b>
<b>APPROVED HECHSHERIM.....</b>	<b>10</b>
<b>COMMON PROBLEMATIC INGREDIENTS IN AUSTRALIA/NZ.....</b>	<b>11</b>
<b>KITNIYOS &amp; OTHER CUSTOMS.....</b>	<b>11</b>
PEELING FRUIT & VEGETABLES .....	11
KITNIYOS LIST .....	11
<b>PESACH PRODUCT GUIDE.....</b>	<b>13</b>
BITTUL .....	13
INFORMATION FROM OTHER KOSHER AUTHORITIES: .....	13
ALCOHOL .....	14
BABY FORMULA.....	14
BAKING INGREDIENTS .....	15
BISCUITS & BAKED GOODS.....	17
BREAKFAST CEREAL.....	17
COFFEE - BEANS & GROUND (ROASTED & UNFLAVOURED) .....	17
COFFEE – INSTANT & FREEZE DRIED.....	17
COFFEE – PODS, CAPSULES & BAGS .....	18
CONFECTIONERY .....	19
DAIRY PRODUCTS - BUTTER, CHEESE & YOGHURT.....	20
DIPS, DRESSINGS, PICKLES & SALADS .....	21
EGGS.....	22
FISH (RAW & ROE).....	22
FISH (PROCESSED).....	22
FRUIT (DRIED) .....	23
FRUIT (FRESH & FROZEN) .....	25
HONEY.....	26
JAMS & SPREADS .....	26
JUICES .....	27
MATZAH & MATZAH MEAL .....	28
MAYONNAISE .....	28
MEATS & PREPARED MEALS INCLUDING SOUPS .....	28
MILK & MILK ALTERNATIVES.....	28
NUTS & SEEDS (RAW, BLANCHED, DRY ROASTED; WHOLE, GROUND).....	29

OIL .....	31
SALT & SPICES .....	33
SUGAR, SWEETENERS & SUGAR SUBSTITUTES.....	34
TEA.....	34
VEGETABLES (FRESH).....	36
VEGETABLES (FROZEN) .....	38
VEGETABLES (PICKLED).....	38
VEGETABLES (PROCESSED).....	38
VEGGIE WASH.....	39
VINEGAR .....	39
WATER.....	40
WINE.....	40
<b>CHOMETZ-FREE KITNIYOS FOODS.....</b>	<b>40</b>
<b>PET CARE .....</b>	<b>42</b>
BIRDS / BUDGIES / CANARIES .....	42
CAT FOOD .....	43
CAT SNACKS.....	46
DOG FOOD .....	46
DOG SNACKS.....	50
FISH.....	50
HAMSTERS, GUINEA PIGS, GERBILS & RABBITS.....	50
<b>MEDICINES &amp; PHARMACEUTICALS: 'OVER THE COUNTER' .....</b>	<b>51</b>
<b>MEAL REPLACEMENTS AND SPECIAL DIETARY SUPPLEMENTS .....</b>	<b>56</b>
<b>ORAL CARE.....</b>	<b>56</b>
DENTAL FLOSS .....	56
DENTURE CARE .....	56
MOUTHWASH & MOUTH SPRAYS.....	57
TOOTHPASTE .....	57
<b>TOILETRIES &amp; COSMETICS.....</b>	<b>58</b>
BABY CARE .....	58
BODY SOAPS, BODY WASHES, SKIN CARE & HAND WASHES.....	59
DEODORANTS - SPRAY/PUMP .....	59
EYE CARE & CONTACT LENS CARE PRODUCTS.....	60
FACIAL CARE.....	60
HAIR CARE & SHAMPOO .....	60
HAND SANITISERS & WASHES .....	60
LIP BALM & PROTECTION .....	60
LIP COLOUR .....	61

NAIL CARE.....	61
PERFUMES & COLOGNES .....	61
<b>HOUSEHOLD &amp; KITCHEN .....</b>	<b>62</b>
CLEANING PRODUCTS .....	62
COOKING ACCESSORIES .....	64
DISHWASHING PRODUCTS.....	64
DISPOSABLE PLASTIC & PAPER PRODUCTS.....	65
LAUNDRY PRODUCTS.....	66
<b>KASHERING .....</b>	<b>70</b>
KASHERING: METHODS OF CLEANING & KASHERING .....	70
KASHERING: PREPARING KITCHEN & HOUSEHOLD ITEMS.....	71
MICROWAVE OVENS.....	74
NESPRESSO MACHINES .....	74
THERMOMIXES.....	74
<b>GUIDELINES FOR CLEANING FOR PESACH .....</b>	<b>74</b>
GENERAL CLEANING .....	74
THE KITCHEN.....	75
<b>PESACH LAWS - CONCEPTS.....</b>	<b>76</b>
<b>TIMELINE FOR 2024: EREV PESACH .....</b>	<b>76</b>
<b>PESACH: GUIDELINES FOR THOSE LEAVING HOME BEFORE PASSOVER .....</b>	<b>77</b>
<b>THE SEDER.....</b>	<b>78</b>
SEDER SHOPPING LIST .....	78
THE SEDER: FOOD TYPES & QUANTITIES USED.....	78
MATZOH.....	78
MORROR (BITTER HERBS).....	79
WINE.....	80

**LOOKING FOR A SEDER?**

**THE MIZRACHI HOSPITALITY MAY BE ABLE TO ASSIST YOU IN ORGANISING HOSPITALITY FOR PESACH MEALS.**

**PLEASE EMAIL [HOSPITALITY@MIZRACHI.COM.AU](mailto:HOSPITALITY@MIZRACHI.COM.AU).**

**IF YOU NEED TO GET A LOVED-ONE TO YOUR SEDER AND WOULD LIKE TO BORROW A WHEELCHAIR,  
CALL THE MIZRACHI OFFICE ON 8317 2555.**

WARNING: INTERNATIONAL PESACH LISTS ARE ACCESSIBLE VIA THE INTERNET & SOCIAL MEDIA. THOUGH PRODUCTS WITH THE SAME NAME APPEAR AS BEING SUITABLE FOR PESACH IN OTHER COUNTRIES, THIS MAY NOT APPLY TO SIMILARLY NAMED PRODUCTS AVAILABLE AND MANUFACTURED IN AUSTRALIA AND NZ. THIS GUIDE CONTAINS INFORMATION SPECIFIC TO AUSTRALIA AND NZ CONDITIONS.

## USING THIS GUIDE

- Products listed in this guide are either approved or supervised by Kosher Australia or by other recommended authorities, where the packaging may not have “Kosher LePesach” labelling. Where such labelling exists and is accompanied by one of the Approved Hechsherim (see page 8), it may be consumed on Pesach.
- The information contained in this guide is correct as at 28/3/24. For further updates, please visit our website ([www.kosher.org.au](http://www.kosher.org.au)) or visit our Facebook page [facebook.com/kosheraustralia](https://facebook.com/kosheraustralia).
- This guide reflects the Ashkenazic tradition prohibiting the use of *Kitniyas* (legumes) on Pesach. Some Sephardic traditions allow the consumption of beans, rice, corn and millet. People following Sephardic traditions are encouraged to consult with their Rabbi re the suitability of products and acceptability of relevant *hechsherim*.
- While the actual consumption of *gebrokhts* (matzah immersed in liquid), depends on custom, where possible we have noted the use of this for the benefit of segments of the community who do not eat *gebrokhtson* Pesach.

## PESACH CALENDAR - APRIL 2024 – NISSAN 5784

Date	Activity	Time							
APRIL		Melb	Syd	Perth	Bris	Alel	Hobart	Surfers Paradise	
SUN 21st	BEDIKAS CHOMETZ (SEARCH FOR CHOMETZ) AFTER:	6.13pm	5.52pm	6.36pm	6.15pm	5.50pm	5.59pm	5.48pm	
mon 22nd Erev Pesach	FAST OF THE FIRST BORN COMMENCES	5.30am	5.51pm	6.14pm	5.50pm	6.10pm	5.58pm	4.45am	
	IF NOT ATTENDING SIYUM OR OTHER SEUDAS MITZVAH FAST ENDS	6.12pm	5.51pm	6.14pm	5.50pm	6.10pm	5.58pm	5.47pm	
	FINISH EATING CHOMETZ BY:	MOGEM AVROHOM	9.57am	9.32am	9.54am	9.24am	9.53am	9.48am	9.23am
		VILNA GAON & S A HORAV	10.29am	10.03am	10.24am	9.53am	10.24am	10.23am	9.52am
	LATEST TIME TO REMOVE CHOMETZ & RECITE KOL CHAMIRA:	MOGEM AVROHOM	11.07am	10.43am	11.04am	10.35am	11.03am	10.58am	10.34am
		VILNA GAON & S A HORAV	11.23am	10.58am	11.119am	10.50am	11.19am	11.16am	10.58am
	CANDLE LIGHTING:	5.25pm	5.06pm	5.29pm	5.06pm	5.25pm	5.09pm	5.04pm	
	FIRST SEDER AFTER:	6.12pm	5.57pm	6.14pm	5.50pm	6.10pm	5.58pm	5.47pm	
TUE 23RD	1 <sup>ST</sup> DAY PESACH CANDLE LIGHTING & SECOND SEDER AFTER	6.22pm	6.01pm	6.24pm	5.59pm	6.20pm	6.09pm	5.56pm	
WED 24TH	2ND DAY PESACH YOM TOV ENDS	6.22pm	6.00pm	6.23pm	5.58pm	6.19pm	6.07pm	6.04pm	
FRI 26TH	EREV SHABBOS – CANDLE LIGHTING	5.20pm	5.01pm	5.25pm	5.02pm	5.20pm	5.03pm	5.00pm	
SHA 27th	SHABBOS ENDS	6.17pm	5.57pm	6.20pm	5.55pm	6.16pm	6.03pm	5.53pm	
SUN 28th	EREV 7 <sup>TH</sup> DAY PESACH CANDLE LIGHTING AFTER	5.17pm	4.59pm	5.23pm	5.01pm	5.18pm	5.00pm	4.58pm	
MON 29TH	EREV 8TH DAY PESACH CANDLE LIGHTING AFTER	6.15pm	5.55pm	6.18pm	5.54pm	6.14pm	6.01pm	5.52pm	
TUE 30TH	EREV 8TH DAY PESACH YOM TOV ENDS:	6.14pm	5.54pm	6.17pm	5.53pm	6.13pm	5.59pm	5.51pm	
	SOLD CHOMETZ MAY AGAIN BE USED & CONSUMED AFTER	6.45pm	6.30pm	6.50pm	6.30pm	6.45pm	6.30pm	6.20pm	

## FOOD OUTLETS IN MELBOURNE SELLING KLP PRODUCTS

*\*Under Kosher Australia supervision.*

### **\*4ME GLUTEN FREE (BAKED GOODS)**

439a Kooyong Rd Elstermwick, PH: 0401 835 6456 - Pareve, Non Gebrokhts. All foods must carry Kosher for Pesach seals.

### **\*C-CARE (PREPARED MEALS)**

www.ccare.org.au 03 9636 3321 info@ccare.org.au - Fleishig, Non-Gebrokhts, Gebrokhts. All foods must carry Kosher for Pesach seals. Non-Gebrokhts prepared in non- Gebrokhts utensils.

### **\*COFFEESRUS (COFFEE CART)**

sales@coffeesareus.com.au - Dairy Cholov Yisroel

### **COLES (\*COOKED GOODS, RETAIL - ONLY PURCHASE PRODUCTS CARRYING RELIABLE KOSHER FOR PESACH APPROVAL)**

Balaclava - (03) 9525 3055 Raw Fish. When bearing Kosher for Pesach numbered seals.

Elstermwick - (03) 9084 7600 Raw Fish & Roasted meats. When bearing Kosher for Pesach numbered seals.

Warning: the Coles bakery is **NOT kosher for Passover**. As Coles is not Jewish owned and Balaclava & Elstermwick are not majority Jewish, Coles Balaclava & Elstermwick breads baked on Pesach are permitted immediately after Pesach.

### **COLES (RETAIL - ONLY PURCHASE PRODUCTS CARRYING RELIABLE KOSHER FOR PESACH APPROVAL)**

Balaclava, Bentleigh, Brighton, Elstermwick, Malvern, Southland, Tooronga

### **\*CONTINENTAL KOSHER BUTCHERS (BUTCHER & RETAIL)**

155 Glenferrie Road, Malvern PH: 9525 3055 \*All meats sold through their premises in Glenferrie Road Malvern after 26/2/24 or when bearing Kosher for Pesach labelling. Note that the deli area may still carry packaged Chometz products. ONLY purchase products carrying reliable Kosher for Pesach approval.

### **\*DANELI'S PREPARED MEALS & TAKEAWAY (PRE-ORDERED MEALS ONLY)**

www.danelis.com.au PH: 03 9527 7014 - Fleishig, Glatt. Products may contain gebrokhts or may be prepared in utensils that have been used for gebrokhts. All foods must carry Kosher for Pesach seals.

### **\*EVENTS BY MOE**

152 Hawthorn Road Caulfield North 0402 613 136 - Fleishig Glatt. Foods with Kosher for Pesach seals. Non Gebrokhts.

### **\*GLAZED**

Shop 2/1-3 Carre St, Elstermwick, PH: 03 9533 0315 - Pareve, Non Gebrokhts. Only sealed foods carrying numbered Kosher for Pesach seals. Pesach baked goods available in store.

### **GEFEN LIQUOR**

328 Carlisle St, Balaclava, PH: 03 9527 1100 - Only wine & liquor carrying reliable Kosher for Pesach approval.

### **\*KLEIN'S GOURMET (PREPARED MEALS & TAKEAWAY)**

47 Glen Eira Rd, Ripponlea 03 9528 1200 - Fleishig, Glatt. Products may contain gebrokhts or may be prepared in utensils that have been used for gebrokhts. All foods must carry Kosher for Pesach seals.

### **\*KOSHER KINGDOM (PREPARED FOODS, RETAIL)**

482b Glenhuntly Road, Elstermwick 03 9041 8499 - All foods must carry reliable Kosher for Pesach approval.

### **\*KOSHER MEALS ON WHEELS (PREPARED MEALS)**

www.koshemealsonwheels.org.au, 03 9527 4844 - Pareve, Dairy Cholov Yisroel, Fleishig All foods must carry Kosher for Pesach seals. Products may contain gebrokhts or may be prepared in utensils that have been used for gebrokhts.

### **\*KOSHER CLASSIQUE (PREPARED MEALS)**

2 Keys Rd, Moorabbin (03) 9555 3255 - Fleishig Glatt. Foods with Kosher for Pesach seals. Non Gebrokhts.

### **KRAUS FOODS**

62 Glen Eira Rd, Ripponlea, 03 9523 8463 - ONLY products carrying reliable Kosher for Pesach approval.

### **\*PETER UNGER CATERING (PREPARED MEALS)**

PH: 03 8552 0300 - Pareve, Dairy Cholov Yisroel, Fleishig All foods must carry Kosher for Pesach seals. Products may contain gebrokhts or may be prepared in utensils that have been used for gebrokhts.

### **\*ROYAL NUT COMPANY (ASSORTED RETAIL GOODS)**

2/148-150 Wattletree Rd, Malvern, 03 9509 3333 - Pareve. Only foods carrying Kosher for Pesach seals with current year.



## TEMPO (RETAIL)

Shop 5, 320 Carlisle St, Balaclava, 03-9525 8000. ONLY products carrying reliable Kosher for Pesach approval

## WOOLWORTHS (RETAIL - ONLY PURCHASE PRODUCTS CARRYING RELIABLE PESACH APPROVAL)

Balaclava, Benteigh, Carnegie North, Glen Huntly, Malvern, Middle Brighton, Moorabbin, Oakleigh South

## YUM'S KOSHER SEAFOOD (STORE ONLY)

29 Glen Eira Rd, Ripponlea, 03 9523 6444. ONLY products carrying reliable Kosher for Pesach approval

## GENERAL WARNINGS

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Not all products in Pesach sections at supermarkets or specialty Kosher retailers are necessarily Kosher for Passover or even Kosher! In previous years, even reputable Kosher retailers have inadvertently placed non-Pesach products in Kosher for Pesach sections. Consumers are warned to check on the label for acceptability and NOT to rely on shop employees for advice on the Kosher status of a product.

### ALPHA CHOCOLATES

Alpha Chocolates are not acceptable for Pesach unless carrying specific Kosher for Pesach labelling, as they are manufactured on the same production lines as *Chometz* and may contain *Chometz* ingredients.

### CATERING

Only those caterers that carry FORMAL KOSHER FOR PESACH SUPERVISION are recommended. Some caterers and restaurants are claiming Pesach style production. These products are not recommended for Pesach use.

### CHEESE

All Kosher hard and soft cheeses contain ingredients that may be unsuitable for Pesach and therefore may not be used unless accompanied by a reliable Kosher LePesach seal or logo.

### CITRIC/ASCORBIC ACID/POTASSIUM SORBATE/SORBITOL

These ingredients which are common additives used in food production (food additives 202, 300, 330) may be derived from wheat and therefore *Chometz* or may be derived from corn and is therefore kitniyos. Sorbitol is a common sweetener used in oral care.

### CLAG PASTE

CLAG is *Chometz* and should therefore not be used. Note that CLAG Hobby, Bostik Blu-Tack, UHU Glue Stick, & Bostik Colour-Tack are acceptable for Pesach.

### COSMETIC LOTIONS, CREAMS AND OTHER SOLID PRODUCTS

Cosmetics generally need no special Pesach supervision. Those listing oats or wheat germ in their ingredients panel are not recommended. However, liquid products, particularly if containing alcohols which may be *Chometz* and products used for oral hygiene or application to the lips (including lipsticks) should be approved before use.

### DIET PRODUCTS

Many diet products including diet Coke, Pepsi etc use artificial sweeteners which may be derived from *Kitniyos* and are therefore not recommended for Ashkenazim, even when carrying a Kosher for Passover certification.

### EGG MATZAH ('MATZAH ASHIRAH')

So called 'egg matzah' may not be eaten on Pesach by healthy people. (Sick or elderly people should discuss the use of Egg Matzah with their Rabbi).

MANISCHEWITZ TAM TAM CRACKERS (all varieties) with the OU-P symbol are made from *Matzah Ashirah* and should not be consumed during Pesach as per all *Matzah Ashirah*.

### FRUITS - DRIED

Dried fruits and ground herbs and spices should only be used if bearing reliable Kosher for Pesach authorisation as oils and other processing aids that contain *Chometz* or *Kitniyos* may be used in the drying and packing process.

### JUICES

Juices, including 'pure' juices, may use *Chometz* derived enzymes or production aids/additives or share equipment with production containing *Chometz* and must therefore have Kosher approval for Pesach. Claims that certain juices are pure juices may not include additives added by the suppliers of the juices to the final manufacturer. Therefore, only recommended juices should be consumed.

### KITNIYOS CUSTOMS

Customs vary even within different Sephardi communities regarding the identification and permissibility of *Kitniyos* products. Consumers are reminded to carefully read the packaging on products bearing Kosher for Passover symbols. Many are marked 'Suitable for those that eat *Kitniyos*' (רש"י לאוכלי קטניות) and may bear a *hechsher* from an approved authority that is only for year-round use and not for Pesach. These products are of course suitable for those of Sephardi descent and/or custom that do eat *Kitniyos* on Pesach. Members of the Sephardi community should accordingly consult with their Rabbi to ascertain the parameters of their particular *minhag*. (see warning on Rice.)

## **LABELLING**

Any food or beverage that bears the words “Kosher LePesach”, “Kosher for Passover” or a similar variation (even with Hebrew writing) but does not have a reputable Kosher symbol or Rabbinic name printed on the label, or is not listed as suitable for Pesach in this Guide should not be used for Pesach. This applies whether the food or beverage is locally made or is manufactured overseas (especially from Israel). Numerous instances of false and misleading labels have been uncovered in previous years e.g. dates. Note: ‘P’ on a logo refers to Pesach and not Pareve.

## **LAFFA/SOFT MATZA**

So called ‘Laffa matza’ without reliable Kosher supervision is periodically sold. Laffa Matza is not suitable for Pesach use and should be treated as Chometz. Those who have inadvertently used this ‘laffa matza’ should seek guidance from their Rabbi re kashering of utensils.

## **MATZAH**

MUST be marked as being Kosher for Pesach/Passover and carry reliable Kosher certification. Snider Carmel matzah without the Kosher Australia ‘Kosher for Pesach’ symbol are *Chometz*.

## **MEAT**

Plain frozen kosher meat that is not formally certified for Pesach should not be used in the first instance as it may have come in contact with actual *Chometz* during smallgoods production. Please consult your Rabbi if Kosher for Pesach meat cannot be obtained.

## **MILK (DAIRY)**

For those who consume Cholov Stam (regular kosher) milk, please take care to read the conditions in the relevant section. Some milks are processed on shared equipment with oats which presents a problem for Pesach.

## **NON-FOOD ITEMS**

In general, *Chometz* and *Chometz* derivatives which are unsuitable for human or animal consumption (e.g. inedible and/or toxic substances) are not considered *Chometz* insofar as the prohibition against using *Chometz* products on Pesach is concerned.

## **NUTS**

Varieties of nuts that are acceptable on Pesach (see section on kitniyos) should be purchased in the shell, raw. Roasted and fried nuts without Kosher for Pesach approval are not recommended. (Note: dry-roasted and fried nuts require reliable Kosher certification for year-round use.) It is recommended that shelled raw nuts be only purchased for Pesach with Kosher for Pesach approval.

## **PEELED VEGETABLES AND FRUIT**

Often fruit and vegetable processors add chemicals to preserve colour and/or freshness which may be kitniyos or chometz derived. PEELED RAW vegetables and fruit should therefore be purchased from verified sources where possible.

## **PET FOOD**

Many pet-foods contain actual *Chometz* and may not be used on Pesach. Some contain mixtures of meat and dairy and are prohibited year-round as well due to *bossor v'cholov* considerations. Please see the section on **Pet Food**.

## **PLAY-DOH**

Play-Doh is *Chometz* and must be sold with all other *Chometz*.

## **PLANT BASED MILKS**

Most plant based milks contain flavours, oils and sweeteners that are kitniyos and may even be chometz. In addition, most facilities process oat milks and do not change the cooking water or kosherize afterwards. At this stage, there are no certified or even approved plant milks that are locally made. However, there are simple recipes to make various nuts milks.

## **RICE - POTENTIAL CHOMETZ**

Sephardim, or those given special permission by their Rabbi to eat kitniyos on Pesach (such as very young children or those who are ill) should note that some imported rice varieties are known to have been sprayed with a wheatgerm oil or other *Chometz* coatings to stop rice grains clumping. This type of rice is strictly not kosher for Pesach even for those who otherwise are permitted by their custom or Rabbi to eat kitniyos. Sunrice rice varieties marked ‘product of Australia’ are not coated and are therefore suitable for Pesach use by those who are permitted to use rice on Pesach by custom or by Rabbinic dispensation. The Ben Ish Chai recommends that rice should nevertheless be checked three times for any chaff or contaminants.

## **SMOKED SALMON**

Locally produced smoked salmon brands that were previously marked as acceptable for Pesach are no longer recommended due to changes in production. Please check under fish for approved brands.

## **SPECIFIC PRODUCTS**

Some product ‘malfunctions’ from previous years:

1. KOSHER FOR PESACH **BAMBA** from Israel is not suitable for Ashkenazim and clearly marked as being suitable for those who follow Sephardi custom as it is made from *Kitniyos*.
2. **MANISCHEWITZ TAM TAM CRACKERS** even when bearing OU-P are made from Egg Matza and only permitted for the sick or elderly in consultation with their Rabbi.
3. **ACHLA, SABRA & YARDEN TAHINA** & humus dips are sold widely. These products are Kitniyos and NOT suitable for Ashkenazim.

## VINEGAR

Vinegar may be derived from a variety of sources - apples, sugar, sugar beets, corn/maize, grape, milk and wheat. Imitation vinegar is synthetically produced. In Australia, the main sources of white vinegar are sugar and wheat (which is chometz). As such, vinegar must be Kosher approved for Pesach. Imitation vinegar poses no kashrus concerns for Pesach.

## VITAMINS

Vitamins and mineral supplements MUST have specific Kosher for Pesach approval as they are often derived via fermentation from wheat or corn (e.g. Ascorbic Acid).

## WINE/GRAPE JUICE

Not all wines and grape juices are mevushal (cooked). Consumers should check the label on the product carefully as the handling of non-mevushal wines differs from that of mevushal wines. The word 'MEVUSHAL' or מבושל must appear on the label. (Otherwise one must assume that wine/juice is not mevushal.)

Not all wines and grape juices are Kosher for Pesach - please check the certification carefully for the words 'Kosher for Pesach/Passover'.





## UNFLAVOURED MINERAL WATER/SODA WATER











All mineral and soda water brands have carbonation added. In Australia, a common source of carbonation is from wheat fermentation which is not recommended. Only the listed unflavoured mineral and soda waters brands should be used.

## APPROVED HECHSHERIM

Below is a list of some of the international Rabbinic symbols that Kosher Australia permit for Passover use which have been sighted at local retailers. Imported products may be used on Pesach if the product label has one of the following logos and is also marked with a "P" or otherwise clearly marked as Kosher for Pesach. Where the hechsher indicates that the product contains *Kitniyos* or that it is not suitable for those who do not eat *Kitniyos* on Pesach, then such products are not permitted for Ashkenazim on Pesach. Kosher Australia follows the Ashkenazic custom and has listed only agencies following similar customs with respect to Pesach.

**NOTE:** Omission of a Rabbinic authority does not imply that it is not acceptable for Pesach. Regarding Rabbinic authorities not listed, please contact Kosher Australia. Please note that some may allow the use of peanuts, peanut oil, sunflower oil, safflower oil or canola (rapeseed) oil which Kosher Australia considers as *Kitniyos*.

COUNTRY	AGENCY	SYMBOL
AUSTRALIA	ADASS VAAD HAKASHRUS	
AUSTRALIA	AGUDAS CHABAD MELBOURNE	
AUSTRALIA	KASHRUT AUTHORITY OF WESTERN AUSTRALIA	
AUSTRALIA	THE KASHRUT AUTHORITY OF NSW	
BELGIUM	BEIS DIN ZEDEK OF THE ANTWERP SHOMREI HADAS	
BELGIUM	MACHAZIKEI HADAS	
CANADA	KASHRUTH COUNCIL OF CANADA	
CANADA	ORTHODOX RABBINICAL COUNCIL OF BRITISH COLUMBIA (KOSHER CHECK)	
CANADA	VAAD HO'IR OF MONTREAL	
ENGLAND	BETH DIN OF FEDERATION OF SYNAGOGUES	
ENGLAND	BADATZ IGUD RABBONIM	
ENGLAND	KASHRUTH DIVISION OF THE LONDON BETH DIN	
ENGLAND	KEDASSIA	
ENGLAND	MANCHESTER BETH DIN	
ISRAEL	BADATZ MEHADRIN	
ISRAEL	CHUG CHASAM SOFER - BNEI BRAK	
ISRAEL	RAV LANDA, BNEI BRAK	
ISRAEL	THE BAIS DIN TZEDEK OF AGUDATH ISRAEL	
ISRAEL	THE BAIS DIN TZEDEK OF THE EIDA HACHAREIDIS OF JERUSALEM	
ITALY	EURO-K	
SOUTH AFRICA	KASHRUT DEPARTMENT OF THE UOS OF SOUTH AFRICA (JO'BERG, CAPETOWN)	

COUNTRY	AGENCY	SYMBOL
USA	CHICAGO RABBINICAL COUNCIL	
USA	K'HAL ADATH JESHURUN (BREUER'S)	
USA	KOF-K KOSHER SUPERVISION	
USA	ORGANIZED KASHRUTH LABORATORIES	
USA	RABBI MENACHEM MEIR WEISSMANDEL	
USA	STAR-K KOSHER CERTIFICATION	
USA	THE UNION OF ORTHODOX JEWISH CONGREGATIONS	
USA	VAAD HAKASHRUS OF BADATZ MECHON L'HOYROA	
USA	VAAD HAKASHRUS OF CROWN HEIGHTS	
USA	VOLOVER RAV	

## COMMON PROBLEMATIC INGREDIENTS IN AUSTRALIA/NZ

ITEM	POSSIBLE PROBLEM	ITEM	POSSIBLE PROBLEM
ASCORBIC ACID (300)	WHEAT/CORN DERIVED	MANNITOL	WHEAT DERIVED
ASPARTAME	KITNIYOS	POTASSIUM CITRATE (332)	WHEAT/CORN DERIVED
BAKER'S DRY YEAST	WHEAT/BARLEY DERIVED	POTASSIUM SORBATE (202)	WHEAT/CORN DERIVED
CANOLA OIL	KITNIYOS	SODIUM CITRATE (331)	WHEAT/CORN DERIVED
CITRIC ACID (330)	WHEAT/CORN DERIVED	SORBITOL	WHEAT/CORN DERIVED
CORN SYRUP	KITNIYOS	SOYBEAN OIL	KITNIYOS
DEXTRIN	WHEAT DERIVED	STARCH	WHEAT/CORN DERIVED
DEXTROSE	WHEAT DERIVED	SUNFLOWER OIL	KITNIYOS
ETHANOL	WHEAT/CORN DERIVED	VEGETABLE OIL	KITNIYOS
GLUCOSE	WHEAT DERIVED	VITAMIN B	WHEAT DERIVED
LECTITHIN	KITNIYOS	VITAMIN C	WHEAT/CORN DERIVED
MALT	WHEAT/BARLEY	XANTHAN GUM (415)	WHEAT/CORN DERIVED
MALTODEXTRIN	WHEAT/CORN DERIVED		

## KITNIYOS & OTHER CUSTOMS

While the five grains –wheat, barley, spelt, rye and oats - once they have been fermented, are prohibited on Passover, use of various other raw fruit, nuts and vegetables and their derivatives is subject to many customs.

The most prominent and accepted of these customs is the prohibition on eating "*Kitniyos*".

The Mishnah Berurah (453:6 & 464:5) cites **three** reasons for the custom:

1. Kitniyos are harvested and processed in the same manner as Chometz,
2. Kitniyos are ground into flour and baked just like Chometz [so people may mistakenly believe that if they can eat Kitniyos, they can also eat Chometz],
3. Kitniyos may have Chometz grains mixed into it [so people who eat Kitniyos may inadvertently be eating Chometz].

To assist the Ashkenazic kosher consumer, Kosher Australia has compiled a list of fruits, grains and vegetables and noted their useability for Pesach. The list below refers to fresh, unprocessed products only.

## PEELING FRUIT & VEGETABLES

Some have the custom to peel all fruit and vegetables due to concerns regarding coatings such as waxes and various sprays and will not eat any vegetable or fruit that cannot be peeled.

## KITNIYOS LIST

*Note: Many of the items below are subject to inspection for insect infestation.*

Fruit/Vegetable	Status
Alfalfa Sprouts	<i>Kitniyos</i>
Allspice/Pimento	Suitable
Almonds	Suitable

Fruit/Vegetable	Status
Amaranth	Custom
Aniseed	<i>Kitniyos</i>
Apples	Suitable

Fruit/Vegetable	Status
Apricot	Suitable
Arrowroot	Suitable
Asparagus	Suitable

Fruit/Vegetable	Status
Avocado	Suitable
Bananas	Suitable
Barley Stalks	<i>Kitniyos</i>
Beans (All)	<i>Kitniyos</i>
Beetroot	Suitable
Bok Choy	Suitable
Brazil Nuts	Suitable
Broccoli	Suitable
Brussel Sprouts	Suitable
Buckwheat	<i>Kitniyos</i>
Cabbage (All)	Suitable
Canola	<i>Kitniyos</i>
Cantaloupe	Suitable
Capsicum	Suitable
Caraway Seed	<i>Kitniyos</i>
Cardamom	<i>Kitniyos</i>
Carrots	Suitable
Cashew	Suitable
Cassava/Tapioca	Suitable
Caster Beans	Suitable
Cauliflower	Suitable
Celeriac	Suitable
Celery	Suitable
Chia & Seeds	Suitable
Chickpea/Garbanzo	<i>Kitniyos</i>
Chicory	Suitable
Chilli	Suitable
Cilantro	Suitable
Cinnamon	Custom
Cloves	Custom
Coconut	Suitable
Coriander Leaf	Suitable
Coriander Seed	Custom
Corn Stalks	Suitable
Corn/Maize	<i>Kitniyos</i>
Cucumber	Suitable
Cumin	Custom
Curry Leaves	Suitable
Custard Apple	Suitable
Dates	Suitable
Dill Seed	<i>Kitniyos</i>
Dill Weed	Suitable
Dragon Fruit	Suitable
Eggplant	Suitable
Fennel Seed	<i>Kitniyos</i>
Fennel Bulbs, Leaves	Suitable
Fenugreek	<i>Kitniyos</i>
Fenugreek Leaves	Suitable
Figs	Suitable

Fruit/Vegetable	Status
Flaxseed	<i>Kitniyos</i>
Garlic	Custom
Ginger	Custom
Goji	Suitable
Grapefruit	Suitable
Grapes	Suitable
Guar Gum	Custom
Hazelnut	Suitable
Hemp Leaves	Suitable
Hemp Seeds	<i>Kitniyos</i>
Honeydew	Suitable
Kale	Suitable
Kamut	<i>Chometz</i>
Kholrabi	Suitable
Kiwi	Suitable
Konjac	Suitable
Leek	Suitable
Lemon	Suitable
Lemongrass	Suitable
Lentils (All)	<i>Kitniyos</i>
Lettuce (All)	Suitable
Licorice Root	Suitable
Lime	Suitable
Linseed	<i>Kitniyos</i>
Macadamia	Suitable
Mandarin	Suitable
Mango	Suitable
Marjoram	Suitable
Millet	<i>Kitniyos</i>
Mint (All)	Suitable
Mushroom	Suitable
Mustard & Seeds	<i>Kitniyos</i>
Nashi	Suitable
Nutmeg	Suitable
Okra	Suitable
Onion (All)	Suitable
Orange	Suitable
Oregano	Suitable
Pak Choy	Suitable
Paprika	Suitable
Parsley	Suitable
Parsnip	Suitable
Passionfruit	Suitable
Paw Paw/Papaya	Suitable
Peas	<i>Kitniyos</i>
Peaches	Suitable
Peanuts	<i>Kitniyos</i>
Pears	Suitable
Pecan	Suitable

Fruit/Vegetable	Status
Pepper (Fresh)	Suitable
Peppercorn	Suitable
Peppermint	Suitable
Pine Nuts	Suitable
Pineapple	Suitable
Pistachio	Custom
Plum	Suitable
Pomegranate	Suitable
Poppy Seed	<i>Kitniyos</i>
Potato	Suitable
Pumpkin	Suitable
Pumpkin Kernel	Custom
Quinoa	Custom
Radish	Custom
Raspberry	Suitable
Rhubarb	Suitable
Rice	<i>Kitniyos</i>
Rosemary	Suitable
Safflower Oil	Custom
Saffron	Custom
Sago	Suitable
Sesame Seed	<i>Kitniyos</i>
Silverbeet	Suitable
Snow Peas	<i>Kitniyos</i>
Snow Pea Pod	<i>Kitniyos</i>
Sorghum	<i>Kitniyos</i>
Soy	<i>Kitniyos</i>
Spinach Leaves	Suitable
Squash	Suitable
Star Anise	Suitable
Stevia	Suitable
Strawberry	Suitable
String Bean	<i>Kitniyos</i>
Sugar Snap	<i>Kitniyos</i>
Sunflower Kernel	<i>Kitniyos</i>
Swede	Suitable
Sweet Potato/Yam	Suitable
Teff	<i>Kitniyos</i>
Thyme	Suitable
Tofu	<i>Kitniyos</i>
Tomatoes (All)	Suitable
Tumeric	Suitable
Turnip	Suitable
Vanilla Bean	Custom
Walnut	Suitable
Watermelon	Suitable
Wheatgrass	Tba
Zucchini	Suitable

# PESACH PRODUCT GUIDE

It is recommended that all food products used at Pesach should be certified as Kosher for Pesach by a reputable rabbinic authority. However, Kosher Australia and other reliable Kosher authorities have ascertained that some general products are Chometz free and Kitniyos free without being formally certified. Please use the following key when using the Passover buying guide.

NOTE: Products listed as suitable but not certified for Pesach are produced at facilities that are supervised by Kosher Australia and pose no Pesach concerns but are not formally certified for Pesach.

n	Product information is from another agency referenced by the number. Otherwise the product is investigated by Kosher Australia
P	Product is pareve
K	Product contains kitniyos
D	Product is dairy (not Cholov Yisroel unless otherwise noted)
#	Product is of Mehadrin standard (if dairy, it is Cholov Yisroel)
KLP	Product must carry special Kosher for Pesach symbol

Non certified food products MUST be new, unopened products and should be purchased before the latest time to sell one's Chometz on Erev Pesach to allow for bittul (nullification) of possible inadvertent chometz contamination.

## BITTUL

Bittul is acceptable prior to Pesach (when Chometz is permitted) but is not allowed on Pesach when even the tiniest amount of Chometz is forbidden. Purchasing before Pesach ensures that the product was made before Pesach and any bittul would be bedieved (post fact) permitted.

## INFORMATION FROM OTHER KOSHER AUTHORITIES:

To increase the usefulness of this Guide, we have included information from other Kosher Authorities including products that are suitable for Pesach but do not carry any specific marking. A number following the product or brand or information acknowledges the source of the information.

The following list is a **KEY**:

- |  |   |
|--|---|
| 1. The Kashrut Authority, NSW, Australia     | 11. Kosher Alef, Mexico                       |
| 2. Rabbi A. Adler, Gateshead, UK             | 12. Adass Vaad HaKashrus, Victoria, Australia |
| 3. Star-K, Baltimore, USA                    | 13. Rabbi A. Hazan, Milan, Italy              |
| 4. Rabbi YM Levinger, Basle, Switzerland     | 14. OK Kosher Certification                   |
| 5. London Beth Din, London, UK               | 15. Kedassia, UK                              |
| 6. Kehilla Kosher, CA, USA                   | 16. Kosher Check, Canada                      |
| 7. Orthodox Union, NY, USA                   | 17. Beth Din of Netherlands                   |
| 8. Chicago Rabbinical Council, Illinois, USA | 18. Manchester Beth Din                       |
| 9. Rabbi G Bess, California, USA             | 19. Badatz Igud Rabonim, UK                   |
| 10. Kashruth Council of Toronto, Canada      |   |



**MIZRACHI CHARITY FUND**

Do you have a friend or family member going through a difficult financial situation ?

We are here to help ease their burden. From rent and utilities to medical expenses and food vouchers, we have resources to offer.

**Please call Karen for a confidential conversation on 8317 2503 or email [charity@mizrachi.com.au](mailto:charity@mizrachi.com.au)**

Let's come together to support them during this challenging period. To donate to this worthy cause, and our Maot Chitim Pesach Appeal scan the QR Code or donate on line: [charity.mizrachi.com.au](http://charity.mizrachi.com.au)



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## ALCOHOL

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*All liquors and alcohols require kosher for Pesach approval and should carry the appropriate Pesach symbol from a reliable authority. The following has been approved with a formal Pesach certification.*

### AU SPIRITS CO

NATIVE BOTANICAL GIN	P#
NATIVE BUTTERFLY GIN	P#
VODKA	P#

### MEZCAL DE AMOR<sup>11</sup>

AMARES CUPREATA	P
AMARES RESPOSADO ESPADIN 40%	P
AMORES CUPREATA	P
AMORES ESPADIN JOVEN	P
RESPOSADO ESPADIN 40%	P

### PATRON<sup>11</sup>

GRAN PATRON PLATINUM SILVER TEQUILA	P
GRAN PATRON PLATINUM TEQUILA	P
GRAN PATRON SMOKY SILVER TEQUILA	P
ROCA PATRON SILVER TEQUILA	P
SILVER PATRON TEQUILA	P

### PLUS SIX ONE THREE

GINCELLO	P#KLP
SHIRAZ GIN (NON MEVUSHAL)	P#KLP
SIGNATURE DRY GIN	P#KLP

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## BABY FORMULA

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*In line with the rulings of many reliable authorities, baby formula containing Kitniyos is allowed for use during Pesach, even for Ashkenazim. The following baby formulas contain no actual Chometz but may contain kitniyos. All dairy formulae are not Cholov Yisroel. All formula preparation and clean up should be in a separate area and separate utensils to normal Pesach food production. The items in this category are **not** for otherwise healthy adults. If your child requires a formula not listed in this section, please contact your local Orthodox Rabbi.*

### APTIMAL (PRODUCT OF NZ)

ESSENSIS ORGANIC A2 PROTEIN MILK 1	KD
ESSENSIS ORGANIC A2 PROTEIN MILK 2	KD
GOLD +2, 6-12 MTHS	KD
GOLD+ 1, 0-6 MTHS	KD
GOLD+ REFLUX	KD
PROFUTURA 1, 0-6 MTHS	KD
PROFUTURA 2, 0-12 MTHS	KD

### KARICARE (PRODUCT OF INDONESIA)

SOY ALL AGES DAIRY FREE	KP
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### KARICARE (PRODUCT OF NZ)

SHEEP STAGE 1	KD
SHEEP STAGE 2	KD
SHEEP STAGE 3	KD
GOAT MILK STAGE 1	KD
GOAT MILK STAGE 2	KD

GOAT MILK STAGE 3	KD
0-6 MTHS	KD
6-12 MTHS	KD
<b>NEOCATE</b>	
GOLD	KP
JUNIOR	KP
LCP	KP
SYNEO	KP

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## BAKING INGREDIENTS

*Since quinoa may be co-processed with wheat, quinoa seeds with reliable Kosher for Pesach approval should be used. Recently quinoa infestation has been reported. Quinoa should be sifted before use and visually inspected.*

### AUSTRALIAN CAROB COMPANY

PURE CAROB KIBBLE NIBBLES	P#
PURE CAROB PODS	P#
PURE CAROB POWDER RAW	P#
PURE CAROB POWDER ROASTED	P#

### COLES

COCONUT FLAKES (SUPPLIER A0671)	P
COCONUT SUGAR (SUPPLIER A0279)	P
WHITE QUINOA FLAKES (SUPPLIER A0279)	P
COLES DESICCATED/SHREDDED COCONUT (SUPPLIER A0671)	P
COLES FLAKES ALMOND (SUPPLIER A0671)A	P

### FARMPRIDE

EGG WHITES FROZEN	P#
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### HENRY LANGDON

PURE COCOA 160G TIN	P
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### HONEST TO GOODNESS

AGAR AGAR POWDER	P
DESICCATED COCONUT	P

### KFIBER

KFIBRE	P#
PHYTOCEL	P#

### KOSHER KINGDOM

COCOA POWDER DUTCH	P#KLP
COCOA POWDER RAW	P#KLP
COCONUT CHIPS	P#KLP
COCONUT FINE & SHRED	P#KLP
COCONUT TOASTED	P#KLP
FURI GLUTEN FREE CRUMBS	P#KLP
QUINOA FLAKES	P#KLP
QUINOA TRI-COLOUR, WHITE	P#KLP

### LEWIS & SON

DESICCATED COCONUT	P#KLP
POTATO FLOUR	P#KLP
QUINOA FLAKES	P#KLP



## LOVING EARTH

CACAO BEANS	P
CACAO BUTTER – ORGANIC VIRGIN	P
CACAO NIBS	P
CACAO POWDER	P
COCONUT CHIPS	P
COCONUT DESICCATED	P
COCONUT SHREDDED	P

## MACRO

SHREDDED COCONUT CERTIFIED ORGANIC (ACO # 476)	P
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## MARETAI ORGANICS AUSTRALIA

CACAO BEANS	P
CACAO BUTTER	P
CACAO NIBS	P
CACAO PASTE	P
CACAO POWDER	P
COCONUT FLOUR	P
LUCUMA POWDER	P
MACA POWDER	P
MESQUITE POWDER	P

## MOUNT ZERO OLIVES

AUSTRALIAN ORGANIC QUINOA (VISUALLY INSPECT BEFORE USE)	P
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## NIULIFE

ORGANIC COCONUT FLOUR	P
ORGANIC DESICCATED COCONUT	P

## RED TRACTOR

BLACK CHIA SEEDS	P
GREEN BANANA MULTI FIBRE POWDER	P
ORGANIC CACAO POWDER	P
QUINOA TRI-COLOUR	P

## ROYAL NUT COMPANY

COCONUT - FINE	P#KLP
COCONUT FLAKES - TOASTED	P#KLP
WHITE QUINOA	P#KLP

## SOLOMONS GOLD

CACAO NIBS	P#
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## STONEY CREEK

CHIA MEAL	P#
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## WELLNESS ROAD (COLES)

AUSTRALIAN ALMOND FLOUR (SUPPLIER A0671)	P
AUSTRALIAN WHITE QUINOA (SUPPLIER A0279) – <i>visually inspect before use</i>	P
BLACK CHIA (SUPPLIER A0279)	P
GREEN BANANA FLOUR (SUPPLIER A0279)	P
ORGANIC BLACK CHIA (SUPPLIER A0279)	P
ORGANIC CACAO POWDER (SUPPLIER A0671)	P

ORGANIC TRIO QUINOA (SUPPLIER A0279) – <i>visually inspect before use</i>	P
ORGANIC WHITE QUINOA (SUPPLIER A0671) – <i>visually inspect before use</i>	P
PSYLLIUM HUSKS (SUPPLIER A0671)	P

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## BISCUITS & BAKED GOODS

### EMUNAH

ASSORTED BISCUITS (NON GEBROKHTS)	P#KLP
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### KLEINS

MACAROONS	P#KLP
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## BREAKFAST CEREAL

### KOSHER KINGDOM

PALEO MUESLI WITH FRUIT	P#KLP
PALEO MUESLI FRUIT & NUT	P#KLP

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## COFFEE - BEANS & GROUND (ROASTED & UNFLAVOURED)

1961 COFFEE	P#
BAILEY	P#
CISCO'S	P#
DI BELLA	P#
EUROPA	P#
FAGGS	P#
ESKY COFFEE	P#
GENOVESE	P#
GIGANTE	P#
GIANCARLO	P#
GRINDERS	P#
ILLY COFFEE7	P#
LAVAZZA13	P#
LEWIS & SON – ST ALI FEELS SO GOOD, ORTHODOX ESPRESSO, WIDE AWAKE	P
ORGANIC MOUNTAIN COFFEE	P#
PARADOX ROASTERS	P#
PICCO	P#
ROASTING WAREHOUSE (SOLD ON WEBSITE)	P#
SAN PEDRO	P#
THE HOUSE OF ROBERT TIMMS	P#
GEELONG COFFEE ROASTER	P#
VITTORIA	P#
WILL & CO	P#

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## COFFEE – INSTANT & FREEZE DRIED

### BUSHELLS COFFEE

COFFEE GRANULATED	P#
COFFEE POWDER	P#
ESPRESSO INSTANT COFFEE	P#
GRANULATED INSTANT COFFEE	P#
GREEK STYLE PULVERISED COFFEE	P#
INSTANT COFFEE	P#

RED LABEL INSTANT COFFEE	P#
SMOOTH BLEND RED LABEL COFFEE	P#
TURKISH STYLE PULVERISED COFFEE	P#
<b>CAFÉ BAR</b>	
FREEZE DRIED COFFEE	P#
GRANULATED COFFEE	P#
PREMIUM INSTANT COFFEE	P#
<b>COLES</b>	
COFFEE POWDER 500G (PACKED IN AUSTRALIA)	P#
<b>LAVAZZA</b>	
INSTANT COFFEE <sup>7</sup>	P
<b>MASTER BLEND</b>	
COFFEE DECAFFEINATED GRANULATED	P#
COFFEE EXTRA MILD	P#
COFFEE EXTRA STRONG	P#
COFFEE FREEZE DRIED	P#
COFFEE MILD	P#
COFFEE ROBUSTA (ALL TYPES)	P#
COFFEE STRONG	P#
DARK ROAST COFFEE	P#
COFFEE GRANULATED	P#
RAINFOREST ALLIANCE POWDER	P#
<b>MOCCONA</b>	
UNFLAVOURED FREEZE-DRIED COFFEE (MADE IN / PRODUCT OF THE NETHERLANDS) <sup>17</sup>	P#
UNFLAVOURED FREEZE-DRIED INSTANT DECAF COFFEE (MADE IN GERMANY) <sup>14</sup>	P#
BARISTA RESERVE FREEZE DRIED <sup>14</sup>	P#
UNFLAVOURED FREEZE-DRIED COFFEE (MADE IN GERMANY) <sup>14</sup>	P#
<b>THE HOUSE OF ROBERT TIMMS</b>	
MOLTO GOURMET GRANULATED COFFEE	P#
NOBLE	P#
PREMIUM ESPRESSO ROASTED GRANULATED COFFEE	P#
PREMIUM FULL-BODIED GRANULATED COFFEE	P#
PREMIUM GOLD GROUND COFFEE	P#
PREMIUM RICH & SMOOTH FREEZE-DRIED COFFEE	P#

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## COFFEE – PODS, CAPSULES & BAGS

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### GRINDERS

ARABICA	P#
CREMA	P#
ESPRESSO	P#

### LEWIS & SON

ST ALI FEELS GOOD COFFEE CAPSULES	P#
ST ALI ORTHODOX COFFEE CAPSULES	P#
ST ALI WIDE AWAKE COFFEE CAPSULES	P#

### LÓR ESPRESSO<sup>18</sup>

COLUMBIA	P#
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INDIA	P#
LUNGO ESTREMO	P#
ONYX	P#
PAPUA NEW GUINEA	P#
RISTRETTO	P#
RISTRETTO DECAFFEINATO	P#
SONTUOSO	P#
SUPREMO	P#
<b>MOCCONA</b>	
RISTRETTO <sup>12</sup> ESPRESSO	P#
LUNGO <sup>8</sup>	P#
ESPRESSO <sup>7</sup>	P#
<b>NESPRESSO (MADE IN SWITZERLAND)</b>	
CLASSICE RANGE - UNFLAVOURED <sup>4</sup>	P#
<b>SHOTS BY GENOVESE</b>	
BOLD	P#
DECAF	P#
MELLOW	P#
<b>THE HOUSE OF ROBERT TIMMS</b>	
CAFÉ SERIES (BAGS)	P#
DECAFFEINATED COFFEE (BAGS)	P#
GOLD COLOMBIA STYLE (BAGS)	P#
ITALIAN ESPRESSO STYLE (BAGS)	P#
MOCHA KENYA STYLE (BAGS)	P#
ROYAL SPECIAL (BAGS)	P#
<b>VITTORIA</b>	
ESPRESSO COFFEE CAPSULES	P#
ITALIAN BLEND COFFEE CAPSULES	P#
MARAGOGYPE COFFEE CAPSULES	P#
MOUNTAIN GROWN COFFEE CAPSULES	P#
ORO COFFEE CAPSULES	P#

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## CONFECTIONERY

### CHOCOLATE LOVE (MUST CARRY KLP LOGO)

ASSORTED CONFECTIONERY	P#KLP
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### KOSHER KINGDOM

APRICOT PUMPKIN SEED 4PK	P#
ASSORTED 10PK	P#
COCONUT BALLS 4PK & 10PK	P#
FERRERO ROCHER 4PK	P#
GOJI PISTACHIO 4PK	P#
LEMON CHEESECAKE 4PK	P#
MARAKSHE DATE TREAT 10PK	P#

### SOLOMONS GOLD

CACAO BEANS	P#
CACAO HUSK TEA	P#

CACAO MASS	P#
CACAO NIBS	P#
CHOCOLATE PIECES 100%	P#
CHOCOLATE PIECES 70%	P#
CHOCOLATE PIECES 70% (CANE SUGAR FREE)	P#
COCOA BUTTER	P#
COCOA POWDER	P#
DARK MINT, DARK MINT CANE SUGAR FREE	P#
DARK NIB, DARK NIB CANE SUGAR FREE	P#
DARK ORANGE, DARK ORANGE CANE SUGAR FREE	P#
DARK VELVET 65%	P#
ORGANIC CHOCOLATE	P#
SMOOTH DARK 70%, SMOOTH DARK 70% CANE SUGAR FREE	P#
VELVET NIB 70%	P#

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## DAIRY PRODUCTS - BUTTER, CHEESE & YOGHURT

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*CHEESE: All cheeses require Kosher for Passover approval due to the use of potentially chometz derived/fermented acids, cultures and rennet. Rennet-set cheeses (e.g. cheddar, swiss, brie, feta, haloumi & camembert) are also subject to the laws of Gevinas Yisroel and require reliable batch supervision.*

*CREAM: Cream can be thickened with gums that may have been co-processed with chometz and/or gelatine. Milk powders may be added.*

*YOGHURT: Yogurts contain flavours, milk powders & cultures that may contain, or may be derived from, chometz ingredients*

### **AMSTELVELDER** (carries logo from Rabbi Eckstein)

CLASSIC GOUDA	D#KLP
EDAM	D#KLP
GOAT CHEESE	D#KLP
GOUDA WITH CHIVES	D#KLP
MUENSTER	D#KLP
PEPPERJACK	D#KLP

### **BEAUTIFULLY BUTTERFLY (PRODUCT OF AUSTRALIA)**

SALTED BUTTER	D
UNSALTED BUTTER	D

### **BERTINELLI** (carries OK kosher symbol)<sup>24</sup>

PARMIGIANO REGGIANO 200G	D#KLP
PARMIGIANO REGGIANO LARGE CUTS AND WHEELS	D#KLP

### **COLES**

BUTTER BLOCK (SUPPLIER A0080)	D
DOUBLE CREAM	D
SALT REDUCED BUTTER BLOCK (SUPPLIER A0080)	D
SALTED BUTTER BLOCK (SUPPLIER A0080)	D
UNSALTED BUTTER BLOCK (SUPPLIER A0080)	D

### **GIPPSLAND DAIRY PRODUCTS**

CREAM	D
DOUBLE CREAM/PURE	D
ORGANIC CREAM	D

### **HOME BRAND (PRODUCT OF AUSTRALIA)**

SALTED BUTTER BLOCK	D
<b>KOSHER KINGDOM/BUSTAN</b>	
ASSORTED CHEESES <i>(must have Passover label or stamp)</i>	D#KLP
<b>MACRO ORGANIC</b>	
BUTTER	D
<b>MAINLAND</b>	
BUTTER	D
BUTTERSOFIT	D
BUTTERSOFIT SALT REDUCED	D
<b>NATURAL &amp; GOOD<sup>14</sup></b>	
ASSORTED CHEESES <i>(must have Passover label or stamp)</i>	D#KLP
<b>PURA</b>	
PURE CREAM	D
<b>TEMPO<sup>12</sup></b>	
ASSORTED YOGURTS & CHEESES <i>(must have Passover label or stamp)</i>	D#KLP
<b>WESTERN STAR</b>	
BUTTER BLOCK	D
ORIGINAL BUTTER	D
SALT REDUCED BUTTER BLOCK	D
<b>WOOLWORTHS SELECT</b>	
BUTTER BLOCK	D
SALT REDUCED BUTTER BLOCK	D

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## DIPS, DRESSINGS, PICKLES & SALADS

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### ESKAL

BALSAMIC VINEGAR OIL FREE DRESSING	P#KLP
DELI OIL FREE SUNDRIED TOMATO PESTO	P#KLP
HORSERADISH - RED	P#KLP
HORSERADISH - WHITE	P#KLP
ITALIAN OIL FREE DRESSING	P#KLP

### GAMILA AT BEECHWORTH

WILD FERMENTED OLIVES - KALAMATA	P#
WILD FERMENTED OLIVES - LEMON MYRTLE AND SAFFRON	P#
WILD FERMENTED OLIVES - ORIGINAL	P#
WILD FERMENTED OLIVES - SPICY BLONDE	P#

### KOSHER KINGDOM

ALGIR EGGPLANT	P#KLP
GREEN OLIVE MAYO	P#KLP
KALAMATA OLIVE MAYO	P#KLP
LUMI LUMI	P#KLP
POKE BOWLS TUNA/SALMON	P#KLP
RED SECHUG	P#KLP
SWEET HAROSET	P#KLP
TUNA MAYO	P#KLP
TZATZIKI	D#KLP

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## EGGS

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*All brands of Chicken Eggs in shell are acceptable. The ink used to stamp each egg is Pesach suitable. Please refer to the Kosher Australia Food Guide for blood spot checking guidelines. It is recommended to purchase eggs before Pesach to avoid using eggs laid on Pesach.*

EGGS, RAW IN SHELL (ANY) P

### FARMPRIDE

FROZEN EGG WHITES P#

### KINROSS FARMS

LIQUID EGG WHOLE, WHITE, YOLK P#

LIQUID EGG SUGARED, SALTED P#

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## FISH (RAW & ROE)

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*All frozen or raw whole kosher fish species (check the current Kosher Australia Food Guide/App for Kosher species) without additives are acceptable. Note that Ling varieties including Cape Rockling are not considered to be Kosher species.*

*When asking a fishmonger to fillet fish for Pesach, consumers are advised to bring their own knives and cutting board and watch the worker fillet. The fish should then be thoroughly washed.*

*Varieties listed below which are not marked with # (Mehadrin) should be rinsed before use.*

### CLAMMS

FILLETED FISH VARIETIES – SKIN ON P#

### COLES

TASMANIA BONELESS SALMON (SKIN OFF/SKIN ON) P

VARIOUS VARIETIES PACKED INSTORE P# KLP

### HUON

FRESH OCEAN TROUT CUTLET, DICES, SKIN OFF, SKIN ON P

RAW SALMON (NO ADDED FLAVOURS) P

SALMON ROE P

### KOSHER KINGDOM

ASSORTED FILLETED FISH P# KLP

### TASSAL

RAW SALMON CUTLETS, FILLETS P

### YARRA VALLEY CAVIAR

SALMON ROE P

TROUT ROE P

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## FISH (PROCESSED)

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*Locally produced smoked salmon brands that were previously marked as acceptable for Pesach are no longer recommended due to changes in production processes.*

### ALPINE TROUT FARM

FRESH RAINBOW TROUT P#

SMOKED FILLETED RAINBOW TROUT P#

SMOKED WHOLE RAINBOW TROUT P#

### BELLARINE SMOKEHOUSE (online ordering)

GRAVLAX – HALF SIDES P# KLP

HOT SMOKED BARRAMUNDI FILLETS P# KLP

HOT SMOKED NZ KING SALMON FILLETS P# KLP

HOT SMOKED TASMANIAN SALMON FILLETS P# KLP

HOT SMOKED WHOLE RAINBOW TROUT	P# KLP
<b>ESKAL</b>	
PICKLED FILLETS	P# KLP
PICKLED HERRING	P# KLP
<b>IL PESCATORE (DE SH00439 EG) – DENMARK OR GERMANY</b>	
PREMIUM SMOKED STEELHEAD - SLICED	P#
<b>KOSHER KINGDOM</b>	
SALMON BEETROOT GRAVLAX	P# KLP
<b>OCEAN KING (DE SH00439 EG OR DK 7222 EC OR DK 6626 EC) – DENMARK OR GERMANY</b>	
SMOKED NORWEGIAN SALMON	P#
<b>PACIFIC WEST (DK 7222 EC OR DK5709 EC) - DENMARK</b>	
SMOKED SLICED SALMON	P#
<b>PARAMOUNT</b>	
SALMON – PINK (ONLY WITH OU SYMBOL)	P
SALMON – RED (ONLY WITH OU SYMBOL)	P
<b>SEACREST (DK 7222 EC) - DENMARK</b>	
PRESLICED SALMON 1KG	P#
<b>SEA FROST (DK 7222 EC) - DENMARK</b>	
PRESLICED SALMON 1KG	P#
SALMON TRIMMINGS 500G	P#
<b>SEA KING (DK 7222 EC) - DENMARK</b>	
COLD SMOKED OCEAN TROUT	P#
COLD SMOKED SALMON	P#
<b>VARDE LAKS (DK 7222 EC) - DENMARK</b>	
COLD & HOT SMOKED SALMON	P#
COLD & HOT SMOKED SALMON WITH PEPPER	P
SMOKED SALMON PARTY PACK	P#

## FRUIT (DRIED)

*Dried fruits may be coated with vegetable oil, dextrose or flour which may be Kitniyos or even Chometz.*

*Dried fruit may be dried on shared equipment with Chometz.*

### ANGAS PARK (PACKED IN AUSTRALIA)

APPLES	P
APRICOTS SOFT & JUICY (MEDITERRANEAN)	P
APRICOTS SOFT & JUICY (TURKISH)	P
DATES	P
PEACHES	P
PEARS	P

### COLES

APRICOTS (SUPPLIER CODE A0671)	P
PEACHES (SUPPLIER CODE A0671)	P
PEARS (SUPPLIER CODE A0671)	P
MEDJOOOL DATES (SUPPLIER CODE A0671)	P

### GIN GIN AND DRY *Available for online purchase*

100% DRIED AUSTRALIAN BANANAS	P#
100% DRIED AUSTRALIAN BERRY MIX	P#



100% DRIED AUSTRALIAN BLOOD ORANGE	P#
100% DRIED AUSTRALIAN BLUEBERRIES	P#
100% DRIED AUSTRALIAN FIGS	P#
100% DRIED AUSTRALIAN FRUIT SALAD	P#
100% DRIED AUSTRALIAN GREEN APPLE	P#
100% DRIED AUSTRALIAN KIWI FRUIT	P#
100% DRIED AUSTRALIAN LEMON SLICES	P#
100% DRIED AUSTRALIAN LIME SLICES	P#
100% DRIED AUSTRALIAN ORANGE SLICES	P#
100% DRIED AUSTRALIAN PEAR	P#
100% DRIED AUSTRALIAN PINEAPPLE	P#
100% DRIED AUSTRALIAN RED APPLE	P#
100% DRIED AUSTRALIAN RED DRAGONFRUIT	P#
100% DRIED AUSTRALIAN RED PAPAYA	P#
100% DRIED AUSTRALIAN RUBY GRAPEFRUIT SLICES	P#
100% DRIED AUSTRALIAN SHREDDED FRUIT	P#
100% DRIED AUSTRALIAN MANGO	P#
<b>HILTONA</b>	
ORGANIC PRUNES	P
<b>HONEST TO GOODNESS</b>	
ORGANIC BANANA FINGER	P
ORGANIC DRIED BANANA COINS	P
<b>KOSHER KINGDOM</b>	
ASSORTED DRIED FRUITS	P#KLP
<b>LEWIS &amp; SON</b>	
ASSORTED DRIED FRUITS	P#KLP
<b>MAREEBA ORCHARDS</b>	
DRIED ORGANIC BANANA	P#
DRIED ORGANIC MANGO	P#
DRIED ORGANIC PAPAYA	P#
DRIED ORGANIC PINEAPPLE	P#
DRIED ORGANIC RED DRAGON FRUIT	P#
<b>PAPA ORGANICS</b>	
DRIED MANGO	P#
<b>ROYAL NUT COMPANY (MUST CARRY 5784 KLP SYMBOL)</b>	
APRICOTS	P#KLP
FIGS (TURKISH)	P#KLP
MANGO	P#KLP
MEDJOL DATES (USA)	P#KLP
NECTARINES (STH AFRICA)	P#KLP
PEARS (STH AFRICA)	P#KLP
PRUNES	P#KLP
<b>SUNBEAM</b>	
APRICOTS	P
NATURAL SULTANAS (WITHOUT OIL)	P

**VERITY**

PRUNES

P

**FRUIT (FRESH & FROZEN)**

*Individually Quick Frozen (IQF) fruit WITHOUT additives are acceptable. It is recommended to rinse the fruit before use. Pulp, purees & pastes require Pesach approval. The following have been checked.*

**CC SORBET**

BERRY MIX	P#
BLUEBERRY	P#
MANGO	P#
STRAWBERRY	P#
RASPBERRY	P#
CHERRY	P#
PINEAPPLE	P#
DRAGONFRUIT	P#
LYCHEE	P#
COCONUT	P#

**POMIGOLD**

FRESH ARILS	P#
FRESH FRUIT	P#
FROZEN POMEGRANATE ARILS	P#

**SIMPSON FARMS**

AVOCADO SMOOTH PASTE	P
MANGO PULP	P
PREMIUM CHUNKY AVOCADO	P

**SPEEDY BERRIES**

BLACKBERRIES IQF	P
BLUEBERRIES IQF	P
BLACK CURRANTS IQF	P
BOYSENBERRIES IQF	P
CHERRIES DARK SWEET PITTED IQF	P
CRANBERRIES IQF	P
CURRANTS IQF	P
FROZEN PASSION FRUIT PULP WITH SEEDS	P
MANGO CHEEKS IQF	P
MANGO DICED	P
MIXED BERRIES IQF	P
RASPBERRIES IQF	P
RED CURRANTS IQF	P
RHUBARB SLICED IQF	P
SOUR CHERRIES IQF	P
STRAWBERRIES IQF	P

**SUNNYSIDE WHOLE FRUIT 100% FRUIT** *(rinse thoroughly before use)*

3 BERRY COMBO, MIX	P
FRUIT FROM THE WOODS	P
MIXED BERRIES	P

APRICOT	P
AVOCADO DICED, HALVES, SLICES	P
BLACKBERRIES	P
BLUEBERRIES	P
HONEY DEW MELON	P
KIWI FRUIT	P
MANGO CHEEKS, CHUNKS	P
PEACH DICED	P
RASPBERRIES	P
REDCURRANTS	P
RHUBARB	P
ROCKMELON	P
STRAWBERRIES	P

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## HONEY

*Honey may be co-processed under heat with products containing Chometz.*

*There are reported cases of glucose (which is kitniyos or even chometz) being sold as honey or combined with honey.*

*All **Australian** pure floral honeys from the following brands are acceptable*

ARCHIBALD HONEY	P#
B HONEY	P#
BACKYARD HONEY	P#
BARNES NATURALS	P#
BEE VITAL	P
BEECHWORTH HONEY	P#
BEE-POWER HONEY	P#
BERRINGA	P#
BIOSOTA	P#
BLUE HILLS HONEY	P
CAPILANO HONEY	P
CHEVRA	P#
WARRAL HONEY	P#
ZIS VI HONIK	P#
HONEYSMITHS	P#

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## JAMS & SPREADS

### ALFIE'S

ABC BUTTER	P
ALMOND BUTTER	P
ALMOND BUTTER - ORGANIC	P
CASHEW BUTTER	P
PISTACHIO / ALMOND BUTTER	P

### CHEVRA

JAM WITH HONEY	P
JAM WITH RAW SUGAR: BLUEBEERY, BLACKBERRY, REDCURRANT, STRAWBERRY	P

### ESKAL

APRICOT JAM	P#KLP
CHERRY JAM	P#KLP

STRAWBERRY JAM	P#KLP
<b>HONEST TO GOODNESS</b>	
ALMOND BUTTER	P
<b>NATURALS BY MELROSE</b>	
ABC (ALMOND, BRAZIL & CASHEW) SPREAD	P#
ALMOND SPREAD	P#
CASHEW SPREAD	P#
HAZELNUT SPREAD	P#
MACADAMIA SPREAD	P#
PISTACHIO SPREAD	P#
WALNUT & CASHEW SPREAD	P#
<b>NOYA (MADE BY ROYAL NUT COMPANY)</b>	
ABC SPREAD	P#
ALMOND CHIA SPREAD	P#
ALMOND SPREAD	P#
CASHEW SPREAD	P#
HAZELNUT SPREAD	P#
MACADAMIA SPREAD	P#
PISTACHIO SPREAD	P#
ROYAL SPREAD	P#

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## JUICES

### COLES

ORANGE JUICE CHILLED (SUPPLIER A0188)	P
ORANGE PULP FREE JUICE CHILLED 2L (SUPPLIER A0188)	P

### FIVE STONES

GRAPE JUICE (MEVUSHAL)	P#KLP
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### GROVE

LIME	P
MANDARIN	P
ORANGE WITH PULP	P
ORANGE PULP FREE	P

### EZYCHEF ESL

CELERY JUICE	P
CUCUMBER JUICE	P

### NIPPYS

AUSTRALIAN MADE BLOOD ORANGE JUICE	P
AUSTRALIAN MADE LEMON JUICE	P
AUSTRALIAN MADE LIME JUICE	P

### NUDIE NOTHING BUT (J' NEXT TO BEST BEFORE DATE)

ORANGES WITH PULP, WITHOUT PULP	P#
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### POMIGOLD

100% POMEGRANATE FROZEN JUICE - NON PASTEURIZED 150ML	P#
POMEGRANATE JUICE - PASTEURIZED 250ML, 1L	P#

### SUMMER SNOW

PINK LADY APPLE JUICE ( <i>only with Pesach symbol</i> )	P#KLP
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## SUNNYSIDE

LIME JUICE

P

LEMON JUICE

P

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## MATZAH & MATZAH MEAL

*Matzah MUST be marked as being Kosher for Pesach/Passover and carry a reliable Kosher for Passover certification. WARNING: Egg matzah may not be eaten on Pesach. (Sick and elderly people should discuss the use of Egg Matzah with their Rabbi). MANISCHEWITZ TAM TAMS (OU-P) are made from egg matzah.*

### LEWIS & SON

MATZA MEAL COARSE, FINE

P#KLP

### SNIDER CARMEL

MATZA (MUST CARRY PESACH LOGO)

P#KLP

MATZA MEAL COARSE, FINE

P#KLP

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## MAYONNAISE

### KLEIN'S GOURMET FOODS

WHOLE EGG MAYONNAISE

P#KLP

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## MEATS & PREPARED MEALS INCLUDING SOUPS

### CONTINENTAL KOSHER BUTCHER

MEATS CARRYING KOSHER FOR PESACH LOGO

F#KLP

### DANELIS

FROZEN MEALS, SOUPS & DESSERTS

F#KLP

### KLEIN'S GOURMET

FROZEN MEALS, SOUPS & DESSERTS (MAY BE GEBROKHTS)

F#KLP

### KOSHER KINGDOM

POTATO LEEK SOUP

P#KLP

PUMPKIN SOUP

P#KLP

### KOSHER MEALS ON WHEELS

FROZEN MEALS, SOUPS & DESSERTS (MAY BE GEBROKHTS)

F#KLP

### LEWIS & SON

ASSORTED SMALLGOODS AND SOUPS (MUST CARRY PESACH LOGO)

F#KLP

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## MILK & MILK ALTERNATIVES

*Unsupervised flavoured and unflavoured low-fat milk are not acceptable as they may contain additives and vitamins that are not Kosher for Pesach.*

*In the first instance it is recommended to consume Cholov Yisroel milk under formal Pesach supervision.*

*The OU has advised that lactose-free milk where the only non Pesach additive is the enzyme, may be purchased prior to Pesach. For those who are lactose intolerant and observe Cholov Yisroel, please contact Rabbi Mordechai Gutnick directly at Rabbi.Mordechai.Gutnick@kosher.org.au to discuss milk options.*

*Some Kosher stores carry imported plant-based milks with formal Kosher for Pesach supervision.*

*All fresh milks that have been approved should be purchased before Pesach.*

### **BLACK AND GOLD** (supplier: 41936 - products with 'INF' in the batch no should **NOT** be used)

LACTOSE FREE FULL CREAM MILK UHT (purchase before Pesach)

D

LACTOSE FREE LOW-FAT MILK UHT (purchase before Pesach)

D

### CECIL<sup>3</sup>

CANNED COCONUT CREAM, MILK

P

### CEYPAL<sup>3</sup>

CANNED COCONUT CREAM, MILK	P
<b>COLES</b> ( <i>products with 'INF' in the batch no should NOT be used</i> )	
FULL CREAM FRESH, UHT	D
LACTOSE FREE FULL CREAM UHT ( <i>purchase before Pesach</i> )	D
LITE FRESH, UHT	D
SKIM FRESH	D
<b>DEVONDALE</b>	
FULL CREAM MILK UHT	D
SKIM MILK UHT	D
<b>FARMHOUSE</b>	
GOLD	D
<b>GEFEN (AVAILABLE AT KRAUS FOODS)</b>	
ALMOND, HAZELNUT, COCONUT	P#KLP
<b>GIPPSLAND JERSEY</b>	
CREAM	D
MILK – FULL CREAM, LITE, SKIM, UNHOMOGENISED MILK	D
<b>GREAT OCEAN ROAD</b>	
FULL CREAM	D
LOW FAT	D
NO FAT	D
<b>KIRKLAND</b>	
FULL CREAM AUSTRALIAN MILK	D
LIGHT AUSTRALIAN MILK	D
<b>TEMPO<sup>12</sup></b>	
FULL CREAM MILK	D#
LOW FAT MILK	D#
SKIM MILK	D#
<b>VITA LIFE</b> ( <i>products with 'INF' in the batch no should NOT be used</i> )	
FULL CREAM MILK UHT	D
LOW FAT MILK UHT	D
SKIM MILK UHT	D
<b>WOOLWORTHS SELECT</b> ( <i>supplier: 83591 - products with 'INF' in the batch no should NOT be used</i> )	
FULL CREAM MILK UHT, SEMI SKIM MILK UHT, SKIM MILK UHT	D
UHT LACTOSE FREE FULL CREAM MILK ( <i>purchase before Pesach</i> )	D
UHT LACTOSE FREE LIGHT MILK ( <i>purchase before Pesach</i> )	D
<b>ZYMIL</b>	
FULL FAT UHT, LOW FAT UHT, SKIM UHT ( <i>purchase before Pesach</i> )	D

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## NUTS & SEEDS (RAW, BLANCHED, DRY ROASTED; WHOLE, GROUND)

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*Raw nuts in their shells do not require Kosher for Pesach supervision.  
Please note that peanuts are considered Kitniyos*

### ALFIE'S

RAW ALMONDS IN A POUCH	P
RAW BRAZIL IN A POUCH	P
RAW CASHEWS IN A POUCH	P
RAW MACADAMIAS IN A POUCH	P

RAW PECANS IN A POUCH	P
<b>COLES</b>	
ALMOND MEAL ( <i>supplier A0671</i> )	P
ALMONDS RAW ( <i>supplier 945404 or A0965</i> )	P#
ALMONDS ROASTED ( <i>supplier 945404 or A0965</i> )	P#
ALMONDS BLANCHED ( <i>supplier A0671</i> )	P
ALMONDS SLIVERED ( <i>supplier A0671</i> )	P
BRAZIL NUTS ( <i>supplier A0671</i> )	P
MACADAMIA ( <i>supplier A0666</i> )	P
PECANS ( <i>supplier A0671</i> )	P
PISTACHIOS ROASTED & SALTED ( <i>supplier 945404 or A0965</i> )	P#
WALNUTS - CALIFORNIAN ( <i>supplier A0671</i> )	P
<b>FORRESTERS FRESH</b>	
ALMONDS DRY ROASTED 400G	P#
MACADAMIAS 400G	P
MACADAMIAS DRY ROASTED AND SALTED 400G	P
NATURAL ALMONDS 1KG	P#
PECANS 400G	P
ROASTED & SALTED AUSTRALIAN PISTACHIOS 1KG	P#
<b>HONEST TO GOODNESS</b>	
ORGANIC PINE NUTS	P
<b>KIRKLAND</b>	
ALMONDS ( <i>Product of Australia</i> )	P#
WALNUTS ( <i>Product of Australia</i> )	P#
<b>KOSHER KINGDOM</b>	
ALMOND FLAKES	P#KLP
ALMOND MEAL (BLANCHED & NATURAL)	P#KLP
ALMONDS RAW, ROASTED, SLIVERED	P#KLP
CASHEW RAW	P#KLP
CHIA SEEDS	P#KLP
HAZELNUT (RAW & TOASTED)	P#KLP
PECAN MEAT	P#KLP
PINE NUTS	P#KLP
PISTACHIO KERNELS	P#KLP
PISTACHIOS SALTED	P#KLP
PUMPKIN SEEDS	P#KLP
WALNUTS	P#KLP
<b>KRAUS FOODS (MUST CARRY KLP SYMBOL)</b>	
ASSORTED NUTS <b>ONLY</b> WITH RELIABLE KOSHER CERTIFICATION	P#KLP
<b>LEWIS &amp; SON</b>	
ASSORTED NUTS	P#KLP
<b>LOVING EARTH</b>	
CHIA SEEDS	P
<b>RIVERSIDE</b>	
RAW WALNUTS	P#

RAW PECAN KERNEL	P#
<b>ROYAL NUT COMPANY (MUST CARRY KLP SYMBOL)</b>	
ALMOND DRY ROASTED	P#KLP
ALMOND MEAL (NATURAL & BLANCHED)	P#KLP
ALMONDS RAW PREMIUM	P#KLP
CASHEW RAW	P#KLP
CHIA SEEDS (AUSTRALIAN)	P#KLP
HAZELNUT DRY ROASTED, MEAL, RAW	P#KLP
MACADAMIA DRY ROASTED	P#KLP
PEPITAS	P#KLP
PISTACHIOS SALTED (AUSTRALIAN)	P#KLP
WALNUT CALIFORNIA	P#KLP
<b>STAHMANN FARMS/WEBSTER</b>	
MACADAMIA NUT IN SHELL	P#
PECAN NUT IN SHELL	P#
RAW MACADAMIA KERNEL	P#
RAW PECAN KERNEL	P#
<b>WOOLWORTHS</b>	
PECANS, WALNUT KERNELS, KERNELS IN SHELL	P#

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## OIL

### CALIBRE

COTTONSEED OIL P#

### CHOSEN FOODS

100% PURE AVOCADO OIL<sup>7</sup> P

### COBRAM ESTATE

EXTRA VIRGIN OLIVE OIL (ALL UNFLAVOURED) - LIGHT, CLASSIC, ROBUST (ALL SIZES) P#

EXTRA VIRGIN OLIVE OIL SPRAY P#

### COPPA DÓRO

COTTONSEED OIL P#

### COLES AUSTRALIAN

EXTRA VIRGIN OLIVE OIL P#

### COUNTRY FRIED

COTTONSEED OIL P#

### DISSENGA

EXTRA VIRGIN OLIVE OIL P#

### DR BRONNER<sup>14</sup>

UNREFINED WHOLE KERNEL COCONUT OIL P#

UNREFINED WHITE KERNEL COCONUT OIL P#

### FARMGATE

FARMGATE EVERYDAY EXTRA VIRGIN OLIVE OIL P#

### FRY FOR LESS

COTTONSEED OIL P#

### HONEST TO GOODNESS

EXTRA VIRGIN OLIVE OIL P



<b>KANGAROO ISLAND</b>	
EXTRA VIRGIN OLIVE OIL	P
<b>KIRKLAND</b>	
COLD PRESSED EXTRA VIRGIN COCONUT OIL <sup>3</sup>	
<b>KOKONUT PACIFIC</b>	
COLD PRESSED VIRGIN COCONUT OIL	P#
<b>LOVING EARTH</b>	
COLD PRESSED COCONUT OIL	P#
<b>MARETAI ORGANICS</b>	
SACHA INCHI EXTRA VIRGIN OIL - ORGANIC	P
VIRGIN COCONUT OIL	P
<b>MELROSE</b>	
MACADAMIA OIL	P
ORGANIC EXTRA VIRGIN OLIVE OIL	P
<b>MOI</b>	
COCONUT OIL 15L	P#
FRYOLA GOLD FRYING SHORTENING 15KG	P#
FRYOLA PREMIUM FRYING OIL 15L	P#
VIKOR VEGETABLE SHORTENING 15KG (ALL PURPOSE SHORTENING)	P#
<b>MOUNT ZERO OLIVES</b>	
ARBEQUINA EVOO	P#
FRANTOIO EVOO	P#
KORONEIKI EVOO	P#
LEMON PRESSED EVOO	P#
LIME PRESSED EVOO	P#
MANDARIN PRESSED EVOO	P#
ORGANIC EVOO	P#
PICUAL EVOO	P#
ROBUST EVOO	P#
ROSEMARY PRESSED EVOO	P#
<b>NIULIFE</b>	
COLD PRESSED EXTRA VIRGIN COCONUT OIL	P#
LIQUID COCONUT OIL	P#
<b>OLIVE GROVE</b>	
EXTRA VIRGIN OLIVE OIL	P#
<b>PLENTY<sup>7</sup></b>	
COLD PRESSED ALMOND OIL	P#
COLD PRESSED MACADAMIA OIL	P#
COLD PRESSED OLIVE OIL	P#
COLD PRESSED WALNUT OIL	P#
<b>PROCHEF</b>	
EXTRA VIRGIN COCONUT OIL SPRAY	P#
EXTRA VIRGIN OLIVE OIL SPRAY	P#
<b>PUREHARVEST</b>	
EXTRA VIRGIN OLIVE OIL	P#

<b>RED ISLAND AUSTRALIA</b>	
EXTRA VIRGIN OLIVE OIL	P#
EXTRA VIRGIN OLIVE OIL SPRAY	P#
<b>REFRESH</b>	
COTTONSEED OIL	P#
<b>ROSA</b>	
COTTONSEED OIL	P#
<b>ROYAL NUT COMPANY</b>	
ORGANIC VIRGIN COCONUT OIL	P
<b>SOUTHERN CHEF</b>	
COTTONSEED OIL	P#
<b>STONEY CREEK</b>	
SAFFLOWER OIL	P

## SALT & SPICES

*Many authorities allow the use of all non-iodised salts<sup>2B</sup>.*

*Ground herbs and spices should only be used if bearing a reliable Kosher for Pesach approval as oils and other processing aids that contain Chometz or Kitniyos may be used in the drying and packing process. Whole spices are acceptable but should be inspected for any detritus. Note that certain spices are regularly sourced from Israel and as such require a formal certification for Pesach and year-round use e.g sweet paprika, coriander and tarragon.*

*Spice or salt grinders may not be used on Shabbos.*

<b>CECIL<sup>3</sup></b>	
GROUND CINNAMON	P
<b>BLACK &amp; GOLD</b>	
TABLE SALT (500G PLASTIC)	P#
IODISED TABLE SALT (500G PLASTIC)	P#
<b>COLES SMART BUY</b>	
TABLE SALT (500G PLASTIC)	P#
IODISED TABLE SALT (500G PLASTIC)	P#
COOKING SALT (1KG & 2KG SOFT PACKET)	P#
<b>KIRKLAND<sup>7</sup></b>	
SALT	P
MED SEA SALT GRINDER	P
SEA SALT	P
<b>LEWIS &amp; SON</b>	
KOSHER SALT	P#
<b>MERMAID</b>	
SALT (INCLUDING IODISED) – ALL PACK SIZES	P#
<b>MOUNT ZERO OLIVES</b>	
AUSTRALIAN GROWN PEPPER GRINDER	P#
CHILLI SALT GRINDER	P#
COARSE CRYSTAL PINK LAKE SALT	P#
FINE PINK LAKE SALT	P#
MEDIUM CRYSTAL PINK LAKE SALT	P#
PEPPER BERRY SALT GRINDER	P#
<b>MURRAY RIVER</b>	

GOURMET GRINDER SALT	P#
GOURMET SALT FLAKES	P#
<b>OLSSON SALT/PACIFIC</b>	
ALL PLAIN & IODISED VARIETIES	P#
<b>SAXA</b>	
TABLE SALT (500G SOFT PACKET, 750G PLASTIC CONTAINER)	P#
IODISED TABLE SALT (500G SOFT PACKET, 750G PLASTIC CONTAINER)	P#
COOKING SALT (1KG & 2KG SOFT PACKET)	P#
IODISED COOKING SALT (1KG SOFT PACKET)	P#
ROCK SALT (500G & 1KG SOFT PACKET)	P#
IODISED ROCK SALT (500G SOFT PACKET)	P#

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## SUGAR, SWEETENERS & SUGAR SUBSTITUTES

*Kitniyos or even chometz derivations may be used in the processing of sugar. Commercial stevia may be blended or co-processed with kitniyos or chometz. Icing sugar may be blended with corn starch or even flour.*

### CSR

BROWN, CASTER, RAW, WHITE SUGAR	P#
GOLDEN SYRUP	P#
UNREFINED RAW COCONUT SUGAR	P#

### COLES ORGANIC

COCONUT SUGAR (SUPPLIER A0279)	P
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### HERMES HERMESETAS<sup>4</sup>(PRODUCT OF SWITZERLAND)

CLASSIC	P#
MINI SWEETENERS	P#
ORIGINAL	P#

### KOSHER KINGDOM

SUGAR CASTER, RAW, WHITE	P#KLP
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### MARETAI ORGANICS

AGAVE SYRUP (DARK/LIGHT)	P
COCONUT SUGAR	P

### NIULIFE

COCONUT SUGAR	P#
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## TEA

*Instant tea, flavoured tea and decaffeinated tea should not be used without Kosher for Pesach approval. Teabags may be made from corn starch which are kitniyos or may contain chometz. Some authorities allow the use of all unflavoured loose tea<sup>7</sup>.*

### BUSHHELLS

AUSTRALIAN BREAKFAST (LOOSE LEAF OR BAGS)	P
BLUE LABEL (LOOSE LEAF OR BAGS)	P
EXTRA STRONG (LOOSE LEAF OR BAGS)	P

### DILMAH

ALL UNFLAVOURED TEAS (NOT DECAF) <sup>8</sup> - loose leaf only	P
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### HENRY LANGDON LOOSE LEAF TEA (AVAILABLE ONLINE)

CHAMOMILE & LAVENDER	P
ENGLISH BREAKFAST	P
ORGANIC GREEN	P

PEPPERMINT	P
<b>LIPTON</b>	
GREEN TEA BAGS	P
INTENSE TEA BAGS	P
QUALITY BLACK TEA BAGS	P
<b>NERADA</b>	
BLACK TEA (LOOSE LEAF OR BAGS)	P
CAMOMILE TEA (LOOSE LEAF OR BAGS)	P
GREEN TEA (LOOSE LEAF OR BAGS)	P
PEPPERMINT TEA (LOOSE LEAF OR BAGS)	P
ROOIBOS TEA (LOOSE LEAF OR BAGS)	P
WHITE TEA (LOOSE LEAF OR BAGS)	P
<b>PUKKA TEA (LOOSE LEAF OR BAGS)</b>	
ELEGANT ENGLISH BREAKFAST	P
LOVE	P
MINT MATCHA GREEN	P
PEPPERMINT & LICORICE	P
SUPREME MATCHA GREEN	P
THREE CHAMOMILE	P
THREE CINNAMON	P
THREE MINT	P
TULSI CLARITY TEA	P
<b>TEAVISION</b>	
<i>(LOOSE LEAF unless otherwise INDICATED) available online <a href="http://www.teavision.com.au">www.teavision.com.au</a></i>	
APPLE PIECES	P
AUSTRALIAN ALPINE GREEN TEA	P
AUSTRALIAN RAINFOREST BLACK TEA	P
DANDELION LEAVES CUT	P
DARJEELING BLACK TEA	P
LEMON VERBENA LEAVES	P
LINDEN FLOWERS	P
MARSHMALLOW ROOT CUT	P
ORGANIC BLACK TEA CTC (BOP)	P
ORGANIC BURDOCK ROOT CUT	P
ORGANIC CHAMOMILE (PYRAMID BAGS & LOOSE LEAF)	P
ORGANIC CHAMPAGNE OOLONG (ORIENTAL BEAUTY)	P
ORGANIC CHUN MEE GREEN TEA	P
ORGANIC COCOA SHELLS	P
ORGANIC DIAN HONG MAO FENG TEA	P
ORGANIC EARL GREY (PREMIUM)	P
ORGANIC EARL GREY (PYRAMID BAGS & LOOSE LEAF)	P
ORGANIC EARL GREY (STRONG)	P
ORGANIC ENGLISH BREAKFAST (PREMIUM)	P
ORGANIC ENGLISH BREAKFAST (PYRAMID BAGS & LOOSE LEAF)	P
ORGANIC ENGLISH BREAKFAST (STRONG)	P
ORGANIC GREEN TEA FANNINGS	P

ORGANIC HIBISCUS FLOWER	P
ORGANIC HONEYBUSH	P
ORGANIC JAPANESE GYOKURO	P
ORGANIC JAPANESE MATCHA (CEREMONIAL)	P
ORGANIC JAPANESE SENCHA (SUPERIOR GRADE)	P
ORGANIC KEEMUN BLACK TEA (SUPERIOR GRADE)	P
ORGANIC KOREAN SENCHA	P
ORGANIC LAPSANG SOUCHONG	P
ORGANIC LEMONGRASS & GINGER (PYRAMID BAGS & LOOSE LEAF)	P
ORGANIC LEMONGRASS & GINGER TEA	P
ORGANIC LICORICE & MINT TEA	P
ORGANIC LONGJING GREEN TEA	P
ORGANIC OOLONG (IRON GODDESS)	P
ORGANIC PEPPERMINT (PYRAMID BAGS & LOOSE LEAF)	P
ORGANIC PREMIUM RAMA TULSI	P
ORGANIC RIPE PU-ERH TEA	P
ORGANIC ROOIBOS	P
ORGANIC SENCHA GREEN TEA (PYRAMID BAGS & LOOSE LEAF)	P
ORGANIC SLEEPY TEA (PYRAMID BAGS & LOOSE LEAF)	P
ORGANIC ST JOHN'S WORT	P
ORGANIC SUMMER GREEN TEA	P
ORGANIC WHITE PEONY TEA (PAI MU TAN)	P
ORGANIC WILD BERRY (PYRAMID BAGS & LOOSE LEAF)	P
PREMIUM BLACK TEA (FBOP)	P
PREMIUM BLACK TEA (OP1)	P
PREMIUM KENYAN BLACK TEA (OPA)	P
PREMIUM KENYAN BLACK TEA (ORANGE PEKOE)	P
SKULLCAP ROOT CUT	P
SWEET BLACKBERRY LEAVES	P
WHITE PEONY TEA (PAI MU DAN)	P
YARROW HERB CUT	P

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## VEGETABLES (FRESH)

*The following products have been checked as being chometz and kitniyos free as well as thoroughly cleaned for insects. Consumers are still recommended to visually inspect before use.*

### ALDI

ALDI BEETROOT 250G	P
ALDI ICEBERG BLEND 300G	P
ALDI SHREDDED ICEBERG	P

### CHEF'S PANTRY

ASSORTED VEGETABLES (some items may require further checking for insects)	P
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### COLES (supplier A0201)

COLES 4 LEAF 200G	P
COLES 4 LEAF MIX 120G	P
COLES BABY LEAF BLEND 300G	P
COLES BABY SPINACH	P
COLES BABY SPINACH ROCKET	P

COLES BABYLEAF AND BEET 150G	P
COLES BUTTER LETTUCE & SPINACH 120G	P
COLES CHOPPED KALE	P
COLES COLESLAW	P
COLES FAMILY MIX SF 400G	P
COLES ICEBERG BLEND 300G	P
COLES ITALIAN LEAF BLEND	P
COLES KALE & SPINACH 300G	P
COLES ORGANIC BEETROOT 250G	P
COLES ORGANIC COLESLAW 200G	P
COLES ORGANIC KALE WITH VEG	P
COLES ORGANIC STIR FRY 300G	P
COLES RED & GREEN OAK LETTUCE	P
COLES SPINACH 280G	P
COLES VAC PAC BEETROOT 250G	P
COLES VALUE FAMILY STIRFRY	P
<b>COMMUNITY CO</b>	
COMMCO AUSSIE MIX 120G	P
COMMCO BABY LEAF 300G	P
COMMCO BABY SPINACH 120G	P
COMMCO BEETSLAW	P
COMMCO COLESLAW 200G	P
COMMCO LEAFY MIX 120G, 200G	P
COMMCO SHREDDED ICEBERG	P
COMMCO SPINACH & ROCKET 120G	P
COMMCO SPINACH 280G	P
COMMCO SWEET & CRUNCHY	P
<b>COSTCO</b>	
COSTCO BEET MANUF VAC PC	P
<b>LOVE BEETS</b>	
LOVE BEETS ORGANIC VAC PACK 250G	P
LOVE BEETS VAC PAC BEETROOT 250G	P
<b>WOOLWORTHS</b>	
WW BABY LEAF SALAD MIX	P
WW BABY LEAVES & BEETROOT	P
WW BABY ROCKET (60G)	P
WW BABY SPINACH (60G)	P
WW BUTTER LETTUCE 170G	P
WW CHOPPED SPINACH 400G	P
WW GREEN SF 550G	P
WW ICEBERG LETTUCE BLEND	P
WW LEAFY MIX 120G, 200G	P
WW ORGANIC BEETROOT 250G	P
WW ORGANIC COLESLAW 200G	P
WW ORGANIC GOURMET 100G	P
WW ORGANIC SALAD 100G	P

WW RAINBOW SLAW 300G	P
WW ROCKET 120G	P
WW SHREDDED ICEBERG 200G	P
WW SPINACH & KALE 300G	P
WW SPINACH & ROCKET 60G, 120G	P
WW SPINACH 120G, 280G	P
WW SUPERFOOD STIR FRY	P
WW TRADITIONAL STIR FRY	P
WW VAC PAC BEETROOT 250G, 500G	P

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## VEGETABLES (FROZEN)

### BIRDSEYE (PRODUCT OF AUSTRALIA)

BROCCOLI	P
CAULIFLOWER	P
CARROTS, CAULIFLOWER & BROCCOLI	P
ONIONS	P

### COLES (PRODUCT OF AUSTRALIA)

BROCCOLI	P
CAULIFLOWER	P
CAULIFLOWER & BROCCOLI	P
CARROTS	P
ONIONS	P

### WOOLWORTHS SELECT (PRODUCT OF AUSTRALIA)

BROCCOLI	P
CAULIFLOWER	P
CAULIFLOWER & BROCCOLI	P
CARROTS	P
ONIONS	P

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## VEGETABLES (PICKLED)

### ESKAL (WITH NUMBERED KLP STICKERS)

RED HORSERADISH	P#KLP
WHITE HORSERADISH	P#KLP

### KOSHER KINGDOM

KALAMATA OLIVES	P#KLP
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### LEWIS & SON

ASSORTED FERMENTS AND PICKLES	P#KLP
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## VEGETABLES (PROCESSED)

### BILLABONG (\*P\* AT END OF DATE CODE)

CRUSHED TOMATOES IN CANS OR JARS	P#
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### EZYCHEF

ASEPTIC OR FROZEN BROCCOLI PUREE	P
ASEPTIC OR FROZEN BUTTERNUT PUMPKIN PUREE	P
ASEPTIC OR FROZEN CABBAGE PUREE	P
ASEPTIC OR FROZEN CAPSICUM PUREE	P
ASEPTIC OR FROZEN CARROT PUREE	P

ASEPTIC OR FROZEN CAULIFLOWER PUREE	P
ASEPTIC OR FROZEN CELERY PUREE	P
ASEPTIC OR FROZEN KALE PUREE	P
ASEPTIC OR FROZEN LEEK PUREE	P
ASEPTIC OR FROZEN ONION PUREE	P
ASEPTIC OR FROZEN PARSNIP PUREE	P
ASEPTIC OR FROZEN SILVERBEET PUREE	P
ASEPTIC OR FROZEN SPINACH PUREE	P
ASEPTIC OR FROZEN SWEET POTATO PUREE	P
ASEPTIC OR FROZEN ZUCCHINI PUREE	P

### **HYGIENE PACKERS**

BEETROOT	P#
CABBAGE	P#
CAPSICUM (RED, YELLOW, GREEN)	P#
CARROTS	P#
ONIONS	P#
PARSLEY	P#
PEELED GARLIC	P#
POTATO RAW	P#
PUMPKIN	P#
SHREDDED PUMPKIN	P#
SOUP MIX (CARROT, CELERY, TURNIP, SWEDE)	P#
SPRING ONION	P#
SWEET POTATO CAKES	P#
SWEET POTATO CHIPS	P#
ZUCCHINI	P#

### **KOSHER KINGDOM**

LETTUCE (CHECKED)	P#KLP
POTATO (PEELED/DICED)	P#KLP
PUMPKIN DICED	P#KLP

### **KLEIN'S GOURMET**

CRUSHED TOMATOES IN JARS	P#KLP
CRUSHED TOMATOES IN CANS	P#KLP

### **VEGGIE WASH**

*Recipes for simple homemade vegetable washes can be found online using diluted vinegar, or salt and sodium bicarbonate, or lemon juice and diluted vinegar. The following do not have problematic ingredients for Pesach.*

ATTITUDE, FRUIT & VEGETABLE WASH, UNSCENTED	P
CITRUS MAGIC, VEGGIE WASH, FRUIT AND VEGETABLE WASH	P
ENVIROCLEAN FRUIT & VEG WASH	P
KOALA ECO NATURAL FRUIT AND VEGETABLE WASH	P
MILD BY NATURE, FRUIT AND VEGETABLE WASH	P

### **VINEGAR**

*Vinegar is commonly source from many materials including sugar, milk, grape, wheat, corn, apples and artichokes. Some of these sources may be non-kosher or dairy or kitniyos or chometz. Imitation vinegar or glacial acetic acid is synthetically derived and acceptable from all sources.*

### **EDLYN**



IMITATION VINEGAR P#

**HARCOURT**

APPLE CIDER VINEGAR P#

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**WATER**

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*All bottled (plastic/glass), still unflavoured water without additives is acceptable. Sparkling/soda water uses carbonation which may be derived from Chometz sources.*

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**COOL RIDGE**

WATER P#

**DEEP SPRING**

UNFLAVOURED MINERAL WATER P#

**FRANTELLA**

WATER P#

**PERRIER®**

NATURALLY CARBONATED MINERAL WATER P#

**SCHWEPPE**

NATURAL MINERAL WATER (UNFLAVOURED ONLY) P#

SODA WATER P#

**SODA STREAM**

SPARKLING WATER – UNFLAVOURED P#

**TOP LEVEL**

STILL WATER P#

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**WINE**

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*Not all wine is Kosher for Pesach. Also, not all wine is Mevushal. Please check the label for the word 'mevushal' otherwise assume that the wine is not mevushal which has more stringent restrictions regarding handling. The following wines are produced under the strict supervision of Kosher Australia.*

**FIVE STONES**

ALL WINES ARE MEVUSHAL P#KLP

**HIRSCH HILL**

ROSE (MEVUSHAL) P#KLP

**SAPPİR**

ALL WINES ARE NOT MEVUSHAL P#KLP

**SIX PARALLELS SOUTH**

ALL WINES ARE NOT MEVUSHAL P#KLP

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**CHOMETZ-FREE KITNIYOS FOODS**

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*For those who follow the Sephardi custom or have received Rabbinic dispensation to use kitniyos, the following items containing kitniyos have been ascertained to be Chometz free and may be used if purchased before Pesach.*

*WARNING: Gluten free products may contain actual chometz ingredients.*

**BIRDSEYE FROZEN VEGETABLES (PRODUCT OF AUSTRALIA)**

BEANS K

CORN ON THE COB K

CORN KERNELS K

MEDLEYS CONTAINING CORN AND/OR BEANS AND/OR PEAS K

PEAS (WITHOUT MINT FLAVOUR) K

**CANOLA OIL (MADE IN AUSTRALIA, 'C' OR 'QC' OR 'CL' AFTER BEST BEFORE DATE)**

ALLUNGA	K
AUSSIE FIELDS	K
BEST BUY	K
BEXA	K
BLACK & GOLD	K
CHINOO	K
COLES	K
COMMUNITY CO	K
DRAKE	K
FARMERS HARVEST	K
FOODWORKS	K
GOLD SUNSET	K
HARVEST AWARD	K
HOMEBRAND	K
MARYLAND	K
PURE VITA	K
TOM'S SUPER FARM	K
WATTLEFIELD	K
WOOLWORTHS ESSENTIALS	K
WOOLWORTHS SELECT	K
<b>COLES (PRODUCT OF AUSTRALIA)</b>	
BEANS	K
CORN ON THE COB	K
CORN KERNELS	K
MEDLEYS CONTAINING CORN AND/OR BEANS AND/OR PEAS	K
PEAS (WITHOUT MINT FLAVOUR)	K
<b>COLES</b>	
HARD TOFU	K
<b>FIVE SEASONS</b>	
TOFU	K
<b>HAKA</b>	
ORGANIC TOFU	K
<b>MACRO</b>	
CLASSIC TOFU	K
<b>MAYVERS</b>	
TAHINA	K
PEANUT BUTTER	K
<b>PUREHARVEST</b>	
CORN CAKE	K
RICE CAKE	K
RICE & LINSEED (ONLY CIRCLE SHAPED)	K
<b>SUNRICE (PRODUCT OF AUSTRALIA)</b>	
ARBORIO MEDITERRANEAN RICE	K
ARBORIO RICE	K
BROWN LONG GRAIN RICE	K

BROWN MEDIUM GRAIN RICE	K
CORN & SESAME THICK SLICED RICE CAKES	K
DOONGARA CLEVER RICE	K
DOONGARA WHITE LONG GRAIN RICE	K
JAPANESE STYLE SUSHI RICE	K
JASMINE FRAGRANT RICE	K
THIN RICE CAKES	K
ORGANIC RICE WHITE LONG GRAIN	K
ORIGINAL THICK SLICED RICE CAKES	K
ORIGINAL THIN RICE CAKES	K
QUICK COOKING BROWN RICE	K
RICE & CORN THIN RICE CAKES	K
WHITE MEDIUM GRAIN RICE	K
WILD BLEND ENTERTAINER RICE	K

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## PET CARE

*Many pet foods include wheat, wheat germ, bakers dried yeast or barley that are prohibited on Pesach as they are Chometz. Others contain cheese, kefir, yoghurt, lactobacillus cultures or milk that are dairy and when combined with beef, lamb, veal, goat or mutton are prohibited year-round due to Bossor V'Chalav (prohibited Dairy/Meat mixtures). Please check the ingredients panel before purchasing pet food. Note that pork, rabbit, & kangaroo are acceptable even with dairy components. Similarly, kitniyos is acceptable for pets and animals.*

*If an ingredient is listed as cereals or grains without specification, it is assumed to be Chometz*

*The following products have been investigated for this year.*

## BIRDS / BUDGIES / CANARIES

MILLET  
 PANNICUM  
 PEANUTS  
 PLAIN CANARY SEED  
 PURE ALFALFA PELLETS  
 SORGHUM  
 SUNFLOWER SEEDS

### BIRDZONE

VEGE DELIGHT  
 APPLE & MANGO CRISPIES  
 INSTANT FRUIT & VEGETABLES  
 INSTANT MIXED VEGETABLES  
 SPECIAL BLEND

### GOLDEN COB

CANARY MIX  
 FINCH MIX  
 SUPREME BUDGIE MIX

### HARMONY

SUNFLOWER SEEDS

### MCPMAHON & SONS

SHELL GRIT FINE, MEDIUM

### PECKISH

POULTRY GRIT

## **PETERS**

MEALWORMS FOR POULTRY AND BIRDS

WORMIES

## **TRILL MIX IN**

FRUIT & NUT BLEND

VEGIE BLEND

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## **CAT FOOD**

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### **ABSOLUTE HOLISTIC**

AIR-DRIED RANGE

PALEO RANGE

### **ADVANCE**

CHICKEN AND LIVER MEDLEY

CHICKEN AND SALMON MEDLEY

DELICATE TUNA

DENTAL ADULT

HAIRBALL ADULT CHICKEN

HEALTHY AGING WET CAT FOOD OCEAN FISH

INDOOR ADULT CHICKEN

KITTEN PLUS GROWTH CHICKEN

LIGHT ADULT CHICKEN

HEALTHY AGEING DRY CAT FOOD CHICKEN WITH RICE

SUCCULENT TURKEY

TENDER CHICKEN DELIGHT TRAYS

TOTAL WELLBEING ADULT OCEAN FISH WITH RICE DRY CAT FOOD

### **APPLAWS**

CHICKEN BREAST WITH LIVER IN JELLY POUCH

TUNA FILLET WITH WHOLE ANCHOVY POUCH

TUNA FILLET WITH SEA BREAM IN BROTH POUCH

TUNA WITH SALMON IN JELLY POUCH

TUNA FILLET TINNED KITTEN FOOD

WET CAT FOOD CHICKEN BREAST - TINNED

WET CAT FOOD TUNA - TINNED

WET CAT FOOD TUNA FILLET WITH PRAWN - TINNED

### **ARTEMIS**

OSOPURE GRAIN FREE FELINE RANGE

### **BLACK HAWK**

GRAIN FREE DRY CAT FOOD ADULT CHICKEN

GRAIN FREE DRY CAT FOOD ADULT CHICKEN WITH KANGAROO

GRAIN FREE DRY CAT FOOD ADULT CHICKEN AND TURKEY

### **CANIDAE**

GRAIN FREE PURE CONTROL

GRAIN FREE PURE ELEMENTS

GRAIN FREE PURE FOUNDATIONS

GRAIN FREE PURE MEADOW

GRAIN FREE PURE OCEAN

## **CRAVE**

DRY CAT FOOD CHICKEN AND SALMON & OCEAN FISH BAG

DRY CAT FOOD CHICKEN BAG

DRY CAT FOOD OCEAN FISH BAG

WET CAT FOOD CHICKEN CUTS IN GRAVY TRAY

WET CAT FOOD CHICKEN PATE TRAY

WET CAT FOOD SALMON PATE TRAY

WET CAT FOOD TURKEY CUTS IN GRAVY TRAY

## **DINE**

CLASSIC TERRINE WITH CHICKEN

CUTS IN GRAVY WITH BEEF & LIVER

CUTS IN GRAVY WITH LAMB

CUTS IN GRAVY WITH BEEF & LIVER

DESIRE WET CAT FOOD FINE TUNA SLICES IN A LIGHT JUS CAN

DESIRE WET CAT FOOD FLAKED TUNA & SHREDDED CRAB CAN

DESIRE WET CAT FOOD PURE TUNA WHITEMEAT CAN

DESIRE WET CAT FOOD SUCCULENT CHICKEN BREAST CAN

DESIRE WET CAT FOOD SUCCULENT TUNA WHITEMEAT & SNAPPER CAN

DESIRE WET CAT FOOD TUNA FILLETS AND PRAWNS IN A SEAFOOD SAUCE CAN

DESIRE WET CAT FOOD VIRGIN FLAKED TUNA CAN

PERFECT PORTIONS CUTS IN GRAVY WITH CLASSIC TUNA

PERFECT PORTIONS CUTS IN GRAVY WITH SUCCULENT CHICKEN

PERFECT PORTIONS MIXED PATE ENTRÉE

PERFECT PORTIONS PATE ENTREE CHICKEN AND LIVER

PERFECT PORTIONS PATE ENTREE TURKEY

## **EARTHBOURN HOLISTIC**

WILD SEA CATCH

PRIMITIVE FELINE

## **FANCY FEAST**

COD, SOLE AND SHRIMP PATE

SAVOURY SALMON PATE

VARIETY PACK POULTRY & PATE WET CAT FOOD

WHITEFISH AND TUNA PATE

## **FELINE NATURAL**

BEEF AND HOKI CANNED, FREEZE DRIED

CHICKEN FEAST CANNED

CHICKEN LAMB CANNED

CHICKEN VENISON CANNED

GRAIN FREE LAMB GREEN TRIPE FREEZE-DRIED FOOD SUPPLEMENT

LAMB AND KING SALMON FEAST CANNED

LAMB FEAST CANNED

TRIPE WET CAT FOOD HYDRATION BOOSTER

## **FUSSY CAT**

GRAIN FREE DRY CAT FOOD ADULT CHICKEN AND TURKEY

GRAIN FREE DRY CAT FOOD ADULT SALMON AND WHITEFISH IN OLIVE OIL

GRAIN FREE DRY KITTEN FOOD CHICKEN

### **HEALTHY EVERYDAY PETS**

DRY CAT FOOD ADULT SEAFOOD

DRY CAT FOOD ADULT POULTRY

### **IVORY COAT**

GRAIN FREE DRY CAT FOOD ADULT INDOOR CHICKEN & KANGAROO

GRAIN FREE DRY CAT FOOD ADULT OCEAN FISH AND SALMON

GRAIN FREE DRY CAT FOOD KITTEN CHICKEN

### **MEALS FOR MEOWS**

GRAIN FREE DRY CAT FOOD ADULT MACKEREL AND SALMON

### **NUTRO**

NATURAL CHOICE ADULT WHOLESOME ESSENTIALS CHICKEN

NATURAL CHOICE ADULT WHOLESOME ESSENTIALS SALMON X

NATURAL CHOICE KITTEN WHOLESOME ESSENTIALS CHICKEN

### **OPEN FARM**

CATCH OF THE SEASON WHITEFISH CAT DRY FOOD

CHICKEN RUSTIC BLEND WET CAT FOOD

HOMESTEAD TURKEY AND CHICKEN CAT DRY FOOD

TURKEY RUSTIC BLEND WET CAT FOOD

WILD CAUGHT SALMON CAT DRY FOOD

WILD CAUGHT SALMON RUSTIC BLEND WET CAT FOOD

### **OPTIMUM**

GRAIN FREE URINARY CARE WET CAT FOOD OCEAN FISH IN JELLY POUCH

GRAIN FREE SKIN AND COAT WET CAT FOOD SALMON IN JELLY POUCH

### **ORIJEN**

CAT AND KITTEN DRY CAT FOOD

### **TASTE OF THE WILD**

CANYON RIVER TROUT SMOKED SALMON

ROCKY MOUNTAIN VENISON SALMON

### **VETALOGICA NATURALS**

BIOLOGICALLY APPROPRIATE FISHERMAN'S FEAST CAT FOOD

BIOLOGICALLY APPROPRIATE HUNTER VALLEY HARVEST ADULT CAT FOOD

BIOLOGICALLY APPROPRIATE KITTEN FOOD

BIOLOGICALLY APPROPRIATE RIVERLAND RED CAT FOOD

GRAIN FREE CHICKEN INDOOR ADULT CAT FOOD

GRAIN FREE CHICKEN KITTEN FOOD

GRAIN FREE KANGAROO ADULT CAT FOOD

GRAIN FREE LAMB ADULT CAT FOOD

GRAIN FREE SALMON ADULT CAT FOOD

### **ZIWI PEAK**

AIR-DRIED CHICKEN CAT FOOD

CHICKEN WET CAT FOOD CANS

DAILY - CAT CUISINE CHICKEN

DRY CAT FOOD BEEF

DRY CAT FOOD LAMB

DRY CAT FOOD MACKEREL AND LAMB  
DRY CAT FOOD VENISON  
WET CAT FOOD BEEF  
WET CAT FOOD LAMB  
WET CAT FOOD MACKEREL AND LAMB  
WET CAT FOOD RABBIT AND LAMB  
WET CAT FOOD VENISON

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## CAT SNACKS

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### DINE CREAMY TREATS

MIXED SEAFOOD  
TUNA SALMON FLAVOUR

### FELINE NATURAL

CAT TREATS GRAIN FREE HEALTHY LAMB

### LOVE ÉM

SIMPLY DELICIOUS CHICKEN BREAST DOG TREAT

### PUREBITES

FREEZE DRIED TREATS ENTIRE RANGE

### VETALOGICA NATURALS

AUSTRALIAN NATURALS CHICKEN WITH PEAS TREATS FOR CATS  
AUSTRALIAN NATURALS DUCK AND POTATO TREATS FOR CATS  
AUSTRALIAN NATURALS KANGAROO WITH GARDEN VEGETABLES TREATS FOR CATS  
AUSTRALIAN NATURALS LAMB WITH PUMPKIN TREATS FOR CATS  
HEMP CLINICALS 5-IN-1 MULTIVITAMIN TREATS FOR CATS  
HEMP CLINICALS CALMING TREATS FOR CATS  
HEMP CLINICALS HIP & JOINT TREAT FOR CATS  
HEMP CLINICALS SKIN AND COAT TREATS FOR CATS

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## DOG FOOD

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### ADVANCE

ACTIVE ADULT ALL BREED CHICKEN  
ADULT ALL BREED CHICKEN  
ADULT ALL BREED CHICKEN, SALMON & RICE  
ADULT ALL BREED CHICKEN, TURKEY & RICE  
ADULT ALL BREED TURKEY  
ADULT LARGE+ BREED CHICKEN  
ADULT LARGE+ BREED LAMB  
ADULT LARGE+ BREED TURKEY  
ADULT TOY SMALL BREED CHICKEN  
ADULT TOY SMALL BREED LAMB  
ADULT TOY SMALL BREED TURKEY  
ADVANCE LAMB & RICE  
ADVANCE MATURE LARGE+ BREED CHICKEN  
ADVANCE MATURE TOY SMALL BREED CHICKEN  
ADVANCE SHEPHERDS ADULT LARGE+ BREED TURKEY  
DENTAL CARE ADULT LARGE+ BREED CHICKEN  
PUPPY SMALL BREED CHICKEN

PUPPY LARGE+ BREED CHICKEN  
RETRIEVERS ADULT LARGE+ BREED CHICKEN & SALMON  
SENSITIVE SKIN ADULT ALL BREED SALMON  
TERRIERS ADULT TOY SMALL BREED OCEAN FISH  
WEIGHT CONTROL ADULT ALL BREED CHICKEN  
WEIGHT CONTROL ADULT ALL BREED CHICKEN & RICE  
WEIGHT CONTROL ADULT LARGE+ BREED CHICKEN

### **APPLAWS**

DRY DOG FOOD ADULT CHICKEN AND TURKEY  
DRY DOG FOOD ADULT DUCK

### **ARTEMIS**

OSOPURE GRAIN FREE BISON, SALMON MEAL & GARBANZO BEAN  
OSOPURE GRAIN FREE DUCK & GARBANZO BEAN  
OSOPURE GRAIN FREE SALMON & GARBANZO BEAN  
OSOPURE GRAIN FREE TURKEY & GARBANZO BEAN

### **BARF**

KANGAROO RECIPE 12 PACK

### **BALANCED LIFE**

DRY DOG FOOD CHICKEN  
DOG FOOD KANGAROO  
DRY DOG FOOD LAMB  
DRY DOG FOOD SALMON

### **BLACK HAWK**

GRAIN FREE CHICKEN CANNED HOLISTIC DOG FOOD  
GRAIN FREE DRY DOG FOOD ADULT SMALL BREED CHICKEN  
GRAIN FREE LAMB CANNED HOLISTIC DOG FOOD  
GRAIN FREE SALMON ADULT

### **CANIDAE**

ALL LIFE STAGES FORMULAS LAMB & RICE FORMULA CAN  
GRAIN FREE PURE FOUNDATIONS PUPPY WITH REAL CHICKEN DRY FORMULA  
GRAIN FREE PURE MEADOW SENIOR WITH REAL CHICKEN DRY FORMULA  
GRAIN FREE PURE PETITE SMALL BREED VARIETIES  
GRAIN FREE PURE RESOLVE HEALTHY WEIGHT WITH REAL CHICKEN DRY FORMULA  
GRAIN FREE PURE RIDGE WITH REAL CHICKEN DRY FORMULA  
GRAIN FREE PURE WILD WITH REAL WILD BOAR DRY FORMULA  
GRAIN FREE DOG GF SALMON & SWEET POTATO

### **CRAVE**

DRY DOG FOOD BEEF AND LAMB BAG  
DRY DOG FOOD CHICKEN AND SALMON BAG  
DRY DOG FOOD SALMON AND OCEAN FISH BAG  
WET DOG FOOD BEEF PATE CAN  
WET DOG FOOD BEEF PATE TRAY  
WET DOG FOOD CHICKEN AND BEEF PATE CAN  
WET DOG FOOD CHICKEN PATE CAN  
WET DOG FOOD CHICKEN PATE TRAY  
WET DOG FOOD LAMB AND TURKEY PATE TRAY



WET DOG FOOD TURKEY PATE CAN

WET DOG FOOD TURKEY PATE TRAY

### **EARTH BORN HOLISTIC GRAIN FREE**

COASTAL CATCH

LARGE BREED

MEADOW FEAST

PRIMITIVE NATURAL

WEIGHT CONTROL

### **INSTINCTIVE BITE**

GRAIN FREE ADULT DRY DOG FOOD CHICKEN SWEET POTATO

GRAIN FREE ADULT DRY DOG FOOD KANGAROO SWEET POTATO

GRAIN FREE ADULT DRY DOG FOOD SALMON POTATO

### **IVORY COAT**

DRY DOG FOOD LAMB SARDINE

GRAIN FREE DOG FOOD LAMB & KANGAROO

GRAIN FREE DOG FOOD LAMB & SARDINE ADULT DOG

GRAIN FREE DOG FOOD OCEAN FISH & SALMON

GRAIN FREE DOG FOOD TURKEY

GRAIN FREE DRY DOG FOOD CHICKEN

GRAIN FREE DRY DOG FOOD PUPPY CHICKEN

GRAIN FREE LAMB – PUPPY LARGE BREEDS

### **MEALS FOR MUTTS**

GRAIN FREE DRY DOG FOOD ADULT SINGLE PROTEIN CHICKEN

GRAIN FREE DRY DOG FOOD ADULT SINGLE PROTEIN KANGAROO

GRAIN FREE DRY DOG FOOD ADULT SINGLE PROTEIN LAMB

GRAIN FREE DUCK TURKEY

GRAIN FREE SALMON SARDINE

GRAIN FREE TURKEY CHICKEN LARGE KIBBLE PUPPY

HIGH PERFORMANCE GRAIN FREE TURKEY CHICKPEA

### **NUTRA GOLD**

DUCK & SWEET POTATO

TURKEY & SWEET POTATO

WHITEFISH & SWEET POTATO

### **NUTRO**

LIMITED INGREDIENT DIET ADULT FISH & POTATO

LIMITED INGREDIENT DIET ADULT LAMB & SWEET POTATO

### **OPEN FARM**

BEEF RUSTIC STEW WET DOG FOOD

CHICKEN RUSTIC STEW WET DOG FOOD

GRAIN FREE CATCH OF THE SEASON WHITEFISH DRY

GRAIN FREE HOMESTEAD TURKEY AND CHICKEN DRY DOG FOOD

GRAIN FREE PASTURE RAISED LAMB DRY DOG FOOD

GRAIN FREE WILD CAUGHT SALMON DRY DOG FOOD

PUPPY DRY DOG FOOD

TURKEY RUSTIC STEW WET DOG FOOD

## **ORIJEN BIOLOGICALLY APPROPRIATE**

GRAIN FREE SMALL DRY DOG FOOD  
LARGE BREED PUPPY DRY DOG FOOD  
ORIGINAL DRY DOG FOOD  
PUPPY DRY DOG FOOD  
SENIOR DRY DOG FOOD  
SIX FISH DRY DOG FOOD

## **ROYAL CANIN**

VETERINARY DIET CANIN VETERINARY ANALLERGENIC DRY DOG FOOD  
VETERINARY DIET CANIN VETERINARY CARDIAC WET DOG FOOD CANS  
VETERINARY DIET CANIN VETERINARY HEPATIC DRY DOG FOOD  
VETERINARY DIET CANIN VETERINARY HEPATIC WET DOG FOOD CANS  
VETERINARY DIET CANIN VETERINARY HYPOALLERGENIC DRY DOG FOOD  
VETERINARY DIET CANIN VETERINARY HYPOALLERGENIC WET DOG FOOD CANS  
VETERINARY DIET CANIN VETERINARY RENAL WET DOG FOOD CANS  
VETERINARY DIET CANIN VETERINARY SENSITIVITY CONTROL DRY DOG FOOD  
VETERINARY DIET CANIN VETERINARY SKIN SUPPORT DRY DOG FOOD

## **PRIME SK-D200F**

KANGAROO & PUMPKIN ROLLS  
TURKEY & FLAXSEED ROLLS

## **SAVOUR LIFE**

GRAIN FREE DOG FOOD SALMON  
GRAIN FREE PUPPY FOOD CHICKEN

## **SCRATCH**

PREMIUM GRAIN-FREE KANGAROO DRY DOG FOOD  
PREMIUM GRAIN-FREE TURKEY, LAMB, AND BEEF DOG KIBBLE

## **STOCKMAN & PADDOCK**

GRAIN FREE AUSSIE BEEF DRY DOG FOOD

## **TASTE OF THE WILD**

APPALACHIAN VALLEY SMALL BREED CANINE FORMULA WITH VENISON & GARBANZO BEANS  
HIGH PRAIRIE BISON VENISON  
HIGH PRAIRIE BISON VENISON PUPPY  
PACIFIC STREAM SMOKED SALMON  
PACIFIC STREAM SMOKED SALMON PUPPY  
WETLANDS ROASTED FOWL

## **VETALOGICA**

BIOLOGICALLY APPROPRIATE FISHERMANS FEAST ADULT DOG FOOD  
BIOLOGICALLY APPROPRIATE HUNTER VALLEY HARVEST ADULT DOG FOOD  
BIOLOGICALLY APPROPRIATE PUPPY FOOD  
BIOLOGICALLY APPROPRIATE RIVERLAND RED ADULT DOG FOOD  
NATURALS GRAIN FREE CHICKEN FOR ADULT DOGS  
NATURALS GRAIN FREE CHICKEN FOR PUPPIES  
NATURALS GRAIN FREE KANGAROO ADULT DOG FOOD  
NATURALS GRAIN FREE SALMON ADULT DOG FOOD

## **WHOLE EARTH FARMS** (farmcraft.com.au)

ADULT GRAIN FREE RECIPE WITH CHICKEN AND LAMB

ADULT GRAIN FREE RECIPE WITH SALMON AND TUNA

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## **DOG SNACKS**

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### **BLACK DOG**

BLACK DOG CHICKEN BREAST FILLET

BLACK DOG COW EARS

BLACK DOG KANGAROO CLODS

BLACK DOG PIGS EARS

### **CANIDAE**

ALL LIFE STAGES BAKERY SNACKS LAMB WILD RICE & SWEET POTATO

ALL LIFE STAGES BAKERY SNACKS TURKEY QUINOA & BUTTERNUT SQUASH

GRAIN FREE PURE CHEWY TREATS BISON & PUMPKIN

GRAIN FREE PURE CHEWY TREATS RABBIT & KALE

GRAIN FREE PURE CHEWY TREATS SWEET POTATO & DUCK

GRAIN FREE PURE CHEWY TREATS TROUT & POMEGRANATE

GRAIN FREE PURE CHEWY TREATS TURKEY & APPLE

GRAIN FREE PURE CHEWY TREATS WILD BOAR & CHERRY

GRAIN FREE PURE HEAVEN BISCUITS BISON & BUTTERNUT SQUASH

GRAIN FREE PURE HEAVEN BISCUITS DUCK & CHICKPEAS

GRAIN FREE PURE HEAVEN BISCUITS SALMON & SWEET POTATO

### **LOVE 'EM**

BEEF LIVER SPRINKLES BEEF LIVER SPRINKLES

BEEF LIVER TREATS

LAMB LIVER

LIVER CHEWS

PORK LIVER TREATS

### **PRIME 100**

AUSTRALIAN KANGAROO FILLETS

LAMB FILLETS

TURKEY FILLET TREATS

### **SCRATCH**

BEEF JERKY TREATS

### **WAG**

PREMIUM CUTS KANGAROO TENDONS

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## **FISH**

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BRINE SHRIMP, DAPHNIA, TUBIFEX, SOFT PEAS

### **SERA**

FREEZE DRIED BLOODWORMS

### **TETRA**

BABY SHRIMP SUN DRIED GAMMARUS

FREEZE DRIED BLOOD WORMS

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## **HAMSTERS, GUINEA PIGS, GERBILS & RABBITS**

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*This advice is courtesy of the Star-K.*

*Best to feed pure alfalfa pellets. Make sure it is pure alfalfa since it is common to add grains. Dried alfalfa may also be given. This can be supplemented with a mixture of cut-up fruits and vegetables – carrots, broccoli, grapes, apples, melon, kale, parsley, oranges, celery, dry corn, sunflower seeds & cabbage.*

*Guinea pigs especially will benefit from kale, parsley and oranges.*

*Hamsters especially will benefit from apples.*

*Oaten hay maybe used if all the oat grains are stripped away before Pesach leaving just the stalks.*

## **BURGESS**

EXCEL DANDELION AND MARIGOLD TIMOTHY HERBAGE

EXCEL FEEDING HAY DRIED FRESH GRASS

LONG STEM FEEDING HAY

## **PASSWELL**

GUINEA PIG DELIGHT BAR

## **PECKTSH**

TREATS FOR SMALL ANIMALS STRAWBERRY & YOGHURT BUTTONS

## **PETERS**

CARROT CHIPS

BRUNCH MIX

FIBRE RIGHT TIMOTHY BASED ADULT RABBIT FOOD

LITTLE GEMS SMALL ANIMAL TREATS

MEALWORMS FOR POULTRY AND BIRDS

NIBBLE O'S SMALL ANIMAL TREATS

PASTURE HAY

ROLLERS TREATS FOR RABBITS, GUINEA PIGS, RATS & MICE

TIMOTHY HAY

WORMIES

## **VETAFARM**

FURRY FRIENDS FRESH CUT LUCERNE HAY MINI BALES

## **WOMBAROO**

GUINEA PIG MILK REPLACER

RABBIT MILK REPLACER

## **MEDICINES & PHARMACEUTICALS: 'OVER THE COUNTER'**

*Reviewed by Rabbi Kasriel Oliver*

**IMPORTANT WARNING:** Please note that medicine prescribed for life-threatening or potentially life-threatening conditions may NOT be unilaterally discontinued or changed even if known to contain Chometz. Your doctor and rabbi must always be consulted regarding the best course of action to ensure Pesach observance while not G-d forbid endangering your life or health.

The Rabbinic Board of Kosher Australia has developed the following guidelines for medications on Pesach.

All <b>capsules, insoluble tablets and NON-chewable tablets</b>	Acceptable
<i>Though it is preferable to use a chometz free medicine if equally effective and readily accessible</i>	
All <b>chewable medicines</b>	Pesach approval required
All <b>eye drops and/or ear drops</b>	Acceptable
All <b>gel oral medicines</b>	Pesach approval required
All <b>liquid oral medicines</b>	Pesach approval required
All <b>medicines applied to the gums, lips or teeth</b>	Pesach approval required
All <b>nasal sprays</b>	Acceptable
All <b>puffers (Inhalers/turbuhalers)</b>	Acceptable
All <b>soluble medicines</b>	Pesach approval required
All <b>non-edible topical medications (creams, ointments, sprays &amp; lotions) &amp; suppositories</b>	Acceptable
<b>Vitamins</b>	Pesach approval required

Vitamins MUST have specific Kosher for Pesach approval as they are often derived via fermentation from wheat (e.g. Ascorbic Acid). Furthermore, vitamins and other non-essential pharmaceuticals, unless on doctor's orders or by prescription, are usually not classified as a medicine for an existing or potential genuine ailment or illness. As such they do not receive the same leniencies applicable to medicines and almost all authorities therefore say they should not be used without investigation to ensure they are Chometz-free.

Items listed below have been checked for Pesach 2024/5784. The following listed products are only 'over the counter' medications which are available in Australia based on our best information. This list is based on correspondence with manufacturers, information from Government databases, or information from overseas Kashrus authorities. For prescription medications contact your Orthodox Congregational Rabbi.

No conclusion should be drawn from the omission of any product. The only products listed are those for which we have investigated, have sufficient information, and are currently produced and sold. Decisions are generally based on the testimony of the firms. **No responsibility is accepted for advisability or efficacy of medicines listed.**

**WARNING: All medicines should be used in separate utensils to normal Pesach utensils.**

Key: \* = No Information at this time, K = Kitniyos, CH = Chometz, P = Pesach, M = Dairy ingredients, NK = Non-Kosher ingredients

DESCRIPTION	PESACH	DAIRY	NON-KOSHER
ACTILAX SYRUP	P	M	
ADVIL 2-7 YO CHEWABLE TABS	CH		NK
ADVIL 7-12 YO CHEWABLE TABS	CH		NK
ADVIL LIQUID	CH		NK
ADVIL LIQUID CAPSULES	CH		NK
AGAROL VANILLA	CH		
ALKA SELTZER	CH		
ALKA SELTZER LEMON	CH		
AMCAL WORM TREATMENT MEBENDAZOLE 100MG CHEWABLE TABLET BLISTER PACK	*		NK
APOHEALTH WORM TREATMENT MEBENDAZOLE 100MG CHEWABLE TABLET BLISTER PACK	*		NK
AQUAE DRY MOUTH SPRAY	CH		
ASPIRIN 100 MG (MAYNE)	K		
ASPIRIN EC (TRUST)	*		
ASPRO CLEAR	*	*	*
ASPRO CLEAR EXTRA STRENGTH	*	*	*
ASTRIX CAPSULES	CH		NK
ASTRIX TABLETS	K		
BENADRYL FOR THE FAMILY CHESTY COUGH & NASAL CONGESTION ORAL LIQUID	CH		NK
BENADRYL FOR THE FAMILY DRY COUGH & NASAL CONGESTION ORAL LIQUID	CH		NK
BENADRYL ORIGINAL ORAL LIQUID	CH		NK
BENADRYL PE	CH		NK
BENEFIBER	CH		
BETADINE SORE THROAT GARGLE	CH		NK
BETADINE THROAT LOZENGES	CH		*
BETAMIN 100MG 100 TABS	CH	M	
BIOGLAN RED KRILL OIL	*		NK
BISOLVON CHESTY FORTE ORAL LIQUID	CH		
BISOLVON CHESTY FORTE TABLETS	K	M	
BISOLVON CHESTY ORAL LIQUID	CH		
BLACKMORES DIGESTIVE AID	CH		*
BLACKMORES I-FOLIC TABLETS	P		
BLACKMORES ZINWIT TABLETS	K		
BLACKMORES ZINWIT +C TABLETS	K		
BLISTEX ANTIVIRAL COLD SORE CREAM	P		NK
BLOOMS THE CHEMIST WORM TREATMENT MEBENDAZOLE 100MG CHEWABLE TABLET BLISTER PACK	*		
BONJELA	CH		
BONNINGTONS IRISH MOSS COUGH SYRUP	CH		
BUSCOPAN FORTE TABS	K	M	
BUSCOPAN TABS	K		NK
CAL SUP TABS, CHEWABLE	*		
CALTRATE BONE HEALTH TABS	*		*
CALTRATE BONE & MUSCLE HEALTH	*		
CALTRATE TABS	*		

DESCRIPTION	PESACH	DAIRY	NON-KOSHER
CARDIPRIN	*		
CARTIA TABS	K		NK
CENTRUM TABS (KIDS - CHEWABLE)	CH		NK
CEPACAIN SOLUTION (MOUTHWASH)	CH		NK
CHEMISTS' OWN CHESTY COUGH (MIXTURE)	CH		
CHEMISTS' OWN CHESTY MUCUS COUGH (MIXTURE)	CH		
CHEMISTS' OWN CHILDRENS COLD & ALLERGY MIXTURE	CH		
CHEMISTS' OWN CHILDRENS PARACETAMOL SUSPENSION 1-5	CH		
CHEMISTS' OWN CHILDRENS PARACETAMOL SUSPENSION 5-12	CH		
CHEMISTS' OWN DEWORM MEBENDAZOLE 100MG CHEWABLE TABLET BLISTER PACK	*		
CHEMISTS' OWN DIFENACOL COUGH MIXTURE	CH		
CHEMISTS' OWN DRY COUGH (MIXTURE)	CH		
CHEMISTS' OWN DRY RASPY COUGH (MIXTURE)	CH		
CHEMISTS' OWN EXPECTALIX EXPECTORANT COUGH MIXTURE	CH		
CHEMISTS' OWN IBUPROFEN PAIN/FEVER SUSPENSION (6MNTH-12YO)	*		NK
CHEMISTS' OWN KIDDICOL CHILDRENS COUGH MIXTURE	CH		
CHEMISTS' OWN PARACETAMOL PAIN & FEVER DROPS	CH		NK
CITRALITE (POWDER)	CH		
CITRAVESCENT SACHETS (POWDER)	CH	M	
CLARATYNE CHILDRENS CHEWABLE	CH		NK
CLARATYNE LIQUID CAPSULES	CH		NK
CLARATYNE TABS	K	M	
CLARATYNE-D WITH DECONGESTANT TABLETS	K	M	NK
CLEMENTS IRON LIQUID	CH		
CODRAL COLD & FLU ORIGINAL DAY/NIGHT TABS	CH		NK
CODRAL COLD & FLU ORIGINAL TABS	CH		NK
CODRAL DRY COUGH COLD & FLU ORIGINAL DAY/NIGHT CAPS	P	M	NK
COLOXYL 120 DUCUSATE SODIUM 120MG FILM COATED TABLET BOTTLE	CH		
COLOXYL 50 DUCUSATE SODIUM 50MG FILM COATED TABLET BOTTLE	CH		
COLOXYL INFANT DROPS POLOXAMER 100MG/ML ORAL LIQUID BOTTLE	CH		
COLOXYL WITH SENNA FILM COATED TABLETS BOTTLE	K		
COMBANTRIN-1 MEBENDAZOLE 100MG TABLET BLISTER PACK	*		
COMBANTRIN CHOCOLATE SQUARES 200MG/G BLOCK STRIP PACK	P	M	*
COMBANTRIN ADULT STRENGTH PYRANTEL 250MG (AS EMBONATE) TABLET BLISTER PACK	CH		
COMBANTRIN-1 MEBENDAZOLE 100MG CHOCOLATE SQUARES BLOCK SACHET	P	M	*
DAKTARIN ORAL GEL	CH		NK
DE WITT'S ANTACID POWDER	*		
DEWORM CHEWABLE TABLETS (CIPLA)	*		*
DEMAZIN C OLD AND FLU RELIEF TABS	K		NK
DEMAZIN CHESTY COUGH RELIEF SYRUP	CH		
DEMAZIN COUGH & COLD SYRUP	CH		
DEMAZIN COLD & FLU & COUGH DAY & NIGHT CAPSULES	K	M	NK
DIFFLAM PLUS ANAESTHETIC, ANTIBACTERIAL AND ANTI-INFLAMMATORY LOZENGES	*		*
DIFFLAM ANTI-INFLAM. MOUTH GEL	P		NK
DIFFLAM ANTI-INFLAM. THROAT SPRAY	CH		NK
DIFFLAM PLUS ANAESTHETIC SORE THROAT LOZENGES	*		*
DIFFLAM PLUS ANAESTHETIC SPRAY	CH		*
DIFFLAM ANTI-INFLAMMATORY SUGARFREE COUGH LOZENGES	*		*
DIFFLAM C ANTI-INFLAMMATORY ANTISEPTIC SOLUTION	CH		NK
DIFFLAM SORE THROAT EUCALYPTUS & MENTHOL FLAVOUR SUGAR FREE LOZENGES	K		
DIFFLAM SOLUTION	CH		*
DIMETAPP CHILDRENS IBUPROFEN SUSP.	CH		NK
DIMETAPP COLOUR FREE ELIXIR	CH		
DIMETAPP ELIXIR	CH		
DISPRIN DIRECT TABS	K		*

DESCRIPTION	PESACH	DAIRY	NON-KOSHER
DISPRIN ORIGINAL	K		
DONNAGEL SUSP.	*		*
DULCOLAX SP DROPS	CH		
DULCOLAX TABS	K	M	NK
DURO-TUSS COUGH LIQUID EXPECTORANT	CH		
DURO-TUSS DRY COUGH LIQUID FORTE, PLUS NASAL DECONGESTANT	CH		NK
DURO-TUSS SUGAR FREE COUGH LOZENGES	*		*
DYMADON DROPS	CH		
DYMADON LIQUID - ALL VARIETIES	CH		
ELEVIT WITH IODINE TABLETS	CH	M	
ELEVIT WOMENS MULTI TABS	CH	M	
EMETROL SOLN. - LEMON MINT	CH		
ENO (LEMON, REGULAR)	*		
FERRO-F TABLETS	P		NK
FERRO-GRAD-C (ABBOTT)	CH		
FERRO-GRADUMET	*	*	*
FYBOGEL	K		NK
GASTRO STOP LOPERAMIDE CAPS	K	M	NK
GASTROGEL (SUSPENSION)	CH		NK
GAVISCON DUAL ACTION LIQUID SACHETS <sup>2</sup>	P		
GAVISCON DUAL ACTION LIQUID <sup>2</sup>	P		
GAVISCON INFANT SACHETS <sup>2</sup>	CH		
GAVISCON <sup>2</sup> TABS	CH		
GLAUBER'S SALT - PURE	P		
HERB-A-LAX CAPSULES (BLOOMS)	*		NK
HYDRALYTE SACHETS & LIQUID	CH		
HYDROGEN PEROXIDE	P		
IBUPROFEN PAIN & FEVER SUSPENSION - CHEMIST'S OWN	*		NK
IMODIUM CAPSULES	K	M	NK
IMODIUM ZAPID	CH		NK
INFACOL WIND DROPS	P		
ISORDIL TABS (5 MG) S/L	K		M
KAOLIN POWDER - PURE	P		
KENALOG IN ORABASE	P		NK
KWELLS KIDS	CH		NK
KWELLS TABS	CH		NK
LACTO-FREE	P		
LOGICIN FLU STRENGTH DAY & NIGHT TABLETS	CH		
LOGICIN LOZENGES - ALL	CH		
LOGICIN LOZENGES JUNIOR RASPBERRY	CH		
LOGICIN SINUS TABLETS	CH	M	
MALTOFER SYRUP	CH		
MALTOFER TABS	CH		
METAMUCIL ORANGE (SMOOTH)	K		
METAMUCIL REGULAR (ORIGINAL)	P		
MILTON ANTI BACTERIAL SOLUTION	P		
MILTON ANTI BACTERIAL TABS	P		
MOVICOL SACHET POWDER FLAVOUR FREE ONLY	P		
MYCOSTATIN (ORAL DROPS)	*		NK
NAPROGESIC TABS	P		
NILSTAT DROPS - ORAL	*		NK
NITROLINGUAL SPRAY	P		
NUCLOX POWDER	CH		
NULAX FRUIT LAXATIVE	CH		NK
NUROFEN CAPLETS	K		

DESCRIPTION	PESACH	DAIRY	NON-KOSHER
NUROFEN COLD & FLU TABS	P		
NUROFEN FOR CHILDREN INFANT DROPS	CH		
NUROFEN LIQUID FOR CHILDREN	CH		
NUROFEN TABS	P		
NUROFEN ZAVANCE CAPLETS	*		*
NUROFEN ZAVANCE LIQUID CAPSULES	CH		*
NUROFEN ZAVANCE TABLETS	*		*
NYAL TOOTHACHE DROPS	P		
OSMOLAX POWDER FOR ORAL SOLUTION	P		
OSTELIN VITAMIN D+ CALCIUM TABLETS	CH		*
OSTELIN VITAMIN D3 CAPSULES (KIDS)	K		NK
OSTEVIT-D ONCE-A-WEEK CAPSULES	*		*
OSTEVIT-D ORAL DROPS FOR CHILDREN	*		*
PANADOL C&F & DECONGESTANT CAPLETS	K		NK
PANADOL C&F RELIEF COUGH CAPLETS	K		NK
PANADOL CHILDREN'S COLOUR-FREE SUSP 1 - 5 YRS	CH		
PANADOL CHILDREN'S COLOUR-FREE SUSP 5 - 12 YRS	CH		
PANADOL CHILDREN'S ELIXIR 5 - 12 YRS	CH		NK
PANADOL CHILDREN'S CHEWABLE TABS 3+ YEARS	CH		NK
PANADOL CHILDREN'S CHEWABLE 7+ YEARS	CH		NK
PANADOL COLD & FLU HOT LEMON	CH		
PANADOL COLD & FLU MAX HOT LEMON	CH		
PANADOL COLOUR-FREE BABY DROPS 1 MTH-1 YEARS ONLY	P		NK
PANADOL EXTRA CAPLETS (NOT SOLUBLE)	K		NK
PANADOL MINI CAPS	K		NK
PANADOL EXTRA OPTIZORB FORMULATION CAPLETS	K		
PANADOL OSTEO MODIFIED RELEASE CAPLETS	K		NK
PANADOL RAPID CAPLETS	*		NK
PANADOL RAPID SOLUBLE TABS	CH		
PANADOL SOLUBLE 7+ YEARS	CH		
PANADOL TABS	K		NK
PANAMAX 120 ELIXIR	CH		NK
PANAMAX 240 ELIXIR	CH		NK
PANAMAX TABS	K		NK
PARAFFIN LIQUID PURE - ALL BRANDS	P		
PENTA-VITE CHEWABLE MULTI VITAMINS WITH MINERALS (TABLETS)	CH		
PENTA-VITE CHILDRENS VITAMINS (CHEWABLE)	CH		
PENTA-VITE INFANT VITAMINS (DROPS)	CH		
PHARMACY ACTION WORM TREATMENT MEBENDAZOLE 100MG	*		
PHENERGAN ELIXIR	CH		
PHENERGAN TABLETS	CH	M	
POLARAMINE SYRUP	CH		
QUICK EZE ORIGINAL	*		
RENNIES <sup>®</sup>	CH		
RIKODEINE ORAL LIQUID	CH		
ROBITUSSIN COUGH & CHEST CONGESTION	CH		NK
ROBITUSSIN DRY COUGH FORTE	CH		
ROBITUSSIN MUCUS RELIEF DOUBLE ACTION ORAL LIQUID	CH		
SAVACOL (MOUTH & THROAT RINSE)	CH		NK
SEDA LOTION (KEY PHARMA)	*		NK
SEDA-GEL TEETHING GEL. (KEY PHARMA)	CH		NK
SENEGAR LIQUID (SIGMA)	CH		NK
SEKOKOT TABS	K	M	
SM 33 GEL	CH		
SM 33 LIQUID	CH		



DESCRIPTION	PESACH	DAIRY	NON-KOSHER
SOLPRIN TABS	*		*
SPATONE 100% NAT, LIQUID IRON SUPPLEMENT <sup>2</sup>	P		
SPATONE LIQUID IRON-APPLE <sup>2</sup>	CH		
SPREN ASPIRIN TABS 100MG	CH		
SPREN ASPIRIN TABS 300MG	K	M	
SUDAFED PE NASAL DECONGESTANT TABS	K		NK
SUDAFED PE SINUS PAIN RELIEF DAY/NIGHT TABS	K		NK
SUDAFED SINUS + ANTI-INFLAMMATORY PAIN RELIEF TABS	K		NK
TELFAST DECONGESTANT TABS	K		NK
TELFAST ORAL LIQUID	*		
TRAVACALM HO	CH	M	
TRAVACALM ORIGINAL TABS	CH	M	*
URAL SACHETS	*		
VASELINE	P		
VICKS DECONGESTIVE COUGH SYRUP	CH		
XYLOCAINE JELLY, TOPICAL	P		
ZYRTEC ORAL LIQUID 10MG/ML	P		NK
ZYRTEC ORAL LIQUID 5MG/5ML	CH		*
ZYRTEC TABS	P	M	

**WARNING: A FEVER IN CHILDREN IS CONSIDERED TO BE DANGEROUS & EVEN PRODUCTS CONTAINING CHOMETZ MAY BE USED. CONSULT YOUR RABBI.**

## MEAL REPLACEMENTS AND SPECIAL DIETARY SUPPLEMENTS

The following meal replacement products are all of dairy status, not Chalav Yisrael. All contain ingredients derived from kitniyos. These products should be used only for seriously ill patients. Separate vessels should always be used when preparing these products. These products should be purchased before Pesach and are to be kept separate from kosher for Pesach foods. These should be used ONLY in consultation with your competent orthodox rabbinical representative.

### **ABBOTT<sup>2</sup> (ALL PRODUCTS ARE DAIRY, KITNIYOS)**

ENSHAKE, ENSURE, ENSURE COMPACT, ENSURE NUTRIVIGOR, ENSURE PLUS, ENSURE PLUS COMMENCE, ENSURE PLUS CRÈME, ENSURE PLUS JUICE, ENSURE PLUS MILKSHAKE STYLE, ENSURE PLUS YOGHURT STYLE, ENSURE TWO CAL

### **NUTRICIA<sup>2</sup> (ALL PRODUCTS ARE DAIRY, KITNIYOS)**

FORTICARE, FORTIFRESH, FORTIJUICE, FORTIMEL, FORTINI, FORTINI CREAMY FRUIT, FORTISIP 2KCAL, FORTISIP BOTTLE, FORTISIP COMPACT, FORTISIP EXTRA, FORTISIP PROTEIN, FORTISIP YOGHURT

## ORAL CARE

*The following items are chometz free but are not formally certified and may contain kitniyos derived ingredients.*

### DENTAL FLOSS

ALL UNFLAVOURED INCLUDING WAXED

#### **REACH**

DENTAL FLOSS – WAXED, DENTOTAPE – WAXED

### DENTURE CARE

*Denture care products may contain sorbitol and/or malic acid which are likely chometz derived.*

*Dentures and plates should be thoroughly washed before Pesach. Some recommend immersing in boiling water.*

#### **CURASEPT**

GINGIVAL GEL

#### **FIXODENT**

STRONG HOLD ORIGINAL, EXTRA STRONG HOLD, EXPERT EXTRA STRONG HOLD

#### **HOLDTITE**

DENTURE CREAM, POWDER

#### **POLIDENT**

3 MINUTE DAILY CLEANSER, DENTURE ADHESIVE CREAM, DENTURE ADHESIVE CREAM FLAVOUR FREE, FRESH ADHESIVE MAX SEAL DENTURE ADHESIVE CREAM, DENTURE CLEANING TABLETS EXTRA STRENGTH INTENSIVE WHITENING, HOLD + SEAL DENTURE ADHESIVE

## **STERADENT**

DENTURE CLEANSING PASTE, DENTURE CLEANSING TABLETS ACTIVE PLUS, DENTURE CLEANSING TABLETS EXTRA STRENGTH INTENSIVE WHITENING, ULTRA 3 DENTURE FIXATIVE CREAM

## **SEABOND**

DENTURE ADHESIVE UPPERS

## **MOUTHWASH & MOUTH SPRAYS**

*Most mouthwashes contain sorbitol that may be Chometz derived.*

*The following are chometz free. Those that contain sorbitol have been confirmed chometz-free*

## **HEALTHY CARE**

PROPOLIS FRESH BREATH SPRAY

## **ECOSTORE**

COMPLETE CARE MOUTHWASH MINT

## **GRANTS OF AUSTRALIA**

MINTY FRESH NATURAL MOUTHWASH

## **ORAL B**

3D WHITE LUXE DIAMOND STRONG CLEAN MINT MOUTHWASH, CLINICALS MOUTH RINSE, PRO HEALTH MOUTH RINSE, PRO-HEALTH MULTI-PROTECTION ANTI-PLAQUE MOUTHWASH REFRESHING MINT

## **THERABREATH**

ICY MINT ORAL RINSE, MILD MINT ORAL RINSE

## **TOOTHPASTE**

*Many locally made toothpastes contain sorbitol which may be Chometz derived. Toothbrushes should be changed for Pesach.*

*The following are chometz free. Those that contain sorbitol have been confirmed chometz-free*

## **COLES**

*Note in 2024: Sorbitol used is corn derived.*

KIDS TOOTHPASTE STRAWBERRY, PRO WHITENING TOOTHPASTE, TOOTHPASTE TOTAL CARE

## **COLGATE**

*Note in 2024: Sorbitol used is corn derived. Glycerine used is vegetable derived.*

COLGATE CAVITY PROTECTION GREAT REGULAR FLAVOUR WITH LIQUID CALCIUM BOOST

COLGATE KIDS ANTICAVITY

COLGATE SAVACOL DAILY USE ANTIBACTERIAL TOOTHPASTE

COLGATE SENSITIVE PRORELIEF MULTI PROTECTION SENSITIVE TEETH PAIN FLUORIDE TOOTHPASTE

COLGATE TOOTHPASTE JUNIOR KIDS BLUEY

COLGATE TOOTHPASTE MINT MINIONS

COLGATE TOOTHPASTE OPTIC WHITE ENAMEL CARE

COLGATE TOOTHPASTE TOTAL CHARCOAL

COLGATE TOOTHPASTE TOTAL GUM HEALTH

COLGATE TOOTHPASTE TRIPLE ACTION

COLGATE TOTAL ADVANCED CLEAN ANTIBACTERIAL FLUORIDE TOOTHPASTE

COLGATE TOTAL ADVANCED FRESH ANTIBACTERIAL FLUORIDE GEL TOOTHPASTE

COLGATE TOTAL ADVANCED WHITENING ANTIBACTERIAL FLUORIDE TOOTHPASTE

COLGATE TOTAL CHARCOAL DEEP CLEAN

COLGATE TOTAL MINT STRIPE ANTIBACTERIAL FLUORIDE GEL TOOTHPASTE

COLGATE TOTAL ORIGINAL ANTIBACTERIAL FLUORIDE TOOTHPASTE

## GRANTS OF AUSTRALIA

FRESH MINT NATURAL TOOTHPASTE  
STRAWBERRY SURPRISE KIDS NATURAL TOOTHPASTE  
WHITENING WITH SPEARMINT NATURAL TOOTHPASTE  
WHITENING WITH PEPPERMINT NATURAL TOOTHPASTE  
SENSITIVE NATURAL TOOTHPASTE  
COMPLETE CARE WITH FLUORIDE NATURAL TOOTHPASTE  
PROPOLIS NATURAL TOOTHPASTE  
BLUEBERRY BURST KIDS NATURAL TOOTHPASTE

## JACK & JILL

NATURAL BABY TETHING GEL  
NATURAL CERTIFIED TOOTHPASTE BANANA  
NATURAL CERTIFIED TOOTHPASTE BERRIES AND CREAM  
NATURAL CERTIFIED TOOTHPASTE BLACKCURRANT  
NATURAL CERTIFIED TOOTHPASTE BUBBLEGUM  
NATURAL CERTIFIED TOOTHPASTE FLAVOUR FREE  
NATURAL CERTIFIED TOOTHPASTE MEGABERRY (STRAWBERRY)  
NATURAL CERTIFIED TOOTHPASTE MILKSHAKE  
NATURAL CERTIFIED TOOTHPASTE RASPBERRY  
NATURAL CERTIFIED TOOTHPASTE STRAWBERRY

## ORAL B

3D WHITE LUXE DIAMOND STRONG TOOTHPASTE  
3D WHITE LUXE GLAMOROUS WHITE TOOTHPASTE  
3D WHITE LUXE PERFECTION TOOTHPASTE  
3D WHITE WHITENING THERAPY ENAMEL CARE TOOTHPASTE  
GUM CARE & ENAMEL RESTORE TOOTHPASTE  
GUM CARE & SENSITIVITY REPAIR TOOTHPASTE  
GUM CARE & WHITENING TOOTHPASTE

## SENSODYNE

COMPLETE CARE EXTRA FRESH TOOTHPASTE  
SENSITIVE TEETH PAIN RAPID RELIEF EXTRA FRESH  
SENSITIVE TEETH PAIN REPAIR & PROTECT EXTRA FRESH  
SENSITIVITY & GUM CARE  
SENSITIVITY & GUM EXTRA FRESH  
TEETH PAIN REPAIR & PROTECT EXTRA FRESH TOOTHPASTE

## TOM'S OF MAINE

MILD FRUIT FLUORIDE-FREE KIDS  
PEPPERMINT FLUORIDE FREE  
PEPPERMINT WHOLE CARE

## TOILETRIES & COSMETICS

### BABY CARE

*All products are acceptable<sup>28</sup> EXCEPT Items LISTING Oat Milk, Oats or wheatgerm, Triticum Vulgare (Wheat) Bran, Cetearyl Wheat Straw Glycosides, Triticum Vulgare (Wheat) Germ Oil, Avena Sativa (Oat) Milk. The following have been checked for 2024:*

### DERMAL THERAPY

LITTLE BODIES NAPPY BALM

## **GOAT**

KIDS ORGANIC MOISTURISING LOTION

## **QV**

BABY 2 IN 1 SHAMPOO & CONDITIONER, BABY BARRIER CREAM, BABY BATH OIL, BABY GENTLE WASH, BABY MOISTURISING CREAM EXTRA HYDRATION, BABY SKIN LOTION

## **BABY WIPES WITHOUT ALCOHOL**

CUB BIODEGRADABLE BABY WIPES, CUDDLIES BIODEGRADABLE BAMBOO WATER WIPES, GOAT BAMBOO WET WIPES HIMALAYA, SOOTHING BABY WIPES, TOOSHIES ECO WIPES PURE WATER

## **BODY SOAPS, BODY WASHES, SKIN CARE & HAND WASHES**

*All products are acceptable<sup>28</sup> EXCEPT Items LISTING Oat Milk, Oats or wheatgerm, Triticum Vulgare (Wheat) Bran, Cetearyl Wheat Straw Glycosides, Triticum Vulgare (Wheat) Germ Oil, Avena Sativa (Oat) Milk*

*The following products for sensitive skin were checked for 2024 where a brand is listed, only those products are acceptable:*

## **DERMAL THERAPY**

CHAFING & SWEAT RASH PREVENTION CREAM, HAND BALM, PSORIASIS CREAM, SENSITIVE SKIN LOTION, SENSITIVE SKIN WASH, VERY DRY SKIN CLEANSING BAR, VERY DRY SKIN CREAM, VERY DRY SKIN LOTION, VERY DRY SKIN WASH, VERY ROUGH HANDS

## **GOAT**

ANTIBACTERIAL HAND BALM

## **BODY WASH – ORIGINAL**

BODY WASH WITH ARGAN OIL, BODY WASH WITH COCONUT OIL, BODY WASH WITH LEMON MYRTLE, BODY WASH WITH MANUKA HONEY, SOAP WITH COCONUT OIL, SOAP WITH LEMON MYRTLE

## **PALMOLIVE**

ANTIBACTERIAL 2 HOUR DEFENSE WITH ORANGE OIL HAND WASH  
ANTIBACTERIAL ODOUR NEUTRALISING LIME HAND WASH  
ANTIBACTERIAL SEA MINERALS HAND WASH  
ANTIBACTERIAL WHITE TEA HAND WASH  
LUMINOUS OILS FAR NORTH QLD FRANGIAPANI & COCONUT OIL HAND WASH  
LUMINOUS OILS MACADAMIA OIL AND PEONY HAND WASH  
VANILLA AND WILD BERRY FOAMING HANDWASH  
ANTIBACTERIAL LIME AND MINT FOAMING HAND WASH  
NATURALS AND ALOE VERA CHAMOMILE HAND WASH  
NATURALS MILK AND HONEY

## **QV**

BAR, BATH OIL, CREAM, DERM CARE ECZEMA DAILY CREAM WITH CERAMIDES, DERM CARE ECZEMA DAILY WASH WITH CERAMIDES, DERM CARE STING-FREE OINTMENT WITH CERAMIDES, FACE CLEANSING WIPES, FACE GENTLE CLEANSER, FACE GENTLE FOAMING CLEANSER, FLARE UP BATH OIL, FLARE UP CREAM, FLARE UP WASH, GENTLE WASH, HAND CREAM, INTENSIVE BODY MOISTURISER, INTENSIVE CREAM, INTENSIVE MOISTURISING CLEANSER, SKIN LOTION, WASH

## **DEODORANTS – SPRAY/PUMP**

*Spray and pump deodorants may contain ethanol which can be derived from wheat. The following brands sold in Australia have been investigated for 2024. Note that pump sprays generally contain alcohol and are not recommended – please check ingredients.*

ADIDAS, BRUT MEN, DERMAL THERAPY, DOVE (MEN & WOMEN), FEMFRESH FEMININE, L'ORÉAL MEN, MITCHUM (MEN & WOMEN), MUM DRY, NIVEA (MEN & WOMEN), NORSCA (MEN & WOMEN -SPRAY, NOT PUMP), QV NAKED, REXONA (MEN & WOMEN), TOM'S OF MAINE (MEN & WOMEN)

## EYE CARE & CONTACT LENS CARE PRODUCTS

ALL PRODUCTS ARE ACCEPTABLE<sup>78</sup>.

## FACIAL CARE

*All products are acceptable<sup>78</sup> EXCEPT Items LISTING Oat Milk, Oats or wheatgerm, Triticum Vulgare (Wheat) Bran, Cetearyl Wheat Straw Glycosides, Triticum Vulgare (Wheat) Germ Oil, Avena Sativa (Oat) Milk*

## HAIR CARE & SHAMPOO

*All products are acceptable<sup>78</sup> EXCEPT Items LISTING Oat Milk, Oats or wheatgerm, Triticum Vulgare (Wheat) Bran, Cetearyl Wheat Straw Glycosides, Triticum Vulgare (Wheat) Germ Oil, Avena Sativa (Oat) Milk*

## HAND SANITISERS & WASHES

*The main component of most hand sanitisers is ethanol which may be wheat derived. The following are wheat ethanol free.*

BAND-AID ANTIBACTERIAL HAND SANITISING SOLUTION  
CLEAN PLUS ALCOHOL FREE HAND SANITISER  
ECOSTORE ULTRA SENSITIVE HAND WASH  
ECOSTORE ANTIBACTERIAL HAND WASH GREEN TEA & CUCUMBER  
ECOSTORE ROSE & GERANIUM HAND WASH  
ECOSTORE VANILLA & COCONUT HAND WASH  
GERM BUSTER ANTIBACTERIAL HAND WASH FOAMER (NON-ALCOHOL)  
GLITZ  
HANDS FIRST ALCOHOL FREE SANITISER  
PALMOLIVE – ALL HAND SANITISERS  
PROMEDCO DISINFECTANT IPA WIPES  
SCOTTS INSTANT HAND SANITISER  
ULTRA CLEAN HANDS ANTIBACTERIAL FOAM HAND WASH  
WHOLESALE HAND SANITISER 80% ISOPROPYL ALCOHOL HAND SANITISER

## LIP BALM & PROTECTION

*The following products do not contain chometz ingredients and have been checked for 2024.*

### **BLISTEX**

INTENSIVE REPAIR BALM, INTENSIVE REPAIR POT, ANTI VIRAL COLD SORE CREAM

### **BONDI SANDS**

LIP BALM 50+ SWEET VANILLA

### **CARMEX**

LIP BALM, ORIGINAL, ORIGINAL CLICK STICK

### **CHAPSTICK<sup>9</sup>**

CLASSIC ORIGINAL, CLASSICS STRAWBERRY STICK, MEDICATED STICK, MOISTURIZER STICK, ULTRA SPF 30 STICK

### **DERMAL THERAPY**

COLD SORE LYSINE+ GEL, LIP BALM, LIP BALM ORIGINAL TUB, LIP BALM SPF 50+ NEW FORMULA, LIP BALM STICK

### **LUCAS' PAPA OINTMENT**

### **LANOLIPS** THE ORIGINAL 101 OINTMENT MULTIPURPOSE SUPERBALM

### **NIVEA**

FRUITY SHINE STRAWBERRY, HYDRO CARE, ORIGINAL CARE, PEARLY SHINE, REPAIR & PROTECTION, SOFT ROSE, ULTRA CARE & PROTECT

### **QV** FACE LIP BALM SPF 30+

### **VASELINE**

## LIP COLOUR

*The following products do not contain chometz ingredients and have been checked for 2024.*

### **AERIN LAUDER<sup>9</sup>**

LIP GLOSS, ROSE LIP CONDITIONER, THE MINI LIPSTICK

### **AVEDA<sup>9</sup>**

FEED MY LIPS PURE NOURISH-MINT COLOR BALM, FEED MY LIPS PURE NOURISH-MINT LIP LINER, FEED MY LIPS PURE NOURISH-MINT LIP PRIMER, FEED MY LIPS PURE NOURISH-MINT LIPSTICK, GLOSS LIP GLOSS, LIP SAVER, NOURISH-MINT REHYDRATING LIP GLAZE, URUKU COLOR GLOSS

### **BECCA<sup>9</sup>**

LIPTUITIVE GLOW GLOSS, LIQUID CRYSTAL LIP TOPPER

### **BOBBI BROWN<sup>9</sup>**

ALL LIP PRODUCTS

### **CLINIQUE<sup>2</sup>**

ALL LIPSTICKS

### **ESTEE LAUDER<sup>2,9</sup>**

ALL LIP PRODUCTS

### **GLAMGLOW<sup>9</sup>**

PLUMPARAGEOUS GLOSS LIP TREATMENT

### **MAC<sup>9</sup>**

ALL LIPS PRODUCTS

### **MAYBELLINE<sup>92</sup>**

BABY LIPS GLOW BALM, BABY LIPS MOISTURIZING LIP BALM, COLOUR SENSATIONAL CREAMS, MATTE COLOUR SENSATIONAL LIP LINER, COLOUR SENSATIONAL POWDER MATTE, GREAT WEAR LIPSTICK, LIP STUDIO ELECTRIC SHINE PRISMATIC LIP GLOSS, LIP STUDIO SHINE SHOT LIP TOPCOAT, LONG WEARING LIPSTICK, SUPERSTAY 24 2 -STEP HOUR, SUPERSTAY MATT INK LIQUID

### **SMASHBOX<sup>9</sup>**

ALL LIP PRODUCTS

### **TOM FORD BEAUTY<sup>9</sup>**

ALL LIP PRODUCTS

### **TOO FACED<sup>9</sup>**

ALL LIP PRODUCTS

## NAIL CARE

ALL NAIL POLISHES AND REMOVERS ARE ACCEPTABLE

## PERFUMES & COLOGNES

*Some authorities allow all perfumes and colognes<sup>7</sup>. The following have been checked:*

### **AERIN LAUDER<sup>9</sup>**

DE GRASSE ROLL ON FRAGRANCE, DE GRASSE SOLID PERFUME

### **BY KILLIAN<sup>9</sup>**

ALL PRODUCTS

### **ESTEE LAUDER<sup>9</sup>**

ALL PRODUCTS

### **CLINIQUE<sup>9</sup>**

AROMATICS ELIXIR PERFUME STICK, HAPPY WEALTH OF FLOWERS SOLID PERFUME, HINT OF CITRUS SOLID PERFUME

### **FREDERIC MALLE<sup>9</sup>**

ANGELIQUE SOUS LA PLUIE EDITIONS DE PARFUMS, CARLOS BENAÏM CAFÉ SOCIETY PARFUME GUN, CAMAL FLOWER EDITIONS DE PARFUMS, COLOGNE BIGARADE EDITIONS DE PARFUMS

## JO MALONE<sup>®</sup>

BASIL & NEROLI SOLID SCENT REFILL, BLACKBERRY & BAY SOLID SCENT REFILL, ENGLISH PEAR & FRESIA SOLID SCENT

## LE LABO<sup>®</sup>

BAIE ROSE 26 EAU DE PARFUM

## TOM FORD

BODY SPRAYS

## TOMMY HILFINGER<sup>®</sup>

BODY SPRAYS

## HOUSEHOLD & KITCHEN

### CLEANING PRODUCTS

*WARNING: Methylated Spirits & Vinegar may be derived from wheat-based ethanol and should be avoided for use on kitchen counters and food surfaces. Dishwashing products listed below do not contain chometz ingredients.*

*After using dishwashing liquids, rinse dishes thoroughly to remove any residue of liquid.*

**AIR FRESHENERS** – ALCOHOL FREE ONLY

**BICARBONATE OF SODA (BAKING SODA)** – ALL BRANDS

**FLOOR CLEANERS** (INCLUDING AMMONIA) - ALL BRANDS

**HARD SURFACE CLEANERS** - ALL BRANDS

**METAL POLISHES** - ALL BRANDS

**OVEN CLEANERS** - ALL BRANDS

**RUBBER/LATEX GLOVES** - ALL BRANDS POWDER FREE ONLY

**SOAP-FREE SPONGES & SCOURERS** - ALL BRANDS

**SURFACE SPRAY** - ALCOHOL FREE ONLY (SEE BELOW)

### AJAX

*Note: ethanol used in 2024 is sugar derived.*

AJAX DISINFECTANT CLEANING WIPES GREEN TEA AND JASMINE

AJAX DISINFECTANT CLEANING WIPES SPARKLING CITRUS AND PINEAPPLE

AJAX DISINFECTANT CLEANSE LEMON

AJAX DISINFECTANT MULTIPURPOSE LEMON

AJAX DISINFECTANT POWDER CLEANER SUPER LEMON

AJAX DISINFECTANT SPRING BLOSSOM

AJAX ECO ANTIBACTERIAL CLEANING WIPES VANILLA AND BERRIES

AJAX ECO ANTIBACTERIAL MULTIPURPOSE DISINFECTANT WIPES FRESH LEMON

AJAX ECO ANTIBACTERIAL MULTIPURPOSE DISINFECTANT WIPES VANILLA AND BERRIES

AJAX ECO MULTIPURPOSE CLEANER COCONUT AND LIME

AJAX ECO SENSITIVE DISINFECTANT CLEANING WIPES FRAGRANCE FREE

AJAX FLOOR CLEANER BAKING SODA

AJAX FLOOR CLEANER DIVINE BLENDS

AJAX FLOOR CLEANER LEMON CITRUS

AJAX LEMON ALL PURPOSE POWDER

AJAX LUXURY HOME CLEANING WIPES CRISP LIME AND SANDALWOOD

AJAX LUXURY HOME CLEANING WIPES EXOTIC BERGAMOT AND VANILLA BEAN

AJAX PROFESSIONAL KITCHEN CLEANER

AJAX PROFESSIONAL KITCHEN TRIGGER KITCHEN POWER DEGREASER

AJAX SPRAY AND WIPE DIVINE BLENDS CLEANER  
AJAX SPRAY AND WIPE DIVINE BLENDS VANILLA AND BERRIES  
AJAX SPRAY AND WIPE GLASS CLEANER  
AJAX SPRAY AND WIPE KITCHEN STONE SAFE CLEANER  
AJAX SPRAY AND WIPE LAVENDER AND CITRUS MULTI PURPOSE CLEANER  
AJAX SPRAY AND WIPE LEMON CITRUS 5 IN 1 MULTI PURPOSE CLEANER  
AJAX SPRAY AND WIPE MULTIPURPOSE BAKING SODA  
AJAX SPRAY AND WIPE MULTIPURPOSE LAVENDER CITRUS  
AJAX SPRAY AND WIPE MULTIPURPOSE LEMON CITRUS  
AJAX SPRAY AND WIPE MULTIPURPOSE ORANGE BLOSSOM  
AJAX WIPES ECO FRAGRANCE FREE

### **AMWAY<sup>®</sup>**

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FAIRY ULTRA DISHWASHING CONCENTRATE  
FAIRY ULTRA DISHWASHING CONCENTRATE ANTI-BACTERIAL  
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PALMOLIVE ULTRA STRENGTH CONCENTRATE DISHWASHING LIQUID GENTLE CARE  
PALMOLIVE ULTRA STRENGTH CONCENTRATE DISHWASHING LIQUID ORIGINAL

## DISPOSABLE PLASTIC & PAPER PRODUCTS

**Do NOT** use paper plates (unless those listed below) as they may contain starches.

**Do NOT** use plastic-coated paper plates as they may have been washed in wheat-derived alcohol.

**Do NOT** use Recycled paper products in contact with food.

Products made from palm fronds are acceptable.

Products made from wheat straw/pulp are NOT recommended.

The following branded and non-branded products have been investigated and found to be Chometz-free based on information supplied by the manufacturer. They have NOT been produced under supervision.

ALUMINIUM FOIL ROLLS - ALL

BAGS, PLASTIC - ALL BRANDS

BAMBOO - ALL BRANDS ARE OK

BOWLS, PLASTIC - ALL BRANDS

CLING WRAP - ALL BRANDS

CUPS, PAPER - ALL AUSTRALIAN MADE

CUPS, PLASTIC - ALL BRANDS

CUPS, POLYSTYRENE - ALL VARIETIES

CUTLERY, PLASTIC, WOOD - ALL BRANDS

PALM LEAF - ALL PRODUCTS

PLATES, PAPER - MUST HAVE PESACH APPROVAL

PLATES, PLASTIC - ALL BRANDS

SEMI-RIGID ALUMINIUM FOIL PRODUCTS - some authorities suggest that they should be rinsed prior to use

STRAWS, BAMBOO - ALL BRANDS

STRAWS, PAPER - MUST HAVE PESACH APPROVAL

STRAWS, PLASTIC - ALL BRANDS

SUGERCANE - ALL BRANDS

TABLECLOTHS, PLASTIC (POWDER FILM FREE) - ALL BRANDS

TISSUES, FACIAL AND/OR TOILET, UNSCENTED - ALL BRANDS

TOWELS, PAPER INCLUDING SERVIETTES - many authorities allow the use of all paper towels on Pesach even though starch may be used in the preparation of the paper.

WOODEN - ALL BRANDS

**BETA BAKE** BAKING PAPER

**BI-LO<sup>1</sup>** OVEN BAGS

**BIOPAK** WOODEN CUTLERY, SUGARCANE PLATES AND BOWLS

**CAFÉ EXPRESS** HOT COLD CUPS (AVAILABLE AT COSTCO)

**CAPRAL<sup>1</sup>** ALUMINIUM FOIL

**CASTAWAY** PLASTIC, GLASSINE, SUGARCANE & FOIL PRODUCTS, PAPER PRODUCTS (NOT RECYCLED)

**COLES** ULTRA DOUBLE LENGTH PAPER TOWEL, ULTRA PAPER TOWEL 3 PLY, 2PLY PAPER TOWELS, SERVIETTES, PAPER PLATES, NON STICK BAKING PAPER, GREASEPROOF PAPER

**CONFOIL** ALL SEMI-RIGID ALUMINIUM FOIL PRODUCTS (RINSE BEFORE USE)

**DETPAK** HOT CUPS (ALL), STRAWS, TABLEWARE (SUGARCANE ECO)

**EARTHENS** PALM LEAF PLATES AND BOWLS, WOODEN CUTLERY

**ECO STRAW** GRASS STRAWS, SUGARCANE STRAWS

**GILBERT**<sup>1</sup> ALUMINIUM FOIL

**GLAD** FREEZER GO BETWEENS (ALL), OVEN BAGS AND BAKING PAPER (ALL), PLASTIC BAGS (ALL)

**GREEN MARK** PALM PLATES & BOWLS, SUGARCANE PLATES & BOWLS

**GREEN PACK** PALM LEAF BIO RANGE (ALL), INVISA BAGS (ALL), WOODEN CUTLERY, SUGARCANE AND BAMBOO PULP TABLEWARE (ALL), NATUREFLEX BAGS (ALL). NOTE: CORN STARCH PRODUCTS ARE NOT RECOMMENDED

**KAAL**<sup>1</sup> ALUMINIUM FOIL, ALL SEMI-RIGID ALUMINIUM FOIL PRODUCTS

**KINGFOIL**<sup>1</sup> ALUMINIUM FOIL, ALL SEMI-RIGID ALUMINIUM FOIL PRODUCTS

**MODO** ECO LIVING SUGARCANE PULP DISPOSABLE RANGE

**MULTIX** ALL PRODUCTS

**ONE TREE** ALL TABLEWARE

**OSO** OVEN BAGS (ALL)

**PAC TRADING** ALL PRODUCTS ASIDE FROM RECYCLED PAPER PRODUCTS

**PARTYWEAR** BIO-EARTH SUGARCANE PRODUCTS, EARTH PALM LEAF PRODUCTS

**SCOTT** PAPER TOWELS<sup>8</sup>

**TORK PRODUCTS** ALL CUTLERY AND PAPER GOODS

**VIVA** PAPER TOWELS

## LAUNDRY PRODUCTS

*All laundry bar-soap, powders, pre-wash stain removers and liquid detergents may be used for laundry purposes ONLY. Ironing sprays may contain starch. The following do not contain chometz:*

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# KASHERING

*Rabbi Mordechai Gutnick, Rabbinic Administrator*

The Torah commands us that we may not eat or use *Chometzon* Pesach. This prohibition also extends to not even keeping *Chometzin* in our possession for the duration of the festival. (See Shmos 12:14-20)

In the weeks before Pesach the house and particularly the kitchen and eating areas must therefore be thoroughly cleaned to remove all traces of *Chometz*. Stoves and ovens, pots and pans, dishes and other eating utensils which have been used for *Chometz* throughout the year, cannot be used on Pesach. They must be thoroughly cleaned and stored away in a place and in a manner that ensures that they will not be used inadvertently on Pesach. Some utensils can be "*kashered*" (made fit for Pesach) through various kashering procedures so that they can be used on Pesach as well.

This article deals with preparing the house removal of *Chometz* and kashering. Any questions arising out of circumstances not covered by this guide should be directed to your Rabbi or to the Kosher Australia office.

## KASHERING: METHODS OF CLEANING & KASHERING

There are seven basic methods of preparing and kashering items for Pesach use. The *kashering* required for any item or utensil depends on how that utensil came in contact and was used with *Chometz*. The general rule is that the cleaning or *kashering* needs to match the manner the item became contaminated by *Chometz* in the first instance.

**Note: All kashering USUALLY must be completed by the time for removal of chometz on Erev Pesach.**

**This year this latest time IN MELBOURNE is 11.23 am on monday, 22<sup>ND</sup> APRIL 2024**

The following methods of *kashering* will be referred to in the course of this article:

### **METHOD #1: CLEANING**

Some utensils require only a thorough cleaning to remove any *Chometz* that may adhere to the surface of the utensil. This is usually when the utensils have not come in contact with *Chometz* through the medium of heat. The cleaning should be thorough and with the aid of an effective and strong detergent. Items in this category include pantry shelves and refrigerators.

### **METHOD #2: COVERING**

Some items even if used with hot *Chometz* need only be cleaned of surface dirt and then covered with a suitable covering to create an ongoing, effective barrier between them and the Pesach foods or utensils they will come in contact with.

Items in this category include tabletops, serving counters, and in certain circumstances, stove tops.

### **METHOD #3: "MILUY VIRUY" - SOAKING**

Some utensils, particularly those that may be damaged through the application of heat, may be *kashered* by completely filling them or immersing them in cold water for 72 hours. The water must be changed every 24 hours – so that effectively the utensil is soaked for three separate soakings of 24 hours each. The vessel in which the items are immersed should in the first instance be a vessel that itself is not *Chometz*.

Items in this category according to certain authorities include glass and certain plastic utensils.

### **METHOD #4: "HAGALAH" (SCALDING WITH BOILING WATER)**

Some utensils that have come into contact with *Chometz* via hot liquids (greater than 45 degrees Celsius) need to be *kashered* by immersing them in boiling water. The method used is as follows:

1. The item to be *kashered* needs to be thoroughly cleaned of surface dirt. Any item that has deep engravings or joints (such as cutlery with attached wooden handles) cannot be cleaned thoroughly and should not be *kashered* using this method.
2. The utensil to be immersed in *kashered* should not be used with heat for 24 hours prior to kashering.
3. Water should be brought to boil in a large pot that should not, in the first instance, itself be *Chometz*. (If a *Chometz* vessel is used it should not have been used for the past 24 hours). It is actually preferable to have a special pot designated for *kashering* use only.
4. The item to be *kashered* should be immersed in the boiling water. Tongs may be used to immerse the item - however the tongs themselves should not be *Chometz*. (The tongs should be immersed first in the boiling water so that they are wet when they come in contact with the item to be immersed.)

A number of items may be immersed in the vessel at the one time. However, care should be taken that each item is such a manner that the boiling water completely surrounds each item. Dropping them in one at a time helps facilitate this requirement.

If the water cools off and stops boiling during the immersion of the utensil it should be allowed to resume boiling while the item remains immersed.

The item should then be removed from the boiling water. (One may not pour out the boiling water leaving the item inside the utensil.)

Once removed from the boiling water the item should immediately be rinsed in cold water.

Items in this category include metal, wood, stoneware and according to some authorities, plastic utensils.

Items such as metal pots and pans that are too large to be immersed in boiling water should be cleaned and not used for 24 hours. They should then be filled to the brim with water that should then be brought to boiling point on the stove. A large pre-heated stone should be carefully dropped into the boiling water allowing the boiling water to run over the outside of the pot. The pot should then be emptied and rinsed with cold water.

### **METHOD #5: "IRUY IMEVEN MELUVAN" (SCALDING WITH WATER & A HEATED "STONE")**

Some utensils that have come in contact with *Chometz* via hot liquids poured onto or into them, and not directly cooked on a fire, can be *kashered* by pouring boiling water onto them with the added use of a hot stone or metal pieces. Hot stones or metal tend to raise the temperature of the poured water back to boiling point even though it has been poured out of the original vessel in which it has been boiled.

1. The item to be *kashered* needs to be thoroughly cleaned of all surface dirt.
2. The item should then not be used with heat for 24 hours prior to the kashering.
3. Stones or small pieces of metal (such as large nuts or bolts) should be heated on an open fire and will need to be moved by means of tongs to the area or object where the boiling water is to be poured.
4. The heated stones or metal are placed on the item to be *kashered*, or if the heated objects will damage the surface, they may be suspended by means of the tongs just above the item to be *kashered*.
5. Boiling water should be poured directly from a boiling kettle or other utensil (that has not been used in the past 24 hours) and must cover the entire surface of the item being *kashered*. The boiling water must come in contact with the hot metal or stones to ensure that its temperature remains as near as possible to the original boiling point.
6. The *kashered* area or item should then be washed down with cold water.

An acceptable alternate method of this form of kashering, particularly when kashering large areas such as sinks and counters, is the use of a portable steam generator that raises the water and steam generated to 100 degrees Celsius or higher. The boiling water and the accompanying steam created and sprayed out by this apparatus is considered sufficient to be considered identical to the more conventional method of boiling water being poured out and heated back to boiling point on the surfaces being kashered. The hot pressurised steam acts in the same manner as the heated stone or metal in this regard. Items in this category include metal sinks, metal and granite counter tops, and according to many authorities even counter tops made of synthetic materials such as laminex, melamine and formica.

### **METHOD #6: "LIBUN KAL" (LIGHT HEATING METHOD)**

Some items may be *kashered* by the application of a flame (such as a blow-torch flame) to the point where straw or paper will begin to smoulder if applied to the **other** side of the utensil being heated in this manner. These items are those that have **indirectly** absorbed *Chometz* by means of strong heat without the medium of a liquid.

1. The temperature required to be heated **on the other side of the utensil being heated** has been estimated as being 72 degrees Celsius. (The temperature on the side being heated would be well in excess of that.)
2. The temperature required for "*libun kal*– light heating" without a direct flame application (such as when *kashering* the walls of an oven) is estimated at leaving the oven on for 2 hours at 190 degrees Celsius, 1.5 hours at 235 degrees Celsius and 1 hour at 290 degrees Celsius.
3. This method does not require a 24-hour waiting period prior to it being used for *kashering*.
4. The utensil being *kashered* by this method requires the prior removal of all surface dirt in the first instance if there is no direct flame application. If this is not possible then the flame must be applied to each side of the vessel upon which there is surface dirt. This should be done in a manner that ensures that straw or paper would be singed on the other side of each side being heated.
5. This method of kashering can be used as a substitute for items requiring the "*hagala*-scalding" method of *kashering* (Method #4) if they are able to withstand the heat generated.
6. An acceptable alternate method to achieve the degree of heat required for this method of kashering would be to place the utensils in a self-cleaning oven. The temperatures generated by the self-cleaning process are certainly considered sufficient to be acceptable as a proper "*libun kal*".

Items in this category include interior walls of ovens and stove catchment plates that do not come in direct contact with the pots and pans used for cooking.

### **METHOD #7: "LIBUN GOMUR" (GLOWING METHOD)**

Items that absorb *Chometz* by direct contact by means of an open flame without the medium of a liquid may only be *kashered* by being heated to the point where it becomes red-hot. This is usually accomplished by means of a blow torch or some other strong open flame played over the entire surface of the item. No prior cleaning or waiting period is required for this method of kashering as the intense heat removes all traces of *Chometz*– both that which is on the surface and that which is absorbed into the utensil.

Items to be kashered by this method include fry pans, baking pans, barbeque grates and stove and oven parts that come in direct contact with *Chometz* pans or food.

## **GENERAL CLEANING**

All areas of the house including garages and storage sheds, wherever *Chometz* may have been used or brought into during the year require a thorough cleaning to remove all traces of residual *Chometz*. Those cupboards or rooms that will be sealed or locked and rented to a non-Jewish person over Pesach (see the section entitled SELLING THE CHOMETZ) do not require cleaning.

## **THE KITCHEN**

*Chometz utensils not being kashered for use on Pesach:* These should be well cleaned and put away in cupboards or in a room that will not be opened during Pesach. If they cannot be properly cleaned, they then must be sold with the *Chometz*.

All *Chometz* food that will not be eaten before Pesach and will not be disposed of but will be sold should likewise be locked away in a designated cupboard or room that needs to be rented to a non-Jewish person for the duration of Pesach (see the section entitled SELLING THE CHOMETZ). These cupboards or rooms should be locked and/or sealed with tape for example so that their contents are not accidentally used during Pesach.

## **KASHERING: PREPARING KITCHEN & HOUSEHOLD ITEMS**

Below is a list of common items & materials & the method that may be used for preparing them for Pesach use:



ITEM	METHOD OF PREPARATION
Baking pans and other utensils used in the oven with little or no liquid	Method #7. As this is usually impractical, it is recommended that these not be <i>kashered</i> and new ones purchased for Pesach.
BBQ (Plates and grates):	Method #7
Benchtops: Formica, Laminex or other synthetic materials):	Method #2 or according to a number of authorities Method #5
Benchtops (Granite/Stone)	Method #5
Benchtops (Metal):	Method #5 or #6
Caesarstone	See Benchtops (Granite/Stone)
Candlesticks & candlestick trays	Method #1. Some then place foil underneath the tray.
China ware	Cannot be <i>kashered</i>
Corelle	See Glass
Corningware	See Glass
Crockery	Cannot be <i>kashered</i>
Crystal (used mostly with cold liquids)	Method #3
Cupboards	Method #1
Cutlery (Metal with joints or deep engravings that cannot be cleaned properly.)	Should not be <i>kashered</i> unless the joints or engravings are subject to Method # 6 (by means of an open flame) in which case they should then be fully <i>kashered</i> with Method # 4.
Cutlery (Metal without joints)	Method #4
Dishwashers	Some authorities allow the <i>kashering</i> of dishwashers with stainless steel interiors by Methods #4 or #5. Others also allow <i>kashering</i> with plastic interiors but not enamel. This can be a complicated procedure. New baskets are usually required. Please check with your Rabbi for details.
Duralex	See Glass
Enamel or Enamel coated Earthenware and Ceramic utensils	Cannot be <i>kashered</i>
Electric jug	Method #4
Food processor (Attachments)	Method #4
Food processor (Base)	Method #1 and then cover it with plastic or foil
Formica	Many authorities permit <i>kashering</i> with Method #5
Frying pans and other utensils used on the stove with little or no liquid	See Baking pans.
General areas including chairs, floors, cupboards etc	Method #1
George Forman Grill	Should not be <i>kashered</i>
Glass (When used with hot <i>Chometz</i> in an oven or on a stove)	Should not be <i>kashered</i> (Sephardim permit using and/or <i>kashering</i> glass - check with your Rabbi)
Glass (When used with hot or cold liquids not taken directly from an oven or stove flame)	Some authorities do not allow <i>kashering</i> of glass for Pesach Others allow Method # 3
Granite	Method #5
Grill	Method #7 – as this can damage or destroy the item it is recommended not to <i>kasher</i> it.
Hot plates	See stoves or Shabbos hot-plates
Kiddush Cups (metal)	Method #4
Laminex	See Plastic
Melamine	See Plastic
Melmac	See Plastic
Microwave Oven (convection)	See Oven (not self cleaning)
Microwave Oven (non-convection)	See separate section MICROWAVE OVENS
Mixers	See food processors
Ovens (not self cleaning) -Interior and walls	Method #6
Ovens (not self-cleaning) - Grates and shelving that come in direct contact with Pesach utensils or food	Method #7 in the first instance – if this will damage or destroy the item method #6 is acceptable if a piece of foil or a metal tray is later placed between the shelf and the Pesach item placed in the oven.

ITEM	METHOD OF PREPARATION
Ovens (self cleaning)	Remove all grates & clean them and surface area where food may fall replace grates and then turn on self cleaning cycle.
Pantry	Method #1. Some also cover the shelves.
Plastic - when used for cold storage of <i>Chometz</i> for longer than 24 hours	A number of authorities permit kashering with Method #3 or #4 or by pouring boiling water over the entire surface
Plastic - when used in direct contact with hot <i>Chometz</i> in an oven or on a stove	Should not be <i>kashered</i>
Plastic - when used with hot or cold liquids	A number of authorities permit kashering with Method #4
Pots and pans - when used with liquids.	Method #4. Lids and all removable handles should be kashered separately. If the handles cannot be removed and gaps exist between the handle and the wall of the pot, and the gaps cannot be properly cleaned, then the pot or lid may not be kashered.
Pyrex	See Glass
Refrigerators and Freezers	Method #1. It is advisable to then cover shelves that come in direct contact with Pesach food or cooking utensils.
Rubbish bins and vacuum cleaners	Method #1. Dispose of rubbish in wheely bin and place bin off one's property before time of removal of <i>Chometz</i> on Erev Pesach.
Shabbos Blech	As this usually requires Method #7 it is advised to have a new one for Pesach use.
Shabbos hot plate (with internal elements that do not become red hot)	Cannot be <i>kashered</i> but can be cleaned and the top covered with metal sheet upon which one may cook (Note: it is DANGEROUS to cover the entire hotplate in foil)
Silverstone	See Plastic
Sinks - metal	Method #5 or #6. Drain areas should be cleaned using a strong drain cleaner. Taps and faucets should be cleaned with a strong detergent. Some also pour boiling water poured over them.
Sinks - Porcelain or Ceramic	Cannot be <i>kashered</i> . Plastic or metal coverings and inserts should be used. Hot water should not be allowed to back up from the non- <i>kashered</i> sink into the inserts on Pesach
Soda Stream Machine	Wash thoroughly including needle. If plastic bottle has been used for flavours, replace plastic bottle.
Stoneware	Method #4
Stoves: Actual Electric plates or coils	Can be <i>kashered</i> by turning them on and allowing them to become red-hot
Stoves: (Electric/Gas) - Alternate method	Thoroughly clean the stove with a strong cleaner and then cover the entire top with a metal sheet ( <i>blech</i> ) upon which one may cook on Pesach.
Stoves: (Electric/Gas) - Gas jets and catchment area or plates directly beneath the flame and pots	Method #6 or Change for Pesach. Method #2 would also be acceptable for catchment areas if it is ensured that the a double covering is used and the covering is strong and heat- proof
Stoves: (Electric/Gas) - Grates that hold the pots during cooking that come in direct contact with the pot	Method #7 or Change for Pesach
Stoves: (Electric/Gas) - Sides and body of the stove that may come in contact with pots and pans	Method #2
Stoves: Glass top (Electric or Gas with external coils or gas jets)	Coils, hot plates, gas jets, catchment plates and areas should be <i>kashered</i> as for a regular stove. The glass body of the stove should then be covered with a metal sheet (perforated above the flame area to avoid excessive heat build-up and the shattering of the glass plate).
Stoves: Glass top (Electric with elements imbedded in the glass)	Cannot be <i>kashered</i> for Pesach
Tablecloths & cloth serviettes	Can be laundered with hot water and detergent but replacing recommended
Tables (Not coming in contact with items taken directly from the stove)	Method #2 or #5
Tea towels, oven mitts & potholders	Can be laundered with hot water and detergent but replacing recommended
Teflon coated pots and other utensils	Teflon lined baking pans, fry pans and other utensils used directly on the fire or in ovens cannot be kashered for Pesach. For teflon lined pots and other utensils used with hot liquids, some authorities allow them to be kashered as for plastic (see above).
Urn	Method #4. Boiling water should also be allowed to run out of the tap at the bottom and it is also preferable to pour boiling water over the external part of the tap at the bottom.
Wood	Method #4 or #5

## MICROWAVE OVENS

Microwave ovens are unique in that the heat produced emanates from the food rather than the microwaves themselves. As such the following kashering method is considered by many authorities as being acceptable:

1. The microwave oven should be cleaned of all surface dirt and not used for 24 hours.
2. A glass of water should then be placed in the oven and the oven turned on so that the water boils and spreads steam throughout the entire oven.
3. Once this has occurred the oven should be turned off, the glass moved to another area of the oven and the oven turned on again until the water boils again and spreads steam through the oven.
4. The oven should then be turned off and wiped down with cold water and a clean cloth.
5. Ovens with stainless steel interiors need no further preparation.
6. Ovens that have enamel coated walls should then be lined with thick cardboard to avoid actual contact with Pesach foods or utensils.
7. All turntables, trays or racks upon which food is actually placed should be changed, *kashered* separately (after cleaning) with the “*hagala*-scalding” (method #4 outlined above) or carefully covered, after thorough cleaning, with a double layer of plastic cling-wrap.

Combination convection and microwave ovens need to be treated as a regular oven and *kashered* accordingly.

## NESPRESSO MACHINES

Suggested method to *Kashera* Nespresso machine.

If non-Kosher for Pesach Pod varieties have been used, *kashering* is not recommended.

Assuming only Kosher for Pesach Pod varieties were used then:

1. Clean thoroughly.
2. Remove nozzles from steamer.
3. Replace washers with new washers.
4. Reassemble.
5. Fill with fresh water and steam right through.

## THERMOMIXES

There are two models of the Thermomix on the market, the older TM31 and newer TM5, both can be *kashered* in a similar fashion.

1. Dismantle all parts, including rubber seals under the lid and the sealing ring of the mixing knife and clean thoroughly.
2. Do not use for 24 hours prior to *kashering*.
3. Immerse in boiling water all parts – bowl, varoma, lids, spatulas etc as per normal *hagala* guidelines (except the base unit of course) (do not leave the plastic parts, especially the mixing bowl lid in the hot water for too long).
4. Clean the base unit with a damp clean cloth (no water or dirt should enter the base unit).
5. Reassemble (ensure the sealing ring of the knife is in place properly and the contact pins of the mixing bowl are thoroughly dried) and heat 2L (TM31)/2.2L (TM5) of water to highest temperature. Dispose of that water.
6. Cover the base unit with glad wrap as best as possible.

## GUIDELINES FOR CLEANING FOR PESACH

*Rabbi Mordechai Gutnick, Rabbinic Administrator*

### GENERAL CLEANING

While a thorough cleaning to remove all chometz is required before Pesach this can sometimes become a very overwhelming task. Listed below is a guide that outlines the bare minimum that one should try to achieve.

*Please remember:*

*Simchas Yomtov (being joyous on Yomtov) is a Torah requirement - for men, women, and children.*

*Not getting angry is also a Torah requirement generally.*

*Looking after your health is a Torah obligation.*

*Looking after your family is most important - especially your children.*

*You are only human. The Torah was not given to angels and Hashem does not expect us to do more than we are capable of.*

*It is improper to complain about the work and effort required in preparing for Pesach (and not good for our kids to hear) so we need to make things easier for ourselves as required.*

*Reach out for help if you need it.*

Rooms into which one never brings Chometz, do not require cleaning. A superficial visual check is all that is required. Unfortunately, if one has young children at home the above leniency does not apply, and a more thorough cleaning must be done as per the guidelines below.

Cleaning of areas out of usual reach (such as top of and inside cupboards and bookcases) do not require cleaning even if one has young children.

Hard to access places:

One does not need to move heavy furniture to clean under or behind them (e.g., dishwashers, fridge, bookcases, sideboards, piano).

One does not need to reach behind or into deep places beyond where their hand can reach e.g., cracks in floorboards, behind furniture, down the side of the couch.

Areas and cupboards being sold with the Chometz;

Rooms and cupboards that are being included in the sale of Chometz do not need to be cleaned.

Items being stored in these rooms and cupboards do not need to be cleaned.

This option can be used to store away anything that you do not wish to clean (e.g. toys, kitchenware) into cupboards/rooms that are being sold.

All these cupboards and rooms that are being sold should be locked or sealed with tape and labelled with a sign so that they are not inadvertently opened and accessed during Pesach.

Outdoor areas do not need cleaning. It can be assumed that any chometz left outside has dissipated. A visual inspection on Erev Pesach to spot any large items and pieces for removal suffices.

Books and Seforim;

Benchers (Grace after meals booklets) that are used throughout the year with Chometz meals should be put away together with other chometz utensils etc. to be sold. One should either get new ones for Pesach or use a Haggadah.

Siddurim or other Seforim, books or magazines that have been used the whole year round in proximity to, or in contact with, food should likewise be put away and not used on Pesach – unless one wants to go to the bother of checking and cleaning them thoroughly.

Other Seforim and books do not technically need to be checked/cleaned.

Clothing that has been washed or dry cleaned and put away does not need checking.

Cleaning that is not required:

- Steam cleaning is not required.
- Window cleaning is not required.
- Curtain cleaning is not required.
- General dusting is not required – dust is not Chometz.
- Removing cobwebs is not required.
- Washing or wiping down ceilings, walls, skirtings, windowsills, furniture, shelves, and cupboard doors are not required unless there is visible Chometz stuck on them.

The above applies in the bathroom for showers, baths, toilets etc. A regular bathroom clean is more than sufficient.

Rooms with carpets should be vacuumed as usual. Use a nozzle to reach under furniture and along skirtings.

Floors should be swept well (or vacuumed).

Floors should be mopped with using a good detergent cleaner.

Crevices around skirting boards and kitchen benches and under the fridge/dishwasher etc. should be sprayed with a strong cleaning detergent. This destroys the viability of any Chometz crumbs or remnants that cannot be reached for removal.

Outdoor garbage bins do not need to be washed. They and their contents can be put out on the nature strip before the time of removal of chometz and the contents being considered as ownerless. If you wish to use the garbage bin on Pesach, it is enough to pour a strong chemical detergent or bleach over any remaining rubbish at the bottom of the bin.

## THE KITCHEN

Areas where food is prepared and will come into contact with Pesach food or utensils require a greater degree of cleaning.

**Kashering** of chometz utensils, stoves, ovens, sinks, and counters needs to be carried out as for any Pesach. See details elsewhere in this publication. Australia Pesach Guide.

This includes cleaning the fridge and/or freezer properly of all surface dirt (care being given to the rubber seals that usually catch food residue). It is recommended to then cover the shelves that actual food may be placed on.

- Tables - clean well and cover. If covered with a waterproof covering, they do not need any form of *kashering*.
- **Cupboards and drawers** that are not being used for Pesach should be locked or otherwise sealed with tape or the like. They do not need to be cleaned. Their contents can be sold with the Chometz.
- **Cupboards and drawers** that are being used for Pesach should be cleaned properly and preferably lined for Pesach use.
- **Chometz pots, pans, kitchenware, cutlery, crockery** etc. that are not being *kashered* for Pesach use, should be put away in the closed and sealed cupboards for sale with the chometz to be sold with the Chometz. They do not need to be cleaned.
- **Chometz pots, pans, kitchenware, cutlery, crockery** etc. that are not being *kashered* for Pesach use, should be put away in the closed and sealed cupboards for sale with the chometz to be sold with the Chometz. They do not need to be cleaned.
- **Walls and skirtings** where food is likely to have touched or splattered should be cleaned.
- **Kitchen and dining chairs** – clean all visible Chometz.
- **Baby highchair** – thoroughly clean. Pour boiling water over tray and/or cover tray with contact paper.

## PESACH LAWS - CONCEPTS

Please Note: Due to the multitude of laws governing the Pesach Yom Tov and its preparation, the digested laws that follow should be viewed solely as a summary of the halachos pertaining to the proper observance of the holiday. Contact your local Orthodox Rabbi for further information concerning any doubtful halachic decision.

All times referred to below can be found in the chart at the start of this booklet for times where you live.

### CHOMETZ

Chometz results when one of the five types of grain (wheat, barley, rye, oats, spelt) or their derivatives is permitted to maintain undisturbed contact with water for a period of 18 minutes or longer.

Extracts of Chometz, alcoholic fermentation, foods processed in Chometz, utensils and Chometz admixtures are halachically considered Chometz as well. The Torah forbids an individual to eat, possess or derive benefit from Chometz during the Pesach Yom Tov.

Ashkenazi Jews refrain from partaking of legumes (beans, corn, rice, peas) known as 'Kitniyos' and their admixtures during Pesach.

### REMOVAL OF CHOMETZ

Prior to Pesach, one must remove all *Chometz* from one's properties and jurisdiction (including premises, offices, factories etc belonging to a Jew). This is accomplished through the following processes:

#### MECHIRAS CHOMETZ (THE SALE OF CHOMETZ)

All forms of Chometz not removed or destroyed and all premises and all premises that are not properly cleaned may be transferred to a Gentile before the end of the "fifth hour" on the day before Pesach. In this way the Chometz will not remain in the possession of a Jewish owner over Pesach.

This is normally done through the sale of Chometz via a Rabbi well-versed in the applicable laws. He is also formally appointed as an agent by all those wishing to sell their Chometz as well. The sale is bona fide in nature and transfers possession of all Chometz to the Gentile accompanied by the sub-leasing of the property on which the Chometz is to be found.

All Chometz utensils are either rented or sold and their contents and its contents are sold as well. All Chometz and utensils that are sold must be locked away for the duration of Pesach.

Premises containing Chometz that are rented to the non-Jew should not be accessed during Pesach. The Chometz that are rented to the non-Jew should not be accessed during Pesach. The Chometz sold is then repurchased from the non-Jew after Pesach and can then revert back to the original owner and can then be used.

The Rabbi must be appointed and authorised to sell the chometz well before the final time for the sale on the day before Pesach.

The Sale of Chometz form can be filled in or downloaded from our website, completed, and faxed back to either (03) 9527 5665 or scanned and emailed to [rabbi.mordechai.gutnick@kosher.org.au](mailto:rabbi.mordechai.gutnick@kosher.org.au) no later than 4pm on Friday 19th April this year.

Please note that if you are travelling overseas and your Chometz is situated locally it is strongly recommended that you sell your Chometz in Australia. Rabbi Gutnick has advised that, for the Chometz he sells, the 'buy back' after Pesach takes into account people who are overseas. (See 'GUIDELINES FOR LEAVING HOME BEFORE PESACH')

#### THE SEARCH FOR AND NULLIFICATION OF CHOMETZ

The methods and traditions as to how the Chometz not sold needs to be removed from one's possession are detailed below in the Timeline for EREV PESACH

## TIMELINE FOR 2024: EREV PESACH

*Times listed are for Melbourne – times for other Australian cities are to be found in the calendar at the beginning of this guide.*

### SUNDAY, 21<sup>ST</sup> APRIL 2024 THE SEARCH FOR CHOMETZ (BEDIKAS CHOMETZ)

After nightfall on the evening of the day before Pesach one must diligently search for Chometz in all areas in which it may have been stored or eaten. This final search is to be conducted even if a thorough cleaning has taken place in the days or weeks before-hand. It is not ceremonial in nature. It should include such places as: closets, toasters, medicine cabinets, clothes, cars, toy chests, vacuum bags etc.

No work, study or meal should be begun within ½ hour prior to the search.

The search should be facilitated by the aid of a single-wick candle. A paper bag and a feather are traditionally used to scoop up and collect any Chometz found. Prior to the search the blessing "al biyur Chometz" is recited. (Details can usually be found at the beginning of your *Hagaddah* for Pesach.)

It is a custom to scatter 10 pieces of bread throughout the house prior to the search and collect them during the search. However, the mere collection of these pieces should not be misconstrued as the fulfilment of the search.

For those leaving their home before Pesach please see the section 'GUIDELINES FOR LEAVING HOME BEFORE PESACH' on how to conduct the search for Chometz.

After the search, Kol Chamiroh – a statement of nullification of all Chometz - is recited renouncing title to any Chometz not already set aside for either the next morning's breakfast, sale or destruction. One who does not understand Aramaic should recite Kol Chamiroh in their native tongue.

The English translation of this Aramaic formula for Bitul Chometz reads: I DECLARE ALL LEAVEN AND CHOMETZ IN MY POSSESSION WHICH I HAVE SEEN OR NOT SEEN, WHICH I AM AWARE OF OR NOT AWARE OF, SHOULD BE CONSIDERED OWNERLESS AND AS DUST OF THE EARTH.

## MONDAY, 22<sup>ND</sup> APRIL 2024

It is forbidden to eat matzoh or consume wine on Erev Pesach. One may eat fish, fruit and meat in moderate amounts that will not detract from one's appetite for the Seder Matzoh.

Tedious and/or profitable work should not be engaged in after chatzos (midday) on Erev Pesach.

**THE FAST OF THE FIRST-BORN (TA'ANIS BECHORIM)** - In gratitude to the Almighty for having been spared during the slaying of the Egyptian first-born, first-born males fast on Erev Pesach. A father fasts on behalf of a son too young to fast. Firstborn traditionally participate in a Seudas Mitzvah – a meal celebrating the performance of a Mitzvah - which enables them to eat during the remainder of the day. Many Shules organise such an occasion that will take place after morning services.

Fast of the First Born commences this year on **Erev Pesach, MONDAY 22<sup>ND</sup> APRIL at 5.30am**. If completed, it ends at 6.12pm.

**LATEST TIME TO EAT CHOMETZ** Finish Eating Chometz by 9.57 am (Magen Avraham) or by **10.29 am** (Vilna Gaon & Shulchan Aruch HaRav).

**REMOVAL OF THE CHOMETZ (BUR CHOMETZ)** All Chometz that has not been sold that is still in one's possession must be removed and burnt (or otherwise completely destroyed) by **11.07am** (Magen Avraham) or by **11.23 am** (Vilna Gaon & Shulchan Aruch HaRav).

This includes the Chometz found during the search the night before and any left over from breakfast.

Another final statement nullifying all Chometz should then be made at that time. The statement reads: I DECLARE ALL LEAVEN AND CHOMETZ THAT IS IN MY POSSESSION WHICH I HAVE SEEN OR NOT SEEN OF WHICH I AM AWARE OF OR NOT AWARE OF, WHETHER I HAVE REMOVED IT OR NOT REMOVED IT, SHOULD BE CONSIDERED NULLIFIED AND OWNERLESS AND AS DUST OF THE EARTH.

**THE SALE OF CHOMETZ** referred to above will be completed by the Rabbi by **11.07 am** (Magen Avraham) or by **11.23 am** (Vilna Gaon & Shulchan Aruch HaRav). The Rabbi must be empowered to sell this Chometz well before this time.

All cleaning and kashering for Pesach should be completed by the latest time to remove and burn the Chometz (see above).

'Wheelie bins' should be placed outside one's property before Yomtov. (As these remain the property of the council, one may dispose of chometz in these even if the rubbish is not picked up for some days as the rubbish is considered 'ownerless' while outside your property.)

## CHOMETZ DISCOVERED DURING PESACH

Chometz discovered during Chol HaMoed (the intermediary days of Pesach) should be immediately destroyed. Chometz found during Shabbos or Yom Tov should be covered with a vessel and destroyed after Havdalah.

## THE LAST DAY OF PESACH – TUESDAY 30TH APRIL 2024

Pesach finishes this year on Tuesday night, 30th April. Chometz may be eaten after approximately 6.45 pm by which time the Rabbi will have bought back the Chometz from the non-Jewish owner.

The greatest emphasis should be placed on the fact that any Chometz remaining in the possession of a Jew over Pesach cannot be eaten used bought or sold even after Pesach.

One should avoid purchasing obvious *Chometz* such as biscuits, breads, pasta, wheat-ethanol vodka etc. from retail outlets owned by Jews who have not sold their *Chometz* for up to six weeks.

Major supermarket chains in Australia with significant Jewish ownership do sell their *Chometz*. Check with your local Jewish supermarket.

# PESACH: GUIDELINES FOR THOSE LEAVING HOME BEFORE PASSOVER

*Rabbi Mordechai Gutnick, Rabbinic Administrator*

## BEDIKAS CHOMETZ — SEARCH FOR CHOMETZ

Anyone leaving home before the traditional evening of bedikah chometz must carry out the search in their home on the night before he or she departs. However, since this is not the normal evening for the search no brocha (blessing) is recited.

Another option is to appoint a Sheliach — agent — to perform the search at the normal time.

If one is selling one's home or other premises together with all chometz then the accepted ruling is that the house does not require a specific search. However, in order to fulfil the obligation of the removal of chometz one should do a search for chometz on the night before Pesach (with a brocha) wherever they may be staying over Pesach. This should be done in a rented home or hotel room or in a guest room of a private house where one is staying. In the latter case permission should sought from the owner of the house to either act on his or her behalf by searching that guest room or else by purchasing with a nominal sum the rights to that or any other room in the house and thereby becoming its "owner".

In all circumstances on the morning of Erev Passover (**this year – Monday 22<sup>nd</sup> April 2023**), the statement of bitul (nullification) should be pronounced wherever one is before the time of removal of the chometz.

## SELLING THE CHOMETZ

When someone travels before Pesach westward from Australia to Europe to Israel or to the United States for Pesach (or even from an eastern time zone to other western time zones in Australia) the festival will begin for them after it has already commenced in the home community.

If the chometz is sold where the traveller is spending Pesach this would result in a situation where the sale did not yet take place while it was already Pesach in the place where the chometz is found. The traveller would therefore own the chometz while it was already Pesach in the home community. For this reason, these travellers should arrange prior to leaving home for their chometz to be sold in their hometown in Australia at the correct time as applicable to where the chometz is stored. Any chometz still in their possession at the place they are staying after the time of the sale in their home community should then either be destroyed or sold before the appropriate time for removal of Chometz at the place where they are staying.

In such circumstances as Pesach will finish for the traveller later than in their home community the rabbi who organises the sale of the Chometz in their home community should be asked that when he purchases back the chometz after Pesach he should specifically not acquire back the chometz on behalf of the traveller until Pesach is over at the place where the traveller is.

Those travelling for Pesach from Australia to New Zealand or from the Central or Western Australian time zones to the Eastern states where Pesach commences earlier than in the home community (or for those travelling from Europe, Israel, or the US to Australia where Pesach also begins earlier than in the home community) should arrange for the sale of their chometz before the time for removal of Chometz at the (earlier) time at the place where he or she is staying to ensure that no Chometz belongs to them anywhere at the time of the removal of Chometz where they are staying. In such circumstances it is then also halachically preferable to ensure that when the Chometz is purchased back after Pesach the traveller specifically make a condition not to accept back ownership of the Chometz left at home until Pesach finishes in the home community where that chometz is stored.

Another option when travelling in any direction is to transfer before leaving home all the chometz left at home as a gift to someone else who remains in the home community. The recipient of the gift would arrange the sale of the chometz at the correct time for that home community. The traveller would then sell or remove any Chometz actually with them at the place of their stay before the appropriate time for removal of chometz at that place.

It is advisable to contact your Rabbi before leaving home to ensure that the most valid and appropriate method has been chosen in order to ensure that no chometz inadvertently remains in one's possession during any of the time that it is not permitted to possess Chometz.

## THE SEDER

### SEDER SHOPPING LIST

*Rabbi Aryeh Citron (Chabad.org)*

**MATZAH:** It is preferable to use handmade Shmurah Matzah. Every person at the Seder with their own Seder plate will need three matzahs per Seder. Those who don't have their own plate need approximately two matzahs per Seder.

**MATZAH COVERS**

**WINE AND/OR GRAPE JUICE:** It is preferable to use wine, but if one cannot, one may use a mixture of grape juice and wine, or even pure grape juice. If necessary, one may add up to 1/3 of the cup of water. If this also is not possible due to medical reasons, discuss with your doctor and rabbi.

**WINE GOBLETs**

**HORSERADISH:** One may purchase kosher for Passover ground horseradish, but it can only be used for the seder if it has no other ingredients.

**ROMAINE LETTUCE (FOR BITTER HERBS):** Each should eat the volume of an olive of the combination of Romaine lettuce and horseradish. A large lettuce leaf is approximately the size of an olive.

**HAGGADAHS:** Ideally with translation to the vernacular.

**INGREDIENTS FOR CHAROSET:** The custom is to use wine, ground walnuts, apples & pears. Others add: Partially ground cinnamon & ginger, figs, dates, pomegranates, and/or almonds.

**SHANKBONES FOR ALL OF THE SEDER PLATES:** Some have a custom is to use the neck of a chicken. Others use the leg of a chicken or an actual shankbone.

**EGGS:** Ashkenazi custom is to serve eggs as the first course of the meal, in addition to having one egg on each Seder plate.

**A VEGETABLE FOR KARPAS:** Some customs use a piece of a potato or onion. Others use celery, radishes, or parsley.

### THE SEDER: FOOD TYPES & QUANTITIES USED

*Rabbi Mordechai Gutnick, Rabbinic Administrator*

#### MATZOH

##### SUITABLE MATZOS

Normal machine-made matzot even if produced for Pesach under reliable supervision are almost always supervised only from the time of the milling of the flour. The supervision following this is usually a "preventative" supervision that ensures that the flour and dough do not become Chometz.

Shmurah (meaning "guarded") is matzah that is supervised and protected from water that could make it Chometz already from the time of harvesting the grain. It also has a "positive" form of supervision - with the participants in its making not just ensuring that it does not become Chometz but actively expressing their intention that the Matzot are made for the purpose of fulfilling the mitzvah of eating matzah on Pesach.

All major authorities state that it is the correct practice to use Shmurah Matzah at the Seder at least when eating the minimum amount necessary to fulfil the obligation of eating matzah on Pesach night. This is in keeping with the pasuk "and you shall guard the matzah" (Shmos 12:17).

##### THE MINIMUM QUANTITIES

To fulfil the biblical obligation, one must eat just over a "*kzayis*" (the size equal to the volume of an "olive"). This is traditionally termed "eating" rather than just tasting or nibbling. There is much debate on the halachic size of an 'olive' (*kzayis*) as well as on the time frame allowed to consume it.

The minimum accepted size of a *kzayis* is approximately 29 grams (or a volume of 29 millilitres) or 1 fluid ounce. This is considered the equivalent of 2/3 of a machine matzah - an area of approximately 14cm by 15cm - or just over 1/3 of a hand-made *shmurah matzah*. It should be eaten in four minutes (leaning to the left). It is the practice to actually eat more than this minimum amount during the various stages of the Seder as outlined in the *Haggadah*.

## MORROR (BITTER HERBS)

### SUITABLE VEGETABLES

The Mishnah in *Pesachim*(39a) lists the ancient Hebrew and Aramaic names of five types of plants that are considered as the “Bitter Herbs” to be used on Pesach at the Seder. The commentaries on the *Shulchan Aruch* properly identify two of these species which are universally accepted as:

Romaine or Cos Lettuce stalks or leaves.

Pure Horseradish.

If neither horseradish nor Cos lettuce variety are available then the next preference should be given to ordinary lettuce (the “crisp-head” or “iceberg” variety) and the appropriate blessing over the *Marror* may still be recited. In reality it is actually lettuce that is the most preferred type of *Marror* even if it is not bitter. The fact that it may not have been as commonly used as horseradish was for the practical reasons that lettuce was difficult to find in Europe at the end of winter at Pesach time and/or that if it was found it was very difficult to remove the infestation found in such lettuce. The usual custom is to eat a proportionate mixture of both these varieties (lettuce and horseradish) though of course either one alone is perfectly acceptable.

It should be carefully noted however that the bitter herb must be absolutely pure. It may not be mixed with anything or preserved with anything such as vinegar that can affect its natural taste. Commercially produced Kosher for Pesach horseradish relish (white, red and green) contains vinegar and other ingredients and the *brochah* over the *marror* may not be recited over such a mixture as one has not fulfilled one’s obligation of eating *Marror*.

If none of the above-mentioned herbs are available, then any bitter vegetable may be used in order to obtain a bitter taste. However as one does not fulfil one’s real obligation in this manner therefore the blessing over the *marror* may not be recited in such circumstances.

Note that although some authorities discuss the possibilities of using ordinary radish as *marror* it appears seriously questionable as to whether our common radish (with the red skin) is the same species as the one they were referring to. For this reason, ordinary radish should be treated as any other bitter vegetable and not used for *Marror*.

### THE MINIMUM QUANTITIES

As the eating of *Marror* in the absence of the Pesach rituals in the Beis HaMikdash is today only a Rabbinic requirement the minimum size requirements are slightly less. For horseradish the minimum size of a *Kzayis* can be taken as approximately 20 ml (2/3 oz) or one tablespoon full. If lettuce leaves are used this is the amount of leaves that would cover an area of approximately 20 cm by 25 cm. The time allowed for consumption is 9 minutes. Note that the custom is not to lean when eating the *Marror*.

### HOW TO CHECK ROMAINE (COS) LETTUCE FOR INSECT INFESTATION

This lettuce type is known as an open leaf variety. This means that as they sprout forth from the ground the leaves begin to open up like a flower. Toward the end of their growth, they begin to close around the stalk. Since romaine lettuce grows open it is more prone to insect infestation throughout the head than other varieties of lettuce that primarily grow as a closed ball.

We are fortunate here in Australia in that locally grown vegetables are in general not as prone to insect infestation as they are in other countries such as the US, Europe and Israel. Even open leaf varieties of lettuce grown here in Australia have been found to be free of many of the insects commonly found elsewhere in these varieties.

The major concern here is largish readily identifiable green or black worms.

Technically any requirement to check this lettuce here would therefore be confined to separating the leaves rinsing them thoroughly with running water and then subjecting them to scrutiny against a good light source. Any insects that are identified during this scrutiny must be washed off and removed. Occasionally worms may be found in burrows within the body of the leaf. If you notice a narrow translucent burrow speckled with black dots breaking up the deep green colour of the leaf carefully slit the bumpy part within the burrow with a sharp knife and remove the worm.

With regard to Romaine lettuce that will be used for the fulfilment of the mitzvah of *Marror* it is particularly praiseworthy to subject this lettuce to a more thorough scrutiny and cleaning process to account for all possibilities of infestation.

In addition to the check for the worms mentioned above insects that can at times be found in local open leaf lettuce are small black or green aphids and thrips. The leaves of the vegetable can camouflage these insects. The open structure of these vegetables allows insects to penetrate the entire head. Insects may be found between the innermost layers of leaves of an infested head. Therefore each leaf should be washed and checked individually. The use of a light box for checking lettuce can be extremely convenient and helpful. However even if a light box is not used both sides of each leaf should be examined against a good source of light.

Below are the ideal step by step recommendations for how to properly check romaine lettuce for insects:

1. Cut off the lettuce base and separate the leaves from one another.
2. Soak leaves in a solution of cold water and a little soap (Kosher for Pesach). Some use salt instead of soap. The soap has the effect of loosening the grip of the insects on the lettuce leaves making them much easier to observe and remove.
3. Agitate lettuce leaves in the soapy or salty solution.
4. It is advisable to then check the water to see if any insects are present in the bowl of water. If found the lettuce should be soaked again until the water is clear.
5. Spread each leaf taking care to expose all its curls and crevices. Using a heavy stream of water, remove all foreign matter and soapy or salty water from both sides of each leaf. Alternatively, a vegetable brush may be used on both sides of the leaf.
6. Leaves should be checked over a light box or against strong overhead lighting to verify that the washing procedure has been effective. Pay careful attention to the folds and crevices in the leaf where insects have been known to hold tightly through several washings.



## WINE

### SUITABLE BEVERAGES

All wines grape juice and other beverages mentioned below must of course bear a reliable Kosher for Pesach certification. The following are listed in order of preference:

Red wine (unless one has a white wine of superior quality) that is not sweetened with sugar (i.e. it should be naturally sweet or "dry") so that one tastes the natural taste of pure wine. It should also in the first instance not be "Mevushal" (cooked or pasteurised).

Red sweetened wine or white unsweetened or sweetened wine are the next preferences. Again in the first instance it should not be "mevushal". When using white wine it is also preferable to add a little red wine to the white so that the preferred red colour is discernible.

Wine diluted with grape juice (if one finds it too difficult to drink wine, for instance due to health reasons). The stronger alcoholic taste of the wine must still be discernible.

Wine diluted with water. The general rule that covers virtually all kosher wines currently available is that the wine may be diluted to as much as one part wine to one part water. Such a mixture may still be used for the Seder and the blessing for wine still recited.

Pure grape juice.

Grape juice diluted with water in the proportion of one part water to one part of grape juice.

As a last resort such products as raisin wine or any other popular, yet distinguished (kosher for Pesach) beverage may be used. (Note that the correct brocho for the particular beverage used should be recited if it is not Borei Pri HaGofen e.g. Shehakol.)

### THE MINIMUM QUANTITIES

"Drinking" is defined as at least half a cup of wine for each of "the four cups" — the cup having a volume of at least 86 millilitres (approximately 3 fluid ounces).

It is preferable to drink the whole cup — especially for the last of the four cups. The wine should be drunk each time without interruption while leaning to the left and may take up to 9 minutes to finish.

*Wishing You a Kosher & Freilechen Pesach*

לשנה הבאה בירושלים



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